

Texas A&M University-Kingsville  
College of Education & Human Performance

**B.S. IN KINESIOLOGY  
(EXERCISE SCIENCE)**

Name \_\_\_\_\_

SS# \_\_\_\_\_

Semester of Entry \_\_\_\_\_ Catalog \_\_\_\_\_

<b>GENERAL EDUCATION COURSES</b>		<b>42 Cr Hr</b>	
	<b>Grd</b>	<b>Cr Hr</b>	
<i>COMMUNICATION</i>			
<b>ENGL 1301</b> Rhetoric and Composition		<b>3</b>	
<b>ENGL 1302</b> Continuation of Rhetoric & Comp		<b>3</b>	
<i>MATHEMATICS</i>			
<b>MATH 1314</b> College Algebra		<b>3</b>	
<i>LIFE AND PHYSICAL SCIENCES</i>			
<b>BIOL 2401</b> Human Anatomy & Physiology I		<b>4</b>	
<b>BIOL 2402</b> Human Anatomy & Physiology II		<b>4</b>	
<i>LANGUAGE, PHILOSOPHY AND CULTURE</i>			
<b>Lang/Phil/Cult</b> – See back of this sheet.		<b>3</b>	
<i>CREATIVE ARTS</i>			
<b>Creative Arts</b> – See back of this sheet.		<b>3</b>	
<i>AMERICAN HISTORY</i>			
<b>HIST 1301</b> American History (Period of Reconstruction)		<b>3</b>	
<b>HIST 1302</b> American History (Reconstruction to Present)		<b>3</b>	
<i>GOVERNMENT/POLITICAL SCIENCE</i>			
<b>POLS 2301</b> Govt & Politics of the U.S.		<b>3</b>	
<b>POLS 2302</b> Govt & Politics of Texas		<b>3</b>	
<i>SOCIAL AND BEHAVIORAL SCIENCES</i>			
<b>PSYC 2301</b> Introduction to Psychology		<b>3</b>	
<i>COMPONENT OPTION</i>			
<b>COMS 1311 or 1315</b>		<b>3</b>	
<b>BIOL 2401</b> A&PI Lab (see Life & Physical Sciences)	---	---	
<b>BIOL 2402</b> A&PII Lab (see Life & Physical Sciences)	---	---	
<b>Component Option</b> – See back of this sheet.		<b>1</b>	
<b>OTHER COURSES</b>			
	<b>Grd</b>	<b>Cr Hr</b>	

<b>MAJOR COURSES</b>		<b>60 Cr Hr</b>	
<i>--“C” or higher required in these courses.</i>			
	<b>Grd</b>	<b>Cr Hr</b>	
<b>UNIV 1201</b> Learning in a Global Context		<b>2</b>	
<i>Two of these fitness/aquatics activities: EDKN 1105,1121,1123,1124, 1125, 1128, 1129,1137,1149, 1150</i>			
		<b>1</b>	
		<b>1</b>	
<b>EDHL 1254</b> Contemporary Wellness <i>or</i> <b>EDKN 2201</b> Certified Personal Trainer Prep		<b>2</b>	
<b>EDKN 1305</b> Introduction to Exercise Science		<b>3</b>	
<b>EDHL 2124</b> CPR/First Aid		<b>1</b>	
<b>EDHL 2325</b> Health Promotion		<b>3</b>	
<b>EDKN 2335</b> Sport in Global Society <i>or</i> <b>EDKN 2340</b> Medical Terminology		<b>3</b>	
<b>HSCI 2350</b> Introductory Nutrition		<b>3</b>	
<b>EDKN 3320</b> Motor Development/Motor Learning		<b>3</b>	
<b>EDKN 3343</b> Strength & Cond Prog Implementation		<b>3</b>	
<b>EDKN 3345</b> Measurement/Eval in Kinesiology		<b>3</b>	
<b>EDKN 3353</b> Applied Performance Psychology		<b>3</b>	
<b>EDKN 3436</b> Basic Physiology of Exercise		<b>4</b>	
<b>EDKN 4320</b> Introductory Research Methods		<b>3</b>	
<b>EDKN 4324</b> Exercise & Chronic Disease/Disab		<b>3</b>	
<b>EDKN 4325</b> Biomechanics		<b>3</b>	
<b>EDKN 4328</b> Internship I		<b>3</b>	
<b>EDKN 4329</b> Seminar in Exercise Science (WI)		<b>3</b>	
<i>Two of these EDHL/EDKN electives:</i>			
<b>EDKN 4342</b> Motor Skills Special Populations, <b>EDHL 4344</b> Healthy Aging (WI) <b>EDKN 4352</b> Psychology of Injury		<b>3</b>	
<b>EDKN 4401</b> Exercise Testing & Prescription		<b>4</b>	
<b>SUPPORT FIELD COURSES</b>		<b>18 Cr Hr</b>	
<i>--6 Advanced Credit Hours Required</i>			
	<b>Grd</b>	<b>Cr Hr</b>	

AT LEAST 120 CREDIT HOURS REQUIRED FOR DEGREE  
45 ADVANCED CREDIT HOURS REQUIRED FOR DEGREE

**STUDENT IS RESPONSIBLE FOR  
CATALOG AND DEGREE REQUIREMENTS**

Signed: \_\_\_\_\_  
Chair, Department of Health & Kinesiology      Date \_\_\_\_\_

Signed: \_\_\_\_\_  
Dean, College of Ed & Human Performance      Date \_\_\_\_\_

**Language, Philosophy, and Culture Options**

**[Select one course (3 cr hr).]**

ANTH 2302;  
ENGL 2331,2342,2362;  
FREN 1311,1312,2311,2312;  
HIST 2321,2322;  
PHIL 1301;  
SPAN 1313,1314,1373,2301,2302,2311,2312;  
WGST 1301

**Creative Arts Options**

**[Select one course (3 cr hr).]**

ARTS 1303,1304;  
COMM 2304;  
MUSI 1305,2306,2308,2310;2320  
THEA 2310

**Component Area Options**

**[Select one course (1 cr hr).]**

ANTH 2301, 2302;  
BIOL 1106, 1107;  
BUAD 2374;  
CHEM 1111, 1112, 1405;  
EDHL 1254\*;  
EDKN 2335\*;  
ENGL 1171, 2314, 2331;  
FINC 2331;  
GEOG 1101, 1102, 1303;  
GEOL 1101, 1102, 1103, 1104;  
HIST 2321, 2322;  
HSCI 2323;  
ISYS 1301;  
MATH 2413, 2414;  
PHIL 1301;  
PHYS 1101, 1102, 1103, 1104, 1471, 2125, 2126;  
POLS 2340;  
SOCI 2361

*\*if EDHL 1254 and/or EDKN 2335 is taken as a part of the major coursework, then the component area option requirement will be met. However, students may be required to take an additional free elective (1 cr hr) to yield the 120 cr hrs required for the degree.*

**STUDENT IS RESPONSIBLE FOR CATALOG AND DEGREE REQUIREMENTS**