Kristopher Garza, Ph.D., LPC-S, NCC Associate Professor

Department of Educational Leadership and Counseling
1055 N. University Blvd., MSC 223
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EDUCATION

Doctorate of Counselor Education, Texas A&M University-Corpus Christi, Corpus Christi, TX (2011)
(Accredited by CACREP); Dissertation: *Resiliency, Self-Efficacy, and Persistence of College Seniors in Higher Education: An Emphasis on First-Generation Hispanic Students*

Masters of Arts in Community Counseling, Texas A&M University, Corpus Christi, TX (2002)

Bachelor of Arts in Communication, Texas A&M University Corpus Christi, TX (2000)

LICENSURE/CERTIFICATIONS

Licensures:

- Licensed Professional Counselor-Supervisor, Certified- May 2013, State of Texas, Current, License #70850

Certifications:

- National Certified Counselor, certified- February 2016, # 669148
- Certificate of Professional Development in Distance/Online Learning (2014) Medicaid Provider

EMPLOYMENT HISTORY

Academic

2017-Present	Associate Professor, Department of Educational Leadership and Counseling Texas A&M University-Kingsville
2012-2017	Assistant Professor, Department of Educational Leadership and Counseling Texas A&M University-Kingsville
2012	Adjunct Professor, Department of Counseling Lamar University
2011-2012	Adjunct Professor, Department of Educational Leadership and Counseling Texas A&M University-Corpus Christi

Non-Academic

2020	Counselor, Garza & Garza Counseling Services Corpus Christi, TX
2013-2017	Counselor, C2 Counseling Corpus Christi, TX
2008-2012	Director, TRiO/Upward Bound Department Texas A&M University-Corpus Christi
2005-2008	Career Counselor, Career Services Department Texas A&M University-Corpus Christi
2002-2005	Program Coordinator, Academic Center for Enrichment Texas A&M University-Corpus Christi

LIST OF COURSES TAUGHT

Texas A&M-Kingsville

Spring 2021
EDCG 5355: Mats and Tech for Career Education
EDCG 5339: Human Growth and Development
EDCG 5357: Field Practicum
EDCG 5315: Ethics and Legal Issues in Counseling
EDCG 5366: Internship
EDCG 5360: Community Rural Mental Health

Fall 2020
EDCG 5355: Mats and Tech for Career Education
EDCG 5339: Human Growth and Development
EDCG 5357: Field Practicum
EDCG 5315: Ethics and Legal Issues in Counseling
EDCG 5366: Internship
EDCG 5341: Marriage and Family

Summer 2020
EDCG 5355: Mats and Tech for Career Education
EDCG 5339: Human Growth and Development
EDCG 5315: Ethics and Legal Issues in Counseling
EDCG 5341: Marriage and Family

Spring 2020
EDCG 5355: Mats and Tech for Career Education
EDCG 5339: Human Growth and Development
EDCG 5357: Field Practicum

EDCG 5315: Ethics and Legal Issues in Counseling
Fall 2019
EDCG 5355: Mats and Tech for Career Education
EDCG 5339: Human Growth and Development
EDCG 5357: Field Practicum
EDCG 5315: Ethics and Legal Issues in Counseling

Summer 2019
EDCG 5355: Mats and Tech for Career Education
EDCG 5339: Human Growth and Development
EDCG 5315: Ethics and Legal Issues in Counseling

Spring 2019
EDCG 5355: Mats and Tech for Career Education
EDCG 5339: Human Growth and Development
EDCG 5357: Field Practicum
EDCG 5315: Ethics and Legal Issues in Counseling
Fall 2018
EDCG 5355: Mats and Tech for Career Education
EDCG 5323: Group Counseling
EDCG 5339: Human Growth and Development
EDCG 5341: Field Practicum
EDCG 5366: Internship

Summer 2018
EDCG 5355: Mats and Tech for Career Education
EDCG 5341: Wellness in Counseling
EDCG 5339: Human Growth and Development
EDCG 5341: Stress Management

Spring 2018
EDCG 5339: Human Growth and Development
EDCG 5355: Mats and Tech for Career Education
EDCG 5357: Practicum
EDCG 5357: Practicum

Fall 2017
EDCG 5310: Introduction to Counseling
EDCG 5339: Human Growth and Development
EDCG 5357: Practicum
EDCG 5341: Practicum

Summer 2017
EDCG 5355: Mats and Tech for Career Education
EDCG 5323: Group Counseling
EDCG 5341: Wellness in Counseling
EDCG 5341: Spirituality in Counseling

Spring 2017
EDCG 5355: Human Growth and Development
EDCG 5355: Mats and Tech for Career Education
EDCG 5357: Practicum
EDCG 5357: Practicum

Fall 2016
EDCG 5339: Human Growth and Development
EDCG 5310: Introduction to Counseling
EDCG 5357: Practicum
EDCG 5357: Practicum

Summer 2016
EDCG 5355: Mats and Tech for Career Education
EDCG 5341: Wellness in Counseling
EDCG 5347: Counseling the Culturally Different
EDCG 5341: Stress Management

Spring 2016
EDCG 5355: Mats and Tech for Career Education EDCG
5339: Human Growth and Development:
EDCG 5311: Theories of Counseling
EDCG 5357: Field Practicum for Counselors

Fall 2015
EDCG 5355: Mats and Tech for Career Education
EDCG 5315: Ethics and Legal Issues in Counseling
EDCG 5357: Field Practicum for Counselors
EDCG 5357: Field Practicum for Counselors

Summer 2015
EDCG 5323: Group Counseling
EDCG 5355: Mats and Tech for Career Education
EDCG 5315: Ethics and Legal Issues in Counseling
EDCG 5339: Human Growth and Development

Spring 2015
EDCG 5355: Mats and Tech for Career Education
EDCG 5341: Spirituality and Counseling
EDCG 5357: Field Practicum for Counselors
EDCG 5357: Field Practicum for Counselors

Fall 2014
EDCG 5315: Ethics and Legal Issues in Counseling
EDCG 5355: Mats and Tech for Career Education
EDCG 5311: Theories of Counseling
EDCG 5357: Field Practicum for Counselors

Summer 2014
EDCG 5315: Ethics and Legal Issues in Counseling
EDCG 5355: Mats and Tech for Career Education

Spring 2014
EDCG 5341: Spirituality and Counseling
EDCG 5355: Mats and Tech for Career Education
EDCG 5357: Field Practicum for Counselors
EDCG 5357: Field Practicum for Counselors

Fall 2013
EDCG 5339: Human Growth and Development
EDCG 5357: Field Practicum for Counselors

Spring 2013
EDCG 5329: Educational Research
EDED 5329: Educational Research
EDCG 5305: Graduate Research Project
EDCG 5357: Field Practicum for Counselors

Fall 2012
EDCG 5339: Human Growth and Development
EDCG 5329: Educational Research
EDCG 5357: Field Practicum for Counselors

Lamar University
Summer 2012
CNDV 5312: Group Counseling Theories and Techniques

Texas A&M University- Corpus Christi
Spring 2012
CNEP 5306: Career Counseling

Fall 2011
CNEP 5306: Career Counseling

Spring 2008, Teaching Assistant
CNEP 5361: Group Counseling

PUBLICATIONS

Refereed Journal Articles: **(*) *Denotes collaboration with students***

* Ikonomopoulos, J., **Garza, K.,** Weiss, R., & Morales, A. (2020): Examination of treatment progress among college students in a university counseling program, *Counseling Outcome Research and Evaluation*, DOI: 10.1080/21501378.2020.1850175

Garza, K., Mundy, M. A., & Kupczynski L. (2018). Counselor self-efficacy: The effects of online preparatory counseling programs. i-manager's *Journal of Educational Psychology, 12*(1), 1-7. https://doi.org/10.26634/jpsy.12.1.14374

*Guerra, M. G., Kupczynski, L., Mundy, M. A. & **Garza, K.** (2017). The diagnostic competencies: Perceptions of educational diagnosticians, administrators, and classroom teachers. *International Journal of Special Education, 32*4, 708-722. Retrieved fromuphttp//www.internationalsped.com/issues.cfm

Villarreal, J[(1)], Furgerson, K[(1)]., **Garza, K**[(1)]., Bain, S.F. & Slate, J. (2017). A study assessing student leadership skills through emotional intelligence. *National Forum of Applied Educational Research Journal, 30*(3), 1-15. ([(1)] Denotes: Co-first author)

Garza, K[(1)]., Bain, S[(1)]., Villarreal, J. (2017). Impact of the practicum experience on counseling students' professional identity development. *National Forum Journal of Counseling and Addiction, 6*(1), 1-11. ([(1)] Denotes: Co-first author)

Kupczynski, L., **Garza, K**., & Mundy, M. A. (2017). Counselors' perceptions of online and face to face counseling. *Turkish Online Journal of Distance Education*, *6*(1), 1-17.

Bain, S. F. & **Garza, K**. (2016). Helping graduate counseling students embrace academic writing: Beyond a book review. *National Forum of Counseling and Addiction, 5*(1), 1-6.

Fedynich, L. & **Garza, K.** (2016). Implementation issues in multicultural education: What are secondary public school educators facing? *Journal of Arts & Humanities, 5*(2), 1-11.

*Jones, D., **Garza, K.,** & Salinas, A. (2015). Policy Analysis: An analysis of institutional admissions and state policies in higher education as they impact undocumented students. *Research in Higher Education Journal, 29,* 1-17. Retrieved from http://www.aabri.com/manuscripts/152334.pdf.

Garza, K., Bain, S., & Kupczynski, L. (2014). Resiliency, self-efficacy, and persistence of college seniors in higher education: An emphasis on first-generation Hispanic students. *Research in Higher Education Journal*, *26,* 1-16. Retrieved from http://www.aabri.com/manuscripts/142029.pdf.

*Bain**, S. Garza, K.,** Lopez, J., & Flores, O. (2014). Spirituality and counseling in rural communities: A broad based narrative of education and advocacy in spiritual counseling. *Journal of International Business and Cultural Studies, 8,* 68-71.

Nonrefereed Articles

Garza, K., Furgerson, K., & Liang, Y. W. (2018). Advocacy for School Safety and Mental Health Intervention. Southern Association for Counselor Education and Supervision Newsletter (Spring Issue), 14-15

Liang, Y. W., Furgerson, K., **Garza, K.** (2017). Equip counseling students' competence through ACA Code of Ethics. Southern Association for Counselor Education and Supervision Newsletter (Spring Issue), 7-8.

Devlin, J.M., Flamez, B.N., & **Garza, K**. (2008). Bridging the gap between counseling and research. Published in the 5th annual CS3 Symposium Proceedings.

Manuscripts in Preparation

Ikonomopoulos, J., & **Garza, K.,** Efficacy of the DAAPP Program Amongst College Students in a Rural University Health and Wellness Center.

Book Chapters

Ikonomopoulos, J., Liang, Y, Furgerson, K., & **Garza, K.** (2020). *Delivering Effective Therapy in Rural Regions*. In: Munoz, S.A. and Bain, S (1st Ed..) Rural Geographies of Mental Health and Wellbeing.

CONFERENCE PRESENTATIONS (PEER-REVIEWED)

(*) *Denotes collaboration with students*

International Presentations: Refereed

Garza, K., Garza, M., Bain, S. (2019). *Engaging Rural Schools for Mental Health Service Deliverables.* Lecture presentation session presented at the Rural Mental Health Conference: Tackling Isolation and Foster Connections 2019 in Inverness, Scotland.

Bain, S. **Garza, K.** (2019). *Counselling Young People in Rural Schools: A Strategic Approach.* Lecture presentation session presented at the Rural Mental Health Conference: Tackling Isolation and Foster Connections 2019 in Inverness, Scotland.

Bain, S. **Garza, K.** (2019). *Counselling Young People in Rural Schools: A Strategic Approach.* Lecture presentation session presented at the Rural Mental Health Conference: Tackling Isolation and Foster Connections 2019 in Inverness, Scotland.

Garza, K., Bain, S. (2018). *Developing Confident Counselors through Graduate Field Experiences*. Presentation made to the Academic and business Research Institute Conference in San Antonio, TX.

Kupczynski, L., **Garza, K**., & Mundy, M.A. (2017). *Counselor's perceptions of online and face to face counseling*. Presented at the 15th Annual Hawaii International Conference on Education. Honolulu, HI. January.

*Jones, D., **Garza, K**., & Salinas, A. (2015) *Policy analysis: An analysis of institutional admissions and state policies in higher education as they impact undocumented students.* Presentation made to the Academic and Business Research Institute in Las Vegas.

Garza, K., Bain, S. (2015). *Developing a counselor identity: A qualitative study of graduate student interns*. Presentation made to the Academic and business Research Institute Conference in Orlando, Florida.

Garza, K. (2014). *Understanding supporting factors to student success in higher education: An emphasis on first-generation Hispanic students*. Presentation made to the Academic and Business Research Institute Conference in San Antonio, TX.

Garza, K. (2013). *Spirituality and counseling in rural communities: A broad based narrative of education and advocacy in spiritual counseling*. Presentation made to the Academic and Business Research Institute Conference in New Orleans, Louisiana.

Garza, K. (2012). *Resiliency, self-Efficacy, and persistence of college seniors: An emphasis on first-generation Hispanic students*. Presentation made to the Academic and Business Research Institute Conference in Las Vegas.

National: Refereed

Ikonomopoulos, J., **& Garza, K**. (2019, October) Examining the Efficacy of the U-Turn Program for Reducing Anxiety and Depression amongst College Students in a Rural University. Poster session presented at the International Organization of Social Science and Behavioral Research conference in Las Vegas, Nevada.

Ikonomopoulos, J., & **Garza, K**. (2019, October) Examining the Efficacy of the U-Turn Program for Reducing Eating Concerns and Hostility amongst College Students in a Rural University. Poster session presented at the International Organization of Social Science and Behavioral Research conference in Las Vegas, Nevada.

Ikonomopoulos, J., & **Garza, K**. (2019, October) Examining the Efficacy of the U-Turn Program for Reducing Academic Distress and Alcohol Use amongst College Students in a Rural University. Poster session presented at the International Organization of Social Science and Behavioral Research conference in Las Vegas, Nevada.

Bain, S., **Garza, K.** (2020) *Rural Communities: A New Ethical Frontier for Professional Counselors.* Round table session presented at the Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K., Bain, S. (2019) *Utilizing Dialectical Behavior Therapy in Rural School Settings*. Poster session presented at the American Counseling Association Conference in New Orleans, Louisiana.

Bain, S., **Garza, K.** (2019) *Rural Communities: A New Ethical Frontier for Professional Counselors.* Round table session presented at the Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. & Bain, S. (August, 2018). Using DBT to insure successful practicum experiences within rural schools. Presentation made to the 2018 National Association of Rural Mental Health (NARMH) conference in New Orleans, Louisiana.

Bain, S. & **Garza, K**. (August, 2018). Why rural mental health matters. Presentation made to the 2018 National Association of Rural Mental Health (NARMH) conference in New Orleans, Louisiana.

Garza, K. (2016). *Releasing the stress inside: Using glitter to soothe the mind of a child.* Peer reviewed content session for the 2016 Creativity in Counseling Conference in Savannah, GA.

Garza, K, & Holin, L. (2009). *Understanding and supporting first-generation college students*. Will be presented at the American Counseling Association Conference, Charlotte, North Carolina, March 19th to March 23rd.

Flamez, B.N. & **Garza, K**. (2008). *Bridging the gap between counseling and research*. Presented at the 5th annual CS3 Symposium: Action Research in Education and Leadership, San Diego, CA, May 16th-17th.

Devlin, J.M., & Smith. R.L., **Garza, K.,** Flamez, B.N., & Abernethy, C. (2008). *Reconnecting science to practice: An innovative model for supporting a counseling research identity*. Presented at the American Counseling Association Conference, Honolulu, HI, March 24th to 30th.

Regional: Refereed

Ikonomopoulos, J. & **Garza, K**. (2020). *Quasi-experimental Examination of Treatment Progress among College Students in a University Counseling Program*.

. Peer reviewed presentation for the 6th Annual Gulf Coast Counseling Association Conference, Life's a Beach! Connecting Courageous Counselors in Corpus Christi, TX.

*Carabajal, M. & **Garza, K**. (2017). *Suicide intervention: Are practicum students prepared for this challenging task*. Peer reviewed presentation for the 3rd Annual Gulf Coast Counseling Association Conference, Weathering the Storm in Corpus Christi, TX.

Garza, K. & Bain, S. (2016). *Graduate students' development of professional identity and selfconfidence in the light of the practicum experience*. Peer reviewed presentation for the 2nd Annual Gulf Coast Counseling Association Conference, Counseling Along the Coast: Exploring Greater Depths in Corpus Christi, TX.

Smith, W.D. & **Garza, K**. (2016). *Rural counseling: Is it the life for me*? Peer reviewed presentation for the 2nd Annual Gulf Coast Counseling Association Conference, Counseling Along the Coast: Exploring Greater Depths in Corpus Christi, TX.

Garza, K. & W.D. Smith. (2016). *Promoting resilience: The power of healing through writing*. Peer reviewed poster session for the 2016 Southern Association for Counselor Education and Supervision Conference in New Orleans, LA.

Smith, W.D. & **Garza, K.** (2016). *Establishing a private practice: Secrets revealed.* Peer reviewed content session for the 2016 Southern Association for Counselor Education and Supervision Conference in New Orleans, LA.

State: Refereed

Garza, K. & Liang, Y. (2017). *Utilizing dialectical behavior therapy in supervision.* Peer reviewed content session for the TCA (Texas Counseling Association). Conference in Galveston, TX.

Liang, Y. & **Garza, K.** (2017). *Promote diverse college students' academic success.* Peer reviewed content session for the TCA (Texas Counseling Association). Conference in Galveston, TX.

Garza, K. & Smith, W.D. (2016). *Living with diabetes: Bridging the mind, body, and soul.* Peer reviewed content session for the TCA (Texas Counseling Association). Conference in Dallas, TX.

Smith, W.D. & **Garza, K.** (2016). *Welcome to academia: How to navigate the academic job offer.* Peer reviewed content session for the TACES (Texas Association of Counselor Education and Supervision) 2016 Mid-Winter Conference in Austin, TX.

Local Presentations: Refereed

Garza, K. (2018). *Counseling Practicum Students Experiences Utilizing Dialectical Behavior Therapy Through a Service Learning Project.* Poster session for the 2018 High Impact Practice in Higher Education Conference in Kingsville, TX.

Local Presentations: Non-Refereed (Invited)

Garza, K. (2018). *How* Can I Resolve Difficult Situations in the Classroom? Presented at Texas A&M University, Kingsville. Wednesday Noon Seminar. Corpus Christi, TX.

Garza, K. (2018). "Dangers of stress: This silent killer must be heard!" Presented at the South Texas Social Worker Society Conference. Presented at the American Bank Center. Corpus Christi, TX.

Garza, K. (2017). "Dangers of stress: This silent killer must be heard!" Presented at Communities in Schools of the Coastal Bend. Corpus Christi, TX.

Garza, K. (2017). "Dangers of stress: This silent killer must be heard!" Presented at Bayview Behavioral Hospital. Corpus Christi, TX.

RESEARCH AND SCHOLARLY ACTIVITIES

Funded Grants

(April, 2018). Submitted to National Board of Certified Counselors (NBCC) "Initial CACREP Accreditation" grant of $2.500.00 first of 3-part $9,000.00 grant. (Co- PI) (Funded)

(Fall 2017/Spring 2018). Received the Student Engagement through Service Learning Grant of $7,200 for the project designed to give practicum students acquire hands on training and experience using narrative therapy with clients. (Co-PI)(Funded)

(Fall 2016/Spring 2017). Received the Student Engagement through Service Learning Grant of $4,000 for the project designed to allow practicum students to learn and practice Dialectical Behavioral Therapy (DBT) to High School level students from Premont I.S.D. (PI) (Funded)

PROFESSIONAL GROWTH AND ACTIVITIES

- European Branch of the American Counselor Association, (2021-present)
- Association for Counselor Education and Supervision (2016 –present)
- American School Counselor Association (2016-present)
- Southern Association for Counselor Education and Supervision (2016-present)
- The Association for Creativity in Counseling (2016–present)
- Chi Sigma Iota-Faculty Advisor (2016-present)
- Gulf Coast Counseling Association (2016-present)
- Graduate Faculty Council, Texas A&M University, Kingsville (2012-2015)
- American Counseling Association (2008-present)
- Texas Counseling Association (2007-present)
- Texas Association for Counselor Education and Supervision (2007-present)
- Texas College Counseling Association (2012-present)
- Texas Career Development Association (2012-present)
- Texas Association for Multicultural Counseling and Development (2012-present)
- Counselor Education Research Consortium, Texas A&M University-CC, President (2007-2009)

Professional Service Activities

- Global Rural Mental Health Committee, (2020)
- Conference Committee, European Branch of the American Counseling Association (2020)
- Ethics Committee, Texas Counseling Association (2017/2018)
- Conference Proposal Reviewer, Association for Counselor Education and Supervision (2017)

FACULTY/COUNSELING PROFESSIONAL DEVELOPMENT/CEU TRAININGS

Garza, K. (2020). Zoom User Training. Virtually presented by Dr. Rolando Garza. Texas A&M University-Kingsville, TX.

Garza, K. (2020). Community Skills for Leaders. Leader Series. Virtually presented by Julie Burch. Texas A&M University-Kingsville, TX.

Garza, K. (2020). Dealing with Conflict and Confrontation. Leader Series. Virtually presented by Julie Burch. Texas A&M University-Kingsville, TX.

Garza, K. (2020). Clinical Supervision: Providing Effective Supervision, Navigating Ethical Issues and Managing Risk. Completed. Continued Education Unit. Completed online. PESI.

Garza, K. (2020). Telehealth Certification Training for Mental Health Profession. Completed. Continued Education Unit. Completed online. PESI.

Garza, K. (2020). Ethical Principles in the Practice of Texas Mental Health. Completed. Continued Education Unit. Completed online. PESI.

Garza, K. (2020). Multicultural Competence and Emotional Intelligence in the Supervisory Relationship: An Ethical Imperative. Presented by Dr. Matthew Shupp. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). Ethical Decision Making in Gatekeeping. Presented by Drs. Laura Haddock, Kristi Cannon, and Corinne Bridges. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). University and Site Supervisors Working Together to Address CACREP Standards. Presented by Dr. Anna Koch and Dr. Geri Glover. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). Wellness, Balance and Self-Care as an Ethical Mandate for Counselors and Counseling Students. Presented by Dr. Patricia Thomas and Dr. Sarah Irvin. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). Ethical and Risk Management Considerations for Peer Consultation Groups. Presented by Dr. John Duggan. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). When Culture and Counseling Technique Clash: Opportunities for Growth When Supervising a Training Group with Diverse Students. Presented by Dr. Anna Koch and Dr. Gene Glover. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). Ethical Practices in Supervision and the Importance of the Supervisory Relationship. Presented by Drs. Michael Leeman, Laura Squires and Dr. Kirstin Dantin. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). Using Supervisory Relationships as Parallel Processes for Ethical Standards and Practice. Presented by Drs. David Julius Ford Jr., Christian Chan, Philip Gnilka, and Randy Clark. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2020). Understanding Laws, Ethics, and Literature on Distance Learning, Distance Counseling, and Distance Supervision. Presented by Dr. Dustin Herbert Reed. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). Ethical and Legal Scenarios in Clinical Supervision. Presented by Dr. Ceara Shaughnessy and Dr. Katrina Miller. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). Promoting Autonomy in Supervision: Using the CMT as a Dynamic Supervision Tool for Trainees and Seasoned Counselors. Presented by Dr. John A. King.

Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). Being a Gatekeeper, a Professor, and a Supervisor: What is the Ethical Roadmap? Presented by Jennifer Mani, MS, Doctoral Student. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). Is Post Master's Supervision and Continued Training of School Counselors Important? Issues, Challenges, and Implications. Presented by Dr. Courtney Conley and Dr. Jazmone S. Tayloe. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). The Ethics of Distinguishing Depression, Bereavement and Complicated Bereavement. Presented by Dr. Prachi Kene. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). FERPA and HIPPA: How They Apply to Counselor Supervision. Presented by Dr. Doris Carroll and Dr. Connie Theriot. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). Distance Counseling, Distance Learning, Distant Supervision, Law, and Ethics. Presented by Dr. Dustin Herbert Reed. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). Gatekeeping: from Application to Graduation-the Role of the Counselor Educator. Presented by Dr. Ouida Frazier-Smith, Hasaan Reeder, MA, Doctoral Candidate, and Dr. Ryan White. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). Counseling Interns with Disabilities, or Disabled Counselor Interns? Legal and Ethical Issues on Accommodations in Counselor Education and Supervision. Presented by Dr. Beto Davison and Dr. Jobie L. Skaggs. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). The Ethics of Gate Keeping in Counselor Education: Dilemmas, Strategies, and Choices. Presented by Dr. David Capuzzi. Law and Ethics in Counseling Conference in New Orleans, Louisiana.

Garza, K. (2019). The Delphi Method: Engaging Rural Community Members in Mental Health. Presented by Dr. Kelly Hall and Dr. Steve Bain. Rural Mental Health Conference: Tackling Isolation and Foster Connections. Inverness, Scotland.

Garza, K. (2019). Improving Mental Health through Horticultural Therapy. Presented by Dr. Shad Nelson. Rural Mental Health Conference: Tackling Isolation and Foster Connections. Inverness, Scotland.

Garza, K. (2019). The Delphi Method: Engaging Rural Community Members in Mental Health. Presented by Dr. Kelly Hall and Dr. Steve Bain. Rural Mental Health Conference: Tackling Isolation and Foster Connections. Inverness, Scotland.

Garza, K. (2019). Rural Mental Health and Digital Technologies. Presented by Dr. Mark Grindle. Rural Mental Health Conference: Tackling Isolation and Foster Connections. Inverness, Scotland.

Garza, K. (December 2018). Supervision: Enhancing Supervisees Clinical Skills. Training completed. Continued Education Unit. Completed online. Healthcare Training Institute.

Garza, K. (December 2018). Texas State Board of Examiners of Professional Counselors Jurisprudence Exam. Training and Exam completed.

Garza, K. (October, 2018). How Can I Resolve Difficult Situations in the Classroom. Presented at Texas A&M Kingsville by Dr. Kristopher Garza.

Garza, K. (December 2018). Supervision: Enhancing Supervisees Clinical Skills. Training completed. Continued Education Unit. Completed online. Healthcare Training Institute.

Garza, K. (2018). Texas State Board of Examiners of Professional Counselors Jurisprudence Exam. Training and Exam completed.

Garza, K. (October, 2018). How Can I Resolve Difficult Situations in the Classroom. Presented at Texas A&M Kingsville by Dr. Kristopher Garza.

Garza, K. (August 2018). South Texs Social Worker Society Conference. American Bank Center.

Garza, K. (April 2018). Engagement Through Undergraduate Research, High Impact Practices in Higher Education Conference. Texas A&M University-Kingsville.

Garza, K. (February 2018). Exploring Grief After Suicide. Continued Education Unit. Presented by Dr. Alan Wolfelt. Corpus Christi, TX.

Garza, K. (Fall 2017). How Can I Implement UDL in the Next 20 Minutes? Presented at Texas A&M Kingsville.

Garza, K. (Fall 2017). T-TESS Field Supervisor Coaching Training for Advanced Certification Candidates. Training completed. San Antonio, TX

Garza, K. (July 2017). Integrating Mindfulness into Clinical Practice. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (June 2017). Suicide Assessment and Prevention. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (July 2017). Ethics for Counselors. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (April 2017). Dialectical Behavioral Therapy. Training completed. Presented by Esther Gonzalez-Powell, MS, LPC-I, LMFT-I. Corpus Christi, TX.

Garza, K. (March 2017). “El Camino to Self-Care”. Training completed at Bayview Behavioral Hospital. Presented by Jose T. Ramirez, MSW, LCDC. Corpus Christi, TX.

Garza, K. (March 2017). High Impact Practices in Higher Education Conference. Keynote speaker presentation by Dr. George D. Kuh. Texas A&M University-Kingsville, Kingsville, TX.

Garza, K. (November 2016). Post-Traumatic Stress Disorder. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (November 2016). Clinical Supervision: A Person-Centered Approach. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (November 2016). Sleep Disorders. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (November 2016). Ethics for Counselors. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (November 2016). Diabetes and Depression. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (November 2016). What Ethical Issues Lurk in My Grading Policy. Presented by Dr. Steve Bain. Kingsville, TX.

Garza, K. (October 2016). Writing Center and Support for Our Culture of Writing. Presented by Dr. Steven J. Corbett. Kingsville, TX.

Garza, K. (October 2016). Up in Smoke: Synthetic Marijuana-Not Intended for Human Consumption. Training completed at Bayview Behavioral Hospital. Presented by Jose T. Ramirez, MSW, LCDC. Corpus Christi, TX.

Garza, K. (September 2016). Grant Writing Strategies. Presented at Texas A&M Kingsville by Dr. Maria Martinez.

Garza, K. (September, 2016). Engagement Strategies to Support Student Writing Success. Presented at Texas A&M Kingsville by Dr. Patti Huskin.

Garza, K. (August 2015). Gottman Couples Therapy Level 2 Training: Assessment, Intervention and Co-Morbidities. Training completed at Texas A&M University-Corpus Christi, TX.

Garza, K. (September 2015). Outlook Basics. Fall into Technology Series. Presented at Texas A&M University-Kingsville, TX by Wendy Keach.

Garza, K. (May 2015). Gottman Couples Therapy Level 1 Training: Bridging the Couple Chasm Training completed at Texas A&M University-Corpus Christi, TX.

Garza, K. (May 2015) Oppositional Defiant, Anger Issues and ADHD. Training completed. Corpus Christi, TX. Presented by Tra Ahia, Ph.D.

Garza, K. (April 2015).How can I use Student Feedback to Improve my Teaching? Presented at Texas A&M University-Kingsville, TX.

Garza, K. (March 2015). Master DSM-5's Key Changes, Implement Its Assessment Tools, & Make It Your Path to ICD-10-CM Compliance. Presented by Dr. Beth Eckerd. Seminar was conducted in Corpus Christi, TX.

Garza, K. (February 2015). Helping Students Avoid Plagiarism. Working for Faculty. Presented at Texas A&M University-Kingsville, TX by Dr. Sunny Hawkins.

Garza, K. (November 2014). Alcohol, Alcohol Abuse, and Alcohol Dependence. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (November 2014). Clinical Supervision: A Person-Centered Approach. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (October 2014). Attention Deficit Hyperactivity Disorder. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (August 2014). Ethics for Counselors. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (July 2017). Integrating Mindfulness into Clinical Practice. Training completed. Continued Education Unit. Completed online at www.netce.com.

Garza, K. (April 2014). Second Annual South Texas Student Success Conference: Best Teaching and Learning Practices for Hispanic Serving Institutions. Presented at Texas A&M University-Kingsville, TX.

Garza, K. (April 2014). Second Annual South Texas Student Success Conference: Best Teaching and Learning Practices for Hispanic Serving Institutions. Presented at Texas A&M University-Kingsville, TX.

Garza, K. (September 2013). How do I Promote Deep Learning Through Critical Reflection? Center for Teaching Effectiveness. Presented by Dr. Jeffery Glick, History, Political Science and Philosophy. College of Arts and Sciences.

Garza, K. (September 2013). Can I Safely use Facebook with Students for Class Interaction? Center for Teaching Effectiveness. Presented by Marybeth Green, Educational Leadership and Counseling. College of Education and Human Performance.

Garza, K. (September 2013). How Can I Properly and Legally Dismiss a Student from Class? Center for Teaching Effectiveness. Presented by Toni Alvarez, Acting Director of Compliance/Associate Dean of Student Affairs.

Garza, K. (May 2013). Conflict Resolution. Center for Academic Student Achievement. Presented by Hector Duarte, Assistant Director.

Garza, K. (June 2013). Communication Skills and Student Rapport. Center for Academic Student Achievement. Presented by Hector Duarte, Assistant Director.

Garza, K. (July 2013). Mentoring Stages and Responsibilities. Center for Academic Student Achievement. Presented by Hector Duarte, Assistant Director.

Garza, K. (August 2013). Preparing to Study: Organization, Class Analysis, and Time Management Center for Academic Student Achievement. Presented by Hector Duarte, Assistant Director.

Garza, K. (September 2012). Attended Center for Teaching Effectiveness: Can I safely send group text messages to students for free?

Garza, K. (September 2012). Attended Center for Teaching Effectiveness: Cell Phones, Laptops, and Facebook: What can I do about them?

Garza, K. (September 2012). Attended Blackboard Training. Distant Learning. Rollie Garza.

Garza, K. (October 8, 2012). How Can Objects and Analogies Improve My Teaching? Center for Teaching Effectiveness. Presented by Christine Reiser Robbins, Psychology and Sociology. College of Arts and Sciences.

Garza, K. (October 12, 2012). Building the Promotion and Tenure Portfolio. New Faculty Investment Program. Presented by Assistant/Associate Deans: Dr. Susan Roberson, Dr. Jaya Goswami, Dr. Bill Kuvlesky.

Garza, K. (October 17, 2012). Central Training. Distance Learning. Texas A&M University, Kingsville.

Garza, K. (October 19, 2012). Academic Dishonesty- Turnitin. New Faculty Investment Program. Presented by Octavio Quintanilla, Deena Garza, and Toni Alvarez.

Garza, K. (October 22, 2012). How do I choose between Synchronous and Asynchronous activities. New Faculty Investment Program. Presented by Angel Ball, Biological and Health Sciences. College of Arts and Sciences.

Garza, K. (October 26, 2012). Peer Support- meet with 2nd years. New Faculty Investment Program. Presented by 2nd year NFIP faculty.

Garza, K. (October 29, 2012). Peer Reviews of Online Teaching: What works best? Center for Teaching Effectiveness. Presented by Lori Kupczynski, Educational Leadership and Counseling. College of Education and Human Performance.

Garza, K. (October 31, 2012). Advancement via Individual Determination (AVID) training. Career Services Resource rm.

Garza, K. (November 2, 2012). Focus on the students: Faculty advising responsibilities/Services for Students with Disabilities. New Faculty Investment Program. Presented by Shannon Baker & Barbara Collins.

Garza, K. (November 9, 2012). Focus on faculty: Writing a winning grant. New Faculty Investment Program. Presented by David Ramirez & Susan Roberson.

Garza, K. (November 16, 2012). Focus on teaching: Best Practices in Distant Learning. New Faculty Investment Program. Presented by Michelle Duran & Rollie Garza.

Garza, K. (November 30, 2012). Focus on faculty: Opportunities for Faculty (lecture series, awards, development leave, travel and research awards), semester evaluations/choose tracks for next semester. New Faculty Investment Program. Presented by Brenda Melendy & Jaya Goswami.

UNIVERSITY SERVICE ACTIVITIES

University

- Pandemic Recovery Steering Committee, Texas A&M University, Kingsville (2020-present)
- Hispanic Faculty Council, Texas A&M University, Kingsville, TX (2020-present)
- Mental Health Task Force, Texas A&M University, TX (2020)
- General Education Committee, Texas A&M University, Kingsville, TX (2018-2020)
- Election Committee, Temporary Chair, Texas A&M University, Kingsville, TX (2017)
- Committee on Committees, Texas A&M University, Kingsville, TX (2016-2017)
- Faculty Senate, Texas A&M University, Kingsville, TX (2016- present) Ad hoc Committee, Texas A&M University, Kingsville, TX (2016)
- Space Committee, Texas A&M University, Kingsville, TX (2015-2016)
- Ad hoc Committee, Texas A&M University, Kingsville, TX (2014)
- QEP Writing Center Committee, Texas A&M University, Kingsville, TX (2014)

College

- Chair, Graduate Curriculum Committee. Texas A&M University-Kingsville (2018-present)
- Export Control Delegate, Texas A&M University-Kingsville (2017/2018)
- Academic Technology Advisory Sub-committee, Texas A&M University-Kingsville (2017)

Department

- Five Dissertation Committees (Educational Leadership and Bilingual Education) (2019-2020)
- Three Dissertation Committees (Educational Leadership and Bilingual Education) (2018)
- Three Dissertation Committees (Educational Leadership and Bilingual Education) (2017)
- Four Dissertation Committees (Educational Leadership and Bilingual Education) (2016)
- Three Dissertation Committees (Educational Leadership and Bilingual Education) (2015)
- Library Liaison for the College of Education and Human Performance (2013-2014)

- Graduate Council Representative (GCR), Dissertation Committee (Bilingual Education) (2012-2018)

International Professional Committees

- Global Collaboration for Rural Mental Health Steering Committee (2020-present)
- European Branch of the American Counseling Association Conference Committee, 2020-present)

Leadership Roles and Service

- Search Committee Chair for Adjunct Faculty Position, Texas A&M University, Kingsville (2020)
- Chair, Graduate Curriculum Committee, Texas A&M University-Kingsville (2018present)
- Search Committee Chair for Faculty Position, Texas A&M University, Kingsville (20172018)
- Search Committee Chair for Faculty Position, Texas A&M University, Kingsville (20162017)

Community Service

- Health Advisory Committee- Member (2017-present)
- Pro Bono Counseling Services at C2 Counseling Center (2016)
- Career Exploration, King High School, Corpus Christi, TX (2009)
- Mock Interviews and Resume Preparation, Moody High School, Corpus Christi, TX (2008)
- Choices Assessment and Resume Preparation, Summer Upward Bound Program Academic Component, Texas A&M University, Corpus Christi, TX (2008)
- Judge, South Texas Upward Bound Bowl, Corpus Christi, TX (2004)

HONORS AND AWARDS

- 2013-2019: Nominated for the Junior Faculty Award
- 2013: Certificate of Appreciation, Volunteer, Mireles Elementary
- 2008: Certificate of Appreciation, Individual Career Counseling for Career Course
- 2007-2008: College of Education at Texas A&M University-CC Scholarship Recipient
- 2007-2008: Certificate of Appreciation, Honorary Guest Speaker Professional Program in Accounting
- 2007: Texas A&M University-Corpus Christi, 5 year service award
- 2006-2007: Certificate of Appreciation, Staff Advisory Council

CLINICAL/SUPERVISOR EXPERIENCE

- Counseling Supervisor (Master's level students), Texas A&M University, Kingsville, Christi, TX (2014-present)
- Site Supervisor, Career Services, Texas A&M University, Corpus Christi, TX (2008-2009)
- Counseling Supervisor (Master's level students), Texas A&M University, Corpus Christi, TX (2007-2009)