

# BIENNIAL REVIEW 2022-2024

## EXECUTIVE SUMMARY

of the

**Drug and Alcohol Abuse Prevention Program (DAAPP)**

**Texas A&M University-Kingsville**

(Including locations in Kingsville, Weslaco, Harlingen, & Bryan, TX)

for the

**Drug-Free Schools and Campuses Regulations**

**EDGAR Part 86**



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## INTRODUCTION

Texas A&M Kingsville grew out of the teacher's college or "normal school" movement that swept Texas and the nation in the early 1900s. Chartered in 1917 but not opened until 1925 because of America's entry into World War I, the University is the oldest continuously operating public institution of higher learning in South Texas. Shortly after starting as South Texas State Teachers College, its role was expanded to embrace more programs. As its mission has expanded, its name has changed to reflect its broader scope. Its first name changed to Texas College of Arts and Industries in 1929. In 1967, the name changed to Texas A&I University. **Texas A&M University System** in 1989 and 1993 changed its name to Texas A&M University-Kingsville to reflect that membership.

Texas A&M-Kingsville is South Texas' greatest university, offering more **academic programs** and degrees, providing better learning and living facilities, doing more research, awarding more, **scholarships** and producing more successful graduates than any other college or university in the region.

Texas A&M-Kingsville seeks to provide quality undergraduate and graduate programs for students of all ages through a judicious blend of liberal and career education programs. The emphasis is on providing an intellectually challenging education reflecting high standards of academic performance. Texas A&M-Kingsville is dedicated to serving an ethnically and culturally diverse population. The University is committed to its mission of teaching, research, and service in South Texas for the advancement of knowledge and of regional development.

**Location:** The University is in historic Kingsville, a friendly, safe city of 25,000, the home of the legendary King Ranch.

**Students:** Most of Texas A&M-Kingsville's approximately 6,553 students come from South Texas, but there is wide diversity in the population, with students from more than 40 states and more than 35 countries. The student body is split almost equally between men and women. About 80 percent of students are undergraduates. Ethnically, the campus reflects the demographics of the area, with 69 percent of the students Hispanic, 15 percent white, and 4 percent African American. About 7 percent are international students.

**Faculty:** Approximately 71 percent of the faculty hold Ph.D.'s.

**Student/faculty ratio:** The student/faculty ratio is 16 to 1.

**Honors Program:** Our **Honors College** provides stimulating coursework for high achievers and special distinction during commencement.

**Undergraduate Research:** The faculty at Texas A&M University-Kingsville recognize the value of "teaching through research" and provide undergraduate students unique opportunities to become involved in a wide variety of research projects.

**Campus:** The main campus consists of approximately 250 acres and more than 80 buildings. The University Farm consists of 545 acres of land located near the campus.

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## BIENNIAL REVIEW PROCESS AND PROCEEDURE

In compliance with the Drug-Free Schools and Campuses Regulations [EDGAR Part 86] of the Drug-Free Schools and Communications Act (DFSCA), the Biennial Review committee met to assess the effectiveness of Texas A&M University-Kingsville's Drug and Alcohol Abuse Prevention Program's (DAAPP, formerly known as the Alcohol and Other Drug or AOD) policies. The review period was the academic years of September 1, 2022 – August 31, 2023, and September 1, 2023 – August 31, 2024. This executive summary outlines the procedures used in completing this report, findings, and recommendations.

### PROCEDURES

As a guideline, the Biennial Review committee referred to the manual "Complying with the Drug-Free Schools and Campuses Regulations [EDGAR Part 86] – A Guide for University and College Administrators (Revised by Beth DeRicco, Ph.D., CPP-R). To conduct a comprehensive measure of Texas A&M-Kingsville's DAAPP, the committee completed Appendix 2 Part 86 Compliance checklist and Appendix 6 Supplemental Checklist for EDGAR Part 86. This report highlights the committee's responses to the items on the checklists.

In addition, the committee reviewed the university's existing rule 34.02.01.K1 *Alcohol and Illegal Substance Abuse* (approved on April 22, 2004; Reviewed: April 9, 2019; Revised: April 15, 2022, Next Scheduled Review: April 15, 2026) and corresponding Texas A&M University System Regulation 34.02.01 *Drug and Alcohol Abuse and Rehabilitation Programs* (polices of TAMU System –Reviewed October 23, 2020, Next Scheduled Review: October 23, 2025).



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## BIENNIAL REVIEW COMMITTEE

COMMITTEE MEMBERS	OFFICE/DEPARTMENT/DIVISION	TITLE
Jo Elda Castillo-Alaniz	Student Health & Wellness	Assistant Dean of Students, Student Well-being
Dr. Renee E. Weiss	Student Health and Wellness	Executive Director, Counseling Services, and the Institute for Rural Mental Health Initiatives
Kirsten Compary	Dean of Students Office	Associate Vice President of Student Affairs/Dean of Students
Erin McClure	Student Engagement and Campus Life	Assistant Dean of Students
Dr. Roberto Ayala	Center for Student Success	Associate Vice President for Academic Success
Karey Barnes	Dean of Students Office	Director of Student Conduct and Community Standards
Gina Smith	University Housing and Residence Life	Executive Director
Theresa K. Perez	Employee Services Human Resources	Associate Director of Employee Support
Chief Julian Cavazos	University Police Department	Director of Public Safety & Chief of Police
Paige De Vaudrecourt	University Police Department	Clery Act Compliance Coordinator/Office Coordinator
Hanna Lantz	Athletics	Assistant Athletic Director Compliance/Senior Woman Administrator
Dr. Shane Creel	Enterprise Risk Management	Executive Director
Tasha Clark	Office of Compliance	Title IX Coordinator
Raul Cavazos	Student Financial Aid	Director
Marcus Wirth	Recreational Sports	Director
Brent McAfee	Business Operations	Senior Manager Event Planning
Garry D. Castellanos	Assistant Dean for Finance & Administration	Irma Lerma Rangel College of Pharmacy   Texas A&M University
Julie Navejar	Marketing and Communications	Communication Specialist

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## DAAPP PROGRAM ELEMENTS, GOALS, AND ACHIEVEMENTS

Texas A&M University-Kingsville is committed in educating students, faculty, and staff on the use and misuse of alcohol and other drugs, policies, and sanctions via a comprehensive institution-wide drug and alcohol abuse prevention program as well as educational events sponsored by university departments and a regional and national award-winning Peer Educator Program (PEP Talk). Campus partners of the drug and alcohol abuse prevention program include but are not limited to the Dean of Students Office, University Housing & Residence Life, Athletics, Student Health and Wellness, Student Engagement and Campus Life, Office of Compliance, Center for Student Success, Memorial Student Union, University Police Department, Rec Sports, Human Resources, and PEP Talk (Peer Educator Program).

The university's primary drug and alcohol abuse prevention and intervention program is housed under the Student Health and Wellness (SHW). SHW serves the physical, emotional, and distinct academic needs of Texas A&M University-Kingsville students. Units include Javelina Health Clinic operated by Community Action Corporation of South Texas (CACOST), Counseling Services, Disability Resource Center (DRC), and a Wellness Program. The mission of Student Health and Wellness is to raise students' awareness of physical, emotional, social, spiritual, intellectual, and occupational dimensions to produce life-changing results. SHW manages the university's DAAPP program goals, assessments, and elements.

### I. DAAPP PROGRAM'S GOAL & OBJECTIVES – Student Health and Wellness (SHW)

**GOAL:** To establish a mechanism promoting change in the campus drinking culture from one characterized by the perception of high-risk consumption to one that empowers students to make responsible choices about alcohol and drug usage to ensure academic success and healthy lifestyles.

2022-2023 AY	Assessment Measurement	Assessment Result	Action Plan (s)
Objective 1.1 Implement an environmental management approach to alcohol and other drug prevention.	<b>1.1.1.</b> In collaboration with other university departments, five alcohol free socials, extracurricular activities, and public service options/events will be implemented by August 2023.	<b>1.1.1.</b> Various departments collaborated in one alcohol-free social/events, extra-curricular activities.	Increase the number of alcohol-free socials implemented.
	<b>1.1.2.</b> Implement an alcohol and other drug social normative marketing campaign per academic semester.	<b>1.1.2.</b> Target not Met.	Establish a Student Health and Wellness Advisory Council to explore a social normative marketing campaign.
Objective 1.2 Educate the university and local community about the	<b>1.2.1.</b> By May 2023, New Students	<b>1.3.1</b> Assessment measure was partially met. The	Increase the number of surveys conducted

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<p>physiological, social, and environmental consequences of alcohol and drug use.</p> <p>Objective 1.3 Maintain a mechanism for assessing student behaviors and perceptions.</p>	<p>Freshmen/Greek/Athletic Communities will indicate a 65% increase of knowledge via participation at a campus event and/or presentation.</p>	<p>first-year class, new Javelina Athletes, and Greeks attended the Girls and Guys' Night out Event and a series of presentations. No assessments were conducted during the presentations.</p>	<p>with specific populations.</p>
	<p><b>1.3.1.</b> Implement the CORE and/or ACHA/NCHA survey within the academic year.</p>	<p><b>1.5.1.</b> CORE Alcohol and Other Drug assessment was not conducted.</p>	<p>Identify other cost-effective surveys to conduct due to budget constraints.</p>
<p><b>2023-2024 AY</b></p>	<p><b>Assessment Measurement</b></p>	<p><b>Assessment Result</b></p>	<p><b>Action Plan(s)</b></p>
<p>Objective 1.1 Implement an environmental management approach to alcohol and other drug prevention.</p>	<p><b>1.1.2.</b> In collaboration with other university departments, five alcohol free socials, extracurricular activities, and/or public service options/events will be implemented by August 2024.</p>	<p>1.1.1 Various departments collaborated in three alcohol-free social, extracurricular activities.</p>	<p>Increase the number of alcohol-free social/event collaborations with campus partners.</p>
	<p><b>1.1.2.</b> Implement an alcohol and other drug social normative marketing campaign per academic semester.</p>	<p><b>1.1.2.</b> Target not met.</p>	
<p>Objective 1.2 Educate the university and local community about the physiological, social, and environmental consequences of alcohol and drug use.</p>	<p><b>1.2.1.</b> By May 2024, New Students Freshmen/Greek/Athletic Communities will indicate a 65% increase of knowledge via participation at a campus event and/or presentation.</p>	<p><b>1.3.1</b> Assessment measure was partially met. At the Javelinas Night Out event, Dr. Amy Stark, TTUHSC Psychiatrist, presented on alcohol and other drugs to new Javelina students. Of the 212 students who responded to the event survey, 85% of the respondents reported that the presentation was educational and 75% reported that they learned a new resource.</p>	<p>Increase the number of surveys conducted at presentations and/or events.</p> <p>Include in the Greeks Summit survey a learning outcome question.</p>

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Objective 1.3 Maintain a mechanism for assessing student behaviors and perceptions.	1.3.1. Implement the CORE and/or ACHA/NCHA survey within the academic year	1.5.1. CORE Alcohol and Other Drug assessment was not conducted. Nonetheless, the University of Michigan's Healthy Minds survey was conducted in Spring 2024 semester with TAMUK students, faculty, and staff with 12% student response rate and 34% faculty/staff response rate.	Collaborate with a campus partner to conduct alcohol and other drug surveys.

## Student Health and Wellness (SHW) Wellness Program

Objective (Learner Outcome) Through education and prevention programs, students will increase knowledge of alcohol, tobacco, other drug use/abuse, sexually transmitted infections, and/or other social issues.		
2022-2023 AY	Assessment Measurement Of the students surveyed, 65% will rate the activity as increasing their knowledge in the topic area presented.	Assessment Result Over 60% of the respondents rated the activity as increasing their knowledge in the topic area.
2023-2024 AY	Assessment Measurement Of the students surveyed, 65% will rate the activity as increasing their knowledge in the topic area presented.	Assessment Result Over 66% of the respondents rated the activity as increasing their knowledge in the topic area.

Excerpt from SHW – Wellness Program IE Plan

### Outcomes:

**2022-2023 AY:** The following Student Health and Wellness outreach program showed the following knowledge acquisition rates in a topic area: (1) Tropical Temptations Safe Spring Break Fair (March 2023), 80% of respondents indicated that they learned new wellness resources by participating in the event.

**2023-2024 AY:** Two Student Health and Wellness outreach programs showed the following knowledge acquisition rates in a topic area: (1) SOBER Spirits (October 2023) – Alcohol Awareness/Homecoming, 80% of respondents reported they learned new health and wellness resources after attending the event. (2) Tropical Temptations Safe Spring Break Fair (March 2024), 90% of respondents indicated they learned new health and wellness resources via attendance at the event.

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**Action Plan:** In the biennium, Student Health and Wellness will improve on the health and wellness' surveys by including student learning outcome questions.

## II. DAAPP ACHIEVEMENTS AND ASSESSMENT

### STUDENT HEALTH AND WELLNESS (SHW) – DAAPP ACHIEVEMENTS & ASSESSMENTS

#### *Significant Accomplishments/Achievements/Outcomes for Academic Years 2022-2023 and 2023-2024*

##### SHW – Counseling Services

- Texas A&M University Kingsville granted 2 emergency Professional Counseling hires during FY 2022 & 2023 placing the TAMUK Counseling Center in compliance with the Standards for University and College Counseling Services. International Association of Counseling Services, Inc. Standards for Staff V.C.1. which states, “Every effort should be made to maintain minimum staffing ratios in the range of one FTE professional staff member (excluding trainees) for every 1,000 - 1500 students, depending on services offered and other campus mental health agencies.”
- In July 2023 and December 2023, Professional Counselors, Synthia Garza, Roxana Castellanos, Lindsey Sanchez, & Kristen Perez and the Executive Director, Counseling Services and Institute for Rural Mental Health Initiatives Dr. Renee Weiss completed a 40-hour EDMR (Eye Movement Desensitization and Reprocessing) course through Compassion Works. They continue to utilize EDMR techniques with clients.
- As requested by the Emergency Management Team Chair, all Professional Counselors completed in December 2022, the following 2 free on-line courses Psychological First Aid (PFA) 5-hour course and Skills for Psychological Recovery (SPR) 5-hour course through the NCTSN Learning Center.
  - Psychological First Aid (PFA) and Skills for Psychological Recovery (SPR) are promising practices for disaster behavioral health response and recovery. Both PFA and SPR were developed by the National Center for PTSD and the National Child Traumatic Stress Network, as well as other individuals involved in coordinating and participating in disaster response and recovery.
  - PFA and SPR intervention strategies are intended for use with children, adolescents, parents and caretakers, families, and adults who are survivors or witnesses exposed to disaster or terrorism. PFA and SPR can also be provided to first responders and other disaster relief workers.
- In AY 2022-2023, Counseling Services has partnered with Dr. Hua Li and Dr. Abiola Dipeolu Pls of the Research Engagement, Quality Assurance, and Mental Readiness for Remote Learning (REAL) **project five-year grant** which aims to assist students in STEM majors. Written in the grant are plans for 200 participants to take part in a variety of **Counseling Services'** mental health programs to receive a \$100.00/\$150.00 stipend after completion. Participation in various activities such as attending QPR suicide prevention training, Relaxing Moment, U-Turn Academic Counseling, POWER, DAAPP (Drug and Alcohol Prevention Program), Next Steps Career Counseling, and Personal Counseling, psychoeducational seminars and workshops, and mental health outreach events.

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- With the financial support of the Texas A&M University System, the TELUS Mental Health Student Support App was launched in February 2024, connecting TAMUK students to free confidential emotional health and well-being support conveniently available 24/7 via the app, telephone, and web. Dr. Renee Weiss manages the TELUS project at TAMUK.
- SHW, Counseling Services Data:

	AY 2022-2023	AY 2023- 2024	% increase
<b>Total Number Appointments</b>	<b>5168</b>	<b>5559</b>	<b>▲ 7.5%</b>
<b>Total Number Unique Clients</b>	<b>601</b>	<b>656</b>	<b>▲ 9.2%</b>

## SHW – Wellness Program

- The CAS Professional Standards of Higher Education Health Promotion Services program audit on the **SHW Wellness Program** was conducted during the Spring 2024 semester. The Wellness Audit team consisted of 3 TAMUK Staff Employees, 1 TAMUK faculty member, two students (undergraduate and graduate level). An executive summary with action plans will be submitted to the Student Affairs senior administrators in the Fall 2024 semester.
- SHW - Wellness Program collaborated with Tx DOT in April 2024 to conduct their “Talk. Text. Crash.” Campaign at Texas A&M University-Kingsville (TAMUK). During Distracted Driving Awareness Month in April, an interactive “Talk. Text. Crash.” exhibit traveled across Texas to encourage everyone to pay attention behind the wheel. TAMUK was one of three universities selected by TxDOT to host this important event. There were over 100 students, staff, and faculty in attendance at the event.
- Wellness Program increased its campus partnership by collaborating with the HR Javelina Wellness Program and expanding educational outreach events to include Faculty and Staff, partnering with the Greeks to conduct Alcohol and Other Drug Awareness at their annual Greek Leadership Conference, and collaborating with Coastal Bend Wellness Foundation - Project HOPE.
- During the AY 2022-2023 and AY 2023-2024, the **Wellness Program** coordinated over 18 health and wellness prevention events with the strong partnership of the **Peer Educators - PEP Talk** Program and various campus and community partners.
- In October 2023, a **Student Health, and Wellness Advisory Council (SHWAC)** was established with ten students composed of different educational programs/disciplines; undergraduates, graduates, & doctoral students as well as different educational programs/disciplines; undergraduates, graduates, and doctoral students as well as various aspects of the TAMUK community.

## ASSESSMENT – STUDENT HEALTH AND WELLNESS (SHW) online assessments

Student Health and Wellness provides eCHECKUP To Go program’s alcohol (e-CHUG) and marijuana/cannabis (e-TOKE) online assessments that the following groups have utilized for various purposes: (1) Residence Life assigns these assessments for residents as an educational requirement sanction; and (2) PEP Talk (Peer Educator Program) assigns these assessments for new peer educators prior to their program’s retreat. (3) Counseling Services utilize these assessments for participants within their DAAPP program.



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In Appendix A, the eCHECKUP To Go Alcohol and Marijuana/Cannabis online assessments of the academic years 2022-2023 and 2023-2024 are displayed. However, there was insufficient data to analyze the eCHECKUP To Go Alcohol assessment in the academic year 2023-2024. Furthermore, in comparison to the previous academic years, data continues to show a significant drop in the number of respondents on both the online assessments. To address this matter, Student Health and Wellness plans to implement the recommendations from the Developer, eCHECKUP TO GO Programs in the subsequent biennium.

## **ASSESSMENT – INSTITUTIONAL RESEARCH**

“The National Survey of Student Engagement (NSSE) annually collects information about first year and senior students' participation in programs and activities that institutions provide for their learning and personal development. The results provide an estimate of how undergraduate spend their time and what they gain from attending college.”

In the Engagement Indicators Report 2023, the “Engagement Indicators (EIs) provide a useful summary of the detailed information contained in TAMUK students’ NSSE responses. Student's responses are reported separately for first-year students and seniors as reported by Texas A&M-Kingsville.

Aggregate data for 2023 in Appendix B shows that 68% of the TAMUK first-year students responded that the university does provide support for their overall well-being and 71% responded that the university provides opportunities to be involved socially. Additionally, 66% of the senior level students responded that the university provides support for their overall well-being.

## **ASSESSMENTS –OFFICE OF COMPLIANCE**

The Compliance Office purchased online educational programs to ensure the university meets compliance requirements for the Drug-Free Schools and Campus Regulation Act, the Clery Act, and the Violence Against Women Act.

From September 1, 2022, to July 31, 2023, the university used AlcoholEdu for College and Sexual Assault Prevention courses (formerly Haven: Understanding Sexual Assault courses) to provide training to students. Note:

- **“AlcoholEdu for College”** is an interactive online two-part program designed to reduce the negative consequences of alcohol amongst students through instruction on alcohol abuse prevention.
- **“Sexual Assault Prevention for Undergraduates”** and **“Sexual Assault for Student Athletes”** are interactive online two-part programs addressing the critical issues of sexual assault, relationship violence, stalking, and sexual harassment – among students, faculty, and staff.
- **“Sexual Assault Prevention for Athletic Staff”** provides faculty and staff members with interactive online programs that includes scenarios and examples they may face regarding sexual assault, domestic violence, and sexual harassment reporting requirements.

From August 1, 2023, to August 31, 2024, the university used Voices for Change – Consent, Alcohol, and Hazing by Get Inclusive to provide training to students. Note:

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- “Voices for Change – Consent, Alcohol, and Hazing” is an interactive online program designed to inform students on when to safely intervene in challenging situations they may encounter involving consent, alcohol, and hazing and explore how those topics impact them.

### III. DAAPP PROGRAM ELEMENTS

#### A. Peer Educator Program – PEP Talk

Under the leadership of the Student Health and Wellness, PEP Talk (Peer Educator Program) is a recognized university student organization that operates on campus and in the community to promote and encourage students to choose a healthy and positive lifestyle. Each year about 10 - 15 students are recruited and trained to conduct educational programs/events on alcohol awareness, impaired driving, sexually transmitted disease, sexual consent, tobacco/vaping and other health related topics. Annual activities and events include: Javelina Health-Fest, National Collegiate Alcohol Awareness Week (SOBER Spirits in conjunction with Homecoming celebrations), National Drunk and Drugged Driving Prevention (3D) Month, STEP UP Javelina (Bystander Intervention Program), Sexual Responsibility Week, Tropical Temptations Safe Spring Break Fair, OkSOBERfest, Sexual Assault Prevention, Stress Management & Distracted and/or Impaired Driving.

#### *PEP Talk’s Accomplishments 2022-2023 AY and 2023-2024 AY*

- o PEP Talk (**Peer Educator Program** under the leadership of the Wellness Program) was the winner of the U in the Driver Seat Program's (a component of the Texas A&M Transportation Institute) 5 start-level in the 2023-2024 All-Stars program and awarded a \$1,000 prize. PEP Talk accomplished this level by coordinating outreach activities/events in risk areas such as impaired driving, pedestrian safety, distracted driving, and night-time/drowsy driving as well as serving on the Collegiate Advisory Board.
  - o SHW Wellness Specialist/Graduate Student Worker and Peer Educator, Esmeralda Gutierrez presented at the 2024 Texas Statewide Pedestrian Safety Forum on Empowering Tomorrow's Pedestrians in Tackling Rising Fatalities: A Collaborative Approach for Education and Youth Leadership in Pedestrian Safety held on May 2, 2024.
  - o Four Peer Educators attended **UDS Peer Educator Symposium** in May 2023 and in November 2023, four Peer Educators attended the UDS transportation Safety Summit in San Antonio.
  - o In 2022-2023 and 2023-2024 a Peer Educator (Esmeralda Gutierrez) served as member of the UDS Collegiate Advisor Board within the Texas A&M Transportation Institute.
  - o During academic years - AY2022 and 2024, PEP Talk conducted over 18 health and wellness educational outreach events/activities in collaboration with Student Health and Wellness as well as various campus partners.
- In 2022-2023 and 2023-2024AY, PEP Talk officers held an in-person five hour Fall and Spring Retreats with the peer educators and the following training topics were addressed: Impaired Driving; BAC Levels; Bystander Intervention Program; Sexual Health; Harassment/Sexual Assault Prevention; Misuse of Prescription Drugs; Healthy/Unhealthy Relationships/Dating Violence; and University’s Drug/Alcohol Policies; Texas 911 Lifeline Law; Traffic/Road Safety, Marijuana/Cannabis, and Fentanyl Awareness.

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## **B. Campus-Wide Partners in Drug and Alcohol Abuse Prevention Program and/or Alcohol-Free Options**

### **OFFICE OF THE DEAN OF STUDENTS**

The Dean of Students (DOS) Office is responsible for oversight of the following departments: Student Health & Wellness, Student Engagement and Campus Life (formerly Student Activities Office) which oversees Greek Life and International & Multicultural Student Services, and University Housing & Residence Life. DOS also provides oversight for the Student Shuttle Service (B & G). Additionally, the position maintains a liaison relationship with ARAMARK food services and the Barnes and Noble Bookstore (now Follett Bookstore). The Dean of Students Office continues to manage the student discipline system, Behavioral Intervention Team (BIT), and assists the Enrollment Management and Student Affairs Vice President with assigned projects and/or activities.

Over ten years ago, the Dean of Students began coordinating a weekly meeting to review student concern issues that arise in law enforcement, safety, residential life, sexual misconduct, health care, and mental health. The group discusses incidents from the previous week, strategies to assist individual students exhibiting behavioral concerns and needed changes to operational procedures. The committee members are Dean of Students, Director of Public Safety/Chief of Police, Executive Director of University Housing/Residence Life, Director of Residence Life, Title IX Coordinator, Director of Student Health and Wellness and Assistant Director of Counseling Services. This weekly meeting has become a valuable resource for all parties in attendance and has established effective communication among colleagues.

### **STUDENT ENGAGEMENT AND CAMPUS LIFE**

Student Engagement and Campus Life (SECL) coordinates programming for students and the campus community. SECL serves as the resource hub for all student organizations, provides specialized leadership programs and full-time support to Fraternity and Sorority Life, and the Campus Activities Board. Other programs/signature events in which SECL provides oversight and leadership are as follows: Javelina Camp (freshmen), Javelina Family Association, Welcome Week (Fall and Spring), Family Weekend, Weekend Programming, Homecoming Week, and Miss TAMUK Scholarship Pageant.

In reference to Alcohol and Other Drug prevention efforts, SECL oversees two important requirements for the university's recognized student organizations. As per the State of Texas HB2639/SB1138, two leaders/members from each recognized student organizations are trained on the university's Alcohol and Other Drug Policy and other risk management areas during the annual Student Leadership Conference sponsored by SECL. Thereafter, the two leaders/members are given a month to conduct the risk management presentation with their respective organization and submit the state mandated Risk Management and Hazing Training Compliance form as well as other required documents via online Student Organization Management System (Javelina Central). Additionally, at the Student Leadership Conference, SECL disseminates information regarding the "Social Event Policy" depicting procedures recognized student organizations must observe in sponsoring a social event with alcohol. Student leaders are informed that the Social Event Notification must be submitted to the SECL office five business days before their sponsored event. Student Organizations can retrieve the Risk Management PowerPoint and

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Social Event Notification policy via the following web page:

<http://www.tamuk.edu/studentorganizations/forms.html>

Since September 2015, SECL and Student Health and Wellness departments collaborated with the Laura W. Bush Institute for Women's Health/Texas Tech Health Science Center to conduct the Girls Night Out event, which was also coordinated with Texas A&M University- Corpus Christi. The event's purpose was to establish awareness on physical, emotional, and overall well-being for the first time in college students embarking on collegiate life. This partnership enabled our university to receive speaker funding, t-shirts, and giveaways for the new first-year females who attended. Since then, the event's name changed from Girls Night Out to Javelina Night Out and now all first-year students are invited to attend this program.

On September 8, 2022, about 650 students attended Dr. Stephanie Moses and Alonzo Jones' presentation. Dr. Stephanie Moses is a Clinical Psychologist TTUHSC With her clinical clientele, Dr. Moses has a focus on women's health and racial and ethnic disparities in mental health care. Dr. Moses's main passion now is reducing the stigma of mental health. She recently authored *In Session*, a novel detailing the impact of untreated mental health conditions. Her presentation titled "Living Intentionally" focused and defined on mental wellness, how to build powerful individual teams and living intentionally. Alfonzo Jones, Diversity, Leadership & Masculinity Speaker, believes everyone is always in a continuous process of growth. AJ motivates students to learn about their identities to move beyond self-perception, pressure, and ego into dynamic and fully engaged leaders. After both speakers, the Student Health and Wellness Director, Title IX Coordinator, UPD Officer, and the SECL Director spoke about their area's services and resources for TAMUK students.

On September 7, 2023, approximately 550 first-year students attended, and the presentation was from Amy Stark, MD board-certified psychiatrist with specialty training in addiction psychiatry. Dr. Stark's areas of expertise and professional interests include opioid use disorder and medication assisted treatment; alcohol use disorder; stimulant use disorder; mood disorders; anxiety disorders; and psychiatry for specialty populations, including peripartum women and the LGBT community. She is certified to provide transcranial magnetic stimulation as a treatment option for those with treatment-resistant depression. She is currently an Associate Professor of Psychiatry at the Texas Tech University Health Sciences Center School of Medicine in Amarillo. She spoke about mental health and presented "A Not So Happy Hour: a cocktail conversation." This discussed struggling with substance abuse, sex, and addiction, and showed the students how much one drink really is and the effects it has on you. After both speakers, the Student Health and Wellness Director, Title IX Coordinator, UPD Officer, and the SECL Director spoke about their area's services and resources for TAMUK students.

Javelina Camp, known as an extended orientation, is held every August, the week before classes begin and is open to all first-year students that register for it. Student Engagement and Campus Life focuses on addressing topics and presentations on the first two weeks of school, navigating college, university traditions, leadership, bonding, social skills, social and emotional well-being, joining on-campus student organizations, informing new students on campus resources, and what it means to be a "Healthy Javelina" and avoiding risky behavior such as alcohol and drug use.

SECL held weekend events due to a survey conducted by a committee of professional staff in the Fall of 2018. COVID moved these events online in '20 - '21, and the weekend programming was brought back on campus and in the town of Kingsville in '22 - '23. These weekend events were dubbed "Staycations."

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These staycations were held monthly and consisted of on-campus activities such as wellness programs, dinners, friendly competitions, dance parties, and more engaging activities for students. In addition to the on-campus activities, SECL also held events at businesses around town in Kingsville such as karaoke night, dinner parties, trivia nights, and promoting the monthly farmers market in downtown Kingsville. Other weekend events included the student Hog Pen at every home football game. The Hog Pen is an alcohol-free tailgate area for students that includes yard games, food, seating, and Gatorade and water.

## FRATERNITY & SORORITY LIFE

Under the Student Engagement and Campus Life (SECL), Fraternity & Sorority Life at Texas A&M University-Kingsville offers students fellowship, academic support, leadership training, campus activities participation, service-learning opportunities, and transferable skills for future careers. Fraternity and Sorority life is overseen by a Student Engagement Coordinator from the SECL office. To ensure positive outcomes for the Greek community, SECL has implemented the following mechanisms with the various accomplishments noted below:

- Member organizations are required by national standards to coordinate one alcohol awareness membership development event per academic year and submit documentation to their respective national office. This programming is done annually during Hazing Prevention Week.
- All Greek chapters sent two members to the mandatory Student Leadership Conference and received the state mandated risk management training. In compliance with the state mandate, each Greek chapter submitted record of risk management training with their respective organization.
- The governing council of sororities and fraternities each have an active Judicial Board. The board serves as a discipline council for any infraction of Fraternity & Sorority Life or university policies that are violated. If the Student Engagement Coordinator feels the case is serious, violations are sent to the Dean of Students for further review.
- Fraternity & Sorority Life has sponsored only non-alcoholic events during Hazing Prevention Week, recruitment events, Greek Week, and Greek Games. Over 70% of the organization's members participated in these events.
- Fraternity & Sorority Life in conjunction with SECL sent five active members and the FSL Coordinator to the Association of Fraternal Leadership & Values Central Conference in Indianapolis, Indiana, where presentations on risk management and alcohol abuse awareness / prevention strategies were viewed. In Spring 2022 and Spring 2023, SECL hosted a local Greek Retreat to foster on campus unity and leadership training.
- Greek members remain committed to making stronger connections and positive impacts within the local community, with their continuation of TAMUK Dance Marathon. This Greek philanthropic effort advocated raising money for Corpus Christi Driscoll Children's Hospital to help with pediatric illness in our local community.
- In Fall 2022 and 2023, the Order of Omega hosted its Greek Leadership Summit, a one-day conference for active Greek members at TAMUK. In 2022 there were sessions on brotherhood/sisterhood, mental health awareness, school/life balance, and why are you Greek. Approximately 150 students attended. Fall 2023 the sessions were Alcohol and other drugs, career engagement, mental health, and leadership. Approximately 170 students attended. Each year, a keynote speaker from Greek University facilitated a keynote that revolved around our central theme along with a special workshop. Other workshops included alumni facilitators and staff professionals from various departments that touched on leadership and social aspects, risk



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management, mental health wellness management, alcohol awareness, enhancing member experience, and goal setting.

- In Spring 2023, chapter members committed to participating in the annual Walk a Mile in Her Shoes event with Student Health and Wellness. The event, which is hosted by Student Health and Wellness, brings awareness about ending men's sexualized violence.
- Hazing Prevention week is annually planned by the CPC and IFC respective VP of Programming and Relation positions. The intent was to be able to target a broader range of students and educate on several topics that revolve around hazing such as alcohol and substance abuse, mental health, common misconceptions, national data, and statistics on hazing, and so on.
- Greek Week has continued the previously submitted restructuring which included more team building events rather than competitive events. The week includes a trivia night, various physical exercise activities, and philanthropy opportunities.

## **FAMILY ENGAGEMENT & ORIENTATION**

The Texas A&M University-Kingsville Family Engagement hosted a “track” for Hoggie Days in Summer 2023 and 2024 that was for incoming parents and families (~2,000 family guests attended between both summers). Providing parents with alcohol and drug prevention resources and risk management educational information.

Texas A&M University-Kingsville Family Engagement hosted 10+ first-year parent and family tracks and had speakers from professional departments on campus about how your students stay safe and prepared. These tracks also presented how to help your student transition to the university. Many departments attended, including SHW, and discussed drug prevention and resources to keep Javelinas safe and healthy. To further enhance family engagement throughout the year, TAMUK family engagement launched the Family Portal, a digital platform designed to provide timely information and resources. With over 1,755 users and 43,000 emails sent since its launch in Summer 2024, the portal has become a valuable tool for families to stay connected and support their students' success.

## **ENTERPRISE RISK MANAGEMENT**

The Executive Director of Enterprise Risk Management presents a risk management and hazing compliance presentation to the student leaders attending the annual mandatory Student Leadership Conference. This presentation familiarizes leaders of student organizations with risk assessment and risk management concepts and tools as required by Education Code Section 51.9361 (Texas HB2639/SB1138). Furthermore, the student leaders learn about alcohol, illegal drugs, and penalties. Student leaders are provided with information on methods of controlling social events/parties when alcohol is present. Other topics addressed in the presentation are as follows: hazing, sexual misconduct and harassment, fire and other safety issues, student travel, discrimination/ ADA/ Title IX Compliance along with the need to adopt an organization risk management statement. Similar trainings are conducted with student organization advisors annually. A pre-recorded copy of the Risk Management training and powerpoint slides is located on the following web page:

<https://www.tamuk.edu/secl/studentorganizations/forms.html>



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## MEMORIAL STUDENT UNION BUILDING

The Memorial Student Union Building (MSUB) operates in a partnership with students, faculty, and staff to provide a community center for Texas A & M University-Kingsville through educational programs, services, conveniences, and amenities needed in daily campus life. The MSUB values: An atmosphere that supports creativity, change, strategic thinking, empowerment, and cooperation; sensitivity to the changing needs of the University community and a willingness to change to meet those needs; and service to our customers with a caring attitude.

In the evening, MSUB provides students with a safe place to gather while enjoying amenities such as a game room, Starbucks coffee shop, and other dining services. In addition, the MSUB provides annual healthy option programming events such as World Series & Super Bowl parties and other social events in an alcohol-free environment.

## ATHLETICS

Texas A&M University-Kingsville is a division II member of the National Collegiate Athletic Association (NCAA) and has been a member of the Lone Star Conference (LSC) since 1954. The Texas A&M University-Kingsville athletics department is in the business of education, competition, and leadership.

### Substance Abuse Education and Testing

The NCAA and Texas A&M-Kingsville athletic guidelines prohibit Texas A&M-Kingsville student-athletes from using narcotics or any drug that is not prescribed by a physician for specific treatment of an injury or illness. Athletes can obtain a list of the drugs and narcotics specifically banned by the NCAA by contacting A&M-Kingsville's athletic trainer, online at [www.ncaa.org](http://www.ncaa.org), or in the Student Athlete Handbook. Texas A&M-Kingsville requires all student athletes who are eligible for intercollegiate athletics to participate in the institution's drug testing program. Texas A&M-Kingsville also fully supports the NCAA's drug testing program for student athletes who participate in post-season and championship contests. Athletes must sign a consent form each year, indicating willingness to participate in these drug-testing programs to be eligible. Excerpts of the student athlete handbook outlining the drug screening and education program can be found in Appendix D of this executive report. Students in violation are referred to Student Health and Wellness, Counseling Services to participate in the Drug and Alcohol Abuse Prevention Program (DAAPP). DAAPP is a four-week counseling program that targets harm reduction and abuse prevention. Furthermore, the program incorporates additional assessment tools, decision-making strategies, homework assignments, and wellness activities.

### Programming Efforts – Alcohol and Other Drug Prevention

- In Fall 2023, Athletics resumed drug testing of their athletes and since Fall 2023, only five (5) positive tests have resulted.
- Athletics revised their drug testing policy which can be found in Appendix D.
- During July 2024, Athletics developed a Mental Health Emergency Action Plan (EAP), and the coaches were trained on the information.
- Educational Training- Full time Employees: July 2024; full time employees received QPR Suicide Prevention Training.

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- As per the NCAA requirements, Athletics mandated their 2024-2025 Athletes to conduct a mental health screening before the academic year starts. In partnership with SHW – Counseling Services screened approximately 327 athletes using the Titanium – Counseling Center Assessment of Psychological Symptoms (CCAPS-62) instrument to identify and support student-athletes experiencing mental health symptoms, disorders, and distress.
  - *CCAPS-62 is a 62-item instrument with eight distinct subscales including depression, generalized anxiety, social anxiety, academic distress, eating concerns, family distress, frustration/anger, and substance use.*
- In August 2024, Athletics created a series of student-athlete development workshops in topic areas such as nutrition, budgeting, and QPR Suicide prevention that are scheduled to be conducted in the Fall 2024 semester.

## UNIVERSITY HOUSING AND RESIDENCE LIFE

The mission of the Department of University Housing and Residence Life encourages the growth and development of the Texas A&M University-Kingsville residential community by fostering an atmosphere that promotes academic success, community engagement and safety. Additionally, the department offers Living Learning Communities (LLC) for students. This is a way for new students to become part of campus life sooner because they will be living with other students with similar interests and academic courses. The Animal Science and Kinesiology LLCs are linked to majors where the drop/fail/withdrawal rate is high. LLC communities are as follows: Animal Science, Kinesiology and Honors.

In accordance with prevention and intervention efforts of DAAPP, Residence Life conducts an annual week-long training with over 50 Resident Advisors and Community Advisors prior to the fall and spring semesters. Training includes, but is not limited to, the following areas:

- Campus Resources (Student Health & Wellness, Disability Resource Center, Student Engagement, Campus Recreation & Fitness and Career Engagement)
- Compliance Training
- Clery Act Training
- Title IX Training
- Conflict Mediation
- Community Standards
- QPR-Suicide Prevention
- Alcohol Awareness & Drug Policy (conducted by UPD)
- CRASE Active Shooter training
- Maxient Conduct Database System & Incident Reports
- University Housing Policies and Procedures
- Emergency Procedures / Fire Extinguisher Training
- Disciplinary Procedures / Scenarios of disciplinary situations

University Housing & Residence Life establishes the following components to minimize the impact of high-risk drinking and drug usage among the resident community:

- During check-in, UH&RL provides information distributed by newsletter attached to the student's room door. The newsletter discusses information in the Residence Life Guidebook i.e., housing

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rules, community living standards, and university policies including the Alcohol Policy and Drug Policy. Also attached to the student's room door is a flyer on Hurricane Procedures and Safety Information (which includes hall safety and security, emergency information, campus safety information and a section on if you see something say something).

- University Housing and Residence Life conducts monthly health/safety inspections during the academic year. The department inspects the residence hall rooms to determine damage and/or violation of prohibited items and/or fire safety hazards.
- University Housing & Residence Life also sponsors in-house presentations on alcohol related topics. Residence Life staff sponsor a wide variety of social and educational activities during the academic year. All Residence Life sponsored programs/activities are alcohol-free.
- The Executive Director of University Housing & Residence Life meets weekly with the Dean of Students; Director of Student Conduct and Community Standards; UPD; Title IX Coordinator; Student Health & Wellness and Athletics to discuss cases that involve the misuse of alcohol & other drugs among the residence hall students.
- Each year in the Fall semester, University Housing & Residence Life Living Learning Communities (LLC's) in collaboration with Student Health & Wellness and PEP Talk, sponsor a collaborative program focusing on alternative activities that do not include drinking alcohol or going to local pubs or bars. The program is usually called OkSOBERfest. The events include educational booths, games, activities, food, and prizes.
- University Housing & Residence Life collaborates each semester with Student Engagement and Campus Life to host weekend programs. The programs give the students an opportunity to socialize and participate in activities on the weekends that do not include drinking alcohol or going to local pubs or bars. In addition, the Residence Hall Association (RHA) sponsors alcohol free tailgates during home football games where residence hall students are invited to socialize, play games, and eat food. Giving the students the opportunity to participate without the pressures of consuming alcohol.
- Each year for Mardi Gras, University Housing & Residence Life LLCs (Living Learning Communities) in collaboration with Student Health & Wellness and PEP Talk and Student Engagement and Campus Life and the Campus Activities Board (CAB) sponsor a program. The event is held to give students alternative activities for the night that do not include drinking alcohol or going to local pubs or bars. The event includes educational booths, games, activities, food, and prizes.
- University Housing & Residence Life has a Residence Life Guidebook with the rules and policies for the Residence Halls the guidebook contains the Smoking Policy which states-In order to create a safe, healthy, educational, and living environment, smoking cigarettes, electronic cigarettes, vapor (vape) pens and hookahs are prohibited in the residence halls and all university-owned buildings. UH&RL has implemented fines for Smoking tobacco of any kind (cigarette. electronic cigarette, vapor (vape) pen, or hookah) \$75 (First Offense) and \$150 (Second Offense).
- University Housing & Residence Life uses the Maxient Discipline System. Our professional and student staff enter incident reports whenever there is an alcohol violation, illegal drug violation or policy violation within the residence halls. The Executive Director of University Housing & Residence Life also uses Maxient to assign cases and set up hearings. Some of our sanctions include using the e-check for marijuana and the e-check for alcohol through the Student Health & Wellness website. The staff also involve university police in the enforcement of alcohol and illegal drug laws where applicable.

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## REC SPORTS

The Department of Recreational Sports aims to provide the Texas A&M University-Kingsville community with a welcoming, inclusive, and fun environment through programs, services, and facilities. We advocate and educate for a healthy lifestyle and strive to advance student development and success through participation and leadership opportunities.

The Department provides a modern, state-of-art collegiate recreation facility and offers an array of recreational, fitness, and competitive sports activities in an environment void of alcohol and drugs.

### **Program Efforts – Alcohol and Other Drug Prevention**

- REC Sports facilitated open recreation in five areas: 1. Student Recreation Center 2. Rec Sports Outdoor Complex, 3. Javelina Gaming Lounge, 4. Bowling Alley, 5. Pickleball/Tennis Courts
- The Student Recreation Center, Javelins Gaming Lounge
  - Open recreation provided an opportunity for students to engage in informal recreation at their own pace. According to U.S. Department of Health and Human Services, physically active individuals sleep better, feel better, and function better (2018, p. 6).
- The department hosted many, diverse programming efforts aimed at overall health and well-being. These programs promoted an environment that is drug and alcohol free. Highlights include:
  - RECtravaganza – annual welcome week event that promotes all the Recreational Sports program and facility offerings.
  - GroupX – group exercise classes that range in everything from fitness to yoga. Rec Sports offers between 15-20 fitness classes per week.
  - Intramural Sports – these were leagues formed in various sports where participants engage in regularly scheduled team sports.
  - Sports Clubs – these are student organizations dedicated to a specific sport and compete against intercollegiate clubs.
    - Many of these clubs are governed by national organizations that promote drug-free environments, e.g., USA Powerlifting requires drug testing as a part of participation requirements.
- Recreational Sports offers First Aid/CPR/First Aid classes through the American Red Cross. The classes are available to students, faculty, staff, and the Kingsville community. In the class, how to treat an intoxicated individual and train Narcan for an opioid overdose.
- Rec. Sports also participated and engaged with the National Intramural & Sports Association (NIRSA).
  - NIRSA is a professional organization of over 4,000 collegiate recreation professionals. NIRSA provides various programs, research, and discussion centered on relevant issues, including alcohol and drug abuse prevention.
  - Sent students for professional development at annual conference

*Physical activity guidelines for Americans (2nd ed.).* (2018). Washington, D.C.: U.S. Dept. of Health and Human Services. Retrieved November 10, 2020.

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## UNIVERSITY POLICE DEPARTMENT

The Texas A&M-Kingsville University Police Department (UPD) provides excellent customer service and protection to the campus community. One of UPD's goals is to maintain a safe learning and working environment for everyone on campus. Additionally, the University Police Department is committed to educating the campus community on personal protection and crime awareness.

UPD uses both a proactive and reactive approach to address the problems of drug use, underage drinking, and drunk driving. Using a proactive approach, police officers go to various segments of the campus community and provide educational programs regarding the problems associated with drug and alcohol abuse and misuse and its relationship to crimes such as drunk driving. In a reactive approach, UPD officers make arrests for possession of marijuana, drunk driving, and public intoxication, and cite violators for minor in consumption and minor in possession of alcohol.

The following are the UPD's signature alcohol and drug prevention efforts:

- Residence hall educational workshops include the following topics: self-defense, underage drinking, and drunk driving.
- UPD provides training to Resident Advisors on drug and alcohol awareness; how to handle drunken students; methods on breaking up a party; signs of acute alcohol poisoning.
- During the annual Tropical Temptations Safe Spring Break Fair and Sober Spirits Homecoming Fair, UPD conducts the DW-EYES awareness driving program while utilizing impaired vision goggles. DWI & DUI information is also discussed during this event. UPD officers conduct the one leg stand or the walk and turn sobriety test to volunteers wearing goggles. UPD also allows the campus community to test their driving skills with goggles, allowing volunteers to drive an obstacle course with a cart while wearing impaired vision goggles.
- During the Hoggie Days New Student Orientation Program, UPD conducts a presentation to new students and parents regarding the university policies on alcohol and drug usage/consequences.
- During the International New Student Orientation, UPD presents information regarding safety, UPD services, alcohol and drug policies and other important items.
- UPD discusses general safety and drug/alcohol awareness to some university summer programs.
- UPD conducts self-defense training with the TAMUK community to educate individuals on how to create a safe future for themselves.
- The National Night Out event is a community event providing an alcohol and drug free environment filled with information about community resources for all to enjoy.

Texas A&M University-Kingsville utilizes SafeZone by CriticalArc as an advanced emergency alert and personal safety resource. This innovative smartphone application enables students, faculty, and staff to connect with the University Police Department (UPD) for concerns, comments, and questions, as well as to quickly contact UPD during emergencies. SafeZone enhances individual and community safety through the following key features:

- Panic Button: Provides an immediate connection to campus safety, sharing GPS location and personal profile information for prompt assistance.
- Tip Texting: Allows users to anonymously report crimes and engage in two-way communication with UPD via SMS or the mobile app.



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- **Crisis Resources:** Offers access to crisis hotlines and counseling services for students, faculty, and staff.
- **Check-ins:** Enables users to "check in," notifying UPD of their location when working alone, walking to their car late at night, or entering potentially hazardous or high-risk environments.

SafeZone empowers the campus community by promoting a secure and supportive environment for all.

## OFFICE OF COMPLIANCE

The Office of Compliance provides ongoing awareness campaigns to educate students on campus Title IX and sex-based misconduct policy and supportive measures in addition to other awareness and outreach efforts as required by the Clery Act and the Violence Against Women Act (VAWA). As part of the ongoing awareness campaigns, events focus on primary prevention for sexual harassment, sexual assault, relationship violence, stalking (based on sex), sexual exploitation, and related retaliation as well as informing faculty, staff, and students about reporting and investigative procedures and available supportive measures for incidents that are reported to the university. The awareness campaigns also contain alcohol and drug abuse prevention as a component of the sexual misconduct prevention training.

During the 2022-2023 academic year, students had access to EverFi online training modules through the Office of Compliance. These courses include Sexual Assault Prevention Courses (including a module for undergraduates and student athletes), Prescription Drug Abuse Prevention, and AlcoholEdu. Portions of the Sexual Assault Prevention courses focused on issues of consent in relation with alcohol and drugs. Sexual Assault Prevention for Student Athletes also contained a section on hazing prevention. The Prescription Drug Abuse Prevention course instructs students on issues that can arise from the misuse of prescription medications and provides students with skills and tools to make informed decisions about prescription medications. AlcoholEdu is a course that contains skill-building exercises, strategies to help students manage alcohol consumption, tools, and scenarios to define and promote healthy relationships and provide awareness of warning signs of alcohol abuse.

During the 2023-2024 academic year, students had access to Get Inclusive online training modules within the Voices for Change – Consent, Alcohol, and Hazing course through the Office of Compliance. Voices for Change – Consent, Alcohol, and Hazing featured components that discussed consent, how alcohol can impact consent, bystander intervention, and peer-pressure.

During the 2022-2023 and 2023-2024 academic years, the EverFi and Get Inclusive courses were required for all incoming undergraduate students and student-athletes to provide these students with awareness and tools to reduce instances of sex-based misconduct and hazing as well as to provide instruction on consent issues including, incapacity through alcohol consumption. During the 2022-2023 academic year, incoming first-year students and transfer students were required to take Sexual Assault Prevention for Undergraduates, and first-year students were also required to take AlcoholEdu through the UNIV 1201: Learning in a Global Context course. In compliance with annual sexual violence prevention training requirements from the NCAA Board of Governors, student athletes were required to take Sexual Assault Prevention for Student Athletes. During the 2023-2024 academic year, all incoming first-year students, transfer students, and student athletes, were required to take Voices for Change – Consent, Alcohol, and Hazing.



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During the 2022-2023 and 2023-2024 academic years, the Office of Compliance monitored students' completion rate of required modules and students who failed to complete the required courses were not allowed to register for the next semester until the required training had been completed. Additionally, during both academic years, the Office of Compliance provided alcohol awareness and how it can impact consent through new student orientation presentations and webinar events. During the 2022-2023 and 2023-2024 academic years, the Office of Compliance discussed alcohol awareness and consent at in-person events including Sober Spirits, OkSOBERfest, Día De Los Muertos and the TAMUK Organization Leadership Conference.

The Office of Compliance also provides training to student-employees at the REC Sports facility, residence advisors at Residence Life, and Javelina Camp leaders. During these trainings, student-employees are informed about bystander intervention as a method to mitigate consent issues that can arise out of alcohol consumption. Student-employees are also informed of reporting requirements to facilitate effective communication on behalf of the university to respond to instances of sexual harassment, sexual assault, relationship violence, stalking (based on sex), sexual exploitation, and related retaliation.

The Office of Compliance has also sponsored and created alcohol free events. The Office of Compliance, in coordination with the University Police Department, offered free safety and self-defense courses each semester. Additionally, the Office of Compliance worked with local advocacy and Student Health and Wellness to sponsor, "In Their Shoes" during the 2022-2023 and 2023-2024 academic years which is an interactive awareness event focus on explaining relationship violence hardships. During the 2022-2023 and 2023-2024 academic years, the Office of Compliance worked with Student Health and Wellness, UPD, student organizations, and off-campus resource providers to sponsor prevention events during Red Zone Week in September,

Domestic Violence Awareness Month in October, Spring Informationals in January, and Sexual Assault Awareness Month in April. Red Zone week and Spring Informationals includes events focused on healthy relationships, bystander intervention, and consent.

To assess the effectiveness of training and awareness campaigns, the Office of Compliance works with the Title IX Stakeholders group to improve the outreach program and utilizes Impact Surveys from campus events.

Below is a complete list of alcohol-free events sponsored by the Office of Compliance. The events below are focused on educational awareness and prevention for sex-based misconduct:

DATE	EVENT	TOPIC(S) COVERED
Ongoing	New Student Orientation Organization Fair	Table event to discuss resources and reporting options for students attending orientation.
1st Business Day of the month and 2nd Monday	New Employees	Non-discrimination, including sexual misconduct policy and reporting requirements.
September 12, 2022	Red Zone Week: Bystander Intervention Awareness Table	Table event discussing bystander intervention.
September 13, 2022	Red Zone Week: Conversations on Consent	Talking circle discussing consent.
September 14, 2022	Red Zone Week: Unhealthy Relationship Awareness Table	Table event discussing warning signs of unhealthy relationships.

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September 15, 2022	Red Zone Week: Campus Resource Panel	Panel of on and off campus resource providers discussing services relating to Title IX.
September 16, 2022	Red Zone Week: Sex-based Misconduct Resource Table	Table event discussing community resources.
October 11, 2022	Homecoming: Sober Spirits Event	Table awareness event that provides information on healthy relationships and obtaining sober consent.
November 2, 2022	Through Their Footsteps	Interactive event covering domestic and dating violence awareness.
November 8, 2022	Sexual Assault Awareness & Resources Webinar	Local advocacy discussing services and sexual assault awareness topics.
January 11, 2023	International Student Orientation	Expanded version of overview of Title IX and Sex-based misconduct including reporting options, processes, procedures, and law.
January 12, 2023	RA/CA Training	Title IX and Sex-based Misconduct Overview: Law, sexual misconduct related definitions, employee rights and responsibilities, process & procedure, and prevention strategies
February 4, 2023	Student Organization Training	Overview of Title IX and sex-based misconduct reporting options, Bystander Intervention, Consent, and other prevention strategies.
February 14, 2023	Respecting Boundaries	Event for students to discuss warning signs of unhealthy relationships and boundary setting.
February 15, 2023	Campus Conflict Workshop	De-escalation workshop to defuse situations where emotions are running high.
March 4, 2023	Student Health & Wellness: Annual Women's Retreat	Table with information on reporting and supportive measures.
March 8, 2023	Tropical Temptations Safe Spring Break Fair	Alcohol and consent awareness table.
March 21, 2023	Ask Your Police Department & Office of Compliance	Title IX and Campus Security table event providing public awareness of resources and reporting options.
April 4, 2023	Ask Your Police Department & Office of Compliance	Title IX and Campus Security table event providing public awareness of resources and reporting options.
April 8, 2023	Ask Your Police Department & Office of Compliance	Title IX and Campus Security table event providing public awareness of resources and reporting options.
April 11, 2023	SAAM: Let's Talk About Consent	Discussion on what consent looks like and how to recognize non-consent.
April 18, 2023	SAAM: Advocacy & Support Webinar	Primary prevention awareness webinar focused on consent and healthy relationship characteristics
April 20, 2023	SAAM: Take Back the Night	Victim Empowerment Program; Title IX and Sex-based Misconduct Overview: Bystander Intervention, Law, sexual misconduct related definitions, process & procedure, and prevention strategies.

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April 26, 2023	SAAM: Denim Day	Students decorate denim to bring awareness to sexual assault.
May 2, 2023	Ask Your Police Department & Office of Compliance	Title IX and Campus Security table event providing public awareness of resources and reporting options.
July 24, 2023	Athletic Staff	Title IX and Sex-based Misconduct Overview: Law, sexual misconduct related definitions, employee rights and responsibilities, process & procedure, and prevention strategies.
August 21, 2023	Student Athlete Presentation	Online presentation covering Title IX and Sex-based misconduct overview of policy, sanctions, and reporting options. Topics covered also included consent and bystander intervention.
Sept. 6, 2023	Basketball	Title IX and Sex-based misconduct Overview: definitions, sanctions, and policy review with a focus on bystander intervention, consent, and healthy relationships.
Sept. 14, 2023	Unity (Student Organization)	Title IX and Sex-based misconduct Overview: definitions, sanctions, and policy review with a focus on bystander intervention, consent, and healthy relationships.
Sept. 16, 2023	Leadership Conference	Overview of Title IX and sex-based misconduct reporting options, Bystander Intervention, Consent, and other prevention strategies.
Sept. 18, 2023	Red Zone: Campus Safety Table	Title IX and Campus Security table event providing public awareness of resources and reporting options.
Sept. 19, 2023	Red Zone: Bystander Intervention Table	Overview of Title IX and sex-based misconduct issues and Bystander Intervention with a review of reporting options.
Sept. 20, 2023	Red Zone: Consent Awareness Table	Table event focused on consent awareness.
Sept. 21, 2023	Red Zone: Respecting Boundaries Talking Circle	Event for students to discuss warning signs of unhealthy relationships and boundary setting.
Sept. 22, 2023	Red Zone: Self Defense UPD/Safety	Presentation over campus safety tips and self-defense maneuvers.
Oct. 3, 2023	DMV: Red Flag	Table event for students to list warning signs of unhealthy relationships and create a display.
Oct. 10, 2023	Homecoming: Sober Spirits Event	Table awareness event that provides information on healthy relationships and obtaining sober consent.
Oct. 12, 2023	DMV: Purple Door Webinar	The webinar focused on warning signs for abuse, the cycle of abuse, safety planning and supportive measures.
Oct. 18, 2023	DMV: Through Their Footsteps	Interactive event covering domestic and dating violence awareness.

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Oct. 25, 2023	DMV: Conflict De-escalation	De-escalation workshop to defuse situations where emotions are running high.
Oct. 30, 2023	DMV: UPD Self-defense/Safety	Presentation over campus safety tips and self-defense maneuvers.
Jan. 11, 2024	RA/CA Training	Title IX and Sex-based Misconduct Overview: Law, sexual misconduct related definitions, employee rights and responsibilities, process & procedure, and prevention strategies
Jan. 12, 2024	International Student Orientation	Expanded version of overview of Title IX and Sex-based misconduct including reporting options, processes, procedures, and law.
Jan. 31, 2024	International Student Orientation	Expanded version of overview of Title IX and Sex-based misconduct including reporting options, processes, procedures, and law.
Feb. 1, 2024	Self-Love Booth: Healthy Relationships	Table event focused on providing information on warning signs of unhealthy relationships.
Feb. 13, 2024	Mardi Gras Booth	Bystander Intervention table event.
Feb. 28, 2024	Javelina Resource Fair	Table event focused on awareness of supportive measures and reporting options.
March 6, 2024	Tropical Temptations Safe Spring Break Fair	Bystander Intervention table event.
April 9, 2024	SAAM: Supporting Survivors Talking Circle	Discussion on how to handle disclosures of an incident of sex-based misconduct from peers.
April 10, 2024	SAAM: Webinar with Purple Door	Local advocacy and legal aid discussing services and sexual assault awareness topics.
April 11, 2024	Employee Services Resource Fair	Table event focused on awareness of supportive measures and reporting options.
April 18, 2024	SAAM: Take Back the Night	Title IX Resource Presentation.
April 24, 2024	SAAM: Denim Day	Students decorate denim to bring awareness to sexual assault.
April 30, 2024	SAAM: Self Defense UPD/Safety	Presentation over campus safety tips and self-defense maneuvers.
July 17, 2024	Athletics Staff Reporting	Title IX and Sex-based Misconduct Overview: Law, sexual misconduct related definitions, employee rights and responsibilities, process & procedure, and prevention strategies.
July 25, 2024	Employee Resource Fair	Table event focused on awareness of supportive measures and reporting options.
August 14, 2024	International Orientation	Expanded version of overview of Title IX and Sex-based misconduct including reporting options, processes, procedures, and law.
August 21, 2024	RA/CA Training	Title IX and Sex-based Misconduct Overview: Law, sexual misconduct related definitions, employee rights

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		and responsibilities, process & procedure, and prevention strategies.
August 23, 2024	College of Arts & Sciences Adjunct Orientation	The event focused on awareness of supportive measures and reporting options.
August 26, 2024	Student Athlete Presentation	Online presentation covering Title IX and Sex-based misconduct overview of policy, sanctions, and reporting options. Topics covered also included consent and bystander intervention.

## STUDENT FINANCIAL AID

The objective of Student Financial Aid is to provide assistance through grants, scholarships, loans, exemptions/waivers, and work-study to students who, without such aid, would be unable to attend college.

### Prevention Efforts:

The Office of Student Financial Aid partnered with Trellis Strategies (a leading strategic research and consulting firm focused on advancing postsecondary education and strengthening the workforce) and the Department of Education for the Project Success Program. Through this partnership, the Office of Student Financial Aid conducted the annual Student Financial Aid Wellness surveys (SFAW) in Fall 2022 and Fall 2023. The data collected has helped the Student Financial Aid office document the financial well-being and student success indicators of TAMUK students. The Fall 2023 SFAW infographic is found in Appendix C.

## CENTER FOR STUDENT SUCCESS

The Center for Student Success at Texas A&M University-Kingsville is dedicated to fostering academic excellence and personal growth among its diverse student body. It offers a comprehensive suite of services designed to support students from their first year to graduation. The Center for Student Success gives all students high-impact learning strategies and personalized services that address academic and career goals and personal concerns. The center strives for excellence in its advising, tutoring, instruction, and academic support services. The Center for Student Success is committed to guiding students from their first year as Javelinas to becoming Javelinas for Life, ensuring they have the support and resources needed to excel in their academic and personal endeavors. The Center for Student Success thus offers resources to all students.

- Professional Academic Advising
- First-Year Experience Course
- Peer Mentoring
- Pathways Academic Assistance Center (Tutoring)
- University Writing Center
- Academic Collegiate Enhancement
- Summer Bridge Program
- The HEART Project
- Starfish: Course Progress Surveys, Intake Assessment, Care and Concern Flag
- Additionally, please note that all student workers (receptionists, tutors, and mentors) attend QPR (Question, persuade, Referral) suicide-prevention training offered by Student Health and Wellness.

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## University Success Course (UNIV 1201)

UNIV 1201 prepares first-year students to succeed academically, professionally, and socially. The course addresses **Prevention, Environmental Management, and Protective Measures**. Students are arranged in meta-major groupings designed to help them connect with other students from their majors taught by faculty from their colleges. Four weeks of the semester are dedicated to the common experience student success curriculum, including Time management, Study Skills, Financial Literacy, Career Exploration, and Mental Health. This, combined with interaction with in-class peer mentors, fosters an enhanced sense of belonging, addressing **Environmental Management**.

Additionally, all first-semester students are required to complete training Everfi Trainings for Sexual Harassment Prevention and Alcohol Education with the TAMUK Compliance Office. Students who do not complete these trainings have a hold placed on their account barring them from registration for the Spring semesters. In partnership with Student Health and Wellness, the Licensed Professional Counselors provided all students with QPR Training to identify individuals who are showing warning signs of suicide risk and help these individuals get the services to provide intervention.

## Summer Bridge

In August 2023 and 2024, the Center for Student Success hosted Summer Bridge programs for students wanting to partake in student success college preparation sessions before the start of the semester. The program focused students who had not passed the Texas Success Initiative or admitted to majors with high DFQ rates and provided them with academic support and social activities to engage in. Students were provided non-credit bearing lectures regarding mental health resiliency, study skills, time management and career assessments.

Participants complete Clifton Strengths training prior to the start of the academic term. This training focuses on identifying and leveraging students' unique strengths to enhance their academic and personal success. By recognizing their top strengths, students gain greater self-awareness, enabling them to approach challenges with confidence and apply their natural talents effectively.

The program helps students develop a strengths-based mindset, which fosters motivation, engagement, and resilience. Participants also learn how to use their strengths in teamwork, problem-solving, and time management, ensuring they are better prepared for the demands of college life. This early intervention not only promotes self-efficacy but also encourages a positive and proactive approach to academic and social integration during their first semester. Students then have two follow-up sessions in the UNIV course to create action items based on their strengths. The Clifton Strengths training serves as a foundational tool for building a strong start and setting the stage for long-term success in college.

Lastly, referrals were made to Counseling Services as needed. This program thus fulfilled the criteria of **Environmental Management, Intervention, and Protective Measures**.

## Starfish Supports

The Center for Student Success utilizes Starfish as an **Intervention** measure in a variety of ways. For example, first-year students complete a Starfish Intake Assessment in the UNIV Course. Students are



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asked about their biggest concern and if they would like people from different areas, such as Counseling, to reach out to them. In the Fall of 2024, 74 students complete the assessment. When asked if they were worried about their mental health, 36% responded “True,” When asked if they would like someone to contact them regarding mental health services, 1.4% said yes. SHW also contacted each student who responded yes to the request to be contacted. The Center for Student Success also uses a "Care and Concern" flag that faculty members can raise if they have non-academic concerns about a student. If a faculty member references mental health, the center cross-references their Intake Assessment to see if they are okay with being contacted and reach out to SHW. If the student does not indicate a willingness to make direct contact with SHW, academic advisors will contact them to initiate a conversation. The Center for Student Success also provides Course Progress Surveys, which the faculty completes. Thus, Starfish also addresses **environmental management and protective measures**.

## CAMPUS MINISTRIES

Religious institutions and ministries provide the Texas A&M-Kingsville students with the opportunity to enhance their spiritual growth that in turn also develops their intellectual and emotional areas. While there are multiple spiritual communities that serve students, two opportunities for involvement in a faith community are immediately adjacent to the campus: St. Thomas Aquinas Newman Center and Baptist Student Ministries.

- The St. Thomas Aquinas Newman Center provides leadership to the **Catholic Student Organization (CSO)** that focuses on fostering friendships among each other and other students on the campus. CSO coordinates weekly events such as free luncheons every Thursday, workshops, retreats, and movie/game nights.
- **Baptist Student Ministries (BSM)** is a student organization whose mission is to accept and love others as Christ accepts and loves us and teach the truths of Scripture to mobilize the body of Christ to reach the nations. BSM events include the following: free luncheon every Wednesday, PEAS (prayer, encouragement, and sandwiches) every Tuesday, and a weekly worship every Thursday.

Campus-Wide Alcohol-Free Events	
2022-2023 FY	2023-2024 FY
<b>Welcome Week – 30 Events</b> Fall 2022 and Spring 2023 Attendance: 1000 + students	<b>Welcome Week – 35 events</b> Fall 2023 and Spring 2024 Attendance: 1000 + students
<b>Javelina Night Out</b> Sept. 8, 2022 Attendance: 650 (Student Engagement and Campus Life Office, Student Health & Wellness, and Texas Tech Health Science Center, Laura Bush Institute of Women’s Health)	<b>Javelina Night Out</b> Sept. 7, 2023 Attendance: 550 (Student Engagement and Campus Life Office, Student Health & Wellness, and Texas Tech Health Science Center, Laura Bush Institute of Women’s Health)
<b>Javelina Healthfest</b> September 2022 Attendance: students 192	<b>Javelina Healthfest</b> September 2023 Attendance: students 146

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<b>Hispanic and Black Heritage- 29 events</b> Fall 2022 and Spring 2023 Attendance: 1,000 + all event	<b>Hispanic and Black Heritage- 26 events</b> Fall 2023 and Spring 2024 Attendance: 500+ all events
<b>Homecoming- 11 events</b> Fall 2022 Attendance: 1000+ all events	<b>Homecoming- 14 events</b> Fall 2023 Attendance: 1500+ all events
<b>SOBER Spirits</b> October 2022 Attendance: students 235	<b>SOBER Spirits</b> October 2023 Attendance: students 311
<b>Breast Cancer Awareness 5K Walk/Run</b> October 2022 Attendance: 30 students	<b>Breast Cancer Awareness 5K Walk/Run</b> October 2023 Attendance: 84 students
<b>Dia de los Muertos</b> November 2, 2022 Attendance: 62 students	<b>All Hallows' Eve</b> November 1, 2023 Attendance: 82 students
<b>Stress Free-Zone</b> Fall 2022 and Spring 2023 Attendance: 137 + students	<b>Stress Free-Zone</b> Fall 2023 and Spring 2024 Attendance: 132 + students
<b>Dance Marathon</b> Spring 2023 Attendance: 150+ students	<b>Dance Marathon</b> Spring 2024 Attendance: 150+ students
<b>Women's Retreat</b> Spring 2023 Attendance: 42 students	<b>Women's Retreat</b> Spring 2024 Attendance: 65 students
<b>Mardi Gras</b> February 21, 2023 Attendance: 56 students	<b>Mardi Gras</b> February 13, 2024 Attendance: 89 students
<b>Tropical Temptations Safe Spring Break Fair (Outside)</b> March 2023 Attendance: students	<b>Tropical Temptations Safe Spring Break Fair</b> March 2024 Attendance: students
<b>Spring Fling</b> Spring 2022 Attendance: 1000+ students and community	<b>Spring Fling</b> Spring 2023 Attendance: 1000+ students and community
<b>CAB Events 23 events</b> Fall 2022 and Spring 2023 Attendance: 650+ students	<b>CAB Events- 35 events</b> Fall 2023 and Spring 2024 Attendance: 1000+ students
<b>Lectureship Series-Josh Peck</b> Spring 2023 Attendance 500+ student/staff	<b>Lectureship Series-Tom Kenny</b> Spring 2024 Attendance: 600+ students/staff
<b>Fraternity and Sorority Life- 9 events</b> Fall 2022 and Spring 2023	<b>Fraternity and Sorority Life-17 events</b> Fall 2023 and Spring 2024
<b>Hog Call/Late Night Breakfast</b> Sept. 1, 2022 Attendance: 550+ students	<b>Hog Call/Late Night Breakfast</b> Aug. 31, 2023 Attendance: 650+ students

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## C. Counseling and Treatment Services

### *Texas A&M–Kingsville Students and Irma Lerma Rangel School of Pharmacy Students:*

Student Health and Wellness, Counseling Service's future is defined and driven by an unwavering commitment to our students, faculty, and the structures that will foster their success. Such a commitment is founded on the overarching principles of the institution's vision, mission, values, and core goals.

Counseling Services offers a wide range of free and confidential personal, psychological, academic, and career services to currently enrolled students at the main campus, as well as in Weslaco, Harlingen, RELLIS, online, and at dual enrollment sites. In addition to individual and group counseling, we offer inclusive student-centered programming on topics relating to personal growth and development, crisis management and referral. Clinical assessment(s) and/or screening(s) may be administered by counseling services to optimize treatment planning. All counseling sessions are confidential to the full limits provided by the law; no information can be released within or outside the university without prior written client consent. There is no set limit or requirement on the number of sessions that one may attend. Consultation services may be provided to the TAMUK community staff and administrators regarding the mental health concerns of students.

Student Health and Wellness Counseling Services offers both face-to-face and Tele-Mental Health counseling appointments. Tele-Mental Health is delivered through the HIPAA (Health Insurance Portability and Accountability) secure platform ZOOM.

Counseling Services implemented a revamped **Drug Alcohol Abuse Prevention Program (DAAPP)** now a 3–5–week counseling program targeting harm reduction and abuse prevention. Furthermore, the program incorporated additional assessment tools, decision-making strategies, homework assignments, and wellness activities. Most DAAPP participants are referred from the Dean of Students Office, University Housing & Residence Life, and the Athletic program as a sanction for violating the university's alcohol and drug policies.

### **24/7 Resource – Student Mental Health Support Program:**

The TELUS Health Student Support App allows students to Call. Chat. Anytime. Student Support connects students with free, confidential emotional health and well-being support conveniently available 24 hours a day, 7 days a week via the app, telephone, and website. Chat functions are available in multiple languages. Self-directed resources including articles, videos, assessments (alcohol use, depression, drug use, & general anxiety), virtual fitness, and much more.

### **Counseling Services Online Assessments –**

**Substance Abuse Subtle Screening Inventory 4 (SASSI) Online** is a web-based system for the administration and scoring of SASSI questionnaires that provides narrative reports on client screening results. The SASSI is a brief self-report, easily administered psychological screening measure. The Adult SASSI-4 helps identify individuals who have a high probability of having a substance dependence disorder with an overall empirically tested accuracy of 93 percent. The SASSI includes both face valid and subtle items that have no apparent relationship to substance use. The subtle items are included to identify

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some individuals with alcohol and other drug problems who are unwilling or unable to acknowledge substance misuse or symptoms associated with it.

**eCHECKUP To Go (e-CHUG)** online alcohol assessment gives students a personalized tool that lets him/her see how their drinking habits, family history and campus norms affect their life and future. The e-CHUG is a brief assessment tool that takes about 20-25 minutes to complete, is self-guided, requires no face-to-face contact time with a counselor, and is completely anonymous. An individual can take it once or on multiple occasions to track changes in their alcohol use. <https://www.tamuk.edu/shw/counseling-services/Drug-and-Alcohol-Prevention-Program.html>

**eCHECKUP To Go (e-TOKE)** online marijuana/cannabis assessment gives students a personalized tool that gauges one's pattern of marijuana/cannabis usage and associated risks. The e-TOKE is a brief assessment tool that takes about 20-25 minutes to complete, is self-guided, requires no face-to-face contact time with a counselor, and is completely anonymous. An individual can take it once or on multiple occasions to track changes in their marijuana use. <https://www.tamuk.edu/shw/counseling-services/Drug-and-Alcohol-Prevention-Program.html>

## **Texas A&M University Faculty and Staff**

The Texas A&M University System is proud to offer Work/Life Solutions to eligible employees. These programs usually offer in-person and telephonic counseling services, training, and have resources to help employees deal with all kinds of stressful issues from parenting to the death of a loved one to conflicts at work.

### **Employee Assistance Program can help with:**

- Stress at home or in the workplace
- Problems with coworkers or supervisors
- Balancing work and family
- Living with depression or anxiety
- Managing a healthy weight
- Struggling with personal finances
- Quitting smoking
- Alcoholism or substance abuse
- Legal issues
- Resolving marital/relationship issues
- Coping with the impact of a tragedy
- Dealing with aging parents
- Coping with loss and grief
- Controlling anger and emotions
- Life changes or transactions
- Other issues affecting your well-being

<https://www.tamuk.edu/employee-services/hr/benefits/eap.html>

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## IV. DAAPP UNIVERSITY NOTIFICATION, SANCTIONS, AND ENFORCEMENT

### EMPLOYEE NOTIFICATION

The university utilizes the following methods as employee alcohol and illegal substance abuse rule notification:

(1) The Jeanne Clery Disclosure of Campus Security Report is disseminated annually to students, faculty, and staff. The Clery report highlights reported crimes as statistics well as university rules and policies concerning alcohol and other drug. Faculty and staff are notified in an email regarding online access to this report. Copies of the report may also be obtained at the University Police Department and/or the Dean of Students office.

(2) In October, Human Resources distributes the annual AOD policy notification to employees along with other federal and state laws, system policies & regulations, and TAMUK rules and procedures that affect them in the workplace.

(3) Within 30 days of hire, new employees are required to complete online system-required training on modules such as Creating a Discrimination-Free Workplace, Ethics, Information Security Awareness, Orientation to the A&M System, and Reporting Fraud, Waste, and Abuse. The orientation to the A&M System training module refers to the university's alcohol and drug policies. Every two years, all employees are required to complete each module noted above.

(4) Human Resources continues to require a mandatory "New Employee Orientation" that reviews university policies/procedures upon the individual's first 2 weeks of employment. During this orientation, a specific session addresses university rule 34.02.01.K1 *Alcohol and Illegal Substance Abuse* (approved on April 22, 2004; Reviewed: April 9, 2019; Revised: April 15, 2021) and TAMUS Regulation 34.02.01 *Drug and Alcohol Abuse and Rehabilitation Programs*. In addition, the new employee signs an acknowledgment of receipt of required information that includes policies 34.02. and 34.02.01 during the onboarding process in Workday.

### STUDENT NOTIFICATION

Students receive alcohol and drug policy's notification in the following facets: (1) Clery Act Reports – Annual Campus Security Report submitted by the Dean of Students & University Police Department (online version), (2) Student Handbook online version (3) Student Leadership Conference – risk management workshop and the "Social Event Policy" handouts which can also be found as an online version, (4) Residence Life Guidebook, (5) Alcohol Edu, Haven, and Get Inclusive online training modules, and (6) In compliance with consumer information disclosures mandated under the Higher Education Opportunity Act, current students are notified about penalties associated with drug-related offences.

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## SANCTION AND ENFORCEMENT

### Alcohol and Illegal Substance Abuse

Students, faculty, and staff receive and/or have availability of the following sanction information: In accordance with TAMUK rule 34.02.01.K1 *Alcohol and Illegal Substance Abuse*, “failure to comply with this rule by any employee or student will constitute grounds for disciplinary action, up to and including termination of employment or expulsion from the University . . . An employee or student who violates any of the drug laws will be subject to prosecution in accordance with the law. Legal sanctions for violation of local, state, and federal laws may include, but are not limited to fines, probation, and jail or prison sentences.” [https://www.tamuk.edu/policy/\\_files/pdf/34-02-01-K1.pdf](https://www.tamuk.edu/policy/_files/pdf/34-02-01-K1.pdf)

### Jeanne Clery Disclosure of Campus Security Reports and Fire Safety Reports

Texas A&M University-Kingsville’s Annual Security and Fire Safety Report is published annually on or before October 1st and includes statistics for the previous three years concerning reported crimes that occurred on-campus; in certain off-campus buildings or property owned or controlled by Texas A&M University-Kingsville; and on public property within, or immediately adjacent to and accessible from, the campus. The report also includes institutional policies concerning alcohol and other drug, campus security, emergency response and evacuation. Additionally, the Clery report outlines important matters such as the violence against women reauthorization act of 2013, domestic violence, dating violence as well as stalking. The report for 2024 (includes years 2023, 2022, and 2021) is available at [https://www.tamuk.edu/dean/dean\\_files/cleryreport.pdf](https://www.tamuk.edu/dean/dean_files/cleryreport.pdf)

Students, faculty, and staff are notified in an email regarding access to this report. Copies of the report may also be obtained at the University Police Department and the Dean of Students office.

Students, faculty, and staff are notified in an email regarding access to this report. Copies of the report may also be obtained at the University Police Department and the Dean of Students office.

### *Data excerpts from the 2024 Campus Security & Fire Safety Report:*

#### TEXAS A&M UNIVERSITY-KINGSVILLE CAMPUS

Offense	Year	On Campus Property	Residential Facilities*	Non-Campus Property	Public Property
Drug Abuse Arrests	2021	2	2	0	0
	2022	3	2	0	0
	2023	6	2	0	0
Drug Abuse Disciplinary Referrals	2021	29	29	0	1
	2022	30	28	0	0
	2023	28	26	0	0
Liquor Law Arrests	2021	10	5	0	0
	2022	19	19	0	1
	2023	14	14	0	0



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Liquor Law	2021	9	9	0	0
Disciplinary	2022	7	6	0	0
Referrals	2023	4	4	0	0

\*The Residential Facilities column is a subset of on-campus

## Judicial Affairs Sanction Data

### Sanctions Issued for AOD Code of Conduct Violations

The following tables contains data on the sanctions imposed for students/student organizations found responsible for alcohol and other drug violations under the TAMUK code of conduct. These violations may not always be violations of the law, but only of university policy. Similarly, students who are issued citations by the University Police Department (UPD) are issued warnings through the disciplinary process and no other sanctions as they will be paying a fine, undergo testing and are assigned an online drug or alcohol class to complete as part of the citation. The Dean of Students Office has scheduled to review the sanctioning process for AOD violations for the coming academic year.

### Alcohol and Drug Violations 2022-2023 & 2023-2024

SANCTION	2022-2023		2023-2024	
	Alcohol	Other Drugs	Alcohol	Other Drugs
Expulsion	0	0	0	0
Suspension	0	0	0	0
Probation	0	3	0	4
Loss of Privileges	0	0	0	0
Fines	0	2	0	0
Restitution	0	0	0	0
Referral / Assessment	0	0	0	0
Community Service	0	0	0	0
Reflection Paper	0	0	0	4
Research Paper	0	0	0	0
Educational Session	3	2	0	5
Residence Hall Suspension	0	0	0	0
Residence Hall Expulsion	0	0	0	0
Warning	29	15	1	20
Shared Responsibility	0	0	0	0
Not in Violation/ Not Responsible	2	13	3	19
Dismissed/ Lack of Evidence	0	3	1	4

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## Repeat Offenders of AOD Violations

According to the information obtained from our student conduct database (Maxient) the following are the number of students found responsible and identified as repeat offenders:

TYPE OF INFRACTION	2022-2023	2023-2024
Alcohol Violation	0	0
Illegal Drug Violation	0	0

## TAMUK Student Organizations

Zero organizations were found responsible for alcohol related rule violations during FY 2022-2023 and FY 2023-2024.

STUDENT ORGANIZATION ALCOHOL VIOLATIONS	2022-2023	2023-2024
<b>General Organizations (including Greeks)</b>	0	0

## V. DAAPP PROGRAM STRENGTHS AND WEAKNESSES

To assess the DAAPP Program's strengths and weaknesses, the Biennial Review Committee utilized the DFSCA (Drug Free Schools and Communications Act) Supplemental Checklist (Appendix 6) to identify the effectiveness of the program's efforts.

ALCOHOL-FREE OPTIONS	
STRENGTHS	WEAKNESSES
<p>Campus Recreation &amp; Fitness Center – Expanded Evening &amp; Week-end Hours</p> <p>Volunteer Opportunities within Student Engagement and Campus Life; Javelina Care Closet; and Student Health &amp; Wellness.</p> <p>Social Justice programs/events coordinated by Student Government Association (SGA) and partnering with Student Health and Wellness in AY 2022-2023 and 2023-2024 on a few events.</p> <p>In August 2023 and 2024, the Center for Student Success hosted Summer Bridge programs for students wanting to partake in student success college preparation sessions before the start of the semester.</p> <p>PEP Talk – Peer Educator Program increased their attendance at events that educated students on incorporating alternative drinks/mocktails (non-alcoholic drinks) at their social events.</p> <p>In AY 2022-2023, the opening of the Javelina Care Closet provides students access to a Food Pantry and a Professional Clothes Closet.</p>	<p>Cultural norms on alcohol use for this region of the State of Texas</p>

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<p>Campus Ministry evening events – Baptist Student Ministry and Catholic Student Organization (CSO).</p> <p>Weekend programming was brought back on campus and in the town of Kingsville in ‘22 - ‘23. These weekend events were dubbed “Staycations.” These staycations were held monthly and consisted of on-campus activities such as wellness programs, dinners, friendly competitions, dance parties, and more engaging activities for students.</p> <p>Other weekend events included the student Hog Pen at every home football game. The Hog Pen is an alcohol-free tailgate area for students that includes yard games, food, seating, and Gatorade and water.</p> <p>Homecoming activities include a SOBER Spirits event to educate students, staff, and faculty on how to incorporate health and safety strategies during homecoming celebrations.</p> <p>New Students required to attend Javelina Night Out events that address personal safety, bystander intervention, alcohol and drug misuse/abuse prevention, and suicide prevention awareness.</p> <p>Javelina Camp – New Students educated on activities and events to incorporate healthy Javelinas lifestyle.</p> <p>Increase in Residence Life educational programming efforts.</p> <p>Title IX Coordinator increased the number of programs/workshops that raise public awareness and engagement around ending domestic violence and sexual assault.</p> <p>Human Resources (HR) created a comprehensive Employee Development Program/Engagement Plan. In AY 2022-2023 and AY 2023-2024, there was an increase in events and workshops on alcohol and other drug education and wellness/staff well-being.</p> <p>In AY 2022-2023 and AY 2023-2024, HR partnered with Student Health and Wellness and co-sponsored the following events for students, faculty, and staff: Homecoming SOBER Spirits and Tropical Temptations Safe Spring Break Fair.</p> <p>Student Organizations advertise alcohol-free options on the “Javelina Central” software management system.</p> <p>REC Sports has expanded the facility hours for students, staff, and faculty. There was also an increase in sponsored events, including the new pickleball and tennis courts.</p> <p>Javelina Gaming lounge hosted evening events.</p> <p>Some community Fitness Centers have expanded hours for their customers.</p>	
NORMATIVE ENVIRONMENT	
STRENGTHS	WEAKNESSES
Yearly, students have access to the following EverFi and Get Inclusive online training modules through the Office of Compliance: Sexual Assault Prevention	Substance-free residence options are partially available.

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<p>Courses (including a module for undergraduates and student athletes), Prescription Drug Abuse Prevention, and AlcoholEdu in the AY 2022-2023 and AY 2023-2024.</p> <p>Human Resources hosts several webinars throughout the year to help employees become more familiar with the services the Employee Assistant Program offers. Increase staff training on how to respond to a crisis (alcohol/drug related, mental health, and safety, etc.).</p> <p>Work/Life Solutions is provided by GuidanceResources® and offers counseling, legal and financial consultation, work-life assistance and crisis intervention services to TAMUK employees and their household family members.</p> <p>e-CHUG, e-TOKE assessments are available online for TAMUK and College of Pharmacy students.</p> <p>The TELUS Health Student Support App allows students to Call. Chat. Anytime. Student Support connects students with free, confidential emotional health and well-being support conveniently available 24 hours a day, 7 days a week via the app, telephone, and website.</p> <p>University offers a robust schedule of Friday classes.</p> <p>University has made significant changes to Admission Standards over the last four years.</p> <p>Marketing student success commercials, social media, and videos stressing campus engagement, academic accomplishments, career goals, etc. has increased since the last biennial report.</p> <p>University social media has promoted more positive, healthy events.</p> <p>Texas A&amp;M University-Kingsville utilizes SafeZone by CriticalArc as an advanced emergency alert and personal safety resource.</p> <p>Residence Life has increased the number of Living Learning Communities' events, tutoring sessions, and attendance at student conferences.</p> <p>Student Health and Wellness has maintained a robust collaborative partnership with Texas A&amp;M Transportation Institute campaign "U in the Driver Seat Program."</p> <p>Don't Cancel Class/ Educational Outreach Program – Educates students on high-risk drinking and illicit drugs and other wellness topics.</p> <p>PEP Talk peer educator program executes alcohol awareness events/activities throughout the academic year.</p> <p>The Center for Student Success required their student employees (peer mentors and tutors) to attend QPR – Suicide Prevention Training workshops with Counseling Services.</p> <p>At the annual Family Orientation sessions, Student Health and Wellness conducted a presentation on "how to support your Javelina" which discussed alcohol and/or drugs facts and campus resources (face to face and online).</p>	<p>University offers a limited number of core classes on Saturday.</p> <p>Social Norms campaign</p> <p>Downward trend in the use of the e-chug and e-toke online assessments</p>
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<p>KTAI &amp; South Texan (student media organizations) promotes healthy norm messages during homecoming, Halloween, and holiday celebrations. KTAI partnered with PEP Talk and broadcasted during the SOBER Spirits and Tropical Temptations – Safe Spring Break Fair. During the events, KTAI conducted various health and wellness Public Service Announcements.</p> <p>The Risk Management presentation was pre-recorded and available online for student training purposes.</p> <p>Per state mandate, student organizations conducted risk management workshops with their respective organization.</p> <p>Resident Advisors trained annually on behavior indicators on high-risk or illegal alcohol usage and mental health.</p> <p>Javelina Camp leaders, Orientation Leaders, Peer Mentors, Writing Center tutors, and PEP Talk members promote positive, healthy norms.</p> <p>Increase emphasis in faculty / staff utilization of Starfish academic performance software to send early warning concerns about a student’s absences or concerning behavior.</p> <p>SHW Counseling Services conducted QPR suicide prevention trainings with the first-year students enrolled in the University Success Course – UNIV 1201.</p> <p>Recreational Sports offers First Aid/CPR/First Aid classes through the American Red Cross for students, staff, and the community.</p> <p>In February 2023, SHW - Health Care Clinic coordinated the Substance Use and Narcan Education with UPD (University Police Department) – in collaboration with R.E.A.C.H. (Rural Education and Awareness for Community Health) Coastal Wellness Foundation.</p>	
ALCOHOL AVAILABILITY	
STRENGTHS	WEAKNESSES
<p>Alcohol is restricted to thirty-two (32) designated campus locations.</p> <p>Social Event Policy and Social Event Notification BYOB paperwork – Student Organizations.</p> <p>ARAMARK Food Service – Trains alcohol servers consistent with TABC guidelines.</p> <p>Javelina Tailgate event allows kegs but prohibits glass bottle containers.</p> <p>Residence hall activities/programs are alcohol-free.</p> <p>On August 23, 2024, the Javelina Stadium incorporated beer sales as part of the overall fan experience. Beer will be sold in 16 oz cans and will be available at the general concession area beginning when the gates open through the end of the third quarter before sales are cutoff. Patrons will be limited to two drinks per individual sale and may not take alcohol outside of the stadium. Fans buying beer are required to present an ID with every purchase. All outside alcohol remains prohibited at the</p>	

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facility. Security will be enhanced at the stadium, with the TAMUK University Police Department ensuring a safe and family-friendly environment.	
<b>MARKETING AND PROMOTION OF ALCOHOL</b>	
<b>STRENGTHS</b>	<b>WEAKNESSES</b>
The alcohol industry advertising is limited. Alcohol industry sponsorship for on-campus events is limited.	Tailgate event marketing campaign needs to be reviewed.
<b>POLICY DEVELOPMENT AND ENFORCEMENT</b>	
<b>STRENGTHS</b>	<b>WEAKNESSES</b>
<p>Increase numbers of staff referrals to the Employment Assistant Program (EAP).</p> <p>The Dean of Students utilizes “Maxient” student conduct software to track disciplinary sanctions and behavior intervention records. Successful disciplinary sanctions such as alcohol screening and parental notification are utilized to reduce underage and high-risk alcohol use.</p> <p>Representatives from the Dean of Students, Residence Life, University Police Department and Student Health and Wellness meet weekly to review student incidents and best approach to intervene, adjudicate or monitor individuals involved. This group also refines the departmental processes for handling of incidents relating to alcohol /drug issues.</p> <p>At tailgating events, UPD enforces the university policies as well as local/state/federal laws regarding the use of alcohol and other drugs.</p> <p>August 2024 updated the Tailgate procedures to be distributed in the AY 2024-2025.</p> <p>The athletic department holds athletes accountable to alcohol/drug free living. Random drug testing occurs with coaches providing the sanctions. There is a set policy that the Athletic department follows on AOD issues. AOD policy was updated in August 2024.</p> <p>Mental Health Emergency Action Plan was developed in July 2024.</p> <p>Increase Law Enforcement during the Javelina Tailgate events.</p>	

## VI. BIENNIAL REVIEW COMMITTEE’S RECOMMENDATIONS

### 2022-2024 Biennial Review Accomplishment and Recommendations

The committee assessed the biennial alcohol and other drug prevention efforts and noted below is the DAAPP program’s most significant accomplishments:



# BIENNIAL REVIEW 2022-2024

## Accomplishments

- Senior Administrators approved the emergency hire of an additional full-time Professional Counselor I position for the 2023 fiscal year, which now provides the TAMUK and School of Pharmacy students with six full-time Professional Counselors.
- Within the academic years of 2022-2023 and 2023-2024, Student Health and Wellness – Counseling Services amended their contracted with the TAMU Health Sciences Center and increased their appointment slots from four to six hours so that additional students could participate in the tele-psychiatry services.
- Through the Texas A&M University System’s endeavor, in December 2023, Texas A&M University-Kingsville engaged in a partnership with the JED Foundation to assess and strengthen mental health, substance misuse, and suicide prevention systems on campus. Dr. Rito Silva serves as the JED Campus Project Director. Dr. Renee Weiss, Executive Director, Counseling Services and Institute for Rural Mental Health Initiatives and Dr. Kelli Thompson, Asst. Professor of Psychology are the JED Campus Team Leads. The following JED Campus Program tasks were accomplished:
  - February 2024 TAMUK established a sixteen member JED task force consisting of the following individuals: AVP of Academic Affairs/Dean of Graduate Studies, AVP/Dean of Students, SHW Assistant Dean of Students, Student Well-being, Executive Director of University Housing & Residence Life, Disability Resource Center Director, Department Chair, Associate Professor of Human Development and Family Studies, Assistant Director of Career Engagement, Assistant Director Academic Advising, Assistant Director, Office of Marketing and Communications, Environmental Health and Safety, SHW Counseling Services Professional Counselor, Scholarship Coordinator, Office of Student Financial Aid, University Policy Department, IE Officer, Performance Excellence & Strategy, Assistant Athletic Director for Academic Success, and Student Government Association President. The task force is overseen by the JED Campus Leads.
  - On April 5, 2024, the JED Campus Taskforce team completed the baseline self-assessment and on April 18<sup>th</sup> received a feedback report with initial recommendations from the JED Campus Program.
  - From April 2-30, 2024, the Healthy Minds survey was conducted with TAMUK students, faculty, and staff. *The Healthy Minds Study (HMS) is an annual survey-based study examining mental health and related issues (depression, anxiety, and substance use) and service utilization among college students, faculty, and staff.*
    - **Student survey: 11.9%** (671 responses recorded out of a possible 5,459).
    - **Faculty/staff survey: 34.3%** (298 responses recorded out of a possible 870).
  - In August 2024, the JED Campus Program site visit with TAMUK was completed on September 24-25, 2024.

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- With the financial support of the Texas A&M University System, the TELUS Mental Health Student Support App was launched in February 2024, connecting TAMUK students to free confidential emotional health and well-being support conveniently available 24/7 via the app, telephone, and web. Chat functions are available in multiple languages. Self-directed resources including articles, videos, assessments (alcohol use, depression, drug use, & general anxiety), virtual fitness, and much more.
- Beginning in Spring 2023 through Spring 2024, the annual AOD notification requirements regarding AOD policies and procedures were consistently distributed to students, faculty, and staff (see Appendix E).
- The Athletics department developed a Mental Health Emergency Action Plan in July 2024 and updated their drug testing policy.
- The CAS Professional Standards of Higher Education Health Promotion Services program audit on the **SHW Wellness Program** was conducted during the Spring 2024 semester. The Wellness Audit team consisted of 3 TAMUK Staff Employees, 1 TAMUK faculty member, two students (undergraduate and graduate level). An executive summary with action plans will be submitted to the Student Affairs senior administrators in the Fall 2024 semester.
- Beginning Fall 2022, Student Health and Wellness and HR – Javelina Wellness program collaborated on various AOD and wellness educational events for the students, faculty, and staff.
- The AVP (Assistant Vice President) of Student Affairs and Dean of Students has maintained a weekly standing meeting with the following key leaders to ensure intervention and prevention efforts: University Housing and Residence Life Executive Director, Residence Life Director, Director, Counseling Services, Title IX Compliance Coordinator, Director of Public Safety and Chief of Police, Director of Student Conduct and Community Standards, and Asst. Dean of Students, Student Well-being with the Student Health and Wellness.

## 2022-2024 Biennial Review – Compliance Checklist

The Compliance Checklist (Appendix 2) was completed by the committee and the following was noted:

### A. Favorable Compliance:

- The university provides students, faculty, and staff, via the annual “Clery Report,” health information associated with the use of illicit drugs and the abuse of alcohol.
- Some departments/offices communicate annually the university’s alcohol and illegal substance abuse policies to students, faculty, and staff utilizing various methods.
- The university maintains accurate records of student violations and sanctioning processes by utilizing the “Maxient” student conduct software.

# BIENNIAL REVIEW 2022-2024

- There was a consistent distribution of the annual AOD notification requirements to students, faculty, and staff about AOD policies and procedures, see appendix E.
- The university provides students with numerous events and activities that promote a strong, healthy, and alcohol/drug-free campus environment.
- An increased number of university departments are implementing a variety of educational requirement strategies as part of their sanction process.

## **B. Partial Compliance:**

- Student Conduct officers are assessing the effectiveness of documented cases of disciplinary sanctions imposed on students.

## **C. Recommendations 2024-2026 Biennium:**

- Implement the TAMUK JED Campus strategic plan in 2025-2026 AY and 2026-2027AY.
- Implement the recommendations from the Developer, eCHECKUP TO GO Programs (Alcohol and Cannabis) to increase the use of these assessments that are evidence-based, cost-effective interventions for behavior change.
- Launch a comprehensive social norming campaign promoting healthy behaviors within the Javelina Nation. Student Health & Wellness, the Compliance Office, and Marketing & Communication will work collaboratively to develop a bi-annual campaign.
- Conduct a self-study of the university's alcohol and other drug prevention program utilizing the CAS (Counsel for the Advancement Standards) Professional Standards for Higher Education.

**APPENDIX A –**

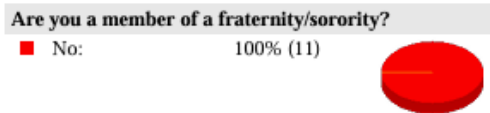
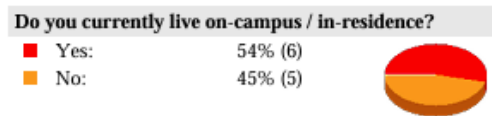
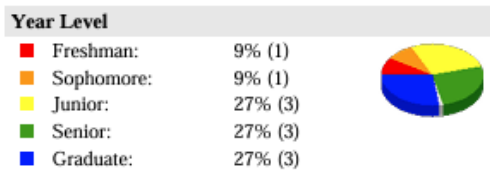
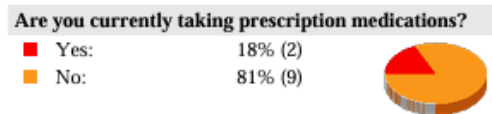
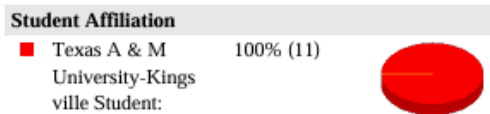
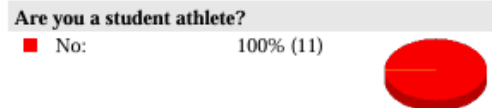
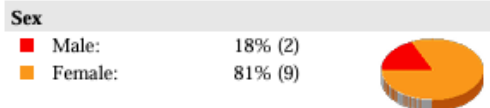
**Excerpts from the 2022-2024  
eCHECKUP TO GO Alcohol and Cannabis  
online assessments**

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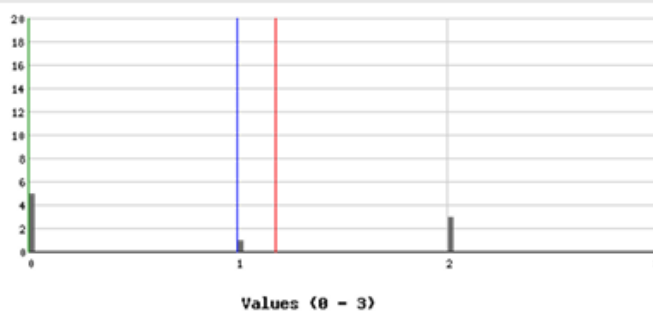
Between Sep 01, 2022 and Aug 31, 2023, 11 people have completed the program. Together they have created 11 entries.



## Usage Statistics (Selected Variables)

### Number of weeks in a typical month the participant reported drinking

N: 11  
Min: 0  
Max: 3  
Range: 3  
Mode: 0  
Median: 1  
Mean (Average): 1.18  
Standard Deviation: 3.6



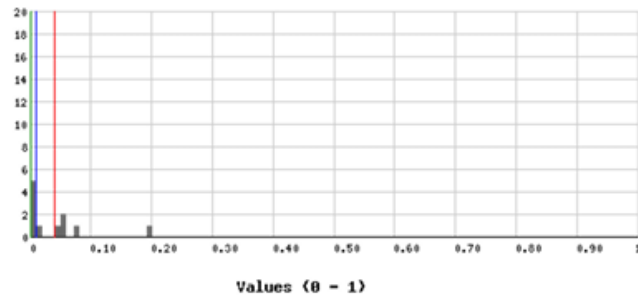
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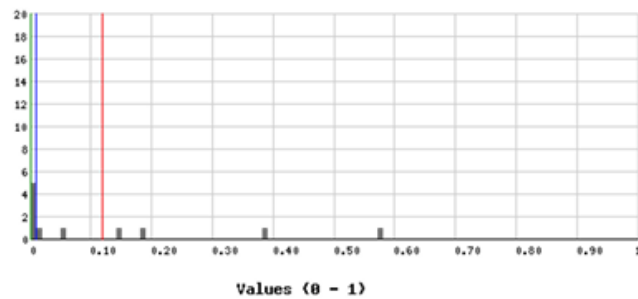
## Highest calculated BAC reported during the "typical drinking week"

N: 11  
Min: 0  
Max: 0.19  
Range: 0.19  
Mode: 0  
Median: 0.01  
Mean (Average): 0.04  
Standard Deviation: 0.9



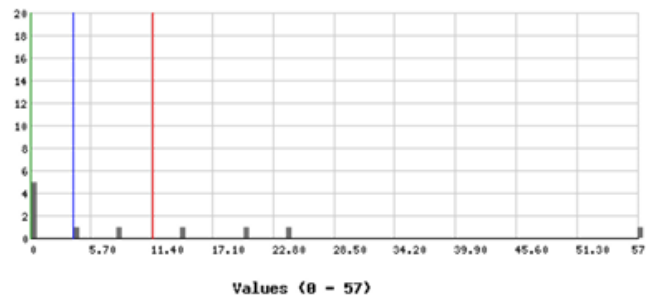
## Highest calculated BAC including during the "typical drinking week" and the "heaviest drinking episode"

N: 11  
Min: 0  
Max: 0.57  
Range: 0.57  
Mode: 0  
Median: 0.01  
Mean (Average): 0.12  
Standard Deviation: 1.7



## Drinks imbibed in a typical month

N: 11  
Min: 0  
Max: 57  
Range: 57  
Mode: 0  
Median: 4  
Mean (Average): 11.55  
Standard Deviation: 16.2





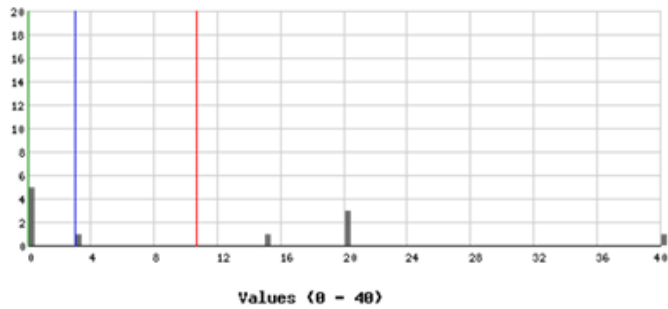
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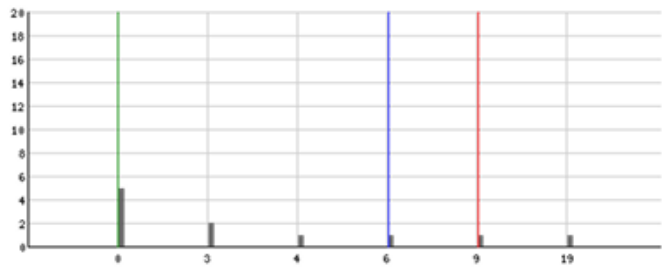
## Amount of money spent on alcoholic beverages in one week

N: 11  
Min: 0  
Max: 40  
Range: 40  
Mode: 0  
Median: 3  
Mean (Average): 10.73  
Standard Deviation: 12.8



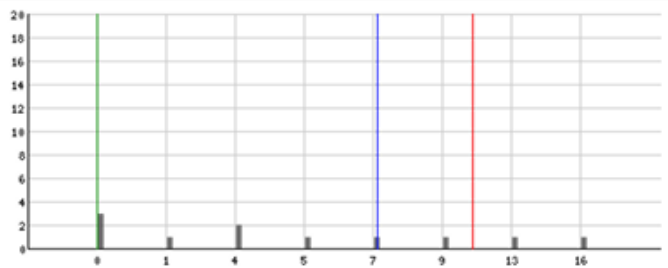
## Negative Consequences Score (AUDIT Score)

N: 11  
Min: 0  
Max: 19  
Range: 19  
Mode: 0  
Median: 3  
Mean (Average): 4  
Standard Deviation: 9.2



## Family Risk Scale Score

N: 11  
Min: 0  
Max: 16  
Range: 16  
Mode: 0  
Median: 4  
Mean (Average): 5.36  
Standard Deviation: 7.4



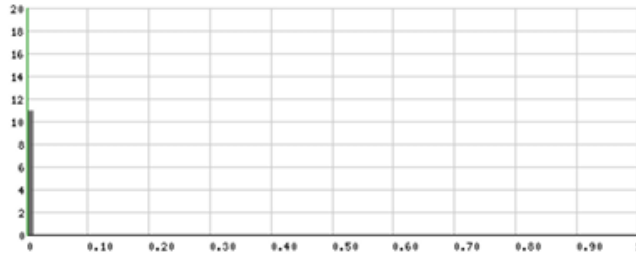
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## Number of times user reported driving after drinking

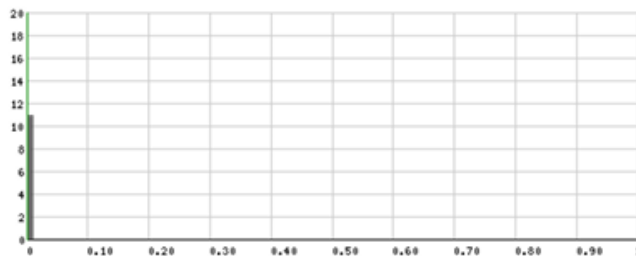
N: 11  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

## Number of times user reported driving with a friend after the friend had been drinking

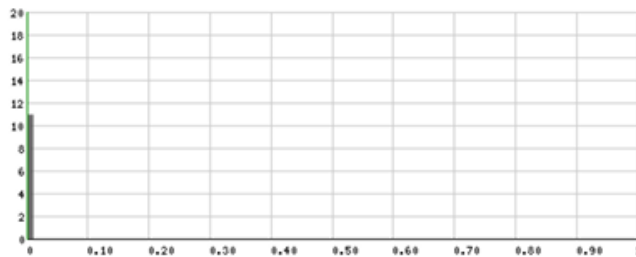
N: 11  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

## Cigarettes smoked per day

N: 11  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

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Between Sep 01, 2022 and Aug 31, 2023, 9 people have completed the program. Together they have created 9 entries.

## Sex

Male:	11% (1)
Female:	88% (8)



## Are you a student athlete?

Yes:	11% (1)
No:	88% (8)



## Student Affiliation

Texas A & M University-Kingsville Student:	100% (9)
--------------------------------------------	----------



## Are you currently taking prescription medications?

Yes:	33% (3)
No:	66% (6)



## Year Level

Freshman:	28% (2)
Sophomore:	14% (1)
Junior:	42% (3)
Senior:	14% (1)



## Do you currently live on-campus / in-residence?

Yes:	33% (3)
No:	66% (6)



## Are you a member of a fraternity/sorority?

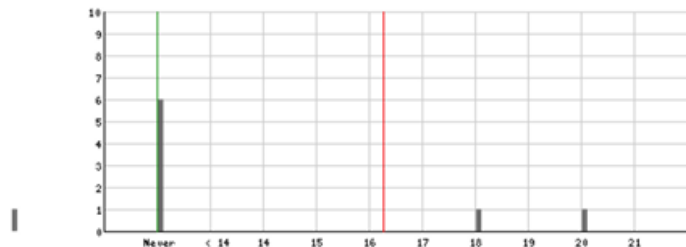
Yes:	11% (1)
No:	88% (8)



## Usage Statistics (Selected Variables)

### Age first started using marijuana

N: 9  
Min:  
Max: 20  
Range: 20  
Mode: never  
Median: never  
Mean (Average): 4.22  
Standard Deviation: 11.6



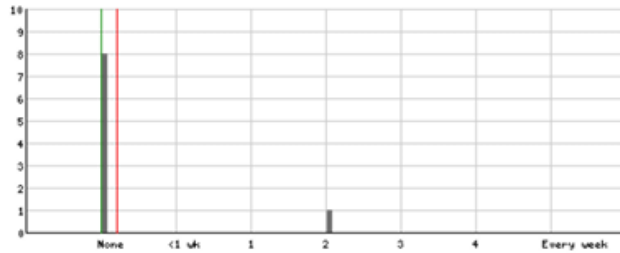
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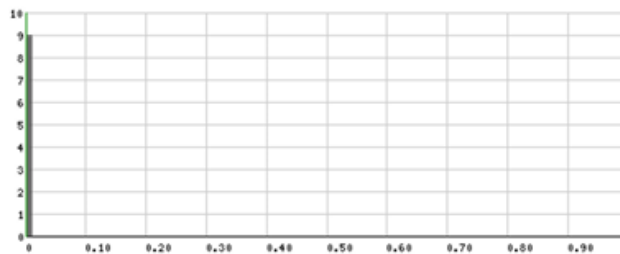
## Weeks in a month using marijuana

N: 9  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.22  
Standard Deviation: 4



## Hours spent under the influence Monday

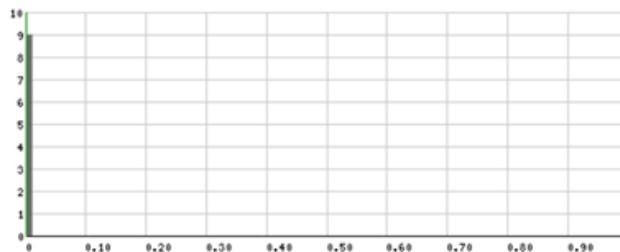
N: 9  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

## Hours spent under the influence Tuesday

N: 9  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

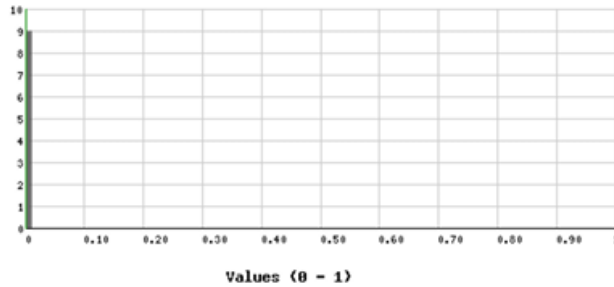
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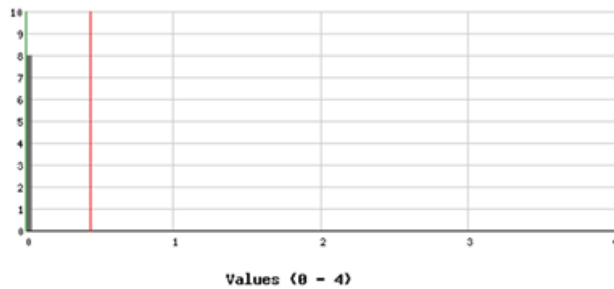
## Hours spent under the influence Wednesday

N: 9  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



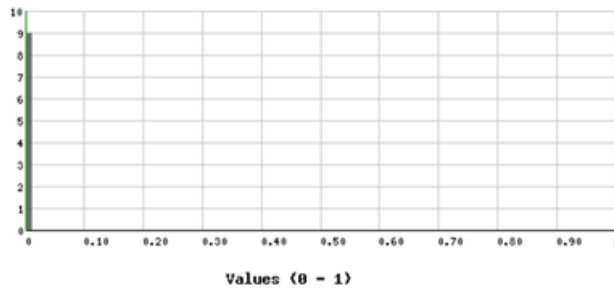
## Hours spent under the influence Thursday

N: 9  
Min: 0  
Max: 4  
Range: 4  
Mode: 0  
Median: 0  
Mean (Average): 0.44  
Standard Deviation: 5.7



## Hours spent under the influence Friday

N: 9  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



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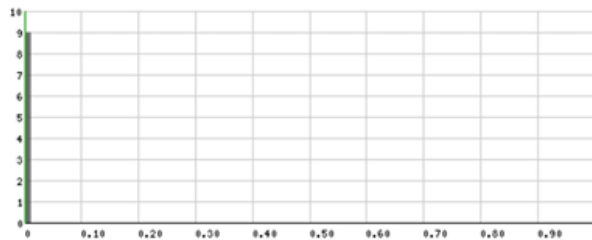


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## Hours spent under the influence Saturday

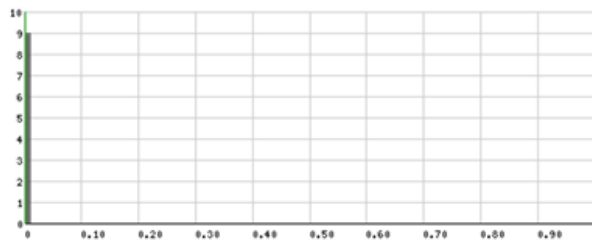
N: 9  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

## Hours spent under the influence Sunday

N: 9  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

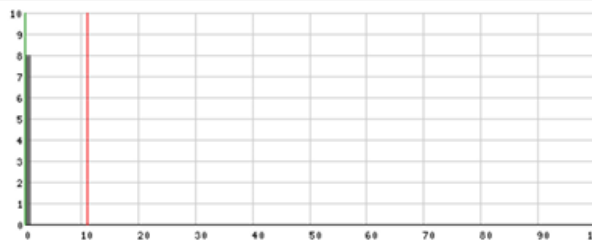
## How often user mixes marijuana and alcohol

■ Never: 88% (8)  
■ Always: 11% (1)



## Amount of money spent on marijuana in one week

N: 9  
Min: 0  
Max: 100  
Range: 100  
Mode: 0  
Median: 0  
Mean (Average): 11.11  
Standard Deviation: 28.3



Values (0 - 100)



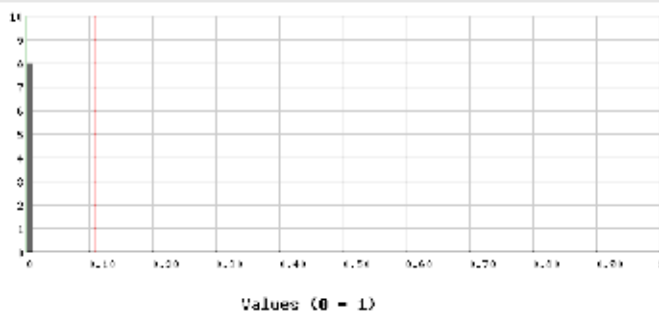
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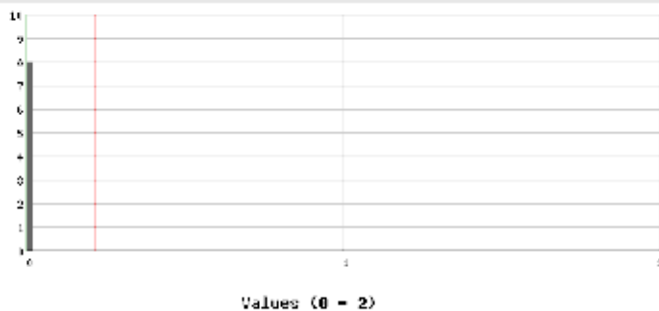
## Number of drinks on typical Monday

N: 9  
Min: 0  
Max: 1  
Range: 1  
Mode: 0  
Median: 0  
Mean (Average): 0.11  
Standard Deviation: 2.8



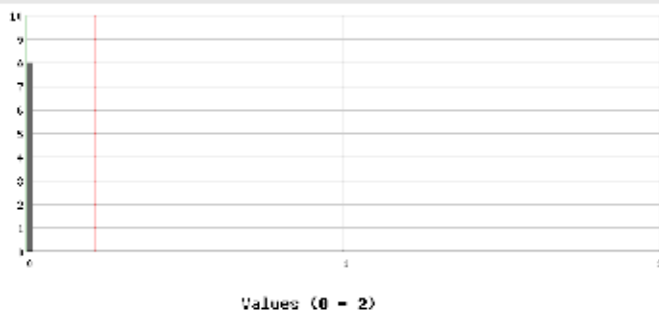
## Number of drinks on typical Tuesday

N: 9  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.22  
Standard Deviation: 4



## Number of drinks on typical Wednesday

N: 9  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.22  
Standard Deviation: 4



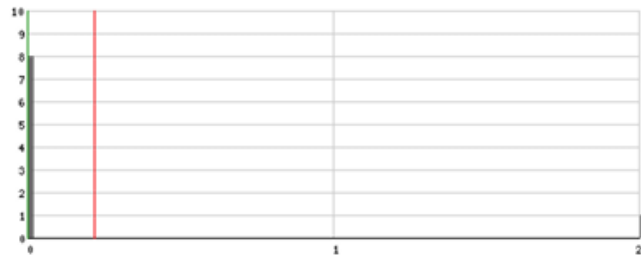
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## Number of drinks on typical Thursday

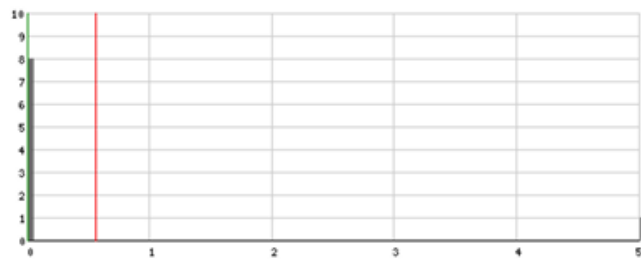
N: 9  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.22  
Standard Deviation: 4



Values (0 - 2)

## Number of drinks on typical Friday

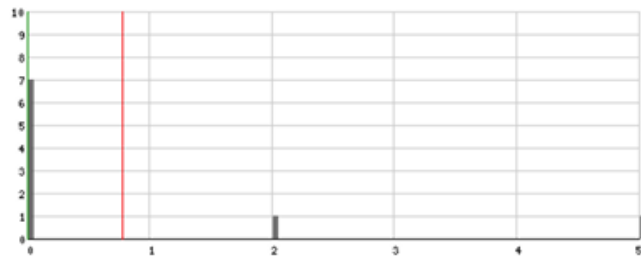
N: 9  
Min: 0  
Max: 5  
Range: 5  
Mode: 0  
Median: 0  
Mean (Average): 0.56  
Standard Deviation: 6.3



Values (0 - 5)

## Number of drinks on typical Saturday

N: 9  
Min: 0  
Max: 5  
Range: 5  
Mode: 0  
Median: 0  
Mean (Average): 0.78  
Standard Deviation: 5.5



Values (0 - 5)

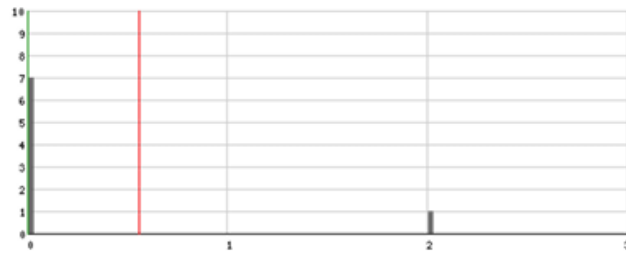
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## Number of drinks on typical Sunday

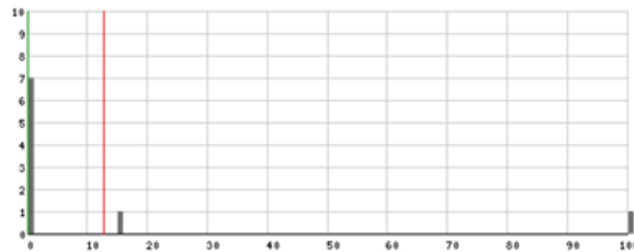
N: 9  
Min: 0  
Max: 3  
Range: 3  
Mode: 0  
Median: 0  
Mean (Average): 0.56  
Standard Deviation: 4.3



Values (0 - 3)

## Amount of money spent on alcoholic beverages in one week

N: 9  
Min: 0  
Max: 100  
Range: 100  
Mode: 0  
Median: 0  
Mean (Average): 12.78  
Standard Deviation: 26.2



Values (0 - 100)

# BIENNIAL REVIEW 2022-2024



**CANNABIS**

Page 1 of 7  
Jo Elda Castillo-Alaniz  
Texas A & M University-Kingsville

Between Sep 01, 2023 and Aug 31, 2024, 7 people have completed the program. Together they have created 7 entries.

## Sex

Male: 71% (5)  
Female: 28% (2)



## Are you a student athlete?

Yes: 71% (5)  
No: 28% (2)



## Student Affiliation

Texas A & M University-Kingsville Student: 100% (7)



## Are you currently taking prescription medications?

No: 100% (7)



## Year Level

Freshman: 16% (1)  
Sophomore: 16% (1)  
Junior: 50% (3)  
Senior: 16% (1)



## Do you currently live on-campus / in-residence?

Yes: 42% (3)  
No: 57% (4)



## Are you a member of a fraternity/sorority?

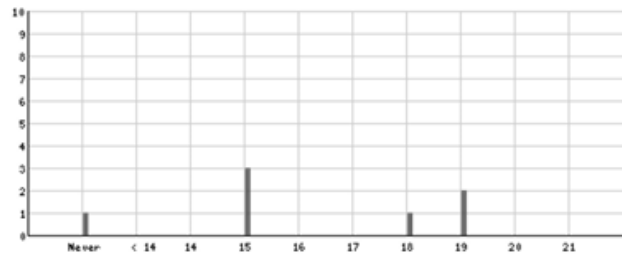
No: 100% (7)



## Usage Statistics (Selected Variables)

### Age first started using marijuana

N: 7  
Min: never  
Max: 19  
Range: 19  
Mode: 15  
Median: 18  
Mean (Average): 14.43  
Standard Deviation: 4.3



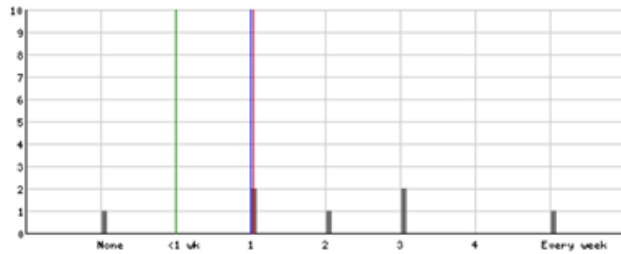
# BIENNIAL REVIEW 2022-2024



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Texas A & M University-Kingsville

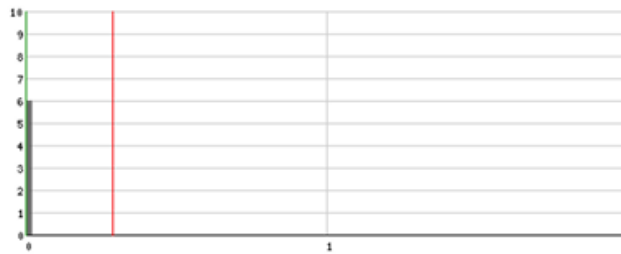
## Weeks in a month using marijuana

N: 7  
Min: 0  
Max: 4.3  
Range: 4.3  
Mode: 1  
Median: 2  
Mean (Average): 2.04  
Standard Deviation: 2.5



## Hours spent under the influence Monday

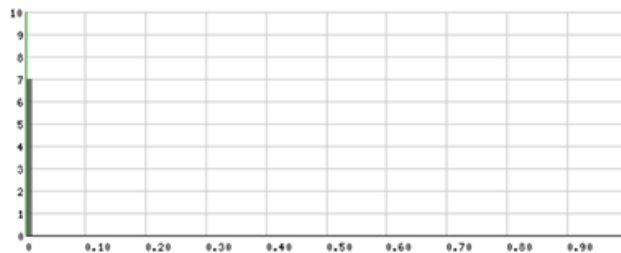
N: 7  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.29  
Standard Deviation: 3.5



Values (0 - 2)

## Hours spent under the influence Tuesday

N: 7  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

# BIENNIAL REVIEW 2022-2024

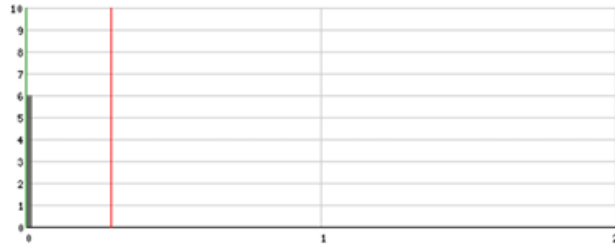


**CANNABIS**

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## Hours spent under the influence Wednesday

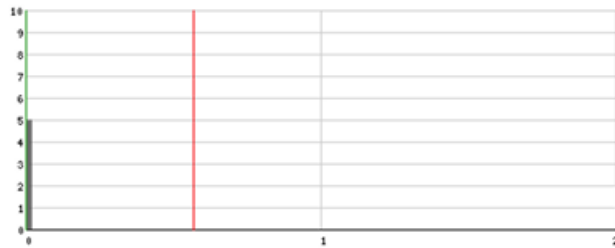
N: 7  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.29  
Standard Deviation: 3.5



Values (0 - 2)

## Hours spent under the influence Thursday

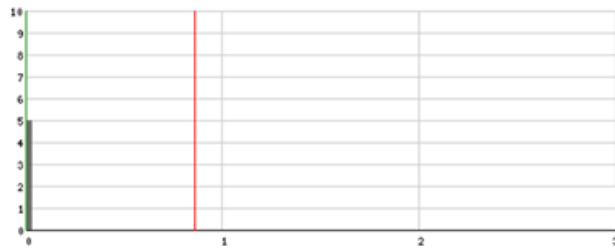
N: 7  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.57  
Standard Deviation: 3.2



Values (0 - 2)

## Hours spent under the influence Friday

N: 7  
Min: 0  
Max: 3  
Range: 3  
Mode: 0  
Median: 0  
Mean (Average): 0.86  
Standard Deviation: 3.9



Values (0 - 3)



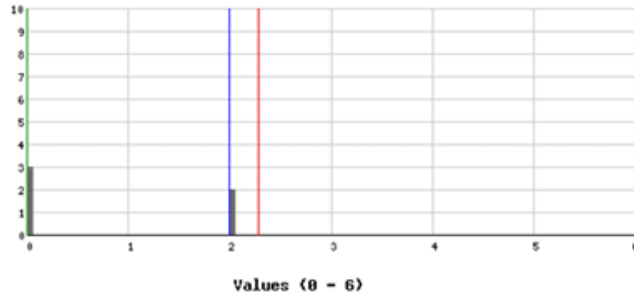
# BIENNIAL REVIEW 2022-2024



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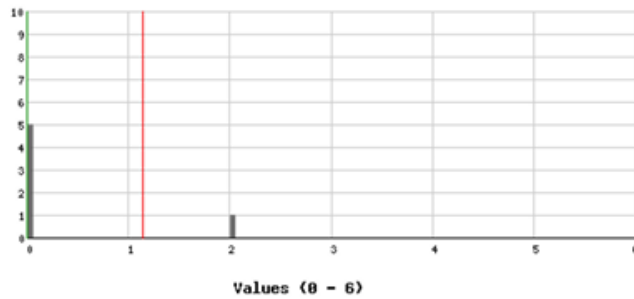
## Hours spent under the influence Saturday

N: 7  
Min: 0  
Max: 6  
Range: 6  
Mode: 0  
Median: 2  
Mean (Average): 2.29  
Standard Deviation: 4.4



## Hours spent under the influence Sunday

N: 7  
Min: 0  
Max: 6  
Range: 6  
Mode: 0  
Median: 0  
Mean (Average): 1.14  
Standard Deviation: 5.2



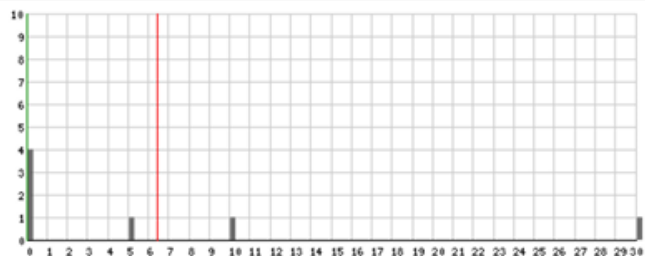
## How often user mixes marijuana and alcohol

■ Never: 57% (4)  
■ Sometimes: 28% (2)  
■ Often: 14% (1)



## Amount of money spent on marijuana in one week

N: 7  
Min: 0  
Max: 30  
Range: 30  
Mode: 0  
Median: 0  
Mean (Average): 6.43  
Standard Deviation: 10.7



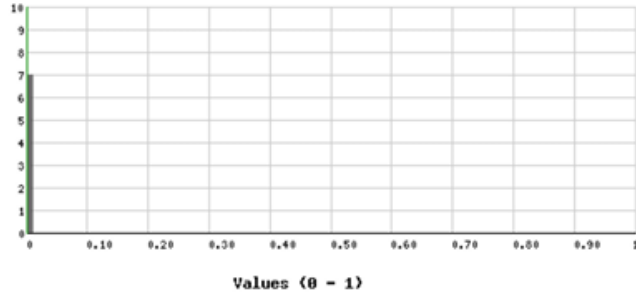
# BIENNIAL REVIEW 2022-2024



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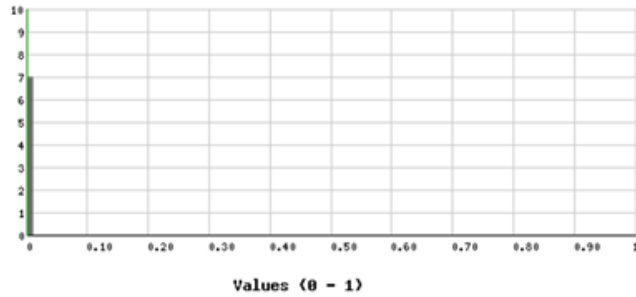
## Number of drinks on typical Monday

N: 7  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



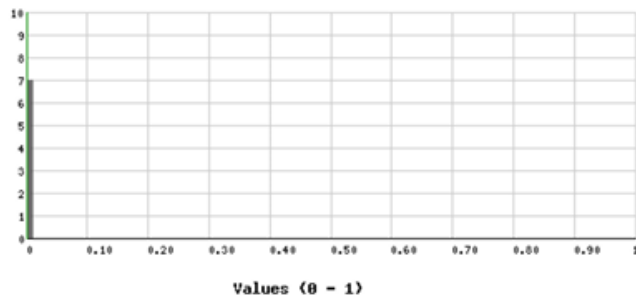
## Number of drinks on typical Tuesday

N: 7  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



## Number of drinks on typical Wednesday

N: 7  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



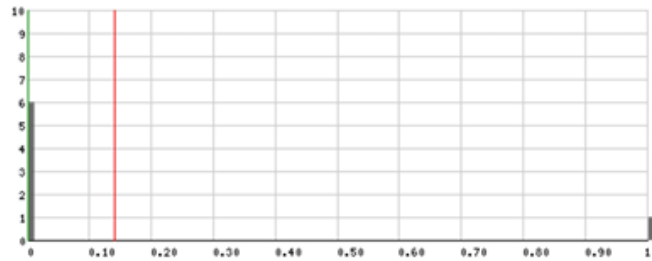
# BIENNIAL REVIEW 2022-2024



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Texas A & M University-Kingsville

## Number of drinks on typical Thursday

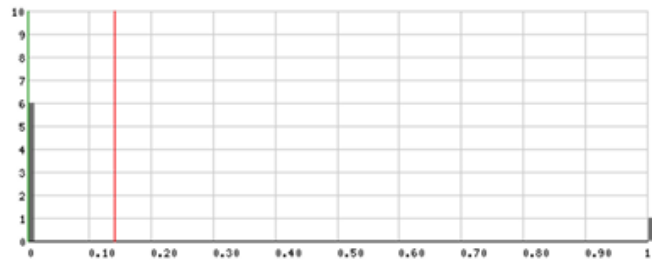
N: 7  
Min: 0  
Max: 1  
Range: 1  
Mode: 0  
Median: 0  
Mean (Average): 0.14  
Standard Deviation: 2.4



Values (0 - 1)

## Number of drinks on typical Friday

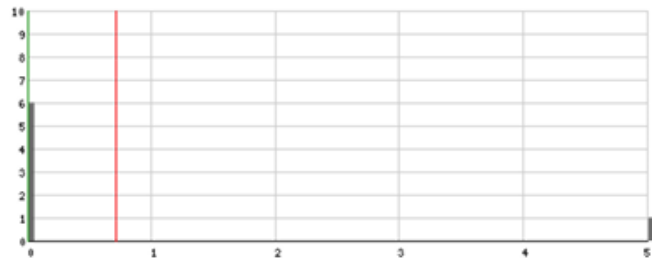
N: 7  
Min: 0  
Max: 1  
Range: 1  
Mode: 0  
Median: 0  
Mean (Average): 0.14  
Standard Deviation: 2.4



Values (0 - 1)

## Number of drinks on typical Saturday

N: 7  
Min: 0  
Max: 5  
Range: 5  
Mode: 0  
Median: 0  
Mean (Average): 0.71  
Standard Deviation: 5.5



Values (0 - 5)

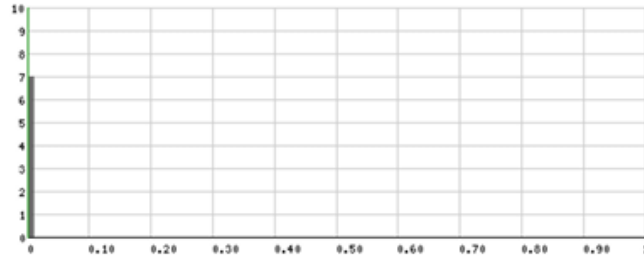
# BIENNIAL REVIEW 2022-2024



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## Number of drinks on typical Sunday

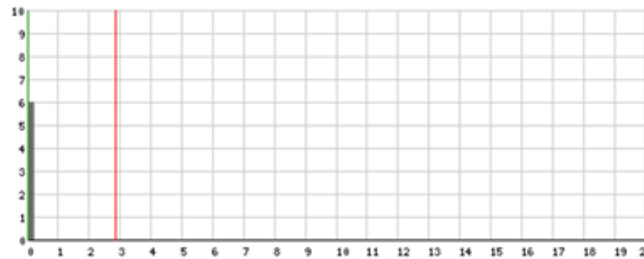
N: 7  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



Values (0 - 1)

## Amount of money spent on alcoholic beverages in one week

N: 7  
Min: 0  
Max: 20  
Range: 20  
Mode: 0  
Median: 0  
Mean (Average): 2.86  
Standard Deviation: 11



Values (0 - 20)

**APPENDIX B –**

**Excerpts from NSSE Engagement Indicators  
Report 2023**

# BIENNIAL REVIEW 2022-2024



## NSSE 2023 Snapshot

Texas A&M University-Kingsville

### A Summary of Student Engagement Results

Student engagement represents two critical features of collegiate quality. The first is the amount of time and effort students put into their studies and other educationally purposeful activities. The second is how institutional resources, courses, and other learning opportunities facilitate student participation in activities that matter to student learning. NSSE surveys undergraduate students in their first and final years to assess their levels of engagement and related information about their experience at your institution.

This Snapshot is a concise collection of key findings from your institution's NSSE 2023 administration. We hope this information stimulates discussions about the undergraduate experience. Additional details about these and other results appear in the reports referenced throughout.

#### Comparison Group

The comparison group featured in this report is

**22/23 Carnegie**

See your *Selected Comparison Groups* report for details.

#### Engagement Indicators

Sets of items are grouped into ten Engagement Indicators, organized under four broad themes. At right are summary results for your institution. For details, see your *Engagement Indicators* report.

Key:

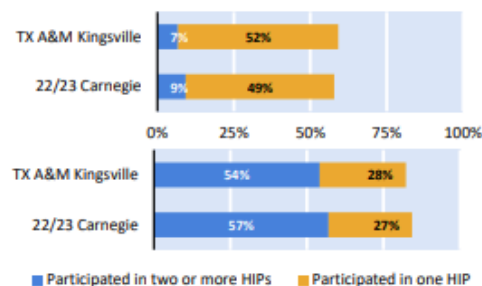
- ▲ Your students' average was significantly higher ( $p < .05$ ) with an effect size at least .3 in magnitude.
- ▲ Your students' average was significantly higher ( $p < .05$ ) with an effect size less than .3 in magnitude.
- No significant difference.
- ▼ Your students' average was significantly lower ( $p < .05$ ) with an effect size less than .3 in magnitude.
- ▼ Your students' average was significantly lower ( $p < .05$ ) with an effect size at least .3 in magnitude.

Theme	Engagement Indicator	Your students compared with 22/23 Carnegie	
		First-year	Senior
Academic Challenge	Higher-Order Learning	—	—
	Reflective & Integrative Learning	—	▼
	Learning Strategies	—	—
	Quantitative Reasoning	—	—
Learning with Peers	Collaborative Learning	▲	▲
	Discussions with Diverse Others	—	—
Experiences with Faculty	Student-Faculty Interaction	▲	▲
	Effective Teaching Practices	—	—
Campus Environment	Quality of Interactions	▲	—
	Supportive Environment	—	▲

#### High-Impact Practices

Due to their positive associations with student learning and retention, certain undergraduate opportunities are designated "high-impact." For more details and statistical comparisons, see your *High-Impact Practices* report.

*First-year*  
Service-Learning, Learning Community, and Research w/Faculty  
*Senior*  
Service-Learning, Learning Community, Research w/Faculty, Internship, Study Abroad, and Culminating Senior Experience



# BIENNIAL REVIEW 2022-2024



## NSSE 2023 Engagement Indicators

### Campus Environment

#### Texas A&M University-Kingsville

### Campus Environment: First-year students

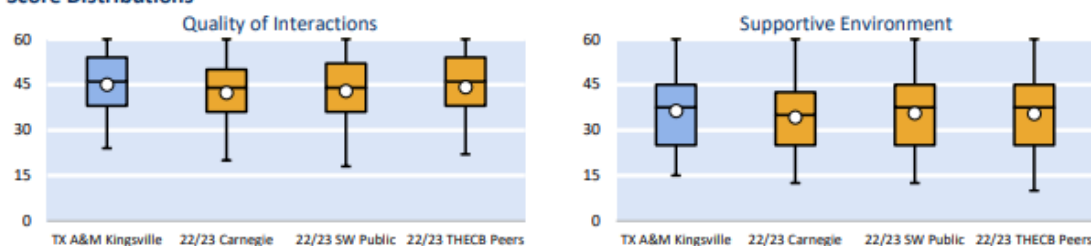
Students benefit and are more satisfied in supportive settings that cultivate positive relationships among students, faculty, and staff. Two Engagement Indicators investigate this theme: *Quality of Interactions* and *Supportive Environment*. Below are three views of your results alongside those of your comparison groups.

#### Mean Comparisons

Engagement Indicator	TX A&M Kingsville Mean	Your first-year students compared with					
		22/23 Carnegie Mean Effect size	22/23 SW Public Mean Effect size	22/23 THECB Peers Mean Effect size			
Quality of Interactions	45.0	42.3 ** .23	42.9 .17	44.2 .07			
Supportive Environment	36.4	34.3 .16	35.6 .05	35.4 .07			

Notes: Results weighted by institution-reported sex and enrollment status (and institution size for comparison groups); Effect size: Mean difference divided by pooled standard deviation; Symbols on the Overview page are based on effect size and p before rounding; \*p < .05, \*\*p < .01, \*\*\*p < .001 (2-tailed).

#### Score Distributions



Notes: Each box-and-whiskers chart plots the 5th (bottom of lower bar), 25th (bottom of box), 50th (middle line), 75th (top of box), and 95th (top of upper bar) percentile scores. The dot represents the mean score. Refer to Detailed Statistics for your institution's sample sizes.

#### Performance on Indicator Items

The table below displays how your students responded to each EI item, and the difference, in percentage points, between your students and those of your comparison group. Blue bars indicate how much higher your institution's percentage is from that of the comparison group. Dark red bars indicate how much lower your institution's percentage is from that of the comparison group.

Quality of Interactions	TX A&M Kingsville	Percentage point difference <sup>a</sup> between your FY students and		
		22/23 Carnegie	22/23 SW Public	22/23 THECB Peers
Percentage rating their interactions a 6 or 7 (on a scale from 1="Poor" to 7="Excellent") with...	%			
13a. Students	51	+3	-0	+1
13b. Academic advisors	54	+0	+2	-3
13c. Faculty	57	+9	+5	+4
13d. Student services staff (career services, student activities, housing, etc.)	55	+8	+4	+1
13e. Other administrative staff and offices (registrar, financial aid, etc.)	56	+11	+7	+3
<b>Supportive Environment</b>				
Percentage responding "Very much" or "Quite a bit" about how much the institution emphasized...				
14b. Providing support to help students succeed academically	66	-3	-4	-5
14c. Using learning support services (tutoring services, writing center, etc.)	72	+1	-0	+2
14d. Encouraging contact among students from diff. backgrounds (soc., racial/eth., relig., etc.)	66	+8	+5	+6
14e. Providing opportunities to be involved socially	71	+4	+1	+2
14f. Providing support for your overall well-being (recreation, health care, counseling, etc.)	68	+4	+1	+2
14g. Helping you manage your non-academic responsibilities (work, family, etc.)	53	+14	+8	+10
14h. Attending campus activities and events (performing arts, athletic events, etc.)	70	+7	+2	+4
14i. Attending events that address important social, economic, or political issues	53	+8	+6	+5

Notes: Refer to your *Frequencies and Statistical Comparisons* report for full distributions and significance tests. Item numbering corresponds to the survey facsimile available on the NSSE website.

a. Percentage point difference = Institution percentage - Comparison group percentage. Because results are rounded to whole numbers, differences of less than 1 point may or may not display a bar. Small, but nonzero differences may be represented as +0 or -0.



# BIENNIAL REVIEW 2022-2024



## NSSE 2023 Engagement Indicators

### Campus Environment

#### Texas A&M University-Kingsville

### Campus Environment: Seniors

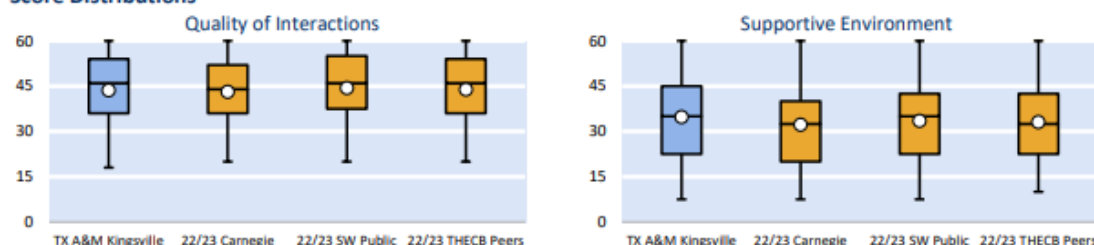
Students benefit and are more satisfied in supportive settings that cultivate positive relationships among students, faculty, and staff. Two Engagement Indicators investigate this theme: *Quality of Interactions* and *Supportive Environment*. Below are three views of your results alongside those of your comparison groups.

#### Mean Comparisons

Engagement Indicator	TX A&M Kingsville Mean	Your seniors compared with					
		22/23 Carnegie Effect size		22/23 SW Public Effect size		22/23 THECB Peers Effect size	
Quality of Interactions	43.7	43.2	.04	44.4	-.06	43.9	-.02
Supportive Environment	34.8	32.2 *	.18	33.6	.08	33.1	.11

Notes: Results weighted by institution-reported sex and enrollment status (and institution size for comparison groups); Effect size: Mean difference divided by pooled standard deviation; Symbols on the Overview page are based on effect size and p before rounding; \*p < .05, \*\*p < .01, \*\*\*p < .001 (2-tailed).

#### Score Distributions



Notes: Each box-and-whiskers chart plots the 5th (bottom of lower bar), 25th (bottom of box), 50th (middle line), 75th (top of box), and 95th (top of upper bar) percentile scores. The dot represents the mean score. Refer to Detailed Statistics for your institution's sample sizes.

#### Performance on Indicator Items

The table below displays how your students responded to each EI item, and the difference, in percentage points, between your students and those of your comparison group. Blue bars indicate how much higher your institution's percentage is from that of the comparison group. Dark red bars indicate how much lower your institution's percentage is from that of the comparison group.

Quality of Interactions	TX A&M Kingsville	Percentage point difference <sup>a</sup> between your seniors and		
		22/23 Carnegie	22/23 SW Public	22/23 THECB Peers
Percentage rating their interactions a 6 or 7 (on a scale from 1="Poor" to 7="Excellent") with...	%			
13a. Students	64	+6	+2	+4
13b. Academic advisors	50	-2	-5	-4
13c. Faculty	65	+8	+5	+8
13d. Student services staff (career services, student activities, housing, etc.)	49	+3	-0	-2
13e. Other administrative staff and offices (registrar, financial aid, etc.)	49	+2	-4	-3
<b>Supportive Environment</b>				
Percentage responding "Very much" or "Quite a bit" about how much the institution emphasized...				
14b. Providing support to help students succeed academically	72	+5	+4	+3
14c. Using learning support services (tutoring services, writing center, etc.)	67	+3	+2	+2
14d. Encouraging contact among students from diff. backgrounds (soc., racial/eth., relig., etc.)	54	-1	-4	-2
14e. Providing opportunities to be involved socially	68	+4	+2	+2
14f. Providing support for your overall well-being (recreation, health care, counseling, etc.)	66	+7	+5	+2
14g. Helping you manage your non-academic responsibilities (work, family, etc.)	44	+11	+5	+8
14h. Attending campus activities and events (performing arts, athletic events, etc.)	63	+9	+6	+5
14i. Attending events that address important social, economic, or political issues	46	+4	+1	+2

Notes: Refer to your *Frequencies and Statistical Comparisons* report for full distributions and significance tests. Item numbering corresponds to the survey facsimile available on the NSSE website.

a. Percentage point difference = Institution percentage - Comparison group percentage. Because results are rounded to whole numbers, differences of less than 1 point may or may not display a bar. Small, but nonzero differences may be represented as +0 or -0.

**APPENDIX C –**

**Fall 2023 Student Financial Wellness Survey  
Infographic**

# BIENNIAL REVIEW 2022-2024

TEXAS A&M UNIVERSITY-KINGSVILLE

## STUDENT FINANCIAL WELLNESS SURVEY RESULTS

FALL 2023

Understanding the connection between student finances and student success is essential to supporting the modern learner.

**72%**

of students **WORRY ABOUT HAVING ENOUGH MONEY** to pay for school.



**29%**

of students **RAN OUT OF MONEY 6 OR MORE TIMES** in the past year.

**67%**

of students would have **TROUBLE GETTING \$500 IN CASH OR CREDIT** in an emergency.



**28%**

of students **WOULD NOT BE ABLE TO GET THAT AMOUNT FROM ANY RESOURCE.**

**48%**

of students indicated **EXPERIENCING GENERALIZED ANXIETY DISORDER.**



**26%**

of students consider themselves to be **WORKERS ATTENDING SCHOOL**, rather than **STUDENTS WHO WORK.**

**45%**

of students **REPORTED BEING HOUSING INSECURE.**



**59%**

of students were **FOOD INSECURE.**



**16%**

of students **IDENTIFIED AS PARENTS.**



**ONLY 1%**

of students are able to **SOLELY RELY ON PERSONAL SAVINGS AND/OR CURRENT WAGES TO PAY FOR SCHOOL.**



**68%**

of students agreed or strongly agreed **THE COST OF COLLEGE IS A GOOD INVESTMENT FOR THEIR FINANCIAL FUTURE.**



All stats are from the 2023 Trellis Strategies Student Financial Wellness Survey  
© 2024 Trellis Strategies

Trellis  
Strategies

**APPENDIX D –**

**Excerpts from Student Athlete Handbook  
Drug Screening and Education Program  
Revised in Fall 2022  
&  
Mental Health Emergency Action Plan  
July 2024**

# BIENNIAL REVIEW 2022-2024

## Article I: Drug Screening and Education Program

### PURPOSE

Texas A&M University-Kingsville is committed to developing and maintaining an environment that encourages students participating in intercollegiate athletic competition to avoid the abuse of alcohol and the unauthorized use of controlled substances and performance-enhancing drugs. The integration of a comprehensive educational program with reliable tests and predictable responses to student-athletes who test positive will function as an effective deterrent to substance abuse.

To this end, the program has several components. The education program is designed to discourage student-athletes from alcohol abuse and experimentation with drugs and minimize the risk of drug abuse and drug dependency. An accurate and reliable drug-screening program will identify users and abusers of controlled substances and performance-enhancing drugs. Student-athletes who test positive will participate in a program designed to encourage the student-athlete to make positive choices about his or her future conduct, and to discipline those student-athletes who continue to abuse controlled substances and performance-enhancing drugs.

### Student-Athlete Assistance Program Substance Abuse Program

The mission of Javelina Athletics at Texas A&M University-Kingsville is to offer every student-athlete a quality athletic experience. This includes giving each student-athlete the opportunity to enhance their intellectual, physical, personal, and social development within a competitive sport environment. The use of drugs is inconsistent with this mission and may create a serious risk to the health and safety of student-athletes. Preventative measures used by the Athletics Department include drug screening combined with an alcohol and drug education program.

The Athletic Department's definition of inappropriate use of alcohol by student-athletes includes, but is not limited to, the following: under-age drinking, drinking on road trips, consumption of alcohol prior to or during athletic practice or competition, and public drunkenness. The Athletics Department and/or Head Coaches will determine sanctions for the inappropriate use of alcohol.

The Athletics Department will use urine drug testing to help detect those student-athletes with drug abuse, alcohol, or chemical dependency problems. It is the Javelina Athletics program's policy to return to athletics those who follow institutional policies and, to provide education, counseling and then restrict athletics participation those who are not.

### Education and Screening Program Goals

1. Educate student-athletes concerning the problems of substance and alcohol abuse.
2. Provide reasonable safeguards ensuring the safety of every student-athlete by allowing only drug-free student-athletes to participate in athletic competitions.
3. Identify and treat student-athletes who may be involved with substance or alcohol abuse.

# BIENNIAL REVIEW 2022-2024

4. Encourage prompt treatment or counseling for student-athletes with substance or alcohol abuse problems.

## Education and Prevention Program

Texas A&M University-Kingsville shall, in accordance with NCAA Guidelines, provide the following:

- A yearly, mandatory, scheduled educational program addressing substance abuse for all student-athletes. Substance abuse education sessions will be conducted to enhance student awareness. Sessions may address, but not be limited to, the following;
  1. Alcohol
  2. Street Drugs
  3. Steroids, Tobacco
  4. Eating Disorders
  5. NCAA-Banned substances
- All educational sessions and preventative programs shall utilize expert resources from the university and the community as approved by the Executive Director for Intercollegiate Athletics and Campus Recreation and shall emphasize discouraging drug use and the value of a counseling education treatment response to substance abuse.

## Program Implementation

Any student-athlete participating or intending to participate in Javelina Athletics will be included in the program. At least once each year, a presentation by the head athletic trainer or designee will be made to each team outlining and reviewing the Department's program and policy regarding drug screening, its purpose, and its implementation. Before the first intercollegiate competition in a sport per academic year, each student will confirm in writing that they have received, read, and are willing to abide by this policy.

## Drug Screening

Currently, Javelina Athletics conducts tests for street drugs such as amphetamines, cannabinoids (substance contained in marijuana), cocaine and other controlled substances. The department also has the capability and authority to test for any drug listed on the NCAA list of banned drugs [Bylaw 31.2.3.1].

## Testing Guidelines

1. Random tests will be conducted throughout the fall and spring semesters of the academic year, testing a minimum of 25% of total eligible intercollegiate student-athletes. The Head Athletic Trainer will determine the method of randomization. The randomization will be determined before the start of the fall semester from the submitted team rosters and will not reflect bias to any individual athlete.
2. Fifth-year athletes (including those whose eligibility is exhausted or those medically unable to compete) receiving any form of athletic scholarship must comply with all elements of the program.
3. Each refusal by a student-athlete to take a drug test at the time it is requested will result in the appropriate suspension. (See Section VI - Non-Compliance)
4. The presence of any known masking agents or urine manipulators in urine samples is prohibited

# BIENNIAL REVIEW 2022-2024

and will result in the appropriate suspension. (See Section VI - Non-Compliance)

## Reasonable Suspicion

The Texas A&M University-Kingsville Department of Athletics may request drug screening for specific student-athletes on a reasonable suspicion basis. Reasonable grounds for suspicion include the following:

- a. Odor about the person
- b. A signed informant's statement
- c. Observation of drug paraphernalia
- d. Previous positive test results
- e. Physical symptoms or emotional symptoms suggestive of substance abuse as determined by trained medical personnel such as a physician or nurse
- f. Any other factor or act that would lead a person to suspect substance abuse in violation of this policy based on the dictates of reason and common sense
- g. Any arrest for a drug related offense

## Testing Procedures

1. Student-athletes will be asked to report directly to the testing area and must remain until the collection is completed.
2. Collection will be done under the direct supervision of an Athletic Training staff member.
3. The student-athlete will transfer collection from a collection cup to a lab specimen container and then seal it before placing it in the box for shipment.
4. The student-athlete will sign a ledger acknowledging an assigned code number that will correspond to the number on the specimen container.
5. Specimens are collected from the training rooms. A courier will then sign for and pick up specimens, after the Head Athletic Trainer / Site Coordinator has signed them verifying that tampering has not taken place. The test lab will then sign as having received them untampered. Bonded carriers will take specimens to respective labs.
6. A certified sports testing lab will conduct the analysis of the specimen.
7. Testing protocol may vary based on the testing laboratory's guidelines. (Available upon request)

## Disposition of the Results

### A. Positive Tests

1. The positive test results will be received from the testing center by the Site Coordinator / Head Athletics Trainer who will notify the Executive Director for Intercollegiate Athletics.
2. The Head Athletic Trainer will inform the student-athlete and head coach immediately of the positive test result.
3. A positive test for THC will be anything at or over 150 nanograms per milliliter.

### B. Assessment

1. An appointment for a chemical dependency assessment will be made with the treatment administrator.
2. The student-athlete has 3 to 16 days to follow through with completing the assessment. If the student-athlete fails to comply within this time frame, they will be immediately suspended from



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practice and competition for at least two weeks (14 days) from the date of the original 14-day compliance period's expiration. The Head Coach will determine the terms of the suspension in collaboration with the Executive Director for Intercollegiate Athletics, and subsequent reinstatement should any successive periods be needed to obtain compliance after the initial 14-day period.

3. The treatment administrator recommends a plan for the appropriate program for the student-athlete, based on the information contained in the assessment.
4. The plan is shared with the Head Coach and the Head Athletic Trainer.

## **Education, Treatment Program**

### **A. Education Program**

Participation in the annual substance education program developed by the university counseling center to prevent future substance abuse will be mandatory for all university student-athletes.

### **B. Treatment Program**

The treatment program is designed to use a variety of techniques to accomplish secondary prevention success. Each case will be unique in its treatment plan as determined by the treatment coordinator.

1. The treatment administrator will report progress and consult with the head athletic trainer.
2. Any violation of the treatment program, including a positive test, will be reported to the Head Athletic Training, Head Coach, and Executive Director for Intercollegiate Athletics.
3. Decisions regarding the student-athletes' ability to continue to practice and/or compete are contingent on the confidential recommendations from the treatment administrator with input from the head trainer, consultation with the head coach and the approval of the Executive Director for Intercollegiate Athletics. During treatment student-athletes may be required to:
  - a) Submit to (monthly) drug testing for the remainder of the academic year as required by the treatment facility.
  - b) Sign a comprehensive contract (treatment plan) that stipulates conditions for eligibility for competition and/or practice.

## **Non-Compliance**

Compliance at each stage is the responsibility of the student-athlete. Failure to comply with any aspect of the program following the first positive test may result in a suspension from athletic participation at the discretion of the sport Head Coach and Executive Director of Intercollegiate Athletics.

Positive test results will be non-cumulative for a student-athlete's athletic career; however, they will require the following testing requirements:

1. First positive test- testing for the remainder of the academic year
2. Second positive test- testing for the remainder of the academic year plus continued testing into the next academic year

### **B. The first positive test result by a student athlete:**

1. The student-athlete's head coach will be notified by the Head Athletic Trainer that an immediate meeting with the coach and identified student-athlete is required. At this meeting, the student-athlete will be notified of the findings of the screening.

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2. The student-athlete will be notified that they are required to complete counseling (They will work with either the Head AT or SWA to get the appointment scheduled) and complete the following online assessment through health and wellness (results will be turned into the SWA)-

<https://echeckup.sdsu.edu/usa/mj/coll/tamuk/#!/>

- a) They will have 24 hours to complete this step or face a 1 game suspension
- b) Student-athlete will need to share date and time of appointment with the SWA

3. Head Coach will notify the student-athlete's parent of the positive drug test

## C. The second positive test result:

1. The student-athlete's head coach will be notified by the Head Athletic Trainer that an immediate meeting with the coach and identified student-athlete is required. At this meeting, the student-athlete will be notified of the findings of the screening.

2. The student-athlete will be suspended from participation in official competition for a minimum number of opportunities according to the following schedule:

SPORT	MINIMUM LENGTH OF
	SUSPENSION
Baseball	4 games
Basketball	2 games
Cross Country	One meet
Football	1 game
Golf	One tournament
Softball	4 games
Tennis	2 matches
Track & Field	One meet
Volleyball	2 matches
Beach Volleyball	2 matches

3. The student-athlete could be removed from their respected roster by discretion of the head coach with the potential of scholarship forfeiture.

## D. The third positive test result:

1. The student-athlete's head coach will be notified by the Head Athletic Trainer that an immediate meeting with the coach and identified student-athlete is required. At this meeting, the student-athlete will be notified of the findings of the screening.

2. The student-athlete will be suspended from participation in official competition for a minimum number of opportunities according to the following schedule:

SPORT	MINIMUM LENGTH OF
	SUSPENSION
Baseball	8 games

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Basketball	4 games
Cross Country	One meet
Football	2 games
Golf	One tournament
Softball	8 games
Tennis	4 matches
Track & Field	2 meets
Volleyball	4 matches
Beach Volleyball	4 matches

3. The student-athlete could be removed from their respected roster by discretion of the head coach with the potential of scholarship forfeiture.

## Voluntary and Other Referrals

- A. A student-athlete who comes forward voluntarily or is referred by other means (prior to notification of selection for drug testing) and acknowledges a problem with drug abuse shall be afforded the support and resources available to address the problem.
1. The student-athlete will undergo a mandatory chemical dependency assessment, as scheduled by the Head Athletic Trainer. The procedures followed will be the same as those outlined under "Assessment for a first positive result" previously listed.
  2. A student-athlete who fails to follow the recommended treatment plan will be considered non-compliant and will receive the appropriate suspension.
- B. *A self-referral after notification of selection for drug testing is not considered voluntary.*

## Coach's Role

The head coach is responsible for ensuring that his/her student-athletes follow through with all responsibilities regarding their assessment, treatment, and/or aftercare programs.

## Violation of State or Federal Law

Any criminal violation of state or federal laws involving the possession or sale of any drugs or illegal substances by student-athletes will be dealt with using the procedures outlined in the Student-Athlete Code of Conduct.

## Amendments

This program may be amended from time-to-time at the discretion of the Executive Director for Intercollegiate Athletics and Campus Recreation. Amendments shall be distributed to all student-athletes. No amendment shall be applied retroactively if such application will adversely affect a student-athletes' right to prior notice of standards of conduct or discipline.

The NCAA Executive Committee shall authorize methods for drug testing of student-athletes who compete in NCAA championships and certified post-season contests. The authorized methods, and any subsequent modifications, shall be published in *The NCAA News* and copies of the report shall be

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available, on request, to member institutions. The Executive Committee shall determine those championships and certified post-season contests for which drug tests shall be made and the procedures to be followed in disclosing its determinations.

## Banned Drugs.

The following is the list of banned-drug classes:

*Please note that the banned drug list changes constantly. For the most current list please consult [www.ncaa.org](http://www.ncaa.org) .*

### Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); etc.  
*exceptions:* phenylephrine and pseudoephedrine are not banned.

### Anabolic Agents:

boldenone; clenbuterol; DHEA; nandrolone; stanozolol; testosterone; methasterone; and rostenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

### Alcohol and Beta Blockers (banned for rifle only):

alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

### Diuretics and Other Masking Agents:

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

### Street Drugs:

heroin; marijuana; tetrahydrocannabinol (THC).

### Peptide Hormones and Analogues:

human growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

### Anti-Estrogens:

anastrozole; clomiphene; tamoxifen; formestane; etc.

### Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; etc.

## Medical Exceptions

“The NCAA recognizes that some banned substances are used for legitimate medical purposes.

Accordingly, the NCAA allows an exception to be made for those student-athletes with a documented medical history demonstrating the need for treatment with banned medication. Exceptions may be granted in the following classes of banned drugs: stimulants, anabolic agents, beta blockers, diuretics, peptide hormones, anti-estrogens, and beta-2 agonists. No medical exception review is available for substances in the class of street drugs.”

In accordance with the NCAA Medical Exception Policy, Texas A&M University-Kingsville requires that any student-athlete who is currently taking medication prescribed by a physician, must provide proof of prescription and the prescribing physician’s contact information. This information must be presented to a member of the Athletic Training Staff and copies will be maintained in the student-athlete’s medical file.

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If a student-athlete is taking medication for diagnosed ADD/ADHD, the NCAA requires the documentation to be accompanied by the form “NCAA Medical Exception Documentation Reporting Form to Support the Diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) and Treatment with Banned Stimulant Medication.” This form can be obtained from a member of the Athletic Training Staff or found online at [www.NCAA.org/drugtesting](http://www.NCAA.org/drugtesting).

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## TEXAS A&M UNIVERSITY-KINGSVILLE CONSENT AND AUTHORIZATION AGREEMENT

The Athletic Department serves a unique role within the University and the community. Texas A&M University-Kingsville devotes large amounts of resources toward the operation of the department and can only justify the expenditure if the department operates in such a manner that: (1) it reinforces the University's overall mission and educational goals; (2) it enhances the image of the University in a positive manner by student-athletes performing in such a way that students, faculty and staff develop a certain pride, unity and esprit de corps; (3) actions, appearance and conduct on the part of the individual student-athlete are such that student unity and support will be a resultant factor; and (4) the performance, appearance and conduct of all student-athletes are such that area residents and students will be supportive of the University.

Because of the unique status of intercollegiate athletics within the University, higher standards of conduct, appearance and discipline are demanded of student-athletes and coaches than of other students and faculty.

To ensure that student-athletes are aware of and agree to adhere to the general regulations of the University and to the specific regulations of the athletic department, they must read and sign this policy statement.

Athletic Department regulations prohibit the following:

1. Illegal use of alcoholic beverages (i.e., by minors) and/or consumption or possession of alcoholic beverages in dormitory rooms or on university premises as specified in university regulations.
2. Sale, distribution, possession, and/or use of illicit drugs. Illicit drugs are defined as those drugs which are listed as banned by the National Collegiate Athletic Association.
3. Actions which result in conviction of misdemeanor(s) or more serious charge(s).
4. Negative and/or uncooperative behavior.
5. Actions which constitute failure to comply with university student life regulations (as specified in the University's Student Handbook) and/or actions which tend to alienate athletes from the rest of the student body.

Failure to comply with athletic department and University regulations, as specified above may result in the student-athlete being required to submit to disciplinary actions as deemed appropriate by the Head Coach and/or Athletic Executive Director for Intercollegiate Athletics and Campus Recreation. This includes disciplinary actions such as those listed in individual team disciplinary policies.

In addition, failure to comply with Athletic Department regulations regarding the sale, use and/or distribution of illicit drugs will result in one or more of the following disciplinary policies.

1. The student-athlete is required to notify his parent or guardian of the violation.
2. The student-athlete is required to attend professional counseling and evaluation sessions. Fees for such sessions are the responsibility of the student-athlete.
3. The student-athlete must submit to non-random drug testing more frequently than other student-athletes.

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4. The student-athlete's athletic scholarship may be terminated.
5. The student-athlete may be suspended from participation in their sport.
6. The student-athlete may be banned from intercollegiate participation at Texas A&M University-Kingsville.

I HAVE READ, UNDERSTAND AND AGREE TO THE ABOVE RULES AND REGULATIONS:

SIGNED: \_\_\_\_\_DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
HOME ADDRESS CITY STATE ZIP

HOME PHONE: \_\_\_\_\_SS#: \_\_\_\_\_BIRTHDATE: \_\_\_\_\_



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## MENTAL HEALTH EMERGENCY ACTION PLAN

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JULY 02, 2024  
TEXAS A&M UNIVERSITY KINGSVILLE  
DEPARTMENT OF ATHLETICS

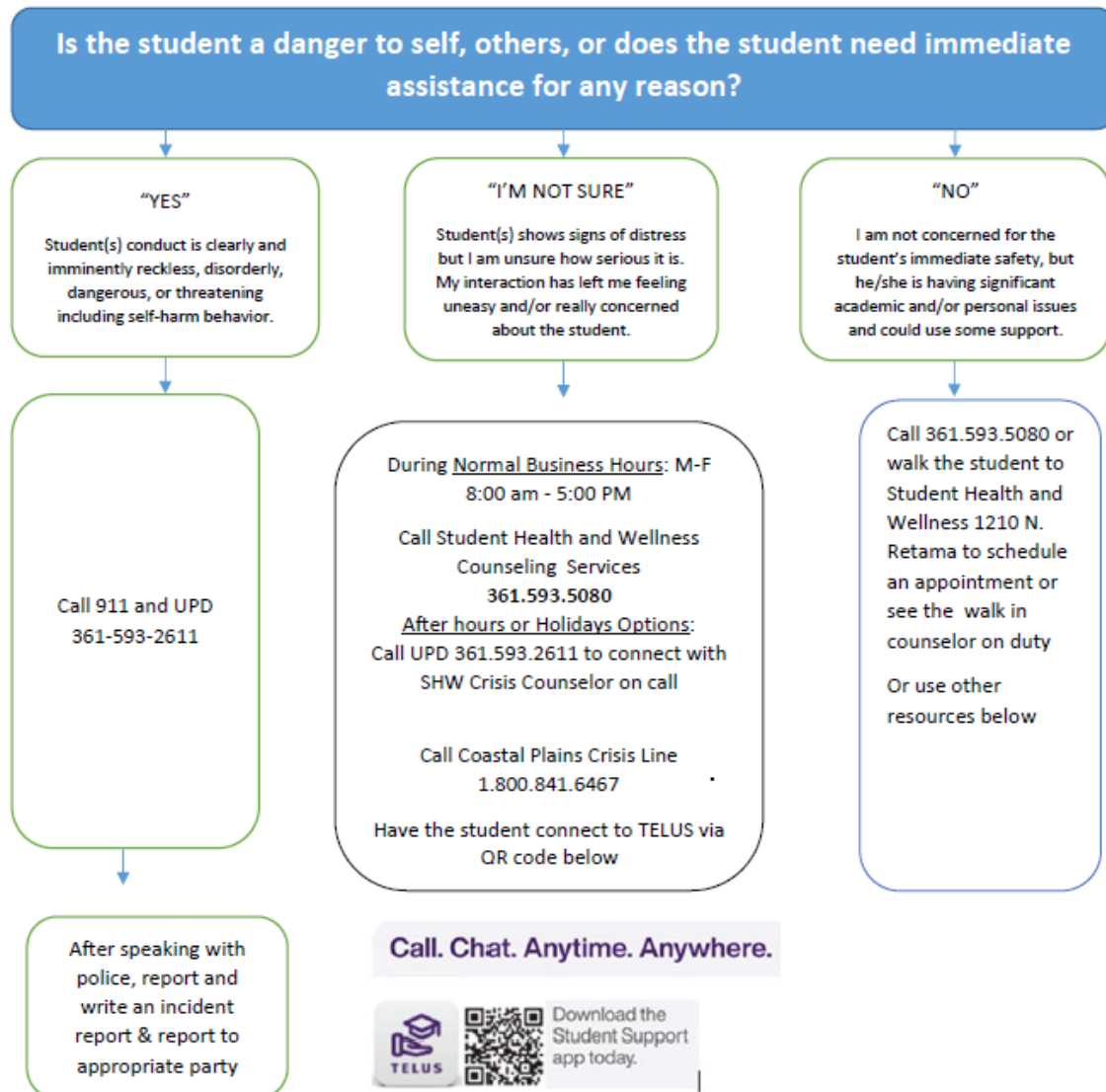
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**Response Protocol Quick Reference:** Follow the chart to determine who to contact when faced with a distressed or distressing student.



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Local services	
TAMUK Student Health and Wellness, Counseling Services	361-593-5080
TAMUK Student Health and Wellness, Health Care Services provided by Community Action of South Texas (CACOST)	361-239-0600
Local Mental Health Authority - Coastal Plains Integrated Health Crisis Hotline	1-800-841-6467
National Suicide Prevention LifeLine	Call or Text 988 or chat 988Lifeline.org
National Suicide Prevention Hotline	1-800-273-TALK (8255)
Suicide Text Line	Text HOME to 741741
Crisis Text Line text "BRAVE" to 741741	741741
TrevorLifeLine LGBTQ	1-866-488-7386
Trans Lifeline	1-877-565-8860
Veterans Crisis Line	1-800-273-8255
Kingsville Police Department	361-592-4311
Purple Door (Domestic Violence and Sexual Abuse)	361-881-8888 or 1-800-480-4878 (HURT)
Crisis Text Line	Text "START" to 741741
Poison Control	800-333-4673
Eating Disorders Hotline	800-511-9225
Alcohol & Drug Hotline	800-771-5009
National Sexual Assault Hotline – Confidential 24/7	800-656-HOPE (4673)
National Domestic Violence Hotline – Confidential 24/7	1-800-799-SAFE (7233)
Substance Abuse & Mental Health Services Administration (SAMSHA) National Hotline	1-800-662-HELP (4357)

## Purpose:

The purpose of the Texas A&M University Kingsville Mental Health Emergency Action Plan is to help identify student athletes who need assistance in both emergent and non-emergent situations, providing them with resources to navigate life as a student and an athlete. The mission of Texas A&M University-Kingsville athletics in partnership with TAMUK Student Health, and Wellness (SHW) is to raise students' awareness on physical, emotional, social, spiritual, intellectual, and occupational dimensions, to produce life-changing results. Recognizing mental health as an important dimension of overall health, and in compliance with the NCAA constitution, TAMUK seeks to develop guidance based on the consensus of the medical, scientific, sports medicine, and sport governing communities for student-athlete mental and physical health.

The NCAA recommends that screening for mental health symptoms and disorders as one important way to identify student-athletes who may benefit from further support. The Counseling Center Assessment of Psychological Symptoms (CCAPS- 62) Instrument will be used to identify and support student-athletes experiencing mental health symptoms, disorders, and distress. TAMUK athletics and the TAMUK SHW will implement the CCAPS-62 screen to all athletes once a year.

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## When to contact parents/emergency contact or authorities:

You can contact parents/guardians/emergency contact in an emergency. The student-athlete should be encouraged but are not required to notify the coach and parents about non-emergency situations. When the student-athlete is referred to community-based mental health care professionals and may use medical insurance, they should be informed that parents or guardians may receive notification from the insurance carrier that they had a visit with a mental health provider or agency. No personal or specific information would be shared. Only the fact that they were seen.

### Adults

In *emergency* situations a person may disclose relevant, protected health information and personal information to an outside party, including family members or law enforcement. These exceptional circumstances include times when a provider (person) believes there is an imminent threat of harm to self or others, or where an individual is deemed "incapacitated," lacking the ability to make one's health decisions, and sharing information is in the best interest of the client's care.

### Minors

You are considered an adult at 18 and are then able to make healthcare decisions for yourself. If you feel a student is a serious and imminent threat to the health and safety of him or herself or to others, you must report to individuals who you believe could help address the threat, including family members, their emergency contact, and/or law enforcement.

## Confidentiality:

If you are the victim of a crime, and do not wish to pursue action within the college or criminal justice systems, you should still consider making a confidential report. With your permission, the University Police Department (UPD), or their designee, may file a report that documents the details of your incident without revealing your identity. With this information, the University can keep accurate records of incidents and better identify crime trends. Reports filed in this matter are counted and disclosed in the annual crime statistics for the institution, but again are entirely confidential.

### **Emergency Situations** - Emergencies require an immediate activation of the EMS system (CALL 911)

An emergency is an urgent, unexpected, and usually dangerous situation that poses an immediate risk to health, life, property, or environment and requires immediate action.

#### **What are some examples of emergency situations?**

- Suicidal/Homicidal thoughts/acts with plans, means, or intent
- Active sexual assault
- Highly agitated or threatening behavior
- Acute delirium/Acute state of confusion
- Acute Intoxication or drug overdose

#### **How to Recognize an Emergency Situation:**

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*Any 'yes' answer should be considered an emergency – Call the University Police Department 361.593.2611 or 9-1-1:*

- Am I concerned the student-athlete may harm himself/herself?
- Am I concerned the student-athlete may harm others?
- Am I concerned the student-athlete is being harmed by someone else?
- Did the student-athlete make verbal or physical threats?
- Is the student-athlete exhibiting unusual ideation or thought disturbance that may or may not be due to substance use?
- Does the student-athlete have access to a weapon?
- Is there potential for danger or harm in the future?

*If you call UPD or 911, provide the following information:*

1. Student-athlete's name and contact information.
2. Physical description of the student-athlete (i.e., height, weight, hair and eye color, clothing, etc.).
3. Description of the situation and assistance needed.
4. Exact location of the student-athlete.
5. If student-athlete leaves the area or refuses assistance, note direction in which he/she leaves
6. The location you are calling from

*If immediate risk to safety:*

- Remain calm
  - Maintain calm body language and tone of voice.
- Listen to the student-athlete.
  - Allow him/her to express his/her thoughts. Provide him/her the opportunity to be heard. It is OK to have a moment of silence between you and the student-athlete.
- Avoid judging the student-athlete; provide positive support.
- Keep yourself safe
  - Do not attempt to intervene if there is an imminent threat of harm or violence.
- Keep others safe
  - Try to keep a safe distance between the student-athlete in distress and others in the area.
- Alert designated school officials and/or colleagues available at that time of day (i.e., school administrator, coaches, athletic trainers, etc.).
  - Contact the student-athlete's parents or emergency contact.
- If the student-athlete seems volatile or disruptive, get help from a co-worker or other adult. **Do not leave the student-athlete alone. However, do not put yourself in harm's way if he/she tries to leave.** Instead allow them to leave and immediately call the University Police Department 361.593.2611 or 911.



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## **Giving Support:**

The conversation should focus on the student-athlete as a person, not as an athlete. Empathetic listening and encouraging the student-athlete to talk about what is happening are essential.

- Find a suitable time to talk
  - Offer a quiet and secure place to talk with a calming environment
  - Minimize interruptions (Do not disturb sign, put phone on silent, etc.)
- Speak in a calm voice
- Show your genuine concern and express understanding
- Do not make assumptions or label
- Avoid judging the student-athlete; provide positive support.
- Provide support and a positive tone. Do not try to solve his or her problem; it is not within your scope of practice as an AT, coach, teacher, or administrator.
- Help the student-athlete understand that he or she is not alone - others have been through this too.
- Listen to the student-athlete. Allow him/her to express his/her thoughts. Provide him/her the opportunity to be heard. It is OK to have a moment of silence between you and the student-athlete.
- Ask open ended questions that encourage conversation.
- If someone reports concerns, tell the student(s) you are checking in
- DON'T try to minimize the problems or shame a person into changing their mind
- Do not promise confidentiality in case they report something to be shared to protect the group.

## **What to Do**

### **During Office Hours: M – F 8 am- 5 pm**

- Call University Police (UPD) 361-593-2611 to help de-escalate the situation (If on-campus)
- Emergency - Call 911
- Call Student Health and Wellness Counseling Services 361-593-5080
- Perform any first aid needed if it is safe to do so

### **After Hours:**

- Call University Police Department (UPD) 361-593-2611
- Call 911
- Coastal Plains Crisis Hotline 1-800-841-6467
- Suicide Prevention LifeLine: Call or Text 988 or chat 988Lifeline.org
- Suicide Prevention Hotline: 1-800-273-8255
- Crisis Text Line text "BRAVE" to 741741
- Suicide Text Line: Text HOME to 741741
- TrevorLifeLine LBGTO: 1-866-488-7386
- Trans Lifeline: 1-877-565-8860
- Veterans Crisis Line: 1-800-273-8255
- Kingsville Police Department: 361-592-4311
- Purple Door: 1-800-580-4578
- If needed perform any first aid needed if it is safe to do so



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## Non-Emergency Situations

### What are non-emergency situations?

- Report of sexual assault, harassment, relationship violence
- Talk of suicide or wanting to escape but no plan, means, or intent
- Talk of harm to others with no plan, means, or intent

### If the person is not an immediate threat:

- Contact the Student Health and Wellness (SHW) Counseling Center: 361-593-5080.
- Ask to speak with a member of the Counseling staff.
- You may be asked to walk the person to SHW. SHW is open M- F 8 am – 5pm.
- Student Health and Wellness Center is at 1210 N. Retama Dr., Kingsville Texas 78363.

### After-hours:

- Call University Police Department (UPD) 361-593-2611
- Call Student Health and Wellness Counseling Services 361-593-5080
- Call the Coastal Plains Integrated Health (Local Mental Health Authority) at: 1-800-841-6467
  - Services are available 24 hours a day
- Listen and encourage athlete to make a counseling appointment. Tell them you can make the appointment together.
- Encourage student-athlete to reach out to trusted friends, family, and coaches.
- Encourage the athlete to use the TELUS student support app

Call. Chat. Anytime. Anywhere.



Download the  
Student Support  
app today.

### Resources and Referrals:

- For more resources go to pages 18-19
- Referral to Student Health and Wellness, Counseling Services. If during normal business hours, walk the person to the counseling center to help them make an appointment. 361.593.5080

### Warning signs of Mental Illness/Depression

- Changes in eating and sleeping habits
- Unexplained weight loss or gain
- Drug or alcohol abuse
- Decreased interest in activities that have been enjoyable or taking up risky behavior
- Loss of emotion or sudden changes of emotion within a short period of time
- Unexplained wounds or deliberate self-harm
- Becoming more irritable or having problems managing anger
- Negative self-talk Feeling out of control
- Mood swings
- Overuse injuries, unresolved injuries, or continually being injured
- Marked personality change

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- Excessive anxieties
- Extreme highs and lows
- Inability to cope with problems and daily activities
- Feeling sad, empty, or numb
- Feeling hopeless, helpless, worthless, or guilty
- Avoiding friends; feeling alone even when with friends
- Talking or thinking about, planning, or attempting suicide
- Prolonged depression and apathy
- Excessive anger, hostility, or violent behavior

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<b>Mental Health Crisis/Mood Disorder</b>	
<b>A crisis may be defined as when a person:</b> <ul style="list-style-type: none"><li>• is unable to sleep or cannot stop crying because of a traumatic situation in their lives</li><li>• is feeling frightened or is having an anxiety attack</li><li>• is dealing with the death or illness of a loved one</li><li>• has been physically or sexually assaulted</li><li>• is having suicidal or homicidal thoughts or feelings</li><li>• Is having symptoms of psychosis (loss of touch with reality, seeing/hearing things that are not there)</li></ul>	
<b>Emergency</b> <ol style="list-style-type: none"><li>1. Contact the University Police Department 361-593-2611 or call 911</li><li>2. Initiate contact with TAMUK Student Health and Wellness 361.593.5080 regarding the situation and the location. While waiting for first responders to arrive on the scene, position yourself to ensure your personal safety:<ol style="list-style-type: none"><li>a. Do not turn your back to the person</li><li>b. Keep a calm steady voice</li><li>c. Do not make any elaborate gestures or quick movements and try to remain calm</li></ol></li></ol>	
<b>Traveling Emergency</b> <ol style="list-style-type: none"><li>1. Do not leave student-athlete alone</li><li>2. Call 911</li><li>3. Call coaches and athletic trainer for assistance</li><li>4. Contact emergency contact</li><li>5. Contact host athletic trainer if necessary</li><li>6. Document incident</li></ol>	
<b>Traveling Non-Emergency</b> <ol style="list-style-type: none"><li>1. Help student-athlete make initial appointment or encourage participation in counseling</li><li>2. Encourage student-athlete to communicate with family and friends</li><li>3. Refer and give student-athlete Suicide Help and Prevention Resources pages 18-19</li><li>4. Communicate with coaches</li><li>5. Contact host athletic trainer for local resources/help</li><li>6. Be sure to check in with student-athlete regularly</li></ol>	
<b>Resources</b> <ul style="list-style-type: none"><li>• For more resources go to pages 18-19</li></ul>	

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## SUICIDE

### Take all signs of behavior related to suicide seriously

If someone talks about suicide plans or behaves in a way that suggests the person is thinking of suicide, do not play it down or ignore the situation.

When someone you know talks about taking their own life or says things that sound like a suicide plan, it can be very upsetting. You may not know whether to take the talk of suicide seriously. You also may wonder whether you could make the situation worse by getting involved. Action is always the best choice.

Here is what to do.

### Start by asking questions

The first step is to find out whether the person is in danger of acting on feelings about suicide. Be sensitive, but ask direct questions, such as:

- How are you coping with what has been happening in your life?
- Do you ever feel like just giving up?
- Are you thinking about dying?
- Are you thinking about hurting yourself?
- Are you thinking about suicide?
- Have you ever thought about suicide before or tried to harm yourself before?
- Have you thought about how or when you would do it?
- Do you have access to weapons or things that can be used as weapons to harm yourself?

Asking about thoughts or feelings about suicide will not push a person into suicide. In fact, giving someone a chance to talk about feelings may reduce the person's risk of acting on those feelings.

### Look for warning signs (take all signs seriously)

When someone is thinking about suicide, they may:

- Talk about suicide, such as "I'm going to kill myself," "I wish I were dead" or "I wish I hadn't been born."
- Get the means for suicide, such as buying a gun or gathering a supply of pills.
- Withdraw from social contact and want to be left alone.
- Have mood swings, such as being emotionally high one day and deeply sad the next.
- Talk or write about death, dying or violence.
- Feel trapped or hopeless about a situation.
- Increase the use of alcohol or drugs.
- Change routines, including eating or sleeping patterns.
- Do risky or self-destructive things, such as using drugs or driving in a way that could cause harm.
- Give away belongings or get affairs in order when there is no reason to do so.
- Say final goodbyes to people.
- Develop personality changes or be overly anxious or agitated, particularly along with other warning signs.

### If someone is actively suicidal or has attempted suicide

- **DO NOT LEAVE THEM ALONE**
- **Call 911** and/or the University Police Department 361.593.2511. If you think you can do so safely, take the person to the nearest hospital emergency department.

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<ul style="list-style-type: none"> <li>Try to find out if the person is under the influence of alcohol or drugs or may have taken an overdose.               <ol style="list-style-type: none"> <li>Emphasize ensuring the athlete's safety, while being aware of your own.</li> <li>Do not promise confidentiality.</li> </ol> </li> </ul>
<b>Emergency Referral:</b>
<b>During normal business hours</b> M-F 8:00am-5:00pm <ol style="list-style-type: none"> <li>Do not leave student-athlete alone</li> <li>Call University Police Department 361.593.2611 or 911</li> <li>Accompany the student-athlete to the TAMUK Student Health and Wellness Center</li> <li>Call Coastal Plains Integrated Health (the Local Mental Health Authority) 1.800.841.6467</li> <li>Call the National Suicide Prevention Hotline: 988 1-800-273-8255</li> <li>Communicate with the student athlete's Emergency contact               <ol style="list-style-type: none"> <li>Contact Athletic Trainer for information if not available</li> </ol> </li> <li>Document when situation has been resolved or taken over by proper authorities (page 20)</li> </ol>
<b>Traveling Emergency</b> <ol style="list-style-type: none"> <li>Do not leave student-athlete alone</li> <li>Call 9-1-1               <ol style="list-style-type: none"> <li>Have coach or athletic trainer accompany student-athlete</li> </ol> </li> <li>Call coaches and athletic trainer for assistance</li> <li>Contact the student athlete's emergency contact</li> <li>Contact host athletic trainer if necessary</li> <li>Document incident</li> </ol>
<b>Non-Emergency Referral</b>
<b>On-Campus</b> <ol style="list-style-type: none"> <li>Help student-athlete make initial appointment or encourage participation in counseling               <ol style="list-style-type: none"> <li>Walk them there or make appointment with them immediately</li> </ol> </li> <li>Encourage student-athlete to communicate with family and friends</li> <li>Refer and give student-athlete Suicide Help and Prevention Resources pages 18-19</li> <li>Communicate with coaches</li> <li>Be sure to check back in with person</li> </ol>
<b>Traveling Non- Emergency</b> <ol style="list-style-type: none"> <li>Help student-athlete make initial appointment or encourage participation in counseling</li> <li>Encourage student-athlete to communicate with family and friends</li> <li>Refer and give student-athlete Suicide Help and Prevention Resources pages 18-19</li> <li>Communicate with coaches</li> <li>Contact host athletic trainer for local resources/help</li> <li>Be sure to check in with student-athlete regularly</li> </ol>

# BIENNIAL REVIEW 2022-2024

## Sexual Assault

### Reporting:

- If you are a victim of a sexual assault your first priority should be to get to a safe place.
- If immediate threat or emergency call 911
- Call University Police Department (UPD): 361-593-2611.
- You will be connected to a trained staff member from a local sexual assault service provider. They will direct you to the appropriate local health facility that can care for survivors of sexual assault. They may be able to send a trained advocate to accompany you.
- If there is no immediate threat and you are on campus, contact TAMUK UPD 361-593-2611
  1. You are also required to call the Affirmative Action Officer/Title IX Coordinator: Tasha Clark (361) 593-4761 at Lewis Hall 130 as soon as possible after the offense.
- If the victim is apprehensive about calling or reporting to above authorities contact the counseling and medical services on-campus for assaults on or off campus  
Student Center for Health and Counseling: 361-593-5080
- If you have been the victim of a sexual assault, you should seek medical attention immediately from the Kingsville, Christus Spohn Hospital 1311 E General Cavazos Blvd, Kingsville, TX 78363 (361.595.1661) or TAMUK's Health Care Clinic - Community Action Corporation of South Texas (CACOST) (361-239-0600) immediately regardless of whether you plan to report the matter to the police.
- Document

\*Timely and prompt reporting of a sexual assault within 72 hours is critical in collecting and preserving evidence important in proving a criminal case against the assailant.

- Victims of sexual assault, domestic violence, stalking, and dating violence are encouraged to also preserve evidence by saving text messages, instant messages, social networking pages, other communications, and keeping pictures, logs, or other copies of documents, if they have any, that would be useful to investigators or police.

### Considering Reporting

- Victims of assault are encouraged to also preserve evidence by saving messages, social networking pages, other communications, and keeping pictures or copies of documents.
- Victims are strongly encouraged to report any assault cases, although it is the victim's choice whether to make such a report and victims have the right to decline involvement with the police. University Police Department (UPD) 361-593-2611 will assist any victim with notifying local police if they so desire.
- If you have been the victim of a sexual assault, you should seek medical attention from the Kingsville Christus Spohn Hospital, 361-595-1661
- Call the National Sexual Assault Hotline at 800.656.HOPE (4673). When you call the National Sexual Assault Hotline, a staff member will walk you through the process of getting help at your own pace. You can also visit [online.rainn.org](https://online.rainn.org) to chat anonymously. Support specialists can also provide information on topics you might have questions about. You will also be connected to a trained staff member from a local sexual assault service provider in your area. They will direct you to the appropriate local health facility that can care for survivors of sexual assault. Some service providers may be able to send a trained advocate to accompany you.



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## Filing & Confidentiality

- Every attempt is made to maintain the anonymity of the sexual assault survivor. Every attempt will be made not to release names to the media, unless requested by the sexual assault survivor.
- The University Police Department will attempt to provide support and advice for sexual assault survivors.
- Each report of sexual assault will be investigated to provide better Campus Crime and Fire Safety Report protection for the survivor of a sexual assault and all members of the campus community.
- Sexual assault survivors should be aware of the University's responsibility to release information regarding the fact that an assault occurred for the protection and safety of others.

## Talking Tips - Support & What to say

- "I believe you. / It took a lot of courage to tell me about this." It can be extremely difficult for survivors to come forward and share their story. They may feel ashamed, concerned that they will not be believed, or worried they will be blamed.
- Leave any "why" questions or investigations to the experts—your job is to support this person.
- Be careful not to interpret calmness as a sign that the event did not occur—everyone responds to traumatic events differently. The best thing you can do is to believe them.
- "It is not your fault. / You did not do anything to deserve this." Survivors may blame themselves, remind the survivor, even more than once, that they are not to blame.
- "You are not alone. / I care about you and am here to listen or help in any way I can." Let the survivor know that you are there for them and willing to listen to their story if they are comfortable sharing it. Assess if there are people in their life, they feel comfortable going to and remind them that there are service providers who will be able to support them as they heal from the experience.
- "I am sorry this happened. / This should not have happened to you." Acknowledge that the experience has affected their life.
- Phrases like "This must be really tough for you," and, "I'm so glad you are sharing this with me,"
- Avoid judgment. It can be difficult to watch a survivor struggle with the effects of sexual assault for an extended period of time.
- Avoid phrases that suggest they are taking too long to recover such as, "You've been acting like this for a while now," or "How much longer will you feel this way?"
- Check in periodically. The event may have happened a long time ago, but that does not mean the pain is gone.
- Know your resources. You are a strong supporter, but that does not mean you are equipped to manage someone else's health. Become familiar with resources you can recommend to a survivor.
- It is better to ask and be wrong than to let the person you care about struggle with the effects of sexual assault. You can ask questions that point to a specific person or time like, "Did something happen with the person you met at the party the other night?" You can also simply reaffirm that you will believe them when they are ready to come forward, and that it is not their fault.

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If you notice these **Warning Signs** of relationship violence or sexual assault it is worth reaching out to them:

- Signs of depression
- Self-harming behaviors, thoughts of suicide, or suicidal behaviors
- Low self-esteem
- Sexually transmitted infections (STIs)
- Anxiety or worry about situations that did not seem to cause anxiety in the past
- Avoiding specific situations or places
- Falling grades or withdrawing from classes
- Increase in drug or alcohol use
- Many sexual assaults are committed by someone the victim knows, such as a friend, family member, acquaintance, or partner. Often, abusive partners will try to cut the victim off from their support system. As someone outside of the relationship, you have the potential to notice warning signs that someone may be in an abusive relationship or at risk for sexual assault.
- Withdrawing from other relationships or activities
- Saying that their partner does not want them to engage in social activities or is limiting their contact with others
- Disclosing that sexual assault has happened before
- Any mention of a partner trying to limit their contraceptive options or refusing to use safer sexual practices, such as refusing to use condoms or not wanting them to use birth control
- Mentioning that their partner is pressuring them to do things that make them uncomfortable
- Signs that a partner controlling their means of communication, such as answering their phone or text messages or intruding into private conversations
- Visible signs of physical abuse, such as bruises or black eyes

## Need Help?

- Call 800.656.HOPE (4673) to be connected with a trained staff member from a sexual assault service provider in your area.
- For more resources go to pages 18-19



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Relationship Violence
<b>If there is an emergency and an immediate threat, call 911 and make sure the victim &amp; yourself are safe.</b>
<b>If non-emergency, be there for person and encourage them to go to counseling, make them appointment with them if possible.</b>
<p>If someone you know is being abused, it is difficult to know what to do. Your instinct may be to “save” them, but it is not that easy. There are many reasons <u>why people stay</u> in abusive relationships, and leaving can be a very dangerous. <u>Abuse is about power and control</u>. One of the most important ways you can help a person in an abusive relationship is to consider how you might empower them to make their own decisions.</p>
<b>ACKNOWLEDGE THAT THEY ARE IN A VERY DIFFICULT AND SCARY SITUATION, BE SUPPORTIVE &amp; LISTEN.</b>
<b>Warning signs:</b> <ul style="list-style-type: none"><li>• Their partner puts them down in front of other people</li><li>• They are constantly worried about making their partner angry</li><li>• They make excuses for their partner’s behavior</li><li>• Their partner is extremely jealous or possessive</li><li>• They have unexplained marks or injuries</li><li>• They have stopped spending time with friends and family</li><li>• They are depressed or anxious, or you notice changes in their personality</li></ul>
For more warning signs and types of abuse please visit <a href="http://www.thehotline.org/is-this-abuse/abuse-defined/">http://www.thehotline.org/is-this-abuse/abuse-defined/</a>
<b>Support:</b> <p>Let them know that the abuse is not their fault. Reassure them that they are not alone and that there is help and support. Let them know that you are available to help whenever they may need it. They need someone who will believe them and listen. Do not send resources to their house or email if they have not confirmed they want them or have asked. Their abuser could be living with them, and this could lead to an escalated situation.</p> <ul style="list-style-type: none"><li>• <b>Be Non-Judgmental</b></li><li>• <b>If they end the relationship, continue to be supportive of them, the victim may still feel sad and lonely once it is over.</b></li><li>• <b>Encourage them to participate in activities outside of the relationship with friends and family.</b><ul style="list-style-type: none"><li>○ It will be easier for them to take the necessary steps to get away &amp; stay safe from their abusive partner.</li></ul></li><li>• <b>Help them develop a safety plan.</b><ul style="list-style-type: none"><li>○ check out our information on <a href="#">creating a safety plan</a> for wherever they are in their relationship — whether they are choosing to stay, preparing to leave, or have already left.</li></ul></li><li>• <b>Encourage them to talk to people who can provide help and guidance.</b></li></ul>

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## Need Help?

- For more resources go to pages 14 & 15

Call the Purple Door (361) 884-2900. Offer to go with them for support if they must go to the police, court, or lawyer's office.

REMEMBER THAT YOU CANNOT "RESCUE" THEM. Although it is difficult to see someone you care about get hurt, they must make the decisions about what they want to do. It is important for you to support them no matter what they decide and help them find a way to safety and peace.

## Drug Abuse/Intoxication

Be vigilant to the fact that the level of intoxication may continue to rise after cessation of use (for a specific time based on the substance[s] taken and when last taken). Therefore, monitoring will be required over a period of time.

## Emergency Drug Intoxication/Overdose

- If it is deemed a medical emergency e.g., cardiac arrest, then local emergency procedures must be initiated immediately – If in doubt initiate!
- Call 911
- Monitor person
- If unconscious:
  - Perform full CPR (If not certified, the 911 operator can assist you in doing so)
  - If vomiting, turn them on their side in the "recovery position"
- Contact necessary persons (coaches, emergency contact)
- Document

## Non-Emergency

- The primary goal of management of confirmed or suspected drug/alcohol intoxication is to ensure the patient's safety whilst the effect of the substance taken remains in the body.
- Monitor if drug is in system
- Refer them to SHW (361-593-5080)
  - Make an appointment with them, if possible
- Encourage them to confide to family, friends, and coaches

## Confirmed Intoxication

If intoxication is confirmed or suspected, the clinician should collect the following information:

- Type and number of substance(s) used and by which route
- Time frame e.g., all at once, over a specific time period, last ingestion/injection
- If not known, the patient's relevant medical history including alcohol and/or substance misuse. Information may need to be gathered from other services/agencies
- Prescribed and non-prescribed medication used by the patient including amounts taken.

## Warning Signs of Intoxication

- The eyes can provide a great deal of information about drug abuse.
- Someone using any drug intravenously will have bruising and needle marks on their arms or other locations on their body.
- Most notably, stimulants can reduce the appetite to a point where people stop eating completely.

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- They might report feeling paranoid that someone is trying to hurt them or listen to their conversations.
- Secretiveness. A shift in communication style can mean the person is trying to hide substance use.
- Drastic change in beliefs.
- Using measures to conceal. Abusers may try to hide signs of abuse, for example by wearing sunglasses inside or long-sleeves in the summer.

## Resources

\* Substance Abuse & Mental Health Services Administration (SAMSHA) National Hotline - 1-800-662-HELP (4357)

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Resources					
	Use	Hours	Confidential?	Number	Address (if local)
TAMUK Student Health and Wellness - Counseling Services	Counseling Services	Normal Business Hours: M-F 8:00am-5:00pm	All counseling sessions are confidential to the full limits provided by the law.	361.593.5080	Student Health and Wellness Building 1210 N. Retama Dr. Kingsville Texas 78363
TAMUK Student Health and Wellness, Health Care Clinic provided by Community Action of South Texas (CACOST)	Medical Services	Normal Business Hours: M-F 8:00am-5:00pm	Confidential to the full limits provided by the law.		Student Health and Wellness Building 1210 N. Retama Dr. Kingsville Texas 78363
TAMUK University Police Department	Emergency help and help reporting	24/7	Confidential to the full limits provided by the law.	361-593-2611	855 N. University Blvd. Kingsville, TX 78363
Kingsville Police Department	Emergency and help reporting	24/7	Confidential to the full limits provided by the law.	911 or 361-592-4311	1700 E. King Ave. Kingsville, TX 78363
Purple Door	Relationship violence resource center	24/7 crisis hotline	Confidential to the full limits provided by the law.	361-516-0288 361-881-8888	700 E. Kleberg Ave. Kingsville, TX 78363
Christus Spohn Hospital – Kleberg ER	Emergency Center	24/7	Confidential to the full limits provided by the law	361-595-1661	
National Suicide Prevention Lifeline	Suicide Prevention	24/7	Yes	Hotline: 1-800-273-TALK (8255)  Lifeline: Call or Text 988  Text Line: Text HOME to 741741	

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Trevor Lifeline	LGBTQ	24/7	Yes	1-866-488-7386	
Trans Lifeline	Trans	24/7	Yes	1-877-565-8860	
Crisis Text Line	Mental Health Crisis	24/7	Yes	Text "START" to 741741.	
Veterans Crisis Line	Verterans	24/7	Yes	1-800-273-8255	
Local Counseling Crisis Hotline	Mood disorders, crisis situations, abuse	24/7	Yes	1-800-422-0045	
Poison Control	Overdose	24/7	Yes	800-222-1222	
Eating Disorders Hotline	Eating Disorder	24/7	Yes	800-511-9225	
Alcohol & Drug Hotline	Drug Abuse	24/7	Yes	800-771-5009	
National Sexual Assault Hotline	Sexual Assault	24/7	Yes	800-656-HOPE (4673)	
National Domestic Violence Hotline	Domestic Violence	24/7	Yes	1-800-799-SAFE (7233)	
Substance Abuse & Mental Health Services Administration (SAMSHA) National Hotline	Mental health and substance abuse	24/7	Yes	1-800-662-HELP (4357)	
Websites and other resources					
Community Action of South Texas	361-664-0145 ext. 2021				
Palmer Drug Abuse	361-592-1212				
Family Counseling Services	361-852-9665				
Bayview Behavioral Hospital (Corpus Christi)	361-986-8200				
Suicide	<a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>				
Sexual Assault	<a href="https://www.rainn.org/articles/tips-talking-survivors-sexual-assault">https://www.rainn.org/articles/tips-talking-survivors-sexual-assault</a>				
Domestic Violence	<a href="http://www.thehotline.org/">http://www.thehotline.org/</a>				
Substance Abuse & Mental Health	<a href="https://www.samhsa.gov/find-help/national-helpline">https://www.samhsa.gov/find-help/national-helpline</a>				
Mental Health	<a href="https://www.nami.org/About-NAMI/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis">https://www.nami.org/About-NAMI/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis</a>				

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## Incident Reporting Form

Date of Report:	Date of Incident:	Time of Incident: <input type="checkbox"/> am <input type="checkbox"/> pm
-----------------	-------------------	---------------------------------------------------------------------------

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Type of Incident:
Description of incident (what happened, people involved, witnesses, contributing factors, signs, and symptoms, etc.):
Referred to:

Name \_\_\_\_\_ Position \_\_\_\_\_

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## **APPENDIX E –**

### **University Annual Alcohol and Drug Policies Notification Samples**

# BIENNIAL REVIEW 2022-2024

**From:** TAMUK Announcements  
**Sent:** Friday, September 30, 2022 1:52 PM  
**To:** Current Students; Faculty; Staff  
**Subject:** 2021 Texas A&M University-Kingsville Annual Security Report and Annual Fire Safety Report

## TEXAS A&M UNIVERSITY KINGSVILLE®

Campus Community,

Texas A&M University-Kingsville's Annual Security Report and Annual Fire Safety Report is published annually by October 1st. The report includes statistics for the previous three years concerning reported crimes that occurred on-campus, on non-campus property owned or controlled by the institution, or on public property within or immediately adjacent to the campus. The report also contains fire safety information and fire statistics related to on-campus residential facilities. In addition, the report includes institutional policies concerning campus security, fire safety, sexual assault, and other matters. This report covers the main Texas A&M University-Kingsville campus, the Texas A&M University-Kingsville Citrus Center campus, the Texas State Technical College MIT-C campus, and the RELIS campus where Texas A&M University-Kingsville provides courses for students.

The report for 2021 includes statistics for 2019, 2020 and 2021 for the locations listed above. The report is available in one single PDF document at <https://www.tamuk.edu/dean/cleryreport.html>.

Printed copies of the report may be obtained on the Texas A&M University-Kingsville campus by contacting the Office of the Dean of Students, Room 306 in the Memorial Student Union Building or the Texas A&M University-Kingsville Police Department, 855 N. University Blvd., Lewis Hall. Printed reports are available at the Texas A&M University-Kingsville Citrus Center's Office of the Assistant to the Director. Copies of the Texas State Technical College report may be requested through the Harlingen campus at 1902 North Loop 499 in Harlingen, Texas. Copies of the RELIS report may be obtained from the Academic Complex, Phase I Building, Room 106F, located at 1425 Bryan Ave. in Bryan, Texas.

With regards,

**Kirsten Compary**

Assistant Vice President of Student Affairs/Dean of Students

and

**Julian Cavazos, Jr.**

Director of Public Safety/Chief of Police



# BIENNIAL REVIEW 2022-2024

From: TAMUK Announcements <[announcements@tamuk.edu](mailto:announcements@tamuk.edu)>

Sent: Thursday, March 9, 2023 11:47:38 AM

To: Current Students <[students@students.tamuk.edu](mailto:students@students.tamuk.edu)>

Subject: Annual Alcohol and Drug Policy Notification

Javelina Students,

The Drug-Free Schools and Communities Act (DFSCA) of 1989 - also known as the [Drug-Free Schools and Campuses Act](#) - requires institutions of higher education (IHE) to establish policies that address unlawful possession, use, or distribution of alcohol and illicit drugs. The DFSCA also requires the establishment of a drug and alcohol prevention program. To comply with the DFSCA, the IHE is required to inform all students regarding the following information:

## Biennial Review

Texas A&M University-Kingsville reviews its program biennially to determine its effectiveness, implement any necessary changes, and ensure that the required disciplinary sanctions are consistently enforced.

### [2020-2022 Biennial Review](#)

**Standards of Conduct & Disciplinary Sanctions for Students Regarding Alcohol & Drug Use** are found here:

Student Handbook – [https://www.tamuk.edu/dean/dean\\_files/studenthandbook.pdf](https://www.tamuk.edu/dean/dean_files/studenthandbook.pdf)

University Housing and Residence Life Guidebook -  
[https://www.tamuk.edu/housing/files\\_housing/ResLifeGuidebook.pdf](https://www.tamuk.edu/housing/files_housing/ResLifeGuidebook.pdf)

**Texas Alcohol and Drug –Related Laws** are found here:

Clery Report - 2021 Annual Security Report and Annual Fire Safety Report -  
[https://www.tamuk.edu/dean/dean\\_files/cleryreport.pdf](https://www.tamuk.edu/dean/dean_files/cleryreport.pdf)

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## Health Risks Associated with Substance Use and Misuse:

The National Institute on Drug Abuse states that most drugs can alter a person's thinking and judgment, leading to health risks, including addiction, intoxicated driving, and infectious disease. For an extensive list of health-related risks visit [The National Institute on Drug Abuse](#).

## Campus Resources

[Counseling Services](#) offers a wide range of free and confidential personal, psychological, academic, and career services to currently enrolled students at the main campus, as well as in Weslaco, Harlingen, REllIS, online, and at dual enrollment sites. Student Health and Wellness, Counseling Services offers both face-to-face and tele-mental health counseling appointments between the hours of 8:00 a.m. to 5:00 p.m. Monday - Friday, when the university campus is open. Tele-mental health is delivered through the HIPAA (Health Insurance Portability and Accountability) secure platform ZOOM. Counseling appointments may be scheduled by calling:

- Counseling Services, Reception Desk – (361) 593-5080
- Student Health and Wellness Main Number – (361) 593-3991

The [Drug & Alcohol Abuse Prevention Program - DAAPP](#) one-on-one alcohol and/or other drug prevention and education program. This is not an abstinence-only program, but rather a harm-reduction approach to using alcohol and other drugs. Call Student Health and Wellness to schedule your appointment today! **Contact Information:** Student Health and Wellness – Counseling Services (361) 593-5080.

## Online Assessments

[eCHECKUP To Go \(e-CHUG\) online alcohol assessment](#) gives students a personalized tool that lets him/her see how their drinking habits, family history and campus norms affect their life and future. The e-CHUG is a brief assessment tool that takes about 20-25 minutes to complete, is self-guided, requires no face-to-face contact time with a counselor, and is completely anonymous. An individual can take it once or on multiple occasions to track changes in their alcohol use.

[eCHECKUP To Go \(e-TOKE\) online marijuana/cannabis assessment](#) gives students a personalized tool that gauges one's pattern of marijuana/cannabis usage and associated risks. The e-TOKE is a brief assessment tool that takes about 20-25 minutes to complete, is self-guided, requires no face-to-face contact time with a counselor, and is completely anonymous. An individual can take it once or on multiple occasions to track changes in their marijuana use.

If you have any questions regarding this annual notification, please contact Jo Elda Castillo-Alaniz (Student Health & Wellness, Asst. Dean of Students, Student Well-being) at 361-593-2382 or [jo.alaniz@tamuk.edu](mailto:jo.alaniz@tamuk.edu).

Regards,

Kirsten Compary  
Pronouns: she, her, hers  
Assistant Vice President of Student Affairs/Dean of Students  
Texas A&M University- Kingsville  
700 University Blvd.  
MSC 122  
Kingsville, TX 78363  
Office Location: 306 Memorial Student Union Building  
361-593-3606  
[Kirsten.compary@tamuk.edu](mailto:Kirsten.compary@tamuk.edu)

# BIENNIAL REVIEW 2022-2024

**From:** TAMUK Announcements  
**Sent:** Monday, April 3, 2023 4:26 PM  
**To:** Faculty; Staff  
**Subject:** Wellness Opportunity for How Alcohol Affects Health  
**Attachments:** BCBSTX Health Education Flier\_How Alcohol Affects Health.pdf

## How Alcohol Affects Health

The month of April is Alcohol Awareness month. **AgriLife Employee Wellness** invites you to participate in an online event entitled "How Alcohol Affects Health" on **Wednesday, April 5, 2023, at 10:00 a.m.** This webinar will be presented by **Cindy Quinn, BCBSTX A&M Wellness Coordinator.**

Alcohol is the second most widely used substance in the U.S., behind tobacco. You may have heard that moderate drinking can be good for the heart and circulatory system, but once alcohol consumption extends beyond moderate levels, it can have serious negative health effects on the whole body. Please join us to learn more about how moderate and excessive alcohol consumption affects the body, common myths about different alcohols and their usage, and recommended health guidelines for adults of legal drinking age to abstain from or limit alcohol consumption for better health.

[Click Here](#) to register or click on the registration link in the attached flyer.



For questions, please contact: *Texas A&M AgriLife Employee Wellness Committee* |  
[AgriLifeWellness@ag.tamu.edu](mailto:AgriLifeWellness@ag.tamu.edu)

## Theresa K. Perez

Assistant Director of Employee Benefits  
Texas A&M University – Kingsville  
700 University Blvd., MSC 107



# BIENNIAL REVIEW 2022-2024

**From:** TAMUK Announcements  
**Sent:** Friday, September 29, 2023 4:21 PM  
**To:** Current Students; Faculty; Staff  
**Subject:** 2023 Annual Security and Fire Safety Report Notification

## TEXAS A&M UNIVERSITY KINGSVILLE®

Enacted in 1990, the Crime Awareness and Campus Security Act was designed to assist the campus community in making decisions which affect their personal safety by requiring institutions of higher education to provide certain campus security information to current and prospective students and employees annually. The Higher Education Act of 1998, and the subsequent amendments of the implementing regulations (34 C.F.R.668.46), significantly expanded institutions' obligations under the act and the act was renamed the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act).

Texas A&M University-Kingsville's (TAMUK) Annual Security and Fire Safety Report is published annually by October 1st and includes Texas A&M University-Kingsville, Texas A&M University-Kingsville Citrus Center, Texas State Technical College Harlingen Campus Multi-Institutional Teaching Center, and RELLIS where TAMUK provides courses for students. The report is available on the TAMUK website at [https://www.tamuk.edu/dean/dean\\_files/cleryreport.pdf](https://www.tamuk.edu/dean/dean_files/cleryreport.pdf).

Printed copies of the report may be requested by contacting:

**Texas A&M University-Kingsville**  
Office of the Dean of Students  
Memorial Student Union Building, Room 306  
(361) 593-3606

**University Police Department**  
Lewis Hall, Dispatch  
(361) 593-2611  
[upd@tamuk.edu](mailto:upd@tamuk.edu)

**Texas A&M University-Kingsville Citrus Center**  
Office of the Executive Director  
Texas A&M University-Kingsville Citrus Center, Room 120  
(956) 447-3362

**RELLIS**  
Assistant Provost & Title IX Coordinator  
Academic Complex Building 1, Room 117J

# BIENNIAL REVIEW 2022-2024

(979) 317-3404

[civilrights@rellis.tamu.edu](mailto:civilrights@rellis.tamu.edu)

The report contains information regarding campus security and personal safety; including topics such as crime prevention, fire safety, law enforcement authority, crime reporting policies, disciplinary procedures, and other matters of importance related to security and safety on campus. It also contains information about crime statistics for the three previous calendar years referencing reported crimes that occurred on campus, in on-campus residential facilities, non-campus properties (properties off campus that are owned or controlled by TAMUK and student short-stay “away” trips), and on public property within or immediately adjacent to and accessible from the campus.

This information is required by law under the Clery Act and is gathered and provided by the TAMUK University Police Department (UPD). Questions or clarifications may be directed to Paige de Vaudrecourt, the TAMUK Clery Act Compliance Coordinator, at (361) 593-4450 or [paige.devaudrecourt@tamuk.edu](mailto:paige.devaudrecourt@tamuk.edu).

# BIENNIAL REVIEW 2022-2024

**From:** TAMUK Announcements  
**Sent:** Friday, October 6, 2023 3:09 PM  
**To:** Faculty; Staff  
**Subject:** Annual Notification to Employees



## ANNUAL NOTIFICATION TO EMPLOYEES

All Texas A&M University-Kingsville (TAMUK) employees need to be aware of Federal and State laws, System policies and regulations, and TAMUK rules and procedures that affect them in the workplace. Please contact your Human Resources department for additional information regarding the subjects below.

### DO THE RIGHT THING!

#### REPORTING RISK, FRAUD, WASTE, ABUSE, AND MISCONDUCT

Every Texas A&M University System (TAMUS) employee shares the responsibility of promoting an ethical and safe environment. If you have factual information suggestive of fraudulent, wasteful, or abusive activities involving any TAMUS member, employee, student, or other affiliate, we want you to report it. Examples of reportable issues include: Misuse of A&M System Property, Information, Resources, Violations of Safety Rules or Environmental Laws, Theft, Conflicts of Interest, NCAA Violations, Inappropriate Conduct, Harassment, and Discrimination.

Reports may be made directly through the Risk, Fraud and Misconduct Hotline called EthicsPoint. *EthicsPoint* is a telephone and web-based reporting system that is independently operated 24/7. Employees can submit an anonymous report by calling (888) 501-3850. EthicsPoint reports are forwarded to the appropriate institution or agency official for action. Reports can be made directly to System Internal Audit at (979) 458-7100, or online at <https://secure.ethicspoint.com/domain/media/en/gui/19681/index.html>. You can also report issues involving fraud, waste, and abuse to the Texas State Auditor's Office at (800) 892-8348 or <https://sao.fraud.texas.gov/ReportFraud/>. If you have any questions about EthicsPoint, please contact the Compliance Office at ext. 4758.

#### CIVIL RIGHTS COMPLIANCE PROGRAM

# BIENNIAL REVIEW 2022-2024

No individual on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, or gender identity shall be excluded from participation in, denied the benefits of, or be subjected to discrimination under any University program or activity. All employees are responsible for ensuring their work and educational environments are free from illegal discrimination, sexual harassment, and/or related retaliation. All concerns or complaints regarding any type of illegal discrimination based on a protected status, including sex, should be brought to the attention of the TAMUK Chief Ethics & Compliance Officer, Joe Henderson, (361) 593-4758 or Title IX Coordinator, Tasha Clark, (361) 593-4761 and/or the Office of Civil Rights (Dallas Office), U.S. Department of Education, 1999 Bryan Street, Suite 1620, Dallas, TX 75201-6810, (214) 661-9600. Reports can also be made anonymously through <https://secure.ethicspoint.com/domain/media/en/gui/19681/index.html>.

## EXTERNAL EMPLOYMENT

TAMUS policies and regulations allow both faculty and non-faculty employees to hold an outside job, engage in outside consulting work, and/or have an ownership interest or serve on the board of an entity. The outside employment activity must be approved in advance by the appropriate vice president and must not interfere with the assigned workload and responsibilities of the employee; employees must complete the "External Employment Application and Approval" Form, which can be found at:

**Staff** - [https://www.tamuk.edu/employee-services/\\_files/HR/ExternalEmploymentForm%20staff.pdf](https://www.tamuk.edu/employee-services/_files/HR/ExternalEmploymentForm%20staff.pdf)

**Faculty** - [https://www.tamuk.edu/academicaaffairs/\\_files\\_AA/Forms/Consult-and-Ext-Employment.pdf](https://www.tamuk.edu/academicaaffairs/_files_AA/Forms/Consult-and-Ext-Employment.pdf)

The activity must be reasonable in amount and conducted according to the standards of conduct prescribed by law. In addition, the activity must avoid unfair competition with private enterprises, must not conflict with the interests of the State of Texas, and must not be represented as having the endorsement or sponsorship of the TAMUS. TAMUK prohibits the use of University resources for external employment. For additional information, please see the following policies:

- System Regulation 31.05.02, External Employment <http://policies.tamus.edu/31-05-02.pdf>
- System Regulation 31.05.01, Faculty Consulting, External Professional Employment, and Conflicts of Interest <http://policies.tamus.edu/31-05-01.pdf>
- System Regulation 33.04.01, Use of University Resources for External Employment, <http://policies.tamus.edu/33-04-01.pdf>

## NEPOTISM



# BIENNIAL REVIEW 2022-2024

The Human Immunodeficiency Virus Service Act, Chapter 85, Texas Health and Safety Code, specifies that workplace guidelines be established to ensure that the rights and privileges of individuals infected with the Human Immunodeficiency Virus (HIV) are protected. A brochure offered by The Texas Department of State Health Services can be reviewed online. Please review System Regulation 34.04.03, HIV/AIDS in the Workplace and Learning Environment at <http://policies.tamug.edu/34-04-03.pdf>. For additional information, visit the Texas Department of State Health Services (DSHS) at <http://dshs.texas.gov/hivstd/info/hivworkplace.shtml>.

## **UPDATING EMPLOYEE EMERGENCY CONTACT INFORMATION**

Your department will use emergency contact information to inform your family or designee if you are injured or involved in an emergency while working. To keep this information current, all employees are urged to update their contact information each year. To access and update your personal data in Workday log into SSO, then select Workday, go to your Personal Information and select 'Personal Data,' then select Emergency Contacts to review your information, then select 'Edit' to update your emergency contact information.

## **REPORTING TO SUPERVISOR ANY ARREST, CRIMINAL CHARGE, OR CONVICTION**

TAMUK employees must report to their supervisor, within 24 hours or at the earliest possibility thereafter, any criminal arrests, criminal charges, or criminal convictions, excluding misdemeanor traffic offenses punishable only by fine. Failure to make the report required by this section shall constitute grounds for disciplinary action, including dismissal. See System Regulation 33.99.14, Criminal History Record Information—Employees and Applicants at <https://policies.tamug.edu/33-99-14.pdf>.

## **DRUG AND ALCOHOL ABUSE PREVENTION AND REHABILITATION PROGRAM**

Texas A&M University-Kingsville is committed to protecting the safety, health, and wellbeing of its students, employees, and all people who come into contact with its property and facilities. Recognizing that alcohol and substance abuse poses a direct and substantial threat to this goal, TAMUK is committed to providing an alcohol and illegal substance free working environment for all of its employees; educating employees and students about alcohol and drug issues; deterring the irresponsible use of alcoholic beverages; and prohibiting the unlawful manufacture, use, possession, or distribution of controlled substances. In accordance with the Drug-Free Schools and Communities Act Amendments of 1989, TAMUK has established an alcohol and drug awareness and prevention program for its employees and students. The program provides information regarding the dangers and health risks of alcohol and drug abuse; available alcohol and drug counseling, rehabilitation and employee assistance programs; and the sanctions that may be imposed on students and employees



# BIENNIAL REVIEW 2022-2024

for alcohol and drug violations. The policies, rules, and procedures are also designed to comply with applicable laws and regulations. Please review the following:

- System Policy 34.02, Drug and Alcohol Abuse  
<https://policies.tamus.edu/34-02.pdf>, Drug and Alcohol Abuse and Rehabilitation Programs <http://policies.tamus.edu/34-02-01.pdf>
- TAMUK Rule 34.02.01.K1, Alcohol and Illegal Substance Abuse  
[http://www.tamuk.edu/policy/\\_files/pdf/34-02-01-K1.pdf](http://www.tamuk.edu/policy/_files/pdf/34-02-01-K1.pdf)

# BIENNIAL REVIEW 2022-2024

**From:** TAMUK Announcements  
**Sent:** Tuesday, October 17, 2023 11:30 AM  
**To:** Current Students  
**Subject:** Annual Alcohol and Drug Policy Student Notification  
**Attachments:** annualstudentalcohol,drugpolicynotification.docx

For an accessible version, please click on the attachment.

Javelina Students,

The Drug-Free Schools and Communities Act (DFSCA) of 1989 - also known as the [Drug-Free Schools and Campuses Act](#) - requires institutions of higher education (IHE) to establish policies that address unlawful possession, use, or distribution of alcohol and illicit drugs. The DFSCA also requires the establishment of a drug and alcohol prevention program. To comply with the DFSCA, the IHE is required to inform all students regarding the following information:

## Biennial Review

Texas A&M University-Kingsville reviews its program biennially to determine its effectiveness, implement any necessary changes, and ensure that the required disciplinary sanctions are consistently enforced.

### [2020-2022 Biennial Review](#)

**Standards of Conduct & Disciplinary Sanctions for Students Regarding Alcohol & Drug Use** are found here:

Student Handbook – [https://www.tamuk.edu/dean/dean\\_files/studenthandbook.pdf](https://www.tamuk.edu/dean/dean_files/studenthandbook.pdf)  
University Housing and Residence Life Guidebook –  
<https://www.tamuk.edu/housing/assets/housing/Guidebook-20232.pdf>

**Texas Alcohol and Drug –Related Laws** are found here:

Clery Report - 2023 Annual Security Report and Annual Fire Safety Report –  
[https://www.tamuk.edu/dean/dean\\_files/cleryreport.pdf](https://www.tamuk.edu/dean/dean_files/cleryreport.pdf)

### Health Risks Associated with Substance Use and Misuse:

The National Institute on Drug Abuse states that most drugs can alter a person's thinking and judgment, leading to health risks, including addiction, intoxicated driving, and infectious disease. For an extensive list of health-related risks visit [The National Institute on Drug Abuse](#).

### Campus Resources

[Counseling Services](#) offers a wide range of free and confidential personal, psychological, academic, and career services to currently enrolled students at the main campus, as well as in Weslaco, Harlingen, RELLIS, online, and at dual enrollment sites. Student Health and Wellness, Counseling Services offers both face-to-face and tele-mental health counseling appointments between the hours of 8:00 a.m. to 5:00 p.m. Monday - Friday, when the university campus is open. Tele-mental health is delivered through the HIPAA (Health Insurance Portability and Accountability) secure platform ZOOM. Counseling appointments may be scheduled by calling:

# BIENNIAL REVIEW 2022-2024

- Counseling Services, Reception Desk – (361) 593-5080
- Student Health and Wellness Main Number – (361) 593-3991

The [Drug & Alcohol Abuse Prevention Program - DAAPP](#) one-on-one alcohol and/or other drug prevention and education program. This is not an abstinence-only program, but rather a harm-reduction approach to using alcohol and other drugs. Call Student Health and Wellness to schedule your appointment today! **Contact Information:** Student Health and Wellness – Counseling Services (361) 593-5080.

## Online Assessments

[eCHECKUP To Go \(e-CHUG\) online alcohol assessment](#) gives students a personalized tool that lets him/her see how their drinking habits, family history and campus norms affect their life and future. The e-CHUG is a brief assessment tool that takes about 20-25 minutes to complete, is self-guided, requires no face-to-face contact time with a counselor, and is completely anonymous. An individual can take it once or on multiple occasions to track changes in their alcohol use.

[eCHECKUP To Go \(e-TOKE\) online marijuana/cannabis assessment](#) gives students a personalized tool that gauges one's pattern of marijuana/cannabis usage and associated risks. The e-TOKE is a brief assessment tool that takes about 20-25 minutes to complete, is self-guided, requires no face-to-face contact time with a counselor, and is completely anonymous. An individual can take it once or on multiple occasions to track changes in their marijuana use.

If you have any questions regarding this annual notification, please contact Jo Elda Castillo-Alaniz (Student Health & Wellness, Asst. Dean of Students, Student Well-being) at 361-593-2382 or [jo.alaniz@tamuk.edu](mailto:jo.alaniz@tamuk.edu).

Regards,

Kirsten Compary  
Pronouns: she, her, hers  
Assistant Vice President of Student Affairs/Dean of Students  
Texas A&M University- Kingsville  
700 University Blvd.  
MSC 122  
Kingsville, TX 78363  
Office Location: 306 Memorial Student Union Building  
361-593-3606  
[Kirsten.compary@tamuk.edu](mailto:Kirsten.compary@tamuk.edu)

# BIENNIAL REVIEW 2022-2024

**From:** TAMUK Announcements  
**Sent:** Tuesday, April 2, 2024 8:50 AM  
**To:** Current Students  
**Subject:** Annual Alcohol and Drug Policy Student Notification  
**Attachments:** Accessible Version of AOD Policy.docx

Javelina Students,

The Drug-Free Schools and Communities Act (DFSCA) of 1989 - also known as the [Drug-Free Schools and Campuses Act](#) - requires institutions of higher education to establish policies that address unlawful possession, use, or distribution of alcohol and illicit drugs. The DFSCA also requires the establishment of a drug and alcohol prevention program. To comply with the DFSCA, the university is required to inform all students regarding the following information:

## **Biennial Review**

Texas A&M University-Kingsville reviews its program biennially to determine its effectiveness, implement any necessary changes, and ensure that the required disciplinary sanctions are consistently enforced.

## 2020-2022 Biennial Review

**Standards of Conduct & Disciplinary Sanctions for Students Regarding Alcohol & Drug Use** are found here:

Student Handbook – [https://www.tamuk.edu/dean/dean\\_files/studenthandbook.pdf](https://www.tamuk.edu/dean/dean_files/studenthandbook.pdf)

University Housing and Residence Life Guidebook -

<https://www.tamuk.edu/housing/assets/housing/Guidebook-20232.pdf>

**Texas Alcohol and Drug –Related Laws** are found here:

Clery Report - 2023 Annual Security Report and Annual Fire Safety Report –

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## **Health Risks Associated with Substance Use and Misuse:**

The National Institute on Drug Abuse states that most drugs can alter a person's thinking and judgment, leading to health risks, including addiction, intoxicated driving, and infectious disease. For an extensive list of health-related risks, visit [The National Institute on Drug Abuse](#).

## **Campus Resources**

[Counseling Services](#) offers free and confidential personal, psychological, academic, and career services to currently enrolled students at the main campus, in Weslaco, Harlingen, RELLIS, online, and dual enrollment sites. Student Health and Wellness, Counseling Services offers both face-to-face and tele-mental health counseling appointments between the hours of 8:00 a.m. to 5:00 p.m. Monday - Friday, when the university campus is open. Tele-mental health is delivered through the HIPAA (Health Insurance Portability and Accountability) secure platform ZOOM. Counseling appointments may be scheduled by calling:

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## [TELUS Health Student Support App](#)

Take care of your mental health. The TELUS Health Student Support App allows students to Call. Chat. Anytime. Student Support connects students with free, confidential emotional health and well-being support conveniently available 24 hours a day, 7 days a week via the app, telephone, and website. Chat functions are available in multiple languages.

## Online Assessments

[eCHECKUP To Go \(e-CHUG\) online alcohol assessment](#) gives students a personalized tool that lets him/her see how their drinking habits, family history and campus norms affect their life and future. The e-CHUG is a brief assessment tool that takes about 20-25 minutes to complete, is self-guided, requires no face-to-face contact time with a counselor, and is completely anonymous. An individual can take it once or on multiple occasions to track changes in their alcohol use.

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If you have any questions regarding this annual notification, please contact Jo Elda Castillo-Alaniz (Student Health & Wellness, Asst. Dean of Students, Student Well-being) at 361-593-2382 or [jo.alaniz@tamuk.edu](mailto:jo.alaniz@tamuk.edu).

Regards,

Kirsten Compary  
Pronouns: she, her, hers  
Associate Vice President of Student Affairs/Dean of Students  
Texas A&M University- Kingsville  
700 University Blvd.  
MSC 122  
Kingsville, TX 78363  
Office Location: 306 Memorial Student Union Building  
361-593-3606  
[Kirsten.compary@tamuk.edu](mailto:Kirsten.compary@tamuk.edu)

**APPENDIX F –**

**Texas A&M University – Kingsville  
Citrus Center Campus – Weslaco, Texas**

**Texas State Technical College (TSTC)  
Harlingen Campus – MIT-C  
Harlingen, Texas**

**South Texas College (STC)  
Mid Valley Campus  
Weslaco, Texas**

**RELLIS Campus  
College Station, Texas**

# BIENNIAL REVIEW 2022-2024

## About the Citrus Center

The Citrus Center originated in the mid-1940's when a group of local citizens and citrus growers approached the then Texas College of Arts & Industries, Kingsville, with the idea of establishing a research and training facility specializing in citriculture for the Lower Rio Grande Valley. In 1947, the original campus site and research farm were bought with funds from the citrus industry and other community institutions. Buildings were acquired from the deactivated Harlingen Air Base and by 1948, the Center was in operation. In the 1960's, with the help of the Jones-Collier foundation, the 200-acre South Research Farm was added.

The A&I Development Foundation property in Hidalgo County consists of two parcels of land, 36 and 26 acres. The parcels of land lie adjacent to and are integrated with the South Research Farm. The properties were purchased in February 1974 and March 1977, respectively. The purchase of the property was facilitated by low interest loans from the Valley Agricultural Research and Development Corporation whose purpose in making the loans was to enhance the research resources of the Citrus Center. The loans were paid to maturity with income generated by the Citrus Center from the management and cultivation of orchards on the property.

## About Texas State Technical College

Texas State Technical College was established in 1965 in Waco as the James Connally Technical Institute of Texas A&M University to meet evolving workforce needs. The Harlingen campus was opened in 1967 and in 1969, the institute separated from Texas A&M and became an independent state system with its own Board of Regents. Today, the Texas State Technical College System has four colleges in Harlingen, Marshall, Waco, and West Texas with more than 10,000 students enrolled in credit programs. It is the only state-supported technical college system in Texas. TSTC Harlingen offers associate degree and certificate programs in agriculture, Information technology and telecommunications, engineering and manufacturing, health and sciences, business, commerce, service, transportation, and aviation.

## About RELIS Campus

Texas A&M University- Kingsville began offering courses through the RELIS campus in August 2019 as part of a system-wide initiative.

## DAAPP PROGRAM EFFORTS, ACHIEVEMENTS, AND ASSESSMENT

### STUDENTS

#### Office of Compliance:

During the 2022-2023 academic year, the Office of Compliance licensed the AlcoholEdu for College ("AlcoholEdu"), Sexual Assault Prevention Courses, and Prescription Drug Abuse Prevention course from EverFi. AlcoholEdu, Sexual Assault Prevention Courses, and the Prescription Drug Abuse Prevention course are online educational programs that help ensure the university meets compliance requirements for the Drug-Free Schools and Campus Regulation Act, the Clery Act that is outlined in the 2013 and 2022 VAWA Reauthorization, state, and federal laws. During the 2022-2023 and 2023-2024 academic years, all first-semester



# BIENNIAL REVIEW 2022-2024

undergraduate students were required to take Sexual Assault Prevention for Undergraduates and students who enrolled in a UNIV course were required to take AlcoholEdu. Additionally, all student-athletes had to take Sexual Assault Prevention for Student Athletes to satisfy NCAA annual sexual violence prevention training. Additionally, all employees must take Texas A&M University System training, “Creating a Discrimination-Free Workplace” within 30 days of hire and every two years thereafter.

The following contains data reflecting student participation at the satellite campuses for the 2022-2023 and 2023-2024 academic years:

## **MITC-Harlingen Campus**

All students registered at the MITC-Harlingen Campus had access to all online training modules offered by the university. From fall 2022 to spring 2023, 69 students registered for a course at the MITC-Harlingen Campus. Of those students, 2 began or completed Prescription Drug Abuse Prevention, 33 began or completed an AlcoholEdu course, and 5 began or completed a Sexual Assault Prevention course. During the 2023-2024 academic year, 39 students registered for a course at the MITC-Harlingen campus. Of those students, 16 began or completed Voices for Change – Consent, Alcohol, and Hazing.

## **Weslaco Campus**

All students registered at the Weslaco Campus had access to all online training modules offered by the university. From fall 2022 to spring 2023, 110 students registered for a course at the Weslaco Campus. Of those students, 6 began or completed Prescription Drug Abuse Prevention, 34 began or completed an AlcoholEdu course, and 21 began or completed a Sexual Assault Prevention course. During the 2023-2024 academic year, 86 students registered for a course at the Weslaco campus. Of those students, 11 began or completed Voices for Change – Consent, Alcohol, and Hazing.

## **RELLIS Campus**

In fall 2019, TAMUK began to offer courses at the RELLIS Campus. All students registered at the RELLIS Campus had access to all online training modules offered through the university. From fall 2022 to spring 2023, 89 students registered for a course at the RELLIS Campus. Of those students, 1 began or completed Prescription Drug Abuse Prevention, 32 began or completed an AlcoholEdu course, and 20 began or completed a Sexual Assault Prevention course. During the 2023-2024 academic year, 100 students registered for a course at the RELLIS Campus. Of those students, 47 students began or completed Voices for Change – Consent, Alcohol, and Hazing.

## **EverFi and Texas A&M University Descriptions for Online Training**

“AlcoholEdu for College” is an interactive online two-part program designed to reduce the negative consequences of alcohol use amongst students. (Ended July 31, 2023).

“Prescription Drug Abuse Prevention” is an interactive online two-part program which covers opioids, stimulants, and depressants abuse; proper prescription drug use, storage, and disposal; common myths associated with prescription medication; and addiction. (Ended July 31, 2023)

# BIENNIAL REVIEW 2022-2024

**“Sexual Assault Prevention Courses”** is an interactive online two-part program addressing the critical issues of sexual assault, relationship violence, stalking, and sexual harassment – among students, faculty, and staff. (Ended July 31, 2023)

**“Voices for Change – Consent, Alcohol, and Hazing”** is an interactive online program designed to inform students on when to safely intervene in challenging situations they may encounter involving consent, alcohol, and hazing and explore how those topics impact them. (Beginning August 1, 2023)

**“Creating a Discrimination Free Workplace”** is an overview of A&M System policies and regulations related to employment discrimination, including prevention of sexual harassment. According to State of Texas Labor Code §21.010, all state employees must complete training on equal employment opportunity and prevention of sexual harassment within the first 30 days of employment and every two years thereafter.

## **Student Health and Wellness - Counseling Services**

### **Distance Learning Students**

Student Health and Wellness, Counseling Services

Eligibility to receive Tele-Mental Health services include:

- Student must be currently enrolled in classes at TAMUK and Irma Lerma Rangel College of Pharmacy as well as Texas A&M University-Kingsville Citrus Center Campus; South Texas College Mid Valley Campus; TSTC Harlingen Campus – MIT-C, RELLIS, online, and at dual enrollment sites.
- The student must be in the state of Texas at the time-of-service delivery
- Ability to connect to a meeting on-line through ZOOM
  - Access to the internet
  - Access to a confidential location

Distance education students (*Texas A&M University-Kingsville Citrus Center Campus; South Texas College Mid Valley Campus; TSTC Harlingen Campus – MIT-C*) who are unable to come to the Texas A&M-Kingsville Campus may also call Counseling Service for assistance in locating services within the limits of the knowledge of services in the area, up to the limits of state and federal law and within the guidelines of professional ethics. Additionally, distance-learning students can access any information and materials available on the Counseling Services website including information about emergency mental health resources. For additional information, contact Counseling Services on 361-593-3991.

## **Local Resources**

### **Mental Health Adult Services & Substance Use Disorders**

New Appointments Call

800-813-1233

### **Tropical Texas Behavioral Health**

601 W. 6<sup>th</sup> St. Weslaco, TX 78596

956-968-8551

# BIENNIAL REVIEW 2022-2024

## **Alcoholism & Drug Detox Help**

1015 N Texas Blvd, Weslaco, TX 78596  
956-525-4175

## **Tropical Texas Behavioral Health**

103 N Loop 449, Harlingen, TX 78550  
956-289-7000

## **Palms Behavior Health**

613 Victoria Ln, Harlingen, TX  
956-365-2300

## **Rio Grande Mental Health**

712 Morgan Blvd #110, Harlingen TX  
956-364-1111

## **Narconon South Texas**

17697 ABD Road, Harlingen, TX  
956-423-2853

## **Recovery Center of Cameron County – Harlingen**

712 N. 77<sup>th</sup> Sunshine Strip Suite 22  
956-548-0028

## **EMPLOYEES**

### **Texas A&M University Faculty and Staff**

The Texas A&M University System is proud to offer Work/Life Solutions to eligible employees. These programs usually offer in-person and telephonic counseling services, training, and have resources to help employees deal with all kinds of stressful issues from parenting to the death of a loved one to conflicts at work.

### **Employee Assistance Program can help with:**

- Stress at home or in the workplace
- Problems with coworkers or supervisors
- Balancing work and family
- Living with depression or anxiety
- Managing a healthy weight
- Struggling with personal finances
- Quitting smoking
- Alcoholism or substance abuse
- Legal issues
- Resolving marital/relationship issues
- Coping with the impact of a tragedy
- Dealing with aging parents

# BIENNIAL REVIEW 2022-2024

- Coping with loss and grief
- Controlling anger and emotions
- Life changes or transactions
- Other issues affecting your well-being

<https://www.tamuk.edu/employee-services/hr/benefits/eap.html>

## DAAPP NOTIFICATIONS AND SANCTIONS ENFORCEMENTS

### STUDENT NOTIFICATION

Students receive alcohol and drug policy's notification in the following facets: (1) Clery Act Reports – Annual Campus Security Report submitted by the Dean of Students & University Police Department (online version), (2) \*Student Handbook hardcopy and online version (3) Student Leadership Conference – risk management workshop and the “Social Event Policy” handouts which can also be found as an online version, (4) Residence Life Guidebook, (5) Alcohol Edu, Haven, and Get Inclusive online training modules, and (6) In compliance with consumer information disclosures mandated under the Higher Education Opportunity Act, current students are notified about penalties associated with drug-related offences.

### EMPLOYEE NOTIFICATION

The university utilizes the following methods as employee alcohol and illegal substance abuse rule notification:

- (1) The Jeanne Clery Disclosure of Campus Security Report is disseminated annually to students, faculty, and staff. The Clery report highlights reported crime s as statistics well as university rules and policies concerning alcohol and other drug. Faculty and staff are notified in an email regarding online access to this report. Copies of the report may also be obtained at the University Police Department and/or the Dean of Students office.
- (2) In October, Human Resources distributes the annual AOD policy notification to employees along with other federal and state laws, system policies & regulations, and TAMUK rules and procedures that affect them in the workplace.
- (3) Within 30 days of hire, new employees are required to complete online system-required training on modules such as Creating a Discrimination-Free Workplace, Ethics, Information Security Awareness, Orientation to the A&M System, and Reporting Fraud, Waste, and Abuse. The orientation to the A&M System training module refers to the university's alcohol and drug policies. Every two years, all employees are required to complete each module noted above.
- (4) Human Resources continues to require a mandatory “New Employee Orientation” that reviews university policies/procedures upon the individual's first 2 weeks of employment. During this orientation, a specific session addresses university rule 34.02.01.K1 *Alcohol and*

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*Illegal Substance Abuse* (approved on April 22, 2004; Reviewed: April 9, 2019; Revised: April 15, 2021) and TAMUS Regulation 34.02.01 *Drug and Alcohol Abuse and Rehabilitation Programs*. In addition, the new employee signs an acknowledgement of receipt of required information that includes policies 34.02. and 34.02.01 during the onboarding process in Workday.

## SANCTION AND ENFORCEMENT

### Alcohol and Illegal Substance Abuse

Students, faculty, and staff receive and/or have availability of the following sanction information: In accordance with TAMUK rule 34.02.01.K1 *Alcohol and Illegal Substance Abuse*, “failure to comply with this rule by any employee or student will constitute grounds for disciplinary action, up to and including termination of employment or expulsion from the University . . . An employee or student who violates any of the drug laws will be subject to prosecution in accordance with the law. Legal sanctions for violation of local, state, and federal laws may include, but are not limited to fines, probation, and jail or prison sentences.”

[https://www.tamuk.edu/policy/\\_files/pdf/34-02-01-K1.pdf](https://www.tamuk.edu/policy/_files/pdf/34-02-01-K1.pdf)

### Jeanne Clery Disclosure of Campus Security Reports and Fire Safety Reports

Texas A&M University-Kingsville’s Annual Security and Fire Safety Report is published annually on or before October 1st and includes statistics for the previous three years concerning reported crimes that occurred on-campus; in certain off-campus buildings or property owned or controlled by Texas A&M University-Kingsville; and on public property within, or immediately adjacent to and accessible from, the campus. The report also includes institutional policies concerning alcohol and other drug, campus security, emergency response and evacuation. Additionally, the Clery report outlines important matters such as the violence against women reauthorization act of 2013, domestic violence, dating violence as well as stalking. The report for 2024 (includes years 2023, 2022, and 2021) is available at

[https://www.tamuk.edu/dean/dean\\_files/cleryreport.pdf](https://www.tamuk.edu/dean/dean_files/cleryreport.pdf)

Students, faculty, and staff are notified in an email regarding access to this report. Copies of the report may also be obtained at the University Police Department and the Dean of Students office.

*Data excerpts from the 2024 Annual Security and Fire Safety Report:*

### TEXAS A&M UNIVERSITY-KINGSVILLE CITRUS CENTER CAMPUS

Offense	Year	On Campus Property	Residential Facilities*	Non-Campus Property	Public Property
Drug Law Arrests	2021	0	0	0	0
	2022	0	0	0	0
	2023	0	0	0	0
Drug Law Disciplinary Referrals	2021	0	0	0	0
	2022	0	0	0	0
	2023	0	0	0	0
Liquor Law Arrests	2021	0	0	0	0
	2022	0	0	0	0

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	2023	0	0	0	0
Liquor Law	2021	0	0	0	0
Disciplinary	2022	0	0	0	0
Referrals	2023	0	0	0	0

\*The Residential Facilities column is a subset of on-campus

## TSTC HARLINGEN CAMPUS – MIT-C

Offense	Year	On Campus Property	Residential Facilities*	Non-Campus Property	Public Property
Drug Law Arrests	2021	0	0	0	0
	2022	0	0	0	0
	2023	0	0	0	0
Drug Law Disciplinary Referrals	2021	0	0	0	0
	2022	0	0	0	0
	2023	0	0	0	0
Liquor Law Arrests	2021	0	0	0	0
	2022	0	0	0	0
	2023	0	0	0	0
Liquor Law Disciplinary Referrals	2021	0	0	0	0
	2022	0	0	0	0
	2023	0	0	0	0

\*The Residential Facilities column is a subset of on-campus

## RELLIS Campus

Offense	Year	On Campus Property	Public Property
Drug Law Arrests	2021	0	0
	2022	0	0
	2023	1	0
Drug Law Disciplinary Referrals	2021	0	0
	2022	0	0
	2023	0	0
Liquor Law Arrests	2021	0	0
	2022	0	0
	2023	0	0
Liquor Law Disciplinary Referrals	2021	0	0
	2022	0	0
	2023	0	0

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## DAAPP RECOMMENDATIONS

### 2022-2024 Biennial Review Accomplishment and Recommendations

The committee assessed the biennial alcohol and other drug prevention efforts and noted below is the DAAPP program's most significant accomplishments:

#### Accomplishments in 2022-2024:

- Senior Administrators approved the emergency hire of an additional full-time Professional Counselor I position for the 2023 fiscal year, which now provides the TAMUK and School of Pharmacy students with six full-time Professional Counselors.
- With the financial support of the Texas A&M University System, the TELUS Mental Health Student Support App was launched in February 2024, connecting TAMUK students to free confidential emotional health and well-being support conveniently available 24/7 via the app, telephone, and web. Chat functions are available in multiple languages. Self-directed resources including articles, videos, assessments (alcohol use, depression, drug use, & general anxiety), virtual fitness, and much more.
- Within the academic years of 2022-2023 and 2023-2024, Student Health and Wellness – Counseling Services amended their contracted with the TAMU Health Sciences Center and increased their appointment slots from four to six hours so that additional students could participate in the tele-psychiatry services.
- Beginning in Spring 2023 through Spring 2024, there was a consistent distribution of the annual AOD notification requirements to students, faculty, and staff about AOD policies and procedures, see appendix E.

#### Recommendations for Biennial 2024-2026:

- Conduct an Alcohol and Other Drug (AOD) needs assessment.
- Coordinate the AOD and Bystander Intervention (STEP UP Javelinas) virtual workshops for the students.



**APPENDIX G –**

**Irma Lerma Rangel  
College of Pharmacy (COP)**

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## IRMA LERMA RANGEL SCHOOL OF PHARMACY

The mission of the Texas A&M University Irma Lerma Rangel School of Pharmacy (SOP) is to provide a comprehensive pharmacy education in a stimulating, learning-intensive, student-centered environment to prepare a diverse student body for the practice of pharmacy as competent, caring, ethical professionals dedicated to the provision of optimal pharmaceutical care through a balanced program of education, research, and service. The Rangel School of Pharmacy, as part of Texas A&M University, is located on both the Texas A&M University-Kingsville (TAMUK) and Texas A&M University College Station (TAMU) campuses. The school opened on the TAMUK and TAMU campuses in August 2006 and August 2014, respectively.

## STUDENTS

### **Alcohol and Drug Prevention Efforts:**

The Rangel School of Pharmacy has policies and procedures in place to identify and to assist students who may be using or abusing, or both, drugs, and alcohol. These policies and procedures are written in the SOP Student Handbook and reviewed with new students during orientation and as needed. In addition, the Texas A&M University Coordinator of Health Promotion presents at each general orientation titled: Health Promotion on Campus and in the Community: Supporting Personal Wellness and Prevention Education. This presentation includes a component of bystander intervention training. QPR Suicide Prevention Training is also given to all incoming students, with the option to opt out, at orientation as well.

### **Substance Use, Abuse and Dependency**

The Texas A&M Rangel School of Pharmacy is committed to providing a safe and healthy work environment for students, faculty, and staff. Additionally, as a component of the Texas A&M Health Science Center, faculty and students must set an example for patients and exhibit a concern for their safety, health, and welfare. In addition to the school's concern for the safety, health and welfare of patients, the school is concerned for the safety, health and welfare of students and strives to identify and assist students that abuse alcohol, prescription medications and illicit drugs.

The Texas A&M Rangel School of Pharmacy strictly adheres to its substance abuse policy. Students are asked to review the policy and to contact the Office of Student Affairs if they have any questions. Additionally, the School is committed to assisting impaired students as described below under "Substance Abuse Self-Identification."

### **Substance Abuse Policy**

The Texas A&M Rangel School of Pharmacy prohibits the abuse, unlawful possession, distribution, and illegal use of drugs and/or alcohol by students. Students who violate this policy also violate the School's Code of Conduct and are subject to disciplinary action.

The term "substance abuse" is defined as:

- Arriving at the School or a practice site under the influence of alcohol or drugs.

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Students cannot drink alcohol at a practice site and should not drink it within eight hours before driving there.

- Excessive use of alcohol or prescription medications (*i.e.*, use that affects academic performance, participation in academic programs or the safety of employees, students or patients, or any combination thereof).
- Use of medications without medical justification or use of illicit drugs.

The term “illicit drugs” is defined as:

- Marijuana, cocaine, heroin, opiates, amphetamines, and similar drugs whose possession and use are prohibited under state and federal law.
- Prescription drugs not prescribed by the student’s physician.
- Designer drugs, look-alike synthetic drugs and similar substances.

The term “impaired student” is defined as any student who demonstrates behavior that differs from that normally expected of a pharmacy student, whose actions endanger the public or himself/herself, and who violates the rules, traditions, and ethics of the Texas A&M Rangel School of Pharmacy.

## **Substance Abuse Self-Identification**

As stated above, the school does not condone the abuse of alcohol, prescribed medications or illicit drugs and promotes a drug free environment. However, the School recognizes that students may develop problems with substance abuse and the goal is to identify the problem before an incident occurs that violates School policies (*e.g.*, arrest, usage on campus property, or intoxication in the classroom or health care setting).

The school encourages students with a substance abuse problem to voluntarily identify themselves and seek immediate treatment at an appropriate facility. Students with a substance abuse problem, whether it is a problem that pre-dates enrollment at the school or a recent problem, are asked to read this policy carefully and then determine the option to pursue. Regardless of the option selected, denial or refusal of evaluation or treatment may result in expulsion from the Texas A&M Rangel School of Pharmacy.

Students who voluntarily identify themselves as having a substance abuse problem may be allowed to progress normally through the curriculum provided that:

1. The student voluntarily identifies themselves as having a substance abuse problem prior to an incident that violates School policies (*i.e.*, the student has not been arrested, caught using on campus property, shown up to class intoxicated, been caught selling illicit drugs, been caught stealing medication from a pharmacy, *etc.*).
2. The student seeks treatment immediately at a facility that specializes in providing treatment, counseling and support for the abused substance or substances. The student should provide the school with the name of the treatment facility.
3. The student’s conduct and academic performance remain consistent with the

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minimum school expectations described in the Student Handbook.

4. Students who voluntarily identify themselves as having a substance abuse problem and, by his/her own admission or the testimony of approved substance abuse counselors, cannot meet minimum expectations for conduct, behavior or academic performance, or any combination thereof, are asked to take a medical leave of absence. This does not imply that the school will not dismiss or take other appropriate action against students who self-identify and do not meet academic or professional expectations or both.
5. Students may seek assistance themselves or be referred for a chemical dependency evaluation (see “Evaluation for Chemical Dependency” below). Students referred for an evaluation should meet with the Assistant Dean for Student Affairs, who will review the referral with the student. Information pertaining to the referral and the meeting is confidential. The meeting's main goal is to encourage the student to follow through with the evaluation and seek appropriate treatment if needed.
6. Students given the option to participate in a substance abuse assistance or rehabilitation program must comply with program requirements. The Texas A&M Rangel School of Pharmacy will make reasonable efforts to assist students who comply with the requirements of their treatment program (e.g., help them keep up with academic responsibilities).

Students who participate in a treatment program should note the following:

- Students must actively participate in the assistance program or satisfactorily complete the rehabilitation program.
- Students must provide evidence of continued outpatient therapy to the Assistant Dean for Student Affairs. The therapy should be consistent with the recommendations of the assistance or rehabilitation program.
- Students must remain substance free after completing the assistance or rehabilitation program and participate in random drug screening for their enrollment at the school.
- Students who fail to comply with these requirements may be dismissed from the school.

7. Students who comply fully with assistance or rehabilitation program requirements are referred to the Texas Pharmacist Recovery Network, Inc. (PRN), who assist treatment and recovery. During treatment, the student may be required to sign a contract with PRN, which would be effective for the rest of the student's education (and after graduation if deemed necessary). Random urine or serum samples may be required as part of the PRN contract. For more information, please refer to the PRN website at <http://www.usaprn.org/state-contacts--information/texas.html>

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## **Evaluation for Chemical Dependency**

Students who display certain behaviors may be referred to appropriate professionals for an evaluation of chemical dependency. These include new, continued, or repeated incidents of:

- 1) Behavior that is inconsistent with stated or previously observed personal values.
- 2) Declining academic performance.
- 3) Poor interpersonal relationships.
- 4) Marked changes in observed personal habits.
- 5) Diminishing lifestyle and changes in physical appearance.
- 6) Defensive behavior such as withdrawal, blame, denial, hostility, aggression, grandiosity, *etc.*
- 7) Legal difficulties concerning substance abuse.
- 8) Absenteeism defined, but not all-inclusive, as follows:
  - o Excessive absences for “illness”
  - o Monday and Friday absences
  - o Excessive tardiness
  - o Leaving classes early
  - o Peculiar and increasing improbable excuses for absences
  - o Higher absenteeism rate than for other students
  - o Frequent unscheduled short-term absences
  - o Frequent trips to water fountain or restroom
  - o Physical illness

## **Notification of Arrests/Convictions**

Students must notify the Assistant Dean for Student Affairs of any arrest within five (5) working days of the offense. Failure to do so may result in disciplinary action including dismissal; particularly if the school learns of the arrest from a review of the annual background check report prepared by Certified Background.

Students must also notify the Assistant Dean for Student Affairs of any convictions stemming from an arrest within five (5) working days.

## **Annual Drug and Alcohol Screening Requirement**

All new and continuing students must complete a 10-panel drug screen annually and submit the results to the Rangel School of Pharmacy.

- The Rangel School of Pharmacy shall designate a third-party vendor to conduct the drug screen.
- Pharmacy practice sites may require students to complete a drug screen and the screen required by the school.

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- New and continuing students are responsible for all costs associated with drug screening.
- Adverse findings, including refusal to comply, shall be evaluated by the Credentialing Committee who recommends a course of action to the Dean consistent with Rangel School of Pharmacy policy.

## **Recognized Student Organizations – TAMUK campus**

Recognized student organizations on the TAMUK campus must adhere to policies and procedures outlined by the Rangel School of Pharmacy, Texas A&M University and Texas A&M University-Kingsville – Office of Student Activities. Additionally, beginning in the Fall semester, student organizations attend an annual risk management presentation as required by the State of Texas (HB2639/SB1138) offered by the TAMU Student Activities Office and occurs at the beginning of the Fall semester. In the presentation, the dangers of alcohol and drug abuse are covered.

All student organizations create and promote many alcohol-free events and activities throughout the academic year. This also includes co-curricular activities (required as part of the academic curriculum), patient care activities, and volunteer opportunities supporting the School of Pharmacy and the area communities. All hosted student events require additional approval flows from their faculty advisor and appropriate university office units to evaluate risk mitigation (PREFF forms).

## **The University of Texas HSC at Houston Employee Assistance and Work Life Program (UTEAP)**

The UTEAP is under contract to provide services, including personal counseling and online resources to 4<sup>th</sup> year pharmacy students during Advanced Practice Experiences with preceptors across the state wherever their experiences are located. These services include counseling for alcohol and drug abuse. All Rangel School of Pharmacy students are informed of alcohol and drug abuse programs available to them as students and as graduates in the course PHAR 810 – Psychiatry and Addiction, which is taught in the fall of the 3rd year.

## **Additional Student Related AOD Resources**

In addition, all School of Pharmacy students can access TELUS, a free resource designed to support the emotional health and well-being of students by providing real-time 24/7 access to professional counselors. Students can use the My SSP (Student Support Program) app not only to connect with live support, but also to review its extensive library of digital emotional health and wellbeing content, which includes access to virtual fitness sessions and self-administered assessments. This is free to students and remains confidential. This online support program is offered by Texas A&M University main campus.

Also, all School of Pharmacy students on the Kingsville campus have full access to TAMUK Counseling Services & the Student Health and Wellness Center where students

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can be referred to their Drug and Alcohol Prevention Program as needed. Last, our students also have full access to the TAMUK student center, fitness center, recreation center, and other alcohol-free settings.

The School of Pharmacy implements several wellness and student success initiatives to assist with prevention and intervention. This includes the opportunity to serve as an active member on the SOP Wellness Committee and participate in activities promoted by the committee. In addition, our students have access to both faculty advising and peer mentoring here at the School of Pharmacy.

## **AOD Student Related Violations**

In addition to the services and programs available to pharmacy students through a contract with TAMUK, students must have a drug screen once a year. Students schedule the screen using Certified Background and the results are available to the Offices of Experiential Education (for site requirements for students doing experiential experiences) and to Student Affairs (for admissions requirements).

During the AY 2022-2023 and AY 2023-2024 reporting period, no students were drug tested due to reasonable suspicion and no drug and/or alcohol related fatalities occurred.

	AY 2022-2023	AY 2023-2024	Total
AOD related violations	2	1	3

As stated above, Texas A&M Rangel School of Pharmacy prohibits the abuse, unlawful possession, distribution, and illegal use of drugs and/or alcohol by students. Students who violate this policy also violate the School's Code of Conduct and are subject to disciplinary action. In addition to the school reporting one AOD related violations this reporting period, the school did have three students referred to the credentialing committee for evaluation and due process for AOD associated events where a student is not arrested or criminally convicted. Currently, the committee evaluates if a professionalism violation has occurred and if a referral to a Professional Recovery Network is necessary along with any other plans of intervention.

## **EMPLOYEES (FACULTY & STAFF)**

Due to the geographic distribution of employees at the various campuses of the Texas A&M Health Science Center, counseling services and alcohol and drug abuse programs are made available to employees and students through TAMU, TAMHSC (Texas A&M Health Science Center) and agreements with other Texas A&M System components and other Employee Assistance programs as follows:



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**COMPSYCH Guidance Resources Online Employee Assistance Program (EAP)** is available to all budgeted employees and graduate students throughout Texas. This program is also available to their immediate family members. The EAP has experienced clinicians available to assist with substance abuse issues, both for the abuser and the family members affected by the abuse. Help is available by telephone 24 hours a day, seven days a week.

Personal Counseling:

- Online resources for Alcohol and Drug Abuse
- Online Newsletters

**TAMU Employee and Organizational Development** offers a classroom course titled **Alcohol and Drugs in the Workplace**. Participants are given information on the signs and symptoms of substance use and misuse and responding to troubled employees. Employees are provided upon hire with information regarding standards of conduct expected of each state employee in areas such as the use of alcohol.

Texas A&M University promotes Employee Wellness through the Texas A&M AgriLife services. This program supports the efforts of employees on the journey toward wellness and success in their personal and professional pursuits. The AgriLife Employee Wellness Initiative is intended to provide our employees with resources to help increase their health and well-being. Eligible employees can also submit Wellness Release Time (WRT) by submitting a form to their supervisor for approval. Last, all employees can receive additional benefits by earning wellness credits if enrolled in the A&M Care plan by verifying two tasks a year through MyEvide.