

**B.S. IN KINESIOLOGY  
(EXERCISE SCIENCE / PERFORMANCE PSYCHOLOGY)**

Name \_\_\_\_\_

SS# \_\_\_\_\_

Semester of Entry \_\_\_\_\_ Catalog \_\_\_\_\_

GENERAL EDUCATION COURSES	42 Cr Hr	
	Grd	Cr Hr
<b>COMMUNICATION</b>		
ENGL 1301 Rhetoric and Composition		3
ENGL 1302 Continuation of Rhetoric & Comp		3
<b>MATHEMATICS</b>		
MATH 1314 College Algebra		3
<b>LIFE AND PHYSICAL SCIENCES</b>		
BIOL 2401 Human Anatomy & Physiology I		4
BIOL 2402 Human Anatomy & Physiology II		4
<b>LANGUAGE, PHILOSOPHY AND CULTURE</b>		
Lang/Phil/Cult– See back of this sheet.		3
<b>CREATIVE ARTS</b>		
Creative Arts – See back of this sheet.		3
<b>AMERICAN HISTORY</b>		
HIST 1301 American History (Period of Reconstruction)		3
HIST 1302 American History (Reconstruction to Present)		3
<b>GOVERNMENT/POLITICAL SCIENCE</b>		
POLS 2301 Govt & Politics of the U.S.		3
POLS 2302 Govt & Politics of Texas		3
<b>SOCIAL AND BEHAVIORAL SCIENCES</b>		
PSYC 2301 Introduction to Psychology		3
<b>COMPONENT OPTION</b>		
COMS 1311 <u>or</u> 1315		3
BIOL 2401 A&PI Lab (see Life & Physical Sciences)	---	---
BIOL 2402 A&PII Lab (see Life & Physical Sciences)	---	---
EDKN 2335 Sport in Global Society	---	1*
* =2 cr in major, 1 cr hr in Gen Ed.		
OTHER COURSES = Pre-Occupational Therapy		
<i>--The following courses are <u>not</u> required for the degree but <u>may</u> be required for admission to your occupational therapy program of choice.</i>		
EDKN 2340 Medical Terminology		3
PHYS 1301/1101 College Physics I / Lab (MATH 1316 is a prerequisite for this course.)	/	3/1
SOCI 1301 Principles of Sociology (ANTH 2302 in Lang, Phil, Cult will meet this requirement.)		3
<b>OTHER COURSES</b>		
	Grd	Cr Hr

MAJOR COURSES	60 Cr Hr	
<i>--"C" or higher required in these courses.</i>		
	Grd	Cr Hr
UNIV 1101 Learning in a Global Context I		1
UNIV 1102 Learning in a Global Context II		1
EDHL 1254 Contemporary Wellness <u>or</u>		2
EDKN 2201 Certified Personal Trainer Prep		2
EDKN 1305 Introduction to Exercise Science		3
EDHL 2124 CPR/First Aid		1
EDKN 2335 Sport in Global Society		2*
EDKN 3320 Motor Development/Motor Learning		3
EDKN 3332 Program Dev/Mgt Fitness Industries		3
EDHL 3333 Human Growth Devel Sexuality <u>or</u>		3
EDKN 3345 Meas/Eval in Kinesiology		3
EDKN 3352 Sport Psychology		3
EDKN 3353 Applied Performance Psychology		3
PSYC 3381, SOCI 3381, or STAT 4301 Statistics for Behavioral Sciences / Biometrics		3
EDKN 3436 Basic Physiology of Exercise		4
EDKN 4320 Introductory Research Methods		3
EDKN 4324 Exercise & Chronic Disease/Disab		3
EDKN 4325 Biomechanics		3
EDKN 4328 Internship I		3
EDKN 4329 Seminar in Exercise Science (WI)		3
EDKN 4342 Motor Skills Special Populations <u>or</u>		3
EDHL 4344 Healthy Aging (WI)		3
EDKN 4352 Psychology of Injury		3
EDKN 4353 Psychology for Sports Coaches		3
EDKN 4401 Exercise Testing & Prescription		4
* =2 cr in major, 1 cr hr in Gen Ed.		
PSYCHOLOGY MINOR COURSES	18 Cr Hr	
	Grd	Cr Hr
PSYC 2314 Life Span Developmental Psychology		3
PSYC 3301 Social Psychology		3
PSYC 3304 Intro Learning Psychology <u>or</u>		3
PSYC 4328 Psychology of Perception		3
PSYC 4312 Physiological Psychology		3
PSYC 4322 Psychology of Personality		3
PSYC 4325 Abnormal Psychology		3

AT LEAST 120 CREDIT HOURS REQUIRED FOR DEGREE

62 ADVANCED CREDIT HOURS REQUIRED FOR DEGREE

Signed: \_\_\_\_\_  
Chair, Department of Health & Kinesiology      Date

Signed: \_\_\_\_\_  
Dean, College of Ed & Human Performance      Date

**Language, Philosophy, and Culture Options**

**[Select one course (3 cr hr).]**

ANTH 2302;

ENGL 2331,2342,2362;

FREN 1311,1312,2311,2312;

HIST 2321,2322;

PHIL 1301;

SPAN 1313,1314,1373,2301,2302,2311,2312;

WGST 1301

**Creative Arts Options**

**[Select one course (3 cr hr).]**

ARTS 1303,1304;

COMM 2304;

MUSI 1305,2306,2308,2310;

THEA 2310

**STUDENT IS RESPONSIBLE FOR CATALOG AND DEGREE REQUIREMENTS**