

An Investigation of the Role of Emotion and Cognition in **Brand Self-Congruity**

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ABSTRACT

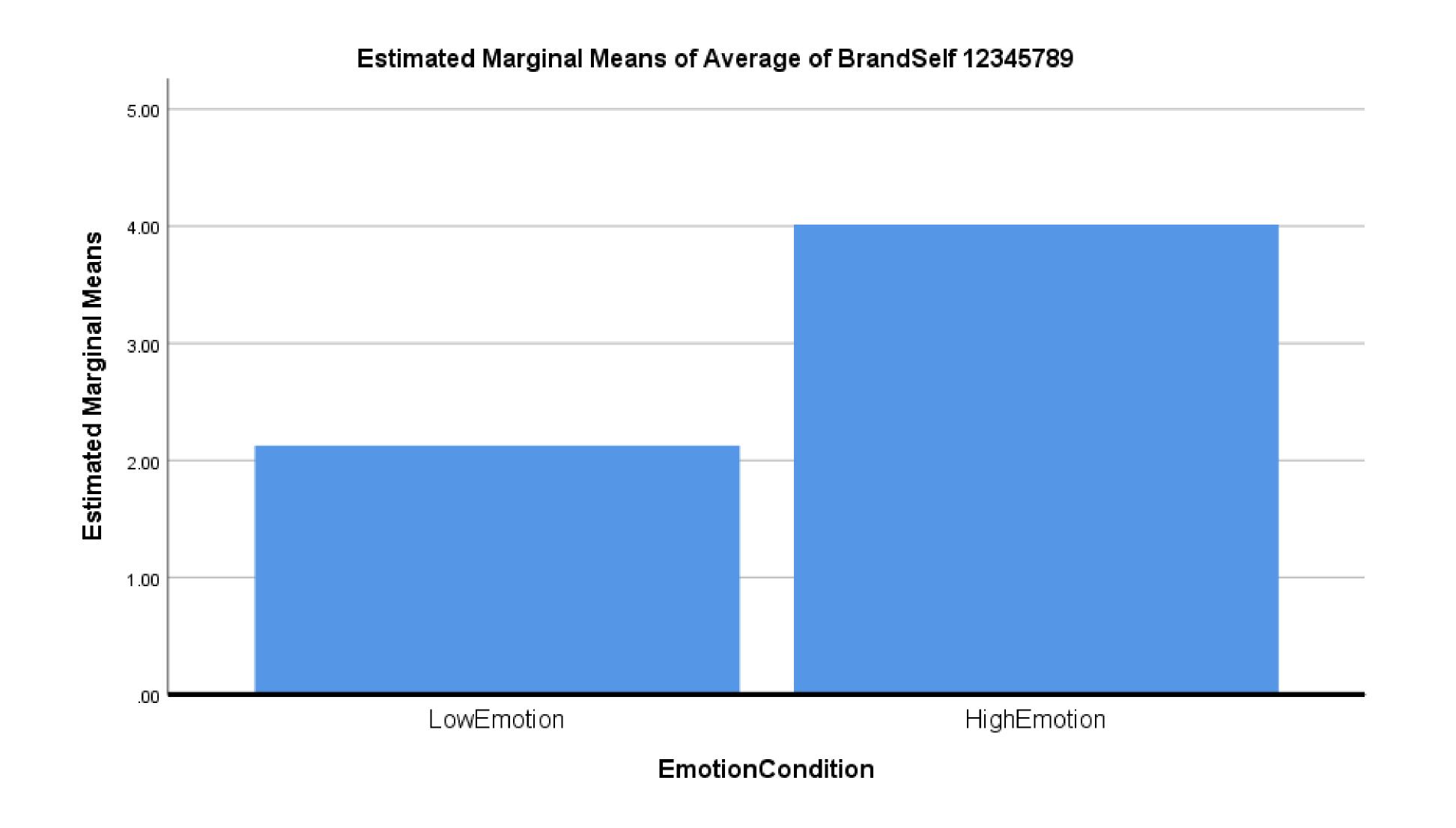
Brand-Self Congruity describes the matching of a brand's personality with the consumers' concept of themselves. Previous studies have not investigated the relationship between consumers' self-brand connection and the emotional and cognitive factors, such as emotional attachment and brand familiarity. Despite the evidence in the previous studies suggesting that the brand-self connection has both emotional and cognitive dimensions, this study argues that the emotional or affective dimension of the brand-self connection has a stronger influence on the congruity between the brand and the self. In order to test the above hypothesis, an experimental design was conducted among Texas A&M University Kingsville students, staff, and faculty members. The results have shown that participants assigned to high emotional attachment scenarios reported higher levels of brand-self congruity than those assigned to low emotional attachment scenarios; participants assigned to high familiarity versus low familiarity scenarios did not differ significantly in terms of brand-self congruity. The significance of this study lies in the fact that it adds support to existing theories of brand personality self-congruity and self-concept, as well as providing new insights about how emotions affect self-congruity. From a managerial perspective, when marketers attempt to connect self-brand image to a brand, they should focus on affective rather than cognitive elements, and emphasize the emotional feelings of the consumer to strengthen the association.

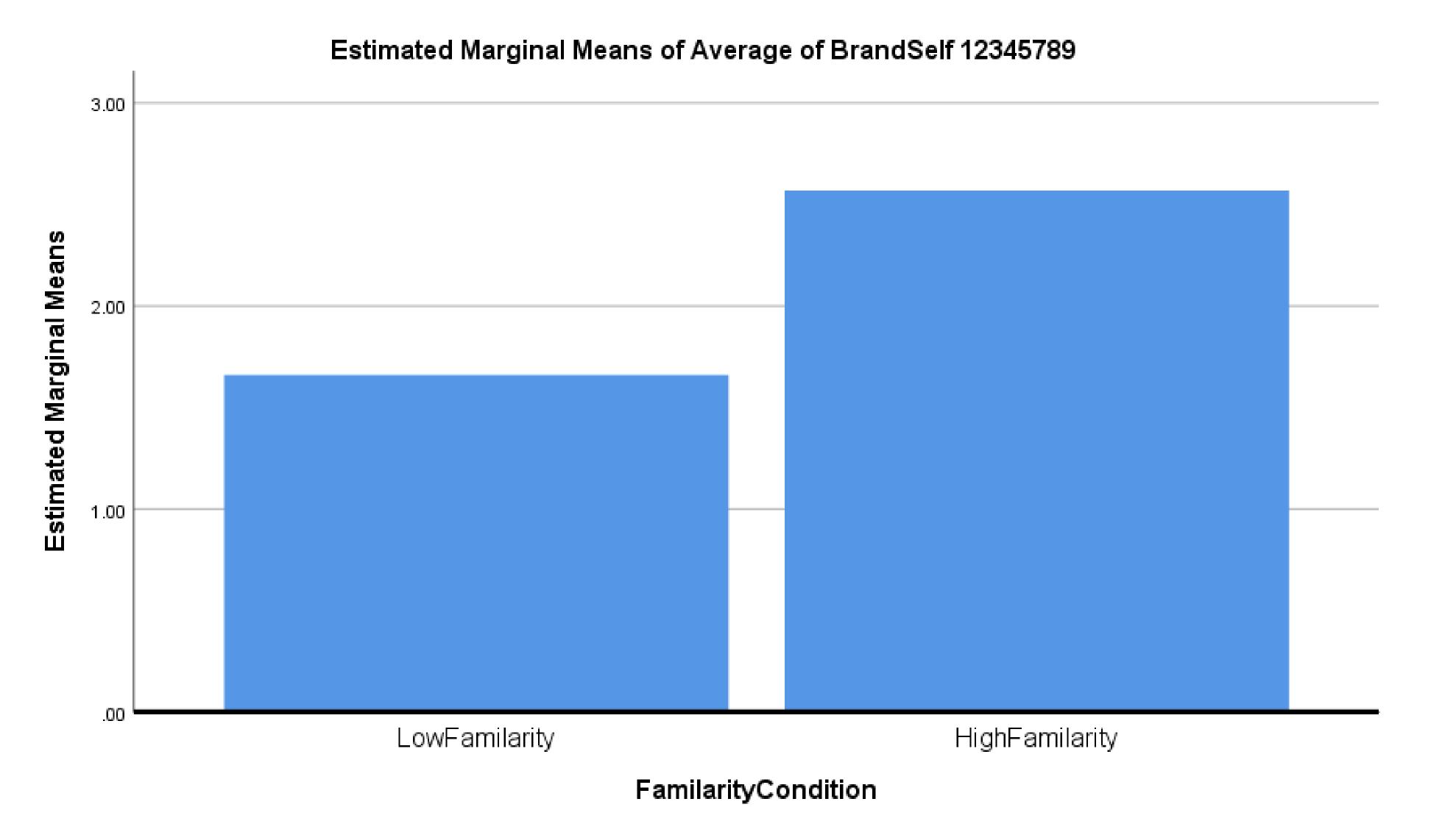
INTRODUCTION

- Aaker created the foundational framework for a concept called brand personality, or the human traits assigned to brands (Aaker, 1997).
- Experts found that brands with a distinct personality had a larger percentage loyal consumers (Ahmad & Thyagaraj, 2015b).
- This has been explained by a concept called Brand-Self-Congruity or the alignment of a consumer's personality with a brand's. People with higher levels had a significantly positive connection and feelings regarding the brand (brand attachment), which led to them purchasing more often.
- Brand attachment signals a strong emotional bond, consisting of affection, passion, and connection (Ahmad and Thyagaraj, 2015a; Yao et al. 2015).
- This concept involves mental aspects, but brand attachment is "emotional in nature". Yao et al. (2015) Additionally, this attachment all depends on what their personality stems from: their self-concept.
- Our study aims to contribute knowledge and support to the theories of brand-self congruity and self-concept. This data will assist marketers' and managers' focus in successful branding.

RESULTS

Participants assigned to the high emotional attachment scenarios demonstrated greater brandself congruity (M = 4.01, p < 0.05) than those assigned to the low emotional attachment scenarios (M = 2.13); participants assigned to the high familiarity (M = 2.57, p > 0.1) and low familiarity (M = 1.66) did not exhibit a significant difference in brand-self congruity. The results supported that self-brand congruity is purely emotional; it is not based on the cognitive dimension of self-brand connections.





MATERIALS & METHODS

- Between-groups design
- Online survey composed of four randomized scenarios (two emotional vs. two cognitive).
- Design:
 - Consent Form
 - Randomized Scenarios: High/Low Brand F/A Scenarios
 - Manipulation Check
 - Dependent Measure: Brand-Self Congruity
 - Demographic Variables
- One-Way ANOVA tests will be used to analyze for any statistical significance

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