

# **ELEVATE - *Upward movement through innovation and personal development.***

## **Phase 1: Personal Foundations**

**Goal:** Develop self-awareness and humility as the basis for growth.

- **Empathy:** Learn to recognize and validate others' feelings.
- **Humility:** Foster openness to feedback and willingness to learn.

### **Activities:**

- Reflective journaling
- Personality assessments (e.g., DISC, MBTI)
- Group discussions on growth mindset

### **Timeline:**

- February 2026
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## **Phase 2: Interpersonal Skills**

**Goal:** Strengthen communication and emotional intelligence for better relationships.

- **Active Listening:** Practice attentive listening and paraphrasing.
- **Emotional Intelligence:** Manage emotions effectively in workplace interactions.

### **Activities:**

- Role-playing exercises
- Emotional intelligence workshops
- Peer feedback sessions

### **Timeline:**

- March 2026
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## Phase 3: Collaboration and Team Dynamics

**Goal:** Build strong teamwork and service-oriented behaviors.

- **Internal Customer Service:** Treat colleagues as valued customers.
- **Collaboration & Teamwork:** Develop trust and shared accountability.
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**Activities:**

- Team-building challenges
- Cross-functional projects
- Service excellence simulations

**Timeline:**

- April/May 2026
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## Phase 4: Strategic Thinking and Change Leadership

**Goal:** Equip employees to adapt and lead in dynamic environments.

- **Cognitive Flexibility:** Shift perspectives and adapt to new information.
- **Critical Thinking:** Analyze problems and make sound decisions.
- **Continuous Improvement & Change Management:** Drive innovation and manage transitions effectively.

**Activities:**

- Problem-solving case studies
- Change management simulations
- Continuous improvement projects (Kaizen approach)

**Timeline:**

- September/October 2026