

Question. Persuade. Refer. | Three steps can help save lives.

# Choose Life



Join us for a  
**Suicide Prevention Training**  
1 hour virtual workshop

Participate virtually at  
<https://tinyurl.com/y2dwp6cm>



## SPRING 2025

CHOOSE ONE OF THESE DATES:

**JAN 24** FRIDAY  
2:00 P.M.

**JAN 29** WEDNESDAY  
11:00 A.M.

**FEB 7** FRIDAY  
1:30 P.M.

**FEB 11** TUESDAY  
3:00 P.M.

**FEB 20** THURSDAY  
1:00 P.M.

**FEB 26** WEDNESDAY  
12:00 P.M.

**MAR 3** MONDAY  
1:30 P.M.

**MAR 14** FRIDAY  
10:00 A.M.

**MAR 20** THURSDAY  
2:00 P.M.

**MAR 25** TUESDAY  
9:30 A.M.

**APR 2** WEDNESDAY  
3:00 P.M.

**APR 7** THURSDAY  
11:00 A.M.

**APR 17** THURSDAY  
1:00 P.M.

**APR 24** THURSDAY  
1:00 P.M.

**APR 30** WEDNESDAY  
2:00 P.M.

**MAY 7** WEDNESDAY  
10:30 A.M.



TEXAS A&M  
UNIVERSITY  
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### EMERGENCY INFORMATION

- Suicide Prevention Hotline: 1.800.273.8255
- University Police Department: 361.593.2611
- Suicide Text Line: Text HOME to 741741
- Kingsville Police Department: 911 or 361.595.8500
- Coastal Plains Crisis Hotline: 1.800.841.6467
- Call or Text 988: Chat via 988lifeline.org

Student Health and Wellness - Counseling Services  
For more information call 361.593.5080