

James P. Ikonomopoulos

Assistant Professor
Texas A&M University-Kingsville
Department of Educational Leadership & Counseling
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Educational Background

<i>Texas A&M University-Corpus Christi</i> (CACREP Accredited) Ph.D. Counselor Education	2014
<i>Texas A&M University-Corpus Christi</i> (CACREP Accredited) M. S. Clinical Mental Health Counseling	2010
<i>Texas A&M University-Corpus Christi</i> B. A. Psychology	2008
<i>McHenry County College</i> A. S. Biology	2005

Licensure and Credentialing

Licensed Professional Counselor Supervisor (Texas 67746)

Qualified Mental Health Provider-Community Services (Texas)

Competency Certified Cognitive-Behavioral Therapist – Academy of Cognitive Therapy

Related Employment and Clinical Practice Experience

Assistant Professor Texas A&M University-Kingsville Department of Educational Leadership & Counseling Dr. Steve Bain	August 2017 – Present
Assistant Professor University of Texas Rio Grande Valley	August 2014 – August 2017

Department of Counseling and Guidance
Dr. Cynthia Wimberly

- Program Coordinator** August 2015 – August 2016
University of Texas Rio Grande Valley – Brownville
Department of Counseling and Guidance
Dr. Cynthia Wimberly – Department Chair
- Lecturer** January 2014 – August 2014
University of Texas at Brownsville
Dr. Olivia Rivas
- Counseling Private Practice** February 2015 – Present
James Ikonomopoulos Ph.D., LPC-S
- Program Supervisor** October 2013 – December 2013
Behavioral Health Center of Nueces County- TCOOMMI Program
Annie Arredondo-Fox, M.S., LPC
- Clinical Mental Health Counselor** September 2011- October 2013
Behavioral Health Center of Nueces County- Youth Services
Charles Smith, Ph.D.
- Teaching Assistant** August 2011- June 2013
Texas A&M University-Corpus Christi
Counseling and Educational Psychology Department
Robert Smith, Ph.D.
- Lead Counselor** September 2013
Antonio E. Garcia Arts and Recreation Center
Gilda Ramirez, Ph.D.
- Doctoral Clinical Supervisor** 2012
Doctoral Supervision for Master level Practicum Counseling Students
Robert Smith, Ph.D.
- Clinical Case Manager** September 2008- September 2011
Behavioral Health Center of Nueces County- Youth Services
America Leal, M.S.W.

Related Internship Experience

- Counseling and Training Clinic** January 2010 – Dec 2010
Texas A&M University- Corpus Christi
Community Counseling Clinic
A. Stephen Lenz, Ph.D., LPC.

Teaching and Related Responsibilities

Graduate Courses: Texas A&M University-Kingsville

Marriage and Family Counseling	Spring 2019
Internship I and II	Spring 2019
Introduction to Research	Spring 2019
Introduction to Research	Fall 2018
Substance Abuse & Addictions Counseling	Fall 2018
Rural/Community Mental Health	Fall 2018
Crisis Counseling	Summer I 2018
Introduction to Research	Summer II 2018
Introduction to Research	Spring 2018
Substance Abuse & Addictions Counseling	Spring 2018
Counseling Practicum	Spring 2018
Career Counseling	Fall 2017
Crisis Counseling	Fall 2017
Counseling Practicum	Fall 2017

Advisement: Texas A&M University-Kingsville

Fall 2014-Present

Advise approximately 20-25 students annually

Graduate Courses: University of Texas at Brownsville/Rio Grande Valley

Introduction to Guidance and Counseling	Spring 2014
Personal Growth and Development	Spring 2014
Counseling Internship I	Spring 2014
Intro to Marriage and Family Therapy	Summer I 2014

Foundations of Community Counseling	Summer I 2014
Child and Adolescent Counseling	Summer II 2014
Psycho-Educational Assessment	Summer II 2014
Counseling Practicum – Community Counseling	Fall 2014
Counseling Practicum – School Counseling	Spring 2015
Theories of Psychotherapy	Spring 2015
Topics in Counseling and Guidance – Narrative Therapy	Spring 2015
Theories of Psychotherapy	Summer 2015
Counseling Internship I	Summer 2015
Counseling Internship II	Fall 2015
Assessment of Counseling and Development	Fall 2015
Counseling Internship I	Spring 2016
Counseling Internship II	Spring 2016
Assessment of Counseling and Development	Spring 2016
Intro to Marriage and Family Therapy	Spring 2016
Thesis	Spring 2016
Counseling Internship II	Summer 2016
Assessment of Counseling and Development	Summer 2016
Thesis	Fall 2016
Counseling Internship I	Fall 2016
Assessment of Counseling and Development	Fall 2016
Career Counseling	Spring 2017
Counseling Practicum – Clinical Mental Health	Spring 2017

Thesis	Spring 2017
Counseling Internship I	Summer 2017
Counseling Internship II	Summer 2017
Career Counseling	Summer 2017

Experience as a Teaching Assistant: Texas A&M University-Corpus Christi

Introduction to Marriage, Couple, and Family Counseling	Spring 2013
Counseling Theories	Spring 2013
Practicum	Fall 2012
Internship	Summer I & II 2012
Introduction to Counseling	Spring 2012
Developmental Issues in Human Personality & Behavior	Fall 2011

Advisement: University of Texas Rio Grande Valley Fall 2014-Present

Advise approximately 10-15 students annually

Scholarship

Dissertation

Ikonomopoulos, J. *Narrative Therapy with Youth at a Juvenile Boot-Camp Facility: A Single-Case Research Design*

Publications

Refereed Journal Articles

Cavazos Vela, J., Fisk, J., & **Ikonomopoulos, J.** (2019) Exploring Clinical Mental Health Counseling Students' Perceptions of Teaching Practices. *Counselor Education and Supervision*.

Cavazos Vela, J., Garcia, C., Whittenberg, J., **Ikonomopoulos, J.**, & Gonzalez, S. (2018) Exploring the Impact of a Positive Psychology Intervention with Latina/o Adolescents. *Journal of School Counseling*.

- Cavazos Vela, J., **Ikonomopoulos, J.**, Garcia, C., Whittenberg, J., Gonzalez, S. L. (2018) Integrating wellness within group counseling for Latinx adolescents. *Journal of School Counseling*.
- Lerma, E., Wright, A., **Ikonomopoulos, J.**, Hinojosa, Y., & Cavazos Vela, J. (2018). Examining the impact of a positive psychology intervention with survivors of intimate partner violence. *Journal of Counseling Research and Practice*, 3, 72-85.
- Ikonomopoulos, J.**, Lenz, A. S., Aguilar, A., & Guardiola, R. (2017). Evaluation of the Outcome Questionnaire-45.2 with a Mexican-American Population. *Journal of Professional Counseling*, 44, 16-31.
- Cavazos Vela, J., Lerma, E., & **Ikonomopoulos, J.** (2017). Evaluation of the Life Satisfaction and Subjective Happiness Scales with Mexican American High School and College Students. *Hispanic Journal of Behavioral Sciences*, 39, 34–45.
doi: 10.1177/0739986316681298
- Ikonomopoulos, J.**, Cavazos Vela, J., Sanchez, M., Vela, P., Schmidt, S., & Catchings, C. (2017). Evaluating the Effects of Creative Journal Arts Therapy for Survivors of Domestic Violence. *Journal of Creativity in Mental Health*.
- Cavazos Vela, J., **Ikonomopoulos, J.**, Lenz, A. S., Hinojosa, Y., & Saldana, K. (2017). Evaluation of the Meaning in Life Questionnaire and Dispositional Hope Scale With Latina/o Students. *Journal of Humanistic Counseling*. (acceptance rate is 15%; Journal Impact Rating is 0.81).
- Cavazos Vela, J., **Ikonomopoulos, J.**, Dell A Quila, J., & Vela, P. (2016). Evaluating the Impact of Creative Journal Arts Therapy for Survivors of Intimate Partner Violence. *Counseling Outcome Research and Evaluation*. 1-13. doi: 10.1177/2150137816664781
- Ikonomopoulos, J.**, Cavazos Vela, J., Smith, W., & Dell'Aquila, J. (2016) Examining the practicum experience to increase counseling students' self-efficacy. *The Professional Counselor*, 6, 161-173. doi:10.15241/ji.6.2.161
- Cavazos Vela, J., Cavazos, A. G., **Ikonomopoulos, J.**, Hinojosa, K., & Waddle, C. (2016). The impact of individual, interpersonal, and institutional factors on Latina/o students' mental health. *Wisconsin Counseling Journal*, 29, 3-15
- Cavazos Vela, J., Sparrow, G. S., **Ikonomopoulos, J.**, Gonzalez, S. L., & Rodriguez, B. (2016). The role of character strengths and family importance on Mexican American college students' life satisfaction. *Journal of Hispanic Higher Education*.
doi: 10.1177/1538192716628958 (acceptance rate is 57%; Journal Impact Rating is 0.71).
- Cavazos Vela, J., **Ikonomopoulos, J.**, Hinojosa, K., Gonzalez, S. L., Duque, O., & Calvillo, M.

(2016). The impact of individual, interpersonal, and institutional factors on Latina/o college students' life satisfaction. *Journal of Hispanic Higher Education*, 15, 260– 276. doi:10.1177/1538192715592927 (acceptance rate is 57%; Journal Impact Rating is 0.71).

Cavazos Vela, J., Johnson, M. B., Castro, V., **Ikonomopoulos, J.**, & Gonzalez, P. (2015). College instructors' perceptions of differentiating factors between successful and less successful Latina/o students. *In ideas and research you can use: VISTAS online*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>

Ikonomopoulos, J., Smith, R.L., & Schmidt, C. (2015). Integrating narrative therapy within rehabilitative programming for incarcerated adolescents. *Journal of Counseling and Development*, 93, 460-470. doi: 10.1002/jcad.12044 (Journal Impact Rating is 1.47).

Cavazos Vela, J., Gonzalez, S., **Ikonomopoulos, J.**, Nelson, V., & Dorado, N. (2014). Secondary school counselors' perceptions of important skills and knowledge to work with Latina/o students. *Arizona Counseling Journal*. 28, 1-12.

Cavazos Vela, J., Johnson, M. B., **Ikonomopoulos, J.**, Cavazos, L., & Gonzalez, S. L. (2014). The relation of barriers, acculturation, and goals on Latina/o students' academic performance. *In ideas and research you can use: VISTAS 2014*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>

Manuscripts in Review

Ortega, K., **Ikonomopoulos, J.**, Cavazos Vela, J., & Rodriguez, K. Evaluating the impact of solution-focused brief therapy with Mexican American clients. Manuscript submitted for publication consideration (1/31/2018) to *Journal of Counseling Research & Practice*.

Manuscripts in Preparation

Ikonomopoulos, J., & Garza, K., *Efficacy of the POWER Program Amongst College Students in a Rural University Health and Wellness Center*.

Ikonomopoulos, J., & Garza, K., *Efficacy of the DAAPP Program Amongst College Students in a Rural University Health and Wellness Center*.

Ikonomopoulos, J., & Garza, K., *Efficacy of the U-Turn Program Amongst College Students in a Rural University Health and Wellness Center*.

Book Chapters

Garza, K., **Ikonomopoulos, J.**, Liang, Y., & Furgerson, K. *Delivering Effective Therapy in Rural Regions*. Forthcoming In: Munoz, S.A. and Bain, S (Eds.) *Rural Geographies of Mental Health and Wellbeing*.

Grant Activity (Funded)

Ikonomopoulos, J., Garza, K., & Rosenbaum, L. Narrative Therapy Training Program. Student Engagement Through Service Learning. Texas A&M University-Kingsville. (January 2018 – August 2018). Total = \$7,200

Grant Activity (Not Funded)

Cavazos Vela, J. (PI), Lerma, E. (Co-PI), & **Ikonomopoulos, J.** (Co-PI). Examining the Impact of a Positive Psychology Intervention to Increase Mexican American High School Students' College Preparation. Spencer Foundation (January 14, 2016-December 15, 2016). Total = \$34,406.

Ikonomopoulos, J. Evaluation of a Recovery-Oriented Program for Incarcerated Adolescents, Hogg Foundation. (June 1, 2016-June 1, 2017). Total = \$11,863.

Cavazos, J. (P. I.), **Ikonomopoulos, J.** (Co-Principal Investigator), Sparrow, G. S. (Co-Principal Investigator), Gonzalez, S. L. (Co-Principal Investigator), & Lenz, A. S. (Co-Principal Investigator). Using an Ecological Approach to Understand Predictors of Mexican-American Adolescents' Academic Achievement. Spencer Foundation (October 1, 2015-May 31, 2017). Total = \$50,000.

Cavazos, J. (P.I.), & **Ikonomopoulos, J.** (Significant Contributor). The Role of Positive Psychology Factors on Subjective Well-Being and Psychopathology among Mexican American Adolescents, Hogg Foundation (June 1, 2015-June 1, 2016). Total = \$19,250.

Cavazos Vela, J. (P.I.), & **Ikonomopoulos, J.** (Co-PI). Evaluation of a Recovery-Oriented Peer Support Program for Youth in Juvenile Boot-Camp Facilities, Hogg Foundation. (June 1, 2015-June 1, 2016). Total = \$29,500.

Professional Presentations

National

Ikonomopoulos, J., & Cavazos Vela, J. (2018, September) Evaluation of the Life Satisfaction and Subjective Happiness Scales with Mexican-American College Students. Lecture session presented at the Association for Assessment and Research in Counseling (AARC) conference in Richmond, Virginia.

Ikonomopoulos, J., & Cavazos Vela, J. (2018, September) Evaluation of the Meaning in Life and Dispositional Hope Scales with Mexican-American College Students. Roundtable session presented at the Association for Assessment and Research in Counseling (AARC) conference in Richmond, Virginia.

Ikonomopoulos, J., & Cavazos Vela, J. (2018, August) Overcoming Challenges to Parent-Child Relational Problems in Rural Communities. Lecture session presented at the National

Association for Rural Mental Health Conference (NARMH) conference in New Orleans, Louisiana.

Ikonomopoulos, J., & Cavazos Vela, J. (2018, August) Integrating Wellness within Group Counseling for Latinx Adolescents. Lecture session presented at the National Association for Rural Mental Health Conference (NARMH) conference in New Orleans, Louisiana.

Ikonomopoulos, J. (2017, October). *Evaluating the Impact of Solution Focused Brief Therapy with Mexican American Clients*. Poster session presented at the Association for Counselor Education and Supervision (ACES) conference in Chicago, Illinois.

Ikonomopoulos, J. (2017, October). *Creative Journal Arts Therapy for Survivors of Intimate Partner Violence*. Poster session presented at the Association for Counselor Education and Supervision (ACES) conference in Chicago, Illinois.

Cavazos, J., Lu, M. T. P., & **Ikonomopoulos, J.** (2017) School Counselors' Perceptions of Differences between Successful and Less Successful Latina/o High School Students. Poster Session at the American Association of Behavioral and Social Sciences (AABSS) conference in Las Vegas, Nevada.

Cavazos, J., Saldana, K., & **Ikonomopoulos, J.** (2017) Evaluation of the Meaning in Life and Hope Scales with Mexican American College Students. Poster Session at the American Association of Behavioral and Social Sciences (AABSS) conference in Las Vegas, Nevada.

Ikonomopoulos, J., (2016) Evaluation of the outcome questionnaire (OQ-45.2) with a Mexican-American population. Lecture session presented at the Association for Assessment and Research in Counseling (AARC) conference in Ft. Lauderdale, Florida.

Ikonomopoulos, J., Cavazos-Vela, J., Smith, W., & Dell'Aquila, J. (2015, October). *Evaluating the practicum experience to increase counseling student's self-efficacy*. Lecture session presented at the Association for Counselor Education and Supervision (ACES) conference in Philadelphia, Pennsylvania.

Cavazos Vela, J., Cavazos, A. G., **Ikonomopoulos, J.,** Hinojosa, K. & Waddle, C. (2015, April). *Using an ecological framework to understand Latina/o college students' mental health*. Paper Session presented at the American Education Research Association (AERA) conference in Chicago, Illinois.

Cavazos-Vela, J., Johnson, M., Cavazos, L., **Ikonomopoulos, J.,** & Gonzalez, S. (2013, October). *School counselors' perceptions of working with latina/o students: A phenomenological approach*. Round table discussion presented at the Association for Counselor Education and Supervision in Denver, Colorado.

Cavazos-Vela, J., Johnson, M., Cavazos, L., **Ikonomopoulos, J.,** & Gonzalez, S. (2013,

October). *Examining predictors of academic goals among latina/o college students*. Poster presented at the Association for Counselor Education and Supervision in Denver, Colorado.

Cavazos, J., & **Ikonomopoulos, J.** (2010, November). *Clinical supervision and consultation: Experiences in a multicultural context*. Poster presented at the National Latino/a Psychological Association convention in San Antonio, Texas.

Cavazos, J., & **Ikonomopoulos, J.** (2010, November). *Using coping responses to overcome challenges to higher education: A review of the literature*. Poster presented at the National Latino/a Psychological Association convention in San Antonio, Texas.

State

Ikonomopoulos, J., Smith, R., & Schmidt, C. (2015, November). *Integrating Narrative Therapy Within Rehabilitative Programming for Incarcerated Adolescents*. Poster session presented at Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

Ikonomopoulos, J., Cavazos, L., Vela, P., Sanchez, M., Schmidt, C., & Catchings, C. (2015, November). *Evaluating the Effects of Creative Arts Therapy for Survivors of Domestic Violence*. Poster session presented at Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

Lenz, A.S., **Ikonomopoulos, J.** (2010, November). *Assessment based prevention and intervention of mental health stigma in schools*. Session presented at Texas Counseling Association Professional Growth Conference, Austin, TX.

Regional

Cavazos, J., & **Ikonomopoulos, J.** (2016, February). *Using positive psychology to foster resilience*. General Session presented at the 22nd Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX

Ikonomopoulos, J. (2016, February). *Creative journal arts therapy for survivors of domestic violence*. Session presented at the 22nd Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX

Ikonomopoulos, J. (2015, February). *Overcoming youth defiance and parent-child relational problems*. Session presented at 21st Annual Counselors' Institute for the Tip of Texas Counseling Association, South Padre Island, TX.

Schmidt, C., **Ikonomopoulos, J.** (2015, February). *Counseling Youth in Juvenile Justice Settings*. Session presented at 21st Annual Counselors' Institute for the Tip of Texas Counseling Association, South Padre Island, TX.

Ikonomopoulos, J. (2014, January). *Narrative therapy with youth at a juvenile boot-camp*

facility. Session presented at 20th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Smith, W., **Ikonomopoulos, J.** (2014, January). *Are You Ph.D. Material?* Session presented at 20th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Ikonomopoulos, J., & Chargois, N. (2012, December). *Defiant Youth: Overcoming Challenges to Parent-Child Relational Problems*. Session presented at the Gulf Coast Counseling Association Fall 2012 Workshop, Corpus Christi, TX.

Cavazos, J., Flamez, B., **Ikonomopoulos, J.,** & Smith, R.S. (2012, September). *The Use of Narrative Therapy to Help Latina/Latino Youth Become Resilient*. Round table discussion presented at the Southern Association for Counselor Educators and Supervisors, Savannah, Georgia.

Ikonomopoulos, J. (2012, April). *Using a Structured Cognitive Behavioral Therapy Curriculum in working with Depressed Youth*. Session presented at the Gulf Coast Counseling Association Spring 2012 Workshop, Corpus Christi, TX.

Ikonomopoulos, J., Smith, W., Castillo, Y., & Herrero, D. (2012, January). *At-Risk Youth: Perceptions from Mental Health Professionals*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Smith, W., **Ikonomopoulos, J.** (2012, January). *Overcoming Challenges to Crisis Assessment and Intervention Services when Working with Youth and Adolescents*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Smith, W., **Ikonomopoulos, J.,** & Cavazos, J. (2012, January). *How to Get into a Competitive Counselor Education Doctoral Program: Students' Perspectives*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Castillo, Y., **Ikonomopoulos, J.,** Smith, W., & Herrero, D. (2012, January). *Overcoming Personal and Academic Challenges to Higher Education: Perceptions from International Counseling Students*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Local Presentations and Invited Workshops

Ikonomopoulos, J. (2019, January) Crisis Services for Youth and Adolescents. Invitational workshop presented at Nueces Center for Mental Health and Intellectual Disabilities NCMHID Youth Services on January 7th, 2018.

- Ikonomopoulos, J.** (2018, October) Integrating Sandtray with Narrative Therapy. Invitational workshop presented at the Nueces County Juvenile Justice Center on October 20th, 2018.
- Ikonomopoulos, J.** (2018, May) Cognitive Behavioral Therapy with Youth, Adults, and Families: The Counseling Process from Start to Finish. Invitational workshop presented at the Bayview Behavioral Hospital Breakfast Serial on May 25th, 2018.
- Ikonomopoulos, J.** (2016) Facilitating parent-child trauma focused-CBT sessions. Invitational workshop presented to counseling graduate students at Texas A&M University-Corpus Christi, Corpus Christi, TX.
- Ikonomopoulos, J., & Cavazos, J.** (2016, April). Solution Focused Therapy for Treating Anxiety Disorders. Faculty Seminar presented at the University of Texas Rio Grande Valley, Brownsville, TX
- Cavazos, J., **Ikonomopoulos, J.** (2015) Career day: The roles of counselors and professors. Invitational workshop presented to elementary school children 3rd through 5th grade, Vermillion Elementary, Brownsville, TX.
- Ikonomopoulos, J.** (2015, January). *Career day: The counseling profession.* Invitational workshop presented to incarcerated adolescents, Corpus Christi, TX.
- Ikonomopoulos, J.** (2014, September). *Site supervisor training and orientation.* Workshop for School and Community Site Supervisors, Brownsville, TX.
- Ikonomopoulos, J.** (2014, June). *Using cognitive-behavioral therapy in a school setting.* Invitational Workshop for School Counselors, San Benito, TX.
- Cavazos, J., & **Ikonomopoulos, J.** (2014, June). *Using research and assessment to inform school counseling practice and accountability.* Invitational Workshop for School Counselors, San Benito, TX.
- Ikonomopoulos, J.** (2014, January). *Narrative Therapy: What's Your Story?* Invitational Faculty Seminar Presentation, Brownsville, TX.
- Ikonomopoulos, J.** (2012, January). *Crisis Assessment and Intervention Services.* Invited Workshop for School Counselors, Corpus Christi, TX.
- Ikonomopoulos, J.** (2012, January). *Mental Health Services for Elementary School Children.* Invited Workshop for School Counselors, Corpus Christi, TX.
- Ikonomopoulos, J.** (2012, March). *Anger Management Training Workshop.* Invited Workshop for training practicum and internship counseling students at the Texas A&M University Counseling and Training Clinic, Corpus Christi, TX.

Ikonomopoulos, J. (2012, April). *Youth At-Risk: Perceptions from Mental Health Professionals*. Session presented at the 6th Annual Graduate Scholarly Works Symposium, Texas A&M University-Corpus Christi.

Smith, W. D., **Ikonomopoulos, J.**, & Cavazos, J. (2012, April). *How to get into a competitive counselor education doctoral program: Students' perspectives*. Invited presentation for the Counseling Guidance Student Association at the University of Texas at Brownsville, Brownsville, Texas.

Professional Service

THESES Projects

Student	Project Title	Involvement	Completion Date
Dion Smith (UTRGV)	<i>The Gratitude Questionnaire and Mindful Attention Awareness Scale for use with Latina/o college students: A confirmatory factor analysis</i>	Chair	Fall 2016
Sandra Rubalcava (UTRGV)	<i>Evaluating the Effectiveness of Rehabilitative Programming for Youth and Adolescents</i>	Chair	Spring 2017
Krystal Ortega (UTRGV)	<i>Evaluating practicum student's' therapeutic effectiveness using solution focused brief therapy with Mexican American clients: A single case design</i>	Chair	Fall 2016
Jorge Rostro (UTRGV)	<i>An Exploratory Investigation of Tele-Counseling: Looking at the Power of Therapeutic Alliance in Improving Wellness Ratings</i>	Committee Member	Fall 2015

College of Education and Human Performance

TAMUK/Amistad Internal Planning Meeting Member Spring 2018
*Hidalgo County Sheriff's Office/Training Academy & Diocese of Brownsville Health
Ministry PTSD and Mental Health Program*

Department of Educational Leadership & Counseling TAMUK

CACREP Liaison	March 2018 - Present
Counseling Program Assessment Coordinator	September 2017 – Present
Member, Counseling Program Search Committee	September 2017 – Present
Member, Counseling Program Practicum and Internship Field Experience Committee	September 2017- Present
Member, Counseling Program CACREP Committee	September 2017- Present

Student Advisement

Dr. Ikonopoulou is assigned to advise students beginning Fall 2017 to present with last names beginning with K-R. Dr. Ikonopoulou had advised approximately 30 students during the Fall 2017- Fall 2018 academic year.

Recruitment Efforts

Dr. Ikonopoulou created and posted flyers around campus inviting students to contact counseling faculty if they have an interest in the graduate program, and the counseling profession.

Dr. Ikonopoulou also created an e-mail and sent it to students from the registry at the TAMUK Office of Institutional Research who recently graduated from TAMUK inviting students to contact counseling faculty if they have an interest in the graduate counseling program, and the counseling profession.

August 2018, Dr. James Ikonopoulou participated in the career fair on campus and recruited students who had an interest in the graduate counseling program.

Organizational Affiliation

Association for Counselor Educators and Supervisors	August 2017 - Present
Association for Assessment and Research in Counseling	August 2016 - Present

Texas Counseling Association	August 2017 – Present
Gulf Coast Counseling Association	July 2018 – Present
National Association for Rural Mental Health	August 2018 - Present

Professional Organizations

Legislative Liaison <i>Gulf Coast Counseling Association</i>	June 2018 – Present
Member, Bylaws Committee <i>Gulf Coast Counseling Association</i>	June 2018 – Present

College of Educator Preparation and P-16 Integration UTRGV

Member, College Council	September 2016 – August 2017
Member, Assessment Committee	September 2016 – August 2017

Department of Counseling UTRGV

Clinical Mental Health Field Experience Coordinator	Spring 2016 – August 2017
Chair, Counseling and Guidance Department Assessment Committee <i>University of Texas Rio Grande Valley</i>	Fall 2016-August 2017
Member, Counseling Department Search Committee	September 2016- August 2017
Member, Counseling and Guidance Department Assessment Committee <i>University of Texas Rio Grande Valley</i>	Fall 2014-Fall 2016
Member, Counseling and Guidance Department Practicum and Internship Field Experience Committee <i>University of Texas Rio Grande Valley</i>	Fall 2016- Aug 2017
Program Coordinator	Fall 2015 – Fall 2016
Member, NCATE Standard 5 Faculty Qualifications Committee, Department of Educational Psychology and Leadership Studies <i>University of Texas at Brownsville</i>	Spring 2014-Fall 2015

Other Service, Training, and Professional Activities

How to Write a CACREP self-study. Training completed for 6 NBCC continued education units. Completed in Arlington, Virginia on October 24 th , 2018.	October 2018
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Anxiety Disorders. Training completed for 6 NBCC continued education units. Completed online at www.netce.com September 2018

Ethics for Counselors. Training completed for 6 NBCC continued education units. Completed online at www.netce.com September 2018

Medical Marijuana and Other Cannabinoids. Training completed for 3.5 NBCC continued education units. Completed online at www.netce.com September 2018

TCA Summer Leadership Training June 2018

Cognitive Behavioral Therapy with Youth, Adults, and Families-The Counseling Process from Start to Finish. Bayview Hospital Breakfast Serial May 2018

Wellness for All: Culturally Relevant Relational Strategies that Heal. Bayview Hospital Breakfast Serial January 2018

New Faculty Investment Program TAMUK Spring 2018

Jan 19th	Grants Compliance
Jan 26th	History and Legacies of U.S.-Mexico and Circum-Caribbean Borderlands
Feb 2th	King Ranch Tour
Feb 9th	Conversations with Students
Feb 16th	Research Commons; iTech possibilities
Feb 23rd	Historical Notes on South Texas
Mar 2nd	International Programs
Mar 12-16th	Spring Break
Mar 23rd	Immigration: Educational Impact
Mar 30th	Good Friday Holiday
Apr 6th	NFIP Showcase
Apr 13th	Teaching Conference
Apr 19th	Brief History of Education in the Southwest
Apr 20th	Triad debriefing and looking forward

New Faculty Investment Program TAMUK Fall 2017

September 8th	Overview of Grants Office
September 15th	Teaching Programs: AVID
September 22ns	Mentors and Mentees
September 29th	Managing Cultural Differences in the Classroom
October 6th	Internal Grant Possibilities: Service Learning I-CARE Grant
October 13th	University Writing Center Writing Fellows Program

October 20th	What Are They Thinking? Formative Assessment Tools	
October 27th	Transculturation Program and Seminars	
November 3rd	Compliance and IRB	
November 10th	Library Resources	
Distance Education Flash Training <i>Texas A&M University-Kingsville</i> Aleyda J. Cantu		December 2017
Social and Behavioral Research CITI Training		September 2017
Export Controls & Embargo Training - Basic Course TrainTraq		October 2017
FERPA TrainTraq		October 2017
Reporting Fraud, Waste and Abuse TrainTraq		October 2017
Creating a Discrimination-Free Workplace TrainTraq		October 2017
Ethics TrainTraq		October 2017
Information Security Awareness TrainTraq		October 2017
The Texas A&M University System: A Culture of Service - EOD		October 2017
Required Emergency Alert System Notification		September 2017
TAMUK Travel Policies, Resources, and Best Practices		September 2017
Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Training		March 2013
Counselor Education Research Consortium <i>Texas A&M University-Corpus Christi</i> President		2012-2013
Counselor Education Research Consortium <i>Texas A&M University-Corpus Christi</i> President-Elect		2011-2012
Behavioral Health Center of Nueces County <i>Joint Commission Accreditation Committee</i>		2012
Texas Career Development Association <i>Publications Committee</i>		2011-2012

Behavioral Health Center of Nueces County
Clinical Records Committee 2011-2013

Fellowship and Research Experience

Elite Fellowship-Research Assistant February 2012- April 2012

Organizational Affiliation

Association for Counselor Educators and Supervisors August 2017 – August 2018
Association for Assessment and Research in Counseling August 2016 - Present
American Education Research Association January 2015- January 2016
American Counseling Association March 2011- Present
National Career Development Association March 2011- 2012
Texas Counseling Association June 2013 – Present
Texas Career Development Association September 2010- 2012
Texas Mental Health Counselors Association June 2010- 2013
Gulf Coast Counseling Association April 2012- Present

Awards/ Honors

Outstanding Employee Award
(Behavioral Health Center of Nueces County) 2013
Outstanding Mental Health Counselor Award
Rio Grande Valley Counseling Association 2012
College of Education Doctoral Scholarship
\$1,500 2012
Outstanding Employee of the Year Award
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Outstanding Service Award
(Behavioral Health Center of Nueces County) 2010
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