

## Jinnelle Veronique (Aguilar) Powell, PhD, LPC-S

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### EDUCATION

<b>Doctor of Philosophy in Counselor Education and Supervision</b> Walden University, Minneapolis, MN (CACREP Accredited)	2019–2024
<b>Master of Science Community and Mental Health Counseling</b> Texas A&M University-Corpus Christi, Corpus Christi, TX (CACREP Accredited)	2009–2011
<b>Bachelor of Arts in Sociology</b> Texas A&M University-Kingsville, Kingsville, TX	2004–2008

### LICENSES AND CERTIFICATIONS

<b>Licensed Professional Counselor (2013) and Board Approved Supervisor (2019)</b> License Number 69081, Texas State Board of Examiners of Professional Counselors
<b>EMDR Trainer (2023), EMDR Consultant (2022), and EMDR Certified Therapist (2021)</b> Eye Movement Desensitization and Reprocessing International Association (EMDRIA)
<b>Certified Professional Mediator (2013)</b> Manouso Mediation and Arbitration, LLC - Houston, Texas

### TEACHING EXPERIENCE

<b>Assistant Professor of Counselor Education</b> Rural Mental Health Emphasis Clinical Mental Health Counseling Program, TAMUK, Kingsville, Texas Courses Taught: Master's Level Introduction to Counseling Master's Level Counseling Theories Master's Level Assessment Techniques	August 2025 to Present
<b>Contributing Faculty</b> School of Counseling, Walden University, Minneapolis, Minnesota <i>Back up Advisor for Comunidad: A Latinx Student Group</i> Courses Taught: Doctoral Level Internship Master's Level Internship Doctoral Level Research	August 2025 to Present

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### **Core Faculty**

March 2025 to August 2025

School of Counseling, Walden University, Minneapolis, Minnesota

*Back up Advisor for Comunidad: A Latinx Student Group*

Courses Taught:

Doctoral Level Research Theory, Design & Methods

Doctoral Level Internship I, II, III

Doctoral Level Residency Intensive

Master's Level Pre-Practicum Intensive

Master's Level Practicum

Master's Level Internship I & II

Introduction to Clinical Mental Health Counseling

### **Contributing Faculty/Post-Doctoral Fellow**

May 2024 to March 2025

School of Counseling, Walden University, Minneapolis, Minnesota

*Back up Advisor for Comunidad: A Latinx Student Group*

Courses Taught:

Doctoral Level Internship

Master's Level Supervision of Counselors in Training

Master's Level Ethical and Legal Issues in Counseling

Doctoral Level Clinical Supervision

Master's Level Counseling Theories

### **Adjunct Professor**

January 2025 to August 2025

Clinical Mental Health Counseling Program, TAMUK, Kingsville, Texas

Courses Taught:

Master's Level Research in Counseling

Master's Level Counseling Techniques

Master's Level Practicum

### **Assistant Professor of Practice in Counselor Education**

August 2024 to May 2025

Counselor Education, Delta State University, Cleveland, Mississippi

*Chapter Faculty Advisor for Delta Sigma Upsilon Chapter of Chi Sigma Iota*

Courses Online Synchronously with a student population largely residing in rural areas in Mississippi:

Assessment Techniques in Counseling

Clinical Mental Health Internship I

Career Development and Placement

Counseling Skills

Foundations in Clinical Mental Health

### **Adjunct Faculty**

January 2023 to August 2024

Counselor Education, Delta State University, Cleveland, Mississippi

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### ***Courses*** Taught Synchronously:

Practicum/Field Experience  
Career Development and Placement  
Foundations in Clinical Mental Health  
Assessment Techniques in Counseling  
Clinical Mental Health Internship I  
Clinical Mental Health Internship II

### **Adjunct Faculty**

Jan. 2023 to May 2023

Master of Arts in Counseling (MAC), St. Edward's University, Austin, Texas

Course Taught Hybrid:

Human Growth and Development

### **Teaching Assistant**

Dec. 2021 to May 2022

School of Counseling, Walden University

Courses Assisted:

Field Experience/Internship

Leadership, Advocacy, Collaboration & Consultation in Schools

Introduction to School Counseling

### **Teaching Assistant**

Jan. 2022 to May 2022

Counseling and Educational Psychology, Texas A&M University-Corpus Christi

Courses Assisted:

Psychometrics

## **CLINICAL AND PROFESSIONAL EXPERIENCE**

### **EMDR Trainer and EMDR Consultant**

2022-Present

*CompassionWorks, LLC*

Independently contracted as an EMDR Trainer and EMDR Consultant to facilitate basic training and consultation for mental health professionals learning how to use EMDR.

### **Owner/Founder**

2019-Present

*Distinctive Counseling & Consulting, PLLC*

Oversee and delegate company operations. Provide clinical oversight and supervision to clinicians.

### **Licensed Professional Counselor/Business Owner and Founder**

2017-Present

*Jinnelle V. Powell/Distinctive Counseling & Consulting, PLLC*

Began private practice work with children and adults residing in rural communities through child welfare contract from 2017 to 2019. Established Distinctive group practice in November 2020. In November 2020, founded Distinctive Counseling and Consulting, PLLC, a private practice mental health agency in Corpus Christi, Texas offering telehealth and in person counseling.

**Project Manager**

2020-2021

*Mauney & Associates, LLC*

Services provided to all of Texas, inclusive of rural communities. Provided oversight to the Home Study Coordinator team responsible for the management of high-volume email inboxes containing critical communication between the Department of Family and Protective Services (DFPS) and agency subcontractors. Ensured the Home Study Coordinator team worked collaboratively sharing responsibilities with one another to track and follow all home study and report referrals received internally. Created remote video trainings for newly hired Home Study Coordinators and contractors with the agency. Conducted internal investigations and implemented contractor performance reports. Responsible for revising forms and templates, revised and implemented policy and procedures, provided oversight to contractors throughout Texas, and engaged in assigned duties as needed. Left position to complete doctoral education requirements.

**Specialized Quality Management Team Lead; Health, Social, Educational, & Genetic History Report Writer; Home Study Clinician**

2014-2017

*Mauney & Associates, LLC*

Services provided to all of Texas, inclusive of rural communities. Trained, mentored, and supervised new subcontractors throughout Texas. Ensured quality of kinship assessments, foster and adoption assessments, and adoption reports. Assisted with Region Team Lead pilot project, conducted research of case files, and obtained collateral references to write Health, Social, Educational, and Genetic History Reports for children in foster care pending adoption. Conducted kinship, foster, and/or adoptive home assessments with potential caregivers interested in providing either temporary or long-term care to children involved with the Child Protective Services legal system. Promoted to Quality Manager in February 2015; Promoted to Project Manager in August 2017; declined position to pursue professional counseling full-time.

**After Care Services Treatment Specialist**

2013-2015

*Liberty Resources, Inc.*

Provided in-home therapeutic services to children and families in rural communities involved in the juvenile justice system to prevent out-of-home placements of the youth, ease the transition back into the community from placement of the youth, and/or prevent re-placement of the youth. Conducted psychosocial assessments, developed treatment plans, worked collaboratively with outside agencies, prepared court reports, and provided testimony in family court as needed.

**Veterans Case Coordinator/Telemedicine Facilitator**

2011-2013

*Mental Health and Intellectual Disabilities of Nueces County*

Provided individual counseling, group therapy, and case management services to Veterans. Referred and linked veterans and their families to existing community resources. Facilitated psychiatric appointments for adult patients.

**Qualified Mental Health Provider/Case Manager**

2010-2011

*Coastal Plains Community Center*

Provided intensive case management, skills training and parenting education to adolescents involved with the juvenile justice system in rural communities.

## PRESENTATIONS

Thigpen, J.M. & **Powell, J.V.** (2025, July) *Unlocking healing through play: The important of play in child development*. Casting Hope Symposium. Education Service Center, Region 2. Corpus Christi, Texas.

Powell, J.V. (2025, May) *Applying Relational-Cultural Theory as a Pedagogy to Promote Caring in the Asynchronous Classroom*. Faculty Leading the Change. Office of Teaching, Learning, and Mentoring Excellence (OTLME). Walden University.

Pannel, M.B., Lewis, C., **Powell, J.V.** (2024, November) *How crispy are you? Creative strategies for counselor educators addressing student burnout*. Southern Association for Counselor Educators and Supervisors (SACES) 2024 Conference. Dallas, Texas.

**Powell, J.V.** (2024, November) *Relational Health, Minority Stress, and Well-being of Sexual Orientation and Gender Minority CITs Poster Presentation*. Southern Association for Counselor Educators and Supervisors (SACES) 2024 Conference. Dallas, Texas.

**Powell, J.V.** (2024, September). *Introduction to EMDR*. Texas A&M University-Corpus Christi TX-CHIP Program. Corpus Christi, Texas.

Martinez, P. & **Powell, J.V.** (2024, August). *Introduction to EMDR*. 2024 Social Work Building Bridges STSWS Conference. Corpus Christi, Texas.

**Powell, J.V.** & Colburn, V. F. (2024, February). *A Recentering Conversation about Burnout through a Compassionate and Relational Perspective*. Texas Association for Counselor Educators and Supervisors (TACES) Mid-Winter Conference. Georgetown, Texas

**Powell, J.V.** (2024, January). *The Power of Community and Relationships in Mental Health*. Afterschool Centers on Education at Jim Hogg County ISD, Hebbronville, Texas.

Uribe, J., Dardis, K., Bradley, N.B., **Powell, J.V.** (2023, October). *Your ADA Compliance is More than Large Font and Transcription*. Poster Presentation. Association for Counselor Educators and Supervisors (ACES) CSI Days. Denver, Colorado.

**Powell, J.V.** (2023, August). *Depression and EMDR Therapy*. Texas A&M University-Corpus Christi TX-CHIP Program. Corpus Christi, Texas.

Uribe, J., Dardis, K., Bradley, N.B., **Powell, J.V.** (2023, May). *Your ADA Compliance is More than Large Font and Transcription*. Spring Quarter Learning Community Event. Walden University.

**Powell, J.V.** (2023, January). *Introduction to Relational-Cultural Theory*. Winter Quarter Learning Community Theories Event. Walden University.

**Powell, J.V.** (2022, November). *Anxiety Disorder Training*. Texas A&M University-Corpus Christi TX-CHIP Program. Corpus Christi, Texas.

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**Powell, J.V.** (2022, November). *Remediation can be empowering: Demystifying the remediation process*. Texas Counseling Association Professional Development Conference 2022. Dallas, Texas.

Bradley, N.B., & **Powell, J.V.** (2022, September). *Relational-cultural theory in distance counselor education in the eyes of a mentor and her mentee*. North Central Association for Counselor Educators and Supervisors Conference 2022. Omaha, Nebraska.

**Powell, J.V.** (2022, July). *Introduction to EMDR*. Texas A&M University-Corpus Christi TXCHIP Program. Corpus Christi, Texas.

**Powell, J.V.** (2022, February). *Remediation can be empowering: Demystifying the remediation process*. Texas Association for Counselor Educators and Supervisors Mid-Winter Conference 2022. Arlington, Texas.

Truitt, T. & **Powell, J.V.** (2022, February). *Private Practice: Social Change in Action*. Walden University Learning Communities.

**Powell, J.V.** (2021, September). *Implementation of a Remediation Plan with a Supervisee: A Unique Experience*. Kate Walker Training Monthly Consultation Group, Texas.

**Powell, J.V.** (2021, May). *Mental Health Awareness*. Afterschool Centers on Education at Jim Hogg County ISD, Hebbronville, Texas.

**Powell, J.V.** (2021, June). *Record Keeping in Counseling*. Practicum at Walden University, School of Counseling.

**Powell, J.V.** (2020, December). *Record Keeping in Counseling*. Practicum at Walden University, School of Counseling.

**Powell, J.V.** (2020, December). *Core Counseling Microskills*. Practicum at Walden University, School of Counseling.

**Aguilar, J.V.** (2018, February). *Understanding Psychosocial Assessments*. Presentation at Coastal Bend CASA, Corpus Christi, Texas.

**Aguilar, J.V.** (2017, April). *Home Assessments for The Department of Family and Protective Services*. Presentation at Texas A&M University, Corpus Christi, Texas.

**Aguilar, J.V.,** Lenz, A. S. (2011, June). *Integrating RCT into Supervision: Mediating effects on Relational Health & Working Alliance*. Poster presented at Jean Baker Miller Training Institute Intensive Training Institute, Wellesley College, Wellesley, Massachusetts.

## **PUBLICATIONS**

**Powell, J. V.,** Bradley, N., Patton, J., Bailey, C. L., Szirony, G. M., & Levingston, K. (2024). The application of relational cultural theory in digitally delivered CE programs. *Journal of Counselor Preparation and Supervision, 18*(2). Retrieved from <https://research.library.kutztown.edu/jcps/vol18/iss2/9>.

Sutherland, S. & **Powell, J.V.** (2022). *Common Factors Theory*. SAGE Encyclopedia for Multicultural Counseling, Social Justice, and Advocacy.

Sutherland, S., Argueta, J. & **Powell, J.V.** (2022). *Black Racial Identity*. SAGE Encyclopedia for Multicultural Counseling, Social Justice, and Advocacy.

Lenz, A. S., Speciale, M., & **Aguilar, J. V.** (2012). *Relational-cultural therapy intervention with incarcerated adolescents. A single-case effectiveness design*. Counseling Outcome Research and Evaluation, 3(1), 17-29. doi: 10.1177/2150137811435233

**Aguilar, J. V.** (2010). *"Boys Don't Cry," A movie review: implications for counseling persons who are transgendered*. Journal of Creativity in Mental Health, 5(4), 440-446.

### RESEARCH IN PROGRESS

Baraka, M.K., **Powell, J.V.**, Colburn, V.F., (In Progress) Six Hats and Sandtray Use in Supervision: Exploring Supervisee Cognitive Complexity, Self-Efficacy, and Compassion.

### AWARDS & FUNDING

Student Engagement Educator **Nominee**, Delta State University, Counselor Education, Fall 2024

Grant from The Heart Galleries of Texas in Region 11 Nueces County to support families formed through adoption and kinship, Distinctive Counseling & Consulting, PLLC – 2024-2025 – **Funded** (\$70,000)

Submitted for Consideration to Research Enhancement Funding Program Proposal: *Evaluating the Effectiveness of EMDRIA-Approved EMDR Therapist Training on Graduate Student Counselors-in-Trainings' Trauma Treatment Readiness, Self-Efficacy, and PTSD Knowledge* – 2024 – **Not Funded**.

Outstanding Doctoral Student **Awardee**, Chi Sigma Iota Omega Zeta Chapter, School of Counseling, Walden University – 2023

CSI Excellence in Counseling Research Grants – Applied, **Not Funded** – 2023

Outstanding Student **Awardee**, School of Counseling, Walden University – Summer 2023

Texas Counseling Association Educational Endowment Fund – **Funded** – 2022

Coastal Bend Top 50 Women of Distinction **Awardee** – 2022

Texas A&M University-Corpus Christi **Elite Graduate Program Awardee** – 2010

Texas A&M University-Kingsville **Ring Scholarship Recipient** – 2008

Texas A&M University-Kingsville **Emerging Leader Awardee** – 2007

## PROFESSIONAL SERVICE

<b>Assessment Committee</b> , Walden University School of Counseling	March 2025 to Present
<b>Co-Faculty Advisor</b> , Comunidad: A Latinx Student Group, Walden University School of Counseling	October 2024 – Present
<b>Leadership Team Member</b> , International Growth and Connection RCT Education Affinity Group (EAG)	Oct. 2022 – Present
<b>Chapter Faculty Advisor</b> , Chi Sigma Iota Delta Sigma Upsilon, Delta State University Counselor Education Division	August 2024 – May 2025
<b>Committee Member</b> , Faculty Development Funds/Research Committee Charge Delta State University	August 2024 – May 2025
<b>Committee Member</b> , Association for Assessment and Research in Counseling	October 2023 – June 2024
<b>Newsletter Committee Chair/Past-President</b> , Chi Sigma Iota Omega Zeta Chapter, Walden University	June 2023 – March 2024
<b>Committee Member</b> , Association for Assessment and Research in Counseling Diversity, Equity, and Inclusion Committee	Sept. 2022 – Aug. 2023
<b>Mentor</b> , Chi Sigma Iota Omega Zeta Chapter, Walden University School of Counseling	Sept. 2022 – June 2023
<b>Peer Facilitator</b> , National Alliance on Mental Illness <i>*Helped to coordinate and facilitate the first mental health support group for mental health professionals in Texas.</i>	Feb. 2022 – July 2023
<b>President</b> , Chi Sigma Iota Omega Zeta Chapter, Walden University	June 2022 – April 2023
<b>Disaster Mental Health Responder</b> , American Red Cross <i>*Provided mental health services to individuals who have experienced a disaster. Deployed to a disaster area in March 2022.</i>	Nov. 2021 – Aug. 2022
<b>President-Elect, Book Club Committee, and Social Justice Committee Member</b> , Chi Sigma Iota Omega Zeta Chapter, Walden University	Feb. 2021 – May 2022
<b>Volunteer Counselor</b> , Corpus Christi Metro Ministries, Inc. <i>*Facilitated a women's group based on the Relational Practice in Action Manual developed by the Jean Baker Miller Training Institute.</i>	May 2013 – Aug. 2013
<b>Counselor Intern</b> , TAMUCC Counseling and Training Clinic	Jan. 2011 Aug. 2011

**President-Elect**, Chi Sigma Iota, Texas A&M University-Corpus Christi

Jan. 2010 –  
Dec. 2010

### **PROFESSIONAL AFFILIATIONS**

American Counseling Association, Member

Texas Counseling Association, Member

Association for Counselor Educators and Supervisors, Member

Eye Movement Desensitization and Reprocessing (EMDR) International Association, Member