

Texas A&M University-Kingsville Department of Educational Leadership and Counseling

Clinical Mental Health Counseling Program 2023-2024 Annual Report & Vital Statistics

Executive Summary

The counseling faculty at Texas A&M University-Kingsville has developed a systematic evaluation plan to assess program student learning outcomes (PSLO's) and key performance indicators following CACREP Standards and the eight CACREP core curriculum areas. Faculty hold assessment meetings each semester to discuss the results of program evaluation data, which inform program changes during the annual faculty assessment meeting held in the Fall and Spring semesters. The CACREP liaison then disseminates an assessment report that includes a summary of the program evaluation results, subsequent program modifications, and any other substantial program changes. Additionally, the annual report provides specific information about the program, including the number of graduates from the past academic year, pass rates on credentialing examinations, completion rates, and job placement rates. The CACREP liaison made the report accessible on the counseling program website, and CMHC program coordinator notifies current students, graduates, faculty, administrators, employers, and site supervisors when the annual report is available. This document is an executive summary of the faculty evaluation of the counseling program.

Review of Mission Statement and Program Objectives

The counseling faculty at Texas A&M University-Kingsville believes that the mission statement reflects our focus on mental health and well-being with an emphasis in rural communities. The faculty also reviews each program student learning outcomes to ensure they reflect our emphasis on CACREP standards. These objectives include each of the eight core curriculum areas and clinical mental health counseling specialty areas. Faculty support the program student learning outcomes and believe the PSLO's are aligned to the CACREP standards and are appropriate for program evaluation.

Program Faculty

Name & Position	Earned Degrees	Teaching Areas	Research Interests/Specialty Areas
Steve Bain	Doctor of Ministry	Theories of Counseling, Ethics	Rural mental health, graduate
	in Counseling, Luther Rice	& Legal Issues, Abnormal	student success, grief and loss, self-
Professor	College/Seminary in	Human Behavior, Group	injury among children and
	Lithonia, Georgia - 1992	Counseling, Human Growth &	adolescents, psychological impact on
Founding Director of		Development, Career	weight management surgery clients,
The Institute for	M.S. in Counseling and	Counseling, Field Practicum,	and student retention factors.
Rural Mental Health	Personnel Services – 1988	Rural Mental Health	
Initiatives			
	B.S. in History, University		
	of North Alabama - 1985	m : 0.0 1:	
Karen L Furgerson	Ph.D. in Counselor	Theories of Counseling,	Non-traditional students, domestic
A · A D C	Education Ph.D., University	Assessments, Educational	violence, service-based learning, and
Associate Professor	of Alabama - 1995	Research, Culturally Different,	multicultural
Academic Advisor	M.S. in Counciling and	School Counseling Techniques,	
(students with last	M.S. in Counseling and Guidance, Jacksonville		
initials: A-H)	State University – 1988		
illitiais. A-11)	State Offiversity – 1988		
School Counseling	B.S. in Education,		
Program Coordinator	Jacksonville State		
8	University - 1978		
Kristopher Garza	Ph.D. in Counselor	Prof Dev & Ethics, Career	First-generation college
1	Education Texas A&M	Counseling, Counseling	students, self-efficacy and resilience
Associate Professor	University-Corpus Christi -	Techniques, Crisis Counseling,	among adolescents and college
	2011 (CACREP accredited	Field Practicum for Counselors,	students, retention factors in
Academic Advisor	program)	Rural Mental Health, Internship	academia, stress management,
(students with last		1 and 2, Culturally Different,	multicultural issues, and rural mental
initials: I-Q)	M.S. in Counseling, Texas	Group Counseling	health
	A&M University-Corpus		
CACREP Liaison	Christi – 2002		

	I		
	B.A. in Communication, Texas A&M University- Corpus Christi - 2000		
Ya-Wen Melissa	Ph.D. in	Theories of Counseling,	Acculturation, Sand Tray therapy,
Liang	Counselor Education Sam Houston State	Counseling Techniques, Assessments, Diagnosis in	Advocate for minority populations and Asian Americans, grieving,
Associate Professor	University – 2015 (CACREP	Counseling, Research in Counseling, Field Practicum	supervision, rural mental health, cancer support, at-risk youth
Academic Advisor (students with last	accredited program)	S ⁷	
initials: R-Z)	M.Ed. in Counseling, University of North Texas –		
Clinical Mental	2010 (CACREP accredited		
Health Counseling	program)		
Program Coordinator			
	B.A. in English Literature,		
	Providence University,		
	Taiwan - 1992		
Lorena Albarran-	Ph.D. in Counselor	Field Practicum, Career	At-risk youth, young adults, and rural
Rosenbaum	Education, Texas	Counseling, Crisis Counseling,	communities
	A&M University- Corpus	Substance Abuse Counseling	
Adjunct Faculty	Christi (CACREP		
	accredited program) - 2015		
	M.S. Counseling and		
	Guidance, Texas A&M		
	University- Kingsville –		
	2012		
	B.S. in Exercise Science,		
	Texas A&M University-		
	Kingsville - 2011		

Baylea Elizabeth	Ph.D. in Counselor	Counseling Theories,	Docttroumatic grossyth trauma
1			Posttraumatic growth, trauma,
Wagener	Education, Texas	Techniques, Counseling	complex trauma, client outcome-
A 1' T. 1.	A&M University- Corpus	process, Group Counseling,	based research, practice-based
Adjunct Faculty	Christi – 2018 (CACREP	Educational Research, Field	evidence
	accredited program)	Practicum, Internship	
)		
	M.S. Counseling and		
	Guidance, Texas A&M		
	University- Kingsville –		
	2014		
	B.A. in Psychology,		
	University of Houston-		
	Victoria - 2011		
Dr. Mary Nichter	Ph.D. in Counseling, Texas	Introduction to Counseling and	Strengths based counseling and
	Woman's University	Ethical Practice, Theories of	supervision, emotionally focused
Adjunct Faculty		Counseling, Marriage, Couples,	couples practice
	M.S. in Counseling	& Family Counseling,	
	Marriage & Family in	Internship	
	University of Houston –		
	Clear Lake		
	B.S. in Elementary		
	Education & Early		
	Childhood, University of		
	Houston		
Dr. Linda Hart	Ph.D. in Counselor	School Counseling, Clinical	Crisis counseling, School counseling
	Education and Supervision	Mental Health Counseling	_
Adjunct Faculty	1		
	M.S. in Counseling		

	B.S. in Psychology, Behavioral Science		
Dr. Jacquelyn Schuster Adjunct Faculty	Ph.D. in Counselor Education, Texas A&M University-Corpus Christi (CACREP accredited program) M.S. in Counseling- Texas A&M University- Corpus Christi [CACREP accredited] B.S. in Mathematics- University of Texas at Austin	Introduction to Counseling and Ethical Practice, Human Growth and Development, Counseling Techniques, Internship	Advocacy for professional school counselors, wellness, mindfulness, children and adolescents, military-connected students

Summary of Program Evaluation Results

Enrollment

The faculty reviewed the enrollment data of counseling students and program applicants for the 2023- 2024 academic year. Counseling faculty meetings continue to consist of program discussions related to changes that can be made to increase recruitment efforts. The new student orientation has been revised and updated to give new students quality information regarding program information, course requirements, and opportunities for counseling field experiences. New student orientation takes place at the beginning of each semester. Furthermore, counseling faculty continue to discuss ideas for the recruitment of a more diverse student body from our institution.

The Clinical Mental Health Counseling Program at Texas A&M University-Kingsville had a total of 119 students enrolled at the

master's level. Table 1 provides a breakdown of each student by ethnicity and gender.

Table 1. 2023-2024 Academic Year Counseling Program Enrollment Statistics

Ethnicity	Number of Male Students	Number of Female Students		Total Number of Students	Percent
White	3	23	0	26	22 %
Black or African American	0	1	0	1	0.8 %
Hispanic	8	79	0	87	73 %
Asian	1	1	0	2	1.7 %
Two or More	0	2	0	2	1.7%
Unknown/Other	0	1	0	1	0.8 %
Total Students	12	107	0	119	100%

Gender	N	Percent
Male	12	10.1 %
Female	107	89.9 %
Total Students	119	100%

Graduation Rates

During the 2023-2024 academic year, the Clinical Mental Health Counseling Program saw 4 students' graduate. The chart below shows the breakdown of graduates from the Fall 2023, Spring 2024, and Summer 2024 semesters.

Table 2. 2023-2024 Academic Year Counseling Student Graduates

	Fall 2023	Spring 2024	Summer 2024	Total
M.S. in Clinical Mental Health Counseling	0	4	0	4

Student Performance/Academic Benchmarking Key Performance Indicators

The key performance indicator scale is used as a **key performance indicator** that measures value and demonstrates how effectively the counseling program is achieving key learning objectives and educational standards. Key Performance Indicators were created for each of the eight core areas and key clinical mental health components: foundations, contextual dimensions, and practice. The chart below represents key activities and assignments that identify the benchmarks by which students' knowledge will be assessed.

Key activities and assignments are indicated throughout the coursework and are analyzed to show student success.

Program Student Learning	Data Collected and Key Assessment	How and When Collected
Outcomes Core Areas	Measures	
1. Professional Orientation and	Mid-term Paper:	EDCG 5310
Ethical Practice	Licensed Helping Professionals Interview	
	Research-Based Ethics Paper	EDCG 5315
	Comprehensive Exam	EDCG 5357
2. Social and Cultural Diversity	Final Exam	EDCG 5347
	Group Presentation	EDCG 5347
	Comprehensive Exam	EDCG 5357
3. Human Growth and	Developmental Autobiography	EDCG 5339
Development	and Theoretical Framework	
-	Developmental Theory Paper	EDCG 5339
	Comprehensive Exam	EDCG 5357
4. Career Development	Career Development Intervention	EDCG 5355
	Portfolio	

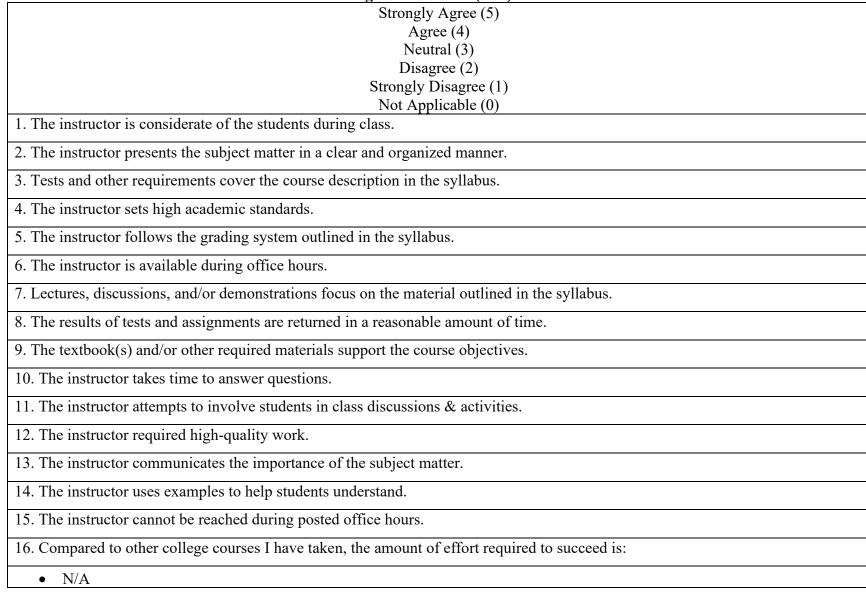
	Career Autobiography and Theory	EDCG 5355
	Application	ED 00 5055
	Comprehensive Exam	EDCG 5357
5. Counseling and Helping	Theory Research Paper	EDCG 5311
Relationships	Self-Monitoring Project	EDCG 5312
	Comprehensive Exam	EDCG 5357
6. Group Counseling and Group	Group Proposal	EDCG 5323
Work	Facilitate a Group Session with	EDCG 5323
	Recording or Live Observation	
	Comprehensive Exam	EDCG 5357
7. Assessment and Testing	Assessment Administration	EDCG 5324/5345
	Instrument Review	EDCG 5324
	Comprehensive Exam	EDCG 5357
8. Research and Program	Research Proposal	EDCG 5329
Evaluation	School Counseling, Developmental	EDCG 5358 <u>or</u>
	Guidance Lessons, <u>or</u> Clinical Mental	EDCG 5360
	Health Program Improvement and	
	Consultation Project	
	Comprehensive Exam	EDCG 5357
9. Clinical Mental Health	Theory Research Paper	EDCG 5311
Counseling: Foundations	Assessment Administration	EDCG 5324
	Clinical Mental Health Program	EDCG 5360
	Improvement and Consultation	
	Project	
10. Clinical Mental Health	Research-Based Ethics Paper	EDCG 5315
Counseling: Contextual	Group Presentation	EDCG 5347
Dimensions	Mid-term Paper: Licensed Helping	EDCG 5310
	Professionals Interview	
11. Clinical Mental Health	Counseling Skills Scale	EDCG 5357/66/68
Counseling: Practice	Mid and Final Supervisor Evaluation	EDCG 5357/66/68
	Pre and Post Self-Assessment	EDCG 5357/66/68

Table 3. Fall 2023. Spring 2024, Summer 2024 KPI/Student Learning Outcome Results (success benchmark = 80%)

Master's Core Content Areas	Benchmark%	Fall 2023	Spring 2024	Summer 2024	Outcome Average %
Professional Counseling Orientation and Ethics	80%	93%	94%	95%	94%
Social and Cultural Diversity	80%	93%	91%	95%	93%
Human Growth and Development	80%	92%	86%	-	89%
Career Development	80%	87%	92%	90%	90%
Counseling and Helping Relationships	80%	95%	93%	92%	93%
Group Counseling	80%	96%	93%	-	95%
Assessment and Testing	80%	94%	96%	-	95%
Research and Program Evaluation	80%	90%	98%	-	94%
Total Average	80%	93%	93%	93%	93%

Faculty also uses the Student Ratings of Instruction (SRI) to assess how the students view the courses and the instructor, so that if there is a weakness identified, the instructor can rectify it. Our program faculty proudly achieved a high average of 4.74 out of a 5.0 scale from our master's students in the academic year of 2023-2024. The student ratings of instruction are made available to the department chair and included in the yearly evaluation portfolio for each faculty's yearly performance evaluation. Faculty performance is reviewed by our students via the Student Rating of Instruction (SRI) at the end of each term. The questions posed on the survey allow students to evaluate not only the professor's teaching performance, but also the content of the class. The faculty utilizes the results of these reviews from our students to monitor any changes needed to their presentation of the course and or the changes to the course content if needed. Student Rating of Instruction (SRI) is not available for EDCG 5366 & 5368, as students are not required to complete evaluations for practicum or internship courses. If an "N/A" is noted in correspondence to an adjunct professor, this indicates the professor did not teach for that particular semester, or they didn't teach a practicum or internship course.

Student Rating of Instruction (SRI) on a 5.0 Scale



Higher
• Same
• Lower
17. The grade that I expect in this class is:
• N/A
• A
• B
• C
• D
• F
18. My reason for taking this course:
Required
• Elective
19. Please give your views on the quality of the instruction in this course. In your comments, please include both strengths and
weaknesses.

Table 4. Fall 2023. Spring 2024, Summer 2024 Student Rating of Instruction (SRI) (success benchmark = 80%, 4.0 out of 5.0)

Student Rating of Instruction (SRI) on a 5.0 scale	Benchmark%	Average of	Average of	Average of	Average of
Student Rating of histraction (SRI) on a 3.0 scale		Fall 2023	Spring 2024	Summer 2024	2023-2024
Dr. Karen Furgerson	80% (4.0 out of 5.0)	4.71	4.50	4.97	4.73
Dr. Steve Bain	80% (4.0 out of 5.0)	4.67	4.99	N/A	4.83
Dr. Kristopher Garza	80% (4.0 out of 5.0)	4.73	4.65	4.74	4.71
Dr. Ya-Wen Melissa Liang	80% (4.0 out of 5.0)	4.95	4.97	4.90	4.94
Dr. Lorena Albarran- Rosenbaum	80% (4.0 out of 5.0)	4.65	4.33	4.48	4.48
Dr. Baylea Elizabeth Wagener	80% (4.0 out of 5.0)	4.61	N/A	N/A	4.61

Dr. Linda Hart	80% (4.0 out of 5.0)	N/A	4.91	N/A	4.91
Dr. Mary Nichter	80% (4.0 out of 5.0)	N/A	4.80	N/A	4.80
Dr. Jacquelyn Schuster	80% (4.0 out of 5.0)	N/A	N/A	N/A	N/A
Average	80% (4.0 out of 5.0)	4.72	4.77	4.77	4.75

The program faculty met and discussed each score from each course, and a decision was made to revise any areas that needed to be addressed and to hold comprehensive exam review sessions in areas of need. The counseling faculty will discuss online and community activities to supplement current methods of instruction and course requirements. The counseling program is also required to submit an annual program report to the university.

Professional Dispositions

The counseling program incorporates a goodness-of-fit scale throughout each semester. The scale measures students' academic skills, clinical skills, ethical conduct, professional conduct, and interpersonal skills. The purpose of the scale is to help students who may be having difficulty with the scales mentioned. The highest score each student can receive per scale is 3. Students who fall below 2 will need to meet with their advisor to come up with an academic plan.

Goodness of Fit Evaluation

Faculty in the counseling program evaluate each student in his or her classes each semester using a Goodness of Fit Evaluation instrument, which is scored using a Likert scale with the following values:

- N = Insufficient opportunity to observe
- 0 =Does not meet criteria for program expectations
- 1 = Meets criteria marginally and/or inconsistently for program level
- 2 = Meets criteria for program level adequately
- 3 = Exceeds criteria for program level

The evaluation covers 31 attributes, divided into 5 categories.

ACADEMIC SKILLS
Completes Assignments
Class Participation
GPA (Actual)
Quality of Work
Attendance/Punctuality
Presentation Skills
Writing/APA Skills
CLINICAL SKILLS
Skills I (Intro 5310)
Skills II (Practicum I 5357)
Skills III (Practicum II, Int I 5366, Int II 5368)
Assessment
Case Conceptualization
Record Keeping
ETHICAL CONDUCT
Adheres to Professional Codes
Academic Honesty
PROFESSIONAL CONDUCT
Professional Identity
Theoretical Orientation
Conference Presentations
INTERPERSONAL SKILLS
Emotional Stability
Collaboration
Respectfully Assertive
Maturity
Respect for Diversity

Motivation
Flexibility
Caring
Professional/Personal Balance
Open to Self-Examination
Receptive to Feedback
Incorporates Feedback
Appropriate Boundaries

Faculty review the scores in a program faculty meeting each semester, and students who have scores below 2 are identified. A plan of action to help the students improve their performance is developed and agreed upon by the faculty. The student's instructor(s) and/or advisor will contact the student to discuss the areas of concern and share the plan to help the student improve.

The following table shows the evaluation by category of the Goodness of Fit instrument for the 2023-2024 academic year:

Table 5. Goodness of Fit by Category – (based on 0–3-point Likert scale)

Goodness of Fit Categories	Benchmark	Fall 2023	Spring 2024	Summer 2024	Average
Academic Skills	2.0	2.5	2.6	2.7	2.6
Clinical Skills	2.0	2.4	2.4	2.5	2.4
Ethical Conduct	2.0	2.6	2.4	2.5	2.5
Professional Conduct	2.0	2.5	2.5	2.6	2.5
Interpersonal Skills	2.0	2.5	2.5	2.6	2.5

Practicum and Internship Mid and Final Evaluations

Throughout each of our practicum and internship courses, site supervisors are asked to assess their perceptions of our students' level of preparation. The site supervisor's evaluations of students are mostly positive. Site supervisors evaluate student progress at the midterm and final during practicum and internship. A mid and final evaluation scale, which consists of 65 items, is used to measure the student's progress during the middle and end of the semester. During the 2023-2024 academic year, students received an average of **4.8** (out of a 6-point scale) on mid-term evaluations and **5.5** on final evaluations.

Table 6. Student Mid-Evaluations Completed by Field Experience Site Supervisors

Semester	N	Average Rating
Fall 2023	22	4.6
Spring 2024	22	4.9
Summer 2024	NA	NA
Total #	44	4.8

Table 7. Student Final Evaluations Completed by Field Experience Site Supervisors

Semester	N	Average Rating
Fall 2023	21	5.4
Spring 2024	21	5.5
Summer 2024	NA	NA
Total #	42	5.5

Student Site Evaluation Review

Each semester during practicum and internship, students evaluate their sites and site supervisors. The average score was 4.8 on a 5-point scale.

Table 8. Student Final Field Experience Site Supervisor Evaluations Completed by Students

Semester	N	Average Rating
Fall 2023	23	4.8
Spring 2024	19	4.8
Summer 2024	NA	NA
Total #	42	4.8

The Counselor Preparation Comprehensive Examination (CPCE)

Comprehensive Examination (CPCE) results. All students in the master's program are required to take the Counselor Preparation Comprehensive Examination (CPCE). All students are required to pass the comprehensive exam before graduation. The CPCE consists of a 160-item multiple-choice examination that covers counselor preparation in all CACREP core areas. Students have a total of three attempts to pass this exam before needing a remediation plan. The CPCE covers counselor preparation in all CACREP core areas. During the Fall 2023 semester, 7 students took the exam and 5 students passed. During the Spring 2024 semester, 13 students took the comprehensive exam and 11 students passed. During the Summer 2024 semester, 2 students took the comprehensive exam and 2 passed. During the 2023-2024 academic year, students who were eligible and took the examination had a pass rate of 82%. Out of 22 students who took the examination, 18 students passed.

Table 9. Counseling Student CPCE Scores

	Fall 2023	Spring 2024	Summer 2024
Number of students taking CPCE	7	13	2
Number of students who passed	5	11	2
Percentage of students passing	71%	85%	100%

Licensure/Certification Examination

The National Counselor Examination is taken by students who are interested in state licensure. During the 2023-2024 academic year, students who were eligible and took the examination was 0%. There were no students who took the exam during this reporting period.

Table 10. National Counselor Exam

	Academic Year 2023-2024
Number of students taking NCE	0
Number of students who passed	0
Percentage of students passing	NA

Job Placement

Our counseling program created a survey to assess alumni from our counseling program. During the 2023-2024 academic year, 6 alumni took the survey. Four out of 6 reported engaging in various types of counseling positions. Thus, our program had a job replacement rate of 67%.

Changes to the Program

A new Program Coordinator and CACREP Liaison were appointed to the counseling program during the 2023-2034 reporting period.

The counseling program continued to improve the program website by adding additional information. The additional information includes career opportunities for students who will graduate with a clinical mental health counseling degree. Additional links, such as the Occupational Outlook Handbook, are included on the website. Information regarding admissions requirements to our counseling program has been revamped with more detailed information.

The counseling faculty continues to meet throughout the year to discuss and evaluate the degree to which the program objectives are addressed in the course syllabus, program student learning objectives, key performance indicators, and mid and final evaluations within the field experience courses. The program faculty discussed ways in which to incorporate what is found through the findings from the evaluation process, as well as input from graduate/alumni follow-up questionnaires and clinical site supervisors' feedback.

While it may appear that our graduation rate has declined, this must be viewed in the context that our program has expanded by 400% in the last 18 months. The students who graduated for this report's count were part of the smaller enrollment cohort number. Therefore, the graduation rate is skewed because of the exponential enrollment growth. We anticipate this percentage to grow once the total number of graduates aligns with the new enrollment numbers.

- Fall 2023: 300% increase (compared to Fall 2022)
- Spring 2024: 406.7% increase, reaching 77 students (compared to Spring 2023)
- Summer 2024: 306.7% increase (compared to Summer 2023)

The counseling program proposed during the Fall of 2023, a new graduate transcripted certificate in Sand Tray Therapy that will require a total of 12 credit hours.

Program Vital Statistics: 2023-2024

Enrollment	# of Graduates	Student program 4	NCE Licensure	Job Placement
		yr. completion rate	Exam Pass	Rate
			Rate	
119	4	30%	No exams were taken	67%