## Supervisor Training Questions

- 1. Effective supervisors
  - a. understand the roles and functions of a supervisor
  - b. organize the supervisory experience
  - c. are aware of the ethical and legal considerations in the relationship

d. have a working model of supervisory process and work within that model to develop an effective supervisory relationship

e. all of the above

2. According to Bernard and Goodyear (2004), the supervisor engages in four distinct roles with the student or new professional: \_\_\_\_\_\_.

- a. coach, collaborator, teacher, supervisor
- b. trainer, therapist, collaborator, reviewer
- c. teacher, counselor, consultant, and evaluator
- d. evaluator, coach, counselor, consultant
- 3. There are three main types of supervision models **EXCEPT**:
  - a. Psychotherapy-based Models
  - b. Developmental Models
  - c. Humanistic Models
  - d. Social Role Models

4. The best known and widely used supervision model is the \_\_\_\_\_\_.

- a. Discrimination Model
- b. Social Role Model
- c. Integrated Developmental Model
- d. Cognitive Behavioral Model

5. In the Integrated Developmental Model, supervisees at what level are making the transition from being highly dependent, imitative, and unaware in responding to a highly structured, supportive, and largely instructional supervisory environment.

a. Level 1b. Level 2c. Level 3d. Level 4

6. In the Integrated Developmental Model, these supervisees have limited training, or at least limited experience in the specific domain in which they are being supervised.

a. Level 1b. Level 2c. Level 3d. Level 4

7. Supervisees at this level are focusing more on a personalized approach to practice and on using and understanding of "self" in therapy.

a. Level 1b. Level 2c. Level 3d. Level 4

8. Within the Discrimination Model of Supervision, the 3 levels of focus in supervision **DOES NOT** include:

- a. Intervention
- b. Conceptualization
- c. Implementation
- d. Personalization

9. In order to provide clinical supervision to a TAMUK Counseling master's student, you must have the following qualifications *EXCEPT*:

a. A minimum of a master's degree in counseling or closely related field (social work, psychology) with equivalent qualifications, including appropriate certifications and/or licenses

b. A minimum of two (2) years of pertinent professional experiences in the program area in which the student is completing clinical instruction

c. Knowledge of the program's expectations, requirements, and evaluation procedures for students (provided in this module)

d. A minimum of (3) years of pertinent professional experience as a counselor and holding an LPC supervisor license.

10. Which of the following activities is considered "direct" contact?

- a. Individual and Group Counseling
- b. Recordkeeping
- c. Training/Workshops
- d. Creating Activities for Clients
- 11. Which of the following activities is considered "indirect" contact?
  - a. Case Notes
  - b. Assessment (Clinical Mental Health Counseling Specialization only)
  - c. Intakes and Interviews with Clients
  - d. Psychoeducation to Students (School Counseling Only)

12. In addition to the Midterm and Final Evaluation, students are also required to turn in the following items, which require the supervisor's signature:

- a. Student Practicum Agreement Form
- b. Direct Contact Hour Logs
- c. Indirect Contact Hour Logs
- d. Supervision Logs

e. All of the above

13. Students are required to have a minimum of \_\_\_\_\_ hour(s) per week of individual or triadic supervision from their site supervisor:

a. 30 minutes

b. 1 hour

- c. 2 hours
- d. 3 hours

14. Supervisors are required to provide the following:

a. Written midterm evaluation of student based on criteria established by the university program.

b. Written final evaluation of student based on criteria established by the university program.

c. Written midterm and final evaluations of student based on criteria established by the university program.

d. Written midterm and final evaluations of student based on criteria established by the site.

15. The primary goal of clinical supervision is to:

a. enhance the clinical skills of the supervisee and ensure the integrity of the profession

b. protect the welfare of the client and ensure the integrity of clinical services

c. promote the decision making skills of the supervisee to better serve their clients

d. ensure that the site mission and vision statements are being followed

By answering these test questions, I confirm that I have completed the Supervision Training provided by the Texas A&M University-Kingsville Clinical Mental Health Counseling Program.

## **Supervisor Information**

Print Name

Signature

Site/Agency Name and/or District/School Name:

Date