



February 2021

Javelina Happenings

Summary

Hello everyone! We are excited to start bringing you an employee newsletter. This newsletter will include employee specific information regarding events around campus and/or the area, employee updates or changes, and other notices from Employee Services. It will also feature an employee “Who’s Who?” as well as an area fun-fact. We hope you will find the employee newsletter both informative and entertaining.

Brought to you by:

Bryanna Colvin
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Campus Updates

February is Black Heritage Month!

Scan the QR code below for more details.

Remember to complete two wellness incentives found in the MyEvide portal to receive a wellness credit for fiscal year 2022.

The deadline is June 30, 2021.

Catapult Health will be on campus beginning February 10, 2021.

Registration link: <https://www.timeconfirm.com/tamu/kingsville>



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Javelina Wellness Updates

Javelina Wellness - January Challenge Winner: Christopher Ambriz

Javelina Wellness – Blooming Javelina Winner: Erin McClure

Spring 2021 Financial Wellness Seminars

Simplifying Your Spending and Saving Strategies: 2/24/21 at 10AM

Retirement by Design: 3/31/21 at 11AM

What Happens After the Paychecks Stop? A Retirement Income

Primer: 4/28/21 at 11AM

Preparing your Estate Plan: 5/26/21 at 11AM

Please click the link below to join the webinar:

<https://edwardjones.zoom.us/j/97138783403?pwd=VWZGN0FTZzM5YXVCVkrKRa09US>

[kkxUT09](#)

Passcode: 926186



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January New Hires

Please help welcome the following new faces to campus!

Dr. Mark Hainline, Assistant Professor
Department of Agronomy and Resource Science

Christina Loftin, Instructional Veterinary Nurse
Department of Veterinary Technology

Mary Ann Sanchez, Academic Success Coordinator
Department of Student Access – GEAR UP

Dr. Srikanth Bashetty, Lecturer
Department of Mechanical and Industrial Engineering

Angie Burgos Bastidas, Research Technician
Department of Agronomy and Resource Science

Dr. Shahnaz Qadri, Research Assistant Professor
College of Engineering

Bruce Howard, Senior Career Services Coordinator
Career Services



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January Retirees

Congratulations to our hard-working and dedicated employees who have retired.

Delma Loera who had been with the university since February 1990.
Project Director, Department of Student Access

Petra Contreras who had been with the university since May 1999.
Travel Specialist – Audit and Compliance, Department of Travel and Procurement

Dr. Slavka Bodjanova who had been with the university since September 1990.
Tenured Professor, Department of Mathematics

Dr. Joseph Sai who had been with the university since January 1993.
Tenured Professor, Department of Civil and Architectural Engineering

Dr. Zonia Garcia-Obregon who had been with the university since September 1996.
Senior Lecturer, Department of Teacher and Bilingual Education

Mary Holmes who had been with the university since July 2001.
Executive Assistant, Office of Student Affairs

Dr. Alan Fedynich who had been with the university since July 1996.
Tenured Professor, Kleberg Wildlife Research Institute





February 2021

Meet Steve Roach

Steve Roach is the executive director of athletics and campus recreation and he has been on campus for just over two years.

What do you enjoy most about Texas A&M University-Kingsville?

In my role, I enjoy working with the coaches and student-athletes and watching them achieve success both in the classroom and in competition. Watching a student-athlete walk across the stage at commencement is a proud moment for our department, as that mission of what we are striving to accomplish.

What are some projects you are working on now?

Currently, our main focus is providing the safest environment for our student-athletes to compete this spring semester. There is a lot of long-term planning and strategizing that we would like to focus on, and we will once things hopefully settle in the future.

Is there anything that you'd like to share with the campus?

We would like to thank the campus for their support. Whether it be attending events or assisting our student-athletes in their academic pursuits, it is all greatly appreciated.

What do you do for fun?

I love to spend my free time with my wife, Molly, and our two daughters, Nora (9) and Reagan (7). It doesn't really matter what we are doing, we just enjoy being together. Outside of that, golfing and working out are the things I love to do that keep me balanced.



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Did you know?

Kleberg County is hot. So hot, in fact, that for over a third of the year the temperature is over 90°. According to bestplaces.net, this makes Kleberg County hotter than most places in Texas. Which is a problem if your business is cattle. On average, the ideal temperature for beef cattle is no more than 77° F. Having cattle in a climate over 77° could induce heat stress within the herd.

In order to solve this problem, the King Ranch, Inc.™, in 1910, began to cross breed Shorthorn and Hereford with Brahman cattle. The ranchers quickly realized that breeding Shorthorn with Brahman created the sturdiest stock. In 1920, the crossbreeding produced a bull calf with red coloring and an ideal body-type. That bull calf was named Monkey. Monkey's features were so impressive that he was used to create the Santa Gertrudis breed.

The Santa Gertrudis breed is known for having a solid red color, producing quality beef, and an adaptability to most climates. This includes climates that have hot and humid weather. In fact, Santa Gertrudis cattle have gone on to become the main breed of cattle to thrive in Australia. While the breed thrives in climates with humidity, it can also prosper in arid climates. Which is why Santa Gertrudis cattle can also be found in Argentina and Canada.

Not only did King Ranch, Inc.™ create a breed of cattle well known for climate adaptability and hardiness, but the breed was also a first for the United States. Known as America's original beef breed, in 1940, the United States Department of Agriculture recognized the breed as the country's very first beef cattle.



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Sources Used

“Kleberg County, Texas.” Bestplaces.net, Sperling’s Best Places,
<https://www.bestplaces.net/climate/county/texas/kleberg>.

“Environment: Providing Outdoor Access for Cattle.” *Farmhealthonline.com*, Farm Health Online, 2018,
<https://www.farmhealthonline.com/US/health-welfare/cattle/environment/#:~:text=For%20dairy%20and%20beef%20cattle,temperature%20cattle%20suffer%20hat%20stress>.

“Breed History: America’s Original Beef Breed.” *Santagertrudis.com*, Santa Gertrudis Breeders International, 2021,
<https://santagertrudis.com/sqbi/santa-gertrudis-breed-history/>.

“Santa Gertrudis: Beefing up Australia.” *Santagertrudis.com.au*, Santa Gertrudis Breeders’ (Australia) Association, 2015,
<http://www.santagertrudis.com.au/>.



FREE ON-SITE HEALTH CHECKUPS

YOUR OFFICE

YOUR PREVENTIVE CARE CHECKUP

It's Safe

Upon arrival, a temperature reading and COVID-19 assessment is administered for each patient. Each Catapult Health Technician also completes this process before coming onsite.

Health Technicians practice 6' social distancing, when applicable, and wear personal protective equipment (PPE).

Workstations and high-touch equipment are cleaned and disinfected at the start of the clinic day and after each patient.

It's Free

Your preventive care is covered at 100%. No out-of-pocket copays or coinsurance. Please bring a copy of your insurance card.

It's Private

Your personal results are not shared with your employer. However, with your permission your results are sent securely to your Primary Care Provider.

Included in Each Checkup

- Temperature Reading
- COVID-19 Assessment
- Total Cholesterol
- HDL
- LDL
- Triglycerides
- Glucose
- Blood Pressure
- Depression Screening
- Medication Review
- A1c (for known diabetics)
- ALT and AST (liver tests)
- Abdominal Circumference
- BMI (height/weight)
- One-on-One Video Consultation with a Nurse Practitioner
- Access to a Secure Patient Portal to View Your:
 - Comprehensive Personal Health Report
 - Personal Action Plan
 - History of Past Results

Catapult
HEALTH



Dates:

February 10 and 11
March 08 and 09
April 14 and 15
May 10 and 11
June 09 and 10

Time: 7:00 to 1:54 pm

Location: Javelina Dining Hall Room 200

Who's Eligible?

Employees and spouses enrolled in the Texas A&M System A&M Care health plan with group #39993 are eligible to participate.

Why Participate?

Know your health status related to diabetes, heart disease and stroke. Lab-accurate results are produced in minutes. Review your results with a board-certified Nurse Practitioner via virtual consultation and develop a personal action plan.