



Department of Educational Leadership & Counseling

M.S. in Clinical Mental Health Counseling (CMHC)

**Assessment Handbook of Program Student Learning Outcomes
and Key Performance Indicators**

Program Student Learning Outcomes Core Areas	Data Collected and Key Assessment Measures	How and When Collected
1. Professional Orientation and Ethical Practice	Mid-term Paper: Licensed Helping Professionals Interview	EDCG 5310
	Research Based Ethics Paper	EDCG 5315
	CPCE Professional Orientation sub- standard (-1 standard deviation below the mean)	EDCG 5357
2. Social and Cultural Diversity	Final Exam	EDCG 5347
	Group Presentation	EDCG 5347
	CPCE Social and Cultural Diversity (-1 standard deviation below the mean)	EDCG 5357
3. Human Growth and Development	Developmental autobiography and theoretical framework	EDCG 5339
	Developmental Theory Paper	EDCG 5339
	CPCE Human Growth and Development (-1 standard deviation below the mean)	EDCG 5357
4. Career Development	Career development intervention Portfolio	EDCG 5355
	Career autobiography and theory application	EDCG 5355

	CPCE Career Development (-1 standard deviation below the mean)	EDCG 5357
5. Counseling and Helping Relationships	Theory Research Paper	EDCG 5311
	Self-Monitoring Project	EDCG 5312
	CPCE Counseling and Helping Relationships (-1 standard deviation below the mean)	EDCG 5357
6. Group Counseling and Group Work	Group proposal	EDCG 5323
	Facilitate a group session with recording or live observation	EDCG 5323
	CPCE Group Counseling and Group Work (-1 standard deviation below the mean)	EDCG 5357
7. Assessment and Testing	Assessment administration	EDCG 5324
	Instrument Review	EDCG 5324
	CPCE Assessment and Testing (-1 standard deviation below the mean)	EDCG 5357
8. Research and Program Evaluation	Research proposal	EDCG 5329
	School counseling developmental guidance lesson <u>or</u> clinical mental health program improvement and consultation project	EDCG 5358 <u>or</u> EDCG 5360
	CPCE Research and Program Evaluation (-1 standard deviation below the mean)	EDCG 5357

9. Clinical Mental Health Counseling: Foundations	Theory Research Paper	EDCG 5311
	Assessment administration	EDCG 5324
	Clinical mental health program improvement and consultation project	EDCG 5360
10. Clinical Mental Health Counseling: Contextual Dimensions	Research Based Ethics Paper	EDCG 5315
	Group Presentation	EDCG 5347
	Mid-term Paper: Licensed Helping Professionals Interview	EDCG 5310
11. Clinical Mental Health Counseling: Practice	Counseling Skills Scale	EDCG 5357/66/68
	Mid and Final Supervisor Evaluation	EDCG 5357/66/68
	Pre and Post Self- Assessment	EDCG 5357/66/68

TAMUK Counseling Program Student Learning Outcomes (PSLOs)

1. Professional Orientation and Ethical Practice

Counseling graduate students will demonstrate a strong professional counseling orientation and identity.

Measure 1

Students will address elements of professional identity and personal philosophy through the completion of a Mid-term Paper: Licensed Helping Professionals Interview. (knowledge)

Criterion: 95% of Students will achieve a minimum score of 80% on the Mid-term Paper: Licensed Helping Professionals Interview in EDCG 5310.

Measure 2

Students will identify an ethical or legal issue that is relevant to the counseling profession and complete the

Research Based Ethics Paper articulating his or her position on the issue. (knowledge and skills)
Criterion: 95% of Students will achieve a minimum score of 80% on the Research Based Ethics Paper in EDCG 5315.

Measure 3

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the professional orientation and ethical practice sub-section of the most recent administration of the national exam

2. Social and Cultural Diversity

Students will demonstrate multicultural awareness, knowledge, and skills necessary for competency in working with a diverse population.

Measure 1

Students will complete a final exam to demonstrate multicultural awareness, knowledge, and skills for competency in working with diverse populations. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum score of 80% on the final exam in EDCG 5347

Measure 2

Student will complete the comprehensive group research presentation in order to increase exposure to a diverse population. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum score of 80% on the comprehensive group research project assigned in EDCG 5347

Measure 3

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the social and cultural diversity sub-section of the most recent administration of the national exam.

3. Human Growth and Development

Students are able to demonstrate an understanding of development across the lifespan and the impact on

normal and abnormal functioning.

Measure 1

Students will complete a developmental autobiography in which they will create personal autobiographies to reflect their personal lifespan development. Each student will write a developmental self-assessment using the theories, ideas, discussions and research from class and readings. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum of 80% on their developmental autobiography assignment in EDCG 5339

Measure 2

Students will complete a developmental theory paper. Students will present the characteristics of an assigned developmental stage, the results of a literature review on a chosen topic related to the particular developmental stage, and an activity/program to address the chosen topic/issue. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum of 80% on the developmental theory paper assignment in EDCG 5339

Measure 3

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the human growth and development sub-section of the most recent administration of the national exam.

4. Career Development

Counseling graduate students demonstrate understanding and application of career development theory to help individuals with career planning and decisions.

Measure 1

Students will complete the Career Development Intervention Portfolio. (knowledge and skills)

Criterion: 95% of Students will achieve minimum score of 80% on the Career Development Project in EDCG 5355.

Measure 2

Students will write a Career Autobiography and Theory Application Planning in order to apply career

development theory to their own lives. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum score of 80% on the Career Autobiography and Theory Application in EDCG 5355.

Measure 3

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the career development substandard of the most recent administration of the national exam

5. Counseling and Helping Relationships

Counseling graduate students demonstrate knowledge and skills of theories and techniques necessary to engage in an effective and therapeutic helping relationship.

Measure 1

Student will demonstrate understanding of theories through development of a Theoretical Research paper. (knowledge).

Criterion: 95% of Students will achieve a minimum score of 80% on Theoretical Research paper in EDCG 5311.

Measure 2

Students will demonstrate counseling and case conceptualization skills through the Self-Monitoring Project in EDCG 5312. (skills)

Criterion: 95% of Students will achieve a minimum score of 80% on Self-Monitoring Project in EDCG 5312.

Measure 3

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the counseling and helping relationships subsection of the most recent administration of the national exam.

6. Group Counseling and Group Work

Students demonstrate competency in preparing and facilitation of group counseling.

Measure 1

Students will write a proposal for a psychoeducational/counseling group with a specific population (e.g., young boys/parental divorce, adolescent girls/bullying, college students/test anxiety, older adults/retirement planning). (knowledge)

Criterion: 95% of Students will achieve a minimum score 80% on the group proposal assignment in EDCG 5323

Measure 2

Students will facilitate a group session with recording or live observation during the Internship I experience. (skills)

Criterion: 95% of Students will achieve a minimum score of 80% acceptable on all areas of the faculty designed rubric in EDCG 5357

Measure 3

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the group counseling and group work sub-section of the most recent administration of the national exam.

7. Assessment and Testing

Students demonstrate the ability to identify effective assessment strategies in order to facilitate treatment planning.

Measure 1

Students will administer a biopsychosocial assessment and an instrument/test to a volunteer/classmate. Students will score it/summarize it, and interpret it. The administrations should include one semi-structured interview (BioPsychoSocial assessment) and one instrument (example OQ-45). The student will turn in a case study report using these assessments. (knowledge)

Criterion: 95% of Students will achieve a minimum score of 80% on the assessment administration assignment in EDCG 5324

Measure 2

Students will complete an instrument review, and will be able to understand and interpret psychometric

properties of instruments to be able to better identify appropriate instruments for assessment administration and treatment planning. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum score of 80% on the instrument review assignment in EDCG 5324

Measure 3

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the assessment and testing sub-section of the most recent administration of the national exam.

8. Research and Program Evaluation

Students will demonstrate an understanding of quantitative and qualitative research methods as well as program evaluation to inform evidence-based practice.

Measure 1

Students will complete a research proposal focused on a topic related to counseling practice. (knowledge)

Criterion: 95% of Students will achieve a minimum score of 80% on the Research Proposal assignment in EDCG 5329.

Measure 2 (School Counseling)

Students will develop a comprehensive developmental school counseling and guidance program for a school district. (knowledge)

Criterion: 95% of Students will achieve a minimum score of 80% on the School Counseling Developmental Plan in EDCG 5358

Measure 2 (Clinical Mental Health)

Students will complete a Clinical Mental Health Program Improvement and Consultation Project in order to address a counseling related issue. (knowledge)

Criterion: 95% of Students will achieve a minimum score of 80% on the Clinical Mental Health Program Improvement and Consultation Project in EDCG 5360.

Measure 3 (All specializations)

Students will complete the Counseling Profession Comprehensive Exam (CPCE) during the semester in which they are enrolled in Practicum. (knowledge)

Criterion: 95% of Students will score within one standard deviation of the national mean on the research and program evaluation substandard of the most recent administration of the national exam.

9. Clinical Mental Health Counseling: Foundations

Students will demonstrate an understanding of clinical mental health counseling foundations, including history, theory, and assessment in clinical mental health counseling.

Measure 1

Student will demonstrate understanding of theories through development of a Theoretical Research paper. (knowledge).

Criterion: 95% of Students will achieve a minimum score of 80% on Theoretical Research paper in EDCG 5311.

Measure 2

Students will administer a biopsychosocial assessment and an instrument/test to a volunteer/classmate. Students will score it/summarize it, and interpret it. The administrations should include one semi-structured interview (BioPsychoSocial assessment) and one instrument (example OQ-45). The student will turn in a case study report using these assessments. (knowledge)

Criterion: 95% of Students will achieve a minimum score of 80% on the assessment administration assignment in EDCG 5324

Measure 3

Students will complete a Clinical Mental Health Program Improvement and Consultation Project in order to address a counseling related issue. (knowledge)

Criterion: 95% of Students will achieve a minimum score of 80% on the Clinical Mental Health Program Improvement and Consultation Project in EDCG 5360.

10. Clinical Mental Health Counseling: Contextual Dimensions

Students will demonstrate an understanding of clinical mental health counseling contextual factors, including credentialing, cultural factors, and record keeping in clinical mental health counseling.

Measure 1

Students will identify an ethical or legal issue that is relevant to the counseling profession and complete the Research Based Ethics Paper articulating his or her position on the issue. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum score of 80% on the Research Based Ethics Paper in EDCG 5315.

Measure 2

Student will complete the comprehensive group research presentation in order to increase exposure to a diverse population. (knowledge and skills)

Criterion: 95% of Students will achieve a minimum score of 80% on the comprehensive group research project assigned in EDCG 5347

Measure 3

Students will address elements of professional identity and personal philosophy through the completion of a Mid-term Paper: Licensed Helping Professionals Interview. (knowledge)

Criterion: 95% Students will achieve a minimum score of 80% on the Mid-term Paper: Licensed Helping Professionals Interview in EDCG 5310.

11. Clinical Mental Health Counseling: Practice

Students will demonstrate an understanding of clinical mental health counseling practice, including techniques, interventions, and advocacy in clinical mental health counseling.

Measure 1

Students will demonstrate counseling and case conceptualization skills through digitally recorded sessions with a client in EDCG 5357/5366/5368. (skills)

Criterion: 95% of Students will achieve a minimum score of 0 on all elements of the Counseling Skills Scale in EDCG 5357, EDCG 5366, and EDCG 5368

Measure 2

Students will demonstrate counseling and case conceptualization skills through the scores of the mid and final site supervisor evaluation in EDCG 5357/5366/5368. (skills)

Criterion: 95% of Students will achieve an average score of 1 on all elements of mid and final site supervisor evaluation in EDCG 5357, EDCG 5366, and EDCG 5368

Measure 3

Students will demonstrate counseling and case conceptualization skills through the scores of the pre and post self-assessment in EDCG 5357/5366/5368. (skills)

Criterion: 95% of Students will achieve an average score of 1 on all elements of pre and post self-assessment in EDCG 5357, EDCG 5366, and EDCG 5368

Professional Orientation and Ethical Practice

EDCG 5310 Mid-term Paper: Licensed Helping Professionals Interview:

5310 Key Assessment: Mid-term Paper: Licensed Helping Professionals Interview

The mid-term paper counts as 300 points (30% of the total grade).

The due date to submit this 6-7 double-space paper in Microsoft Word format under the *Mid-term and Final Papers* on the blackboard will be October 21, 2018.

It might take you 12 to 20 hours to contact a licensed health professional, conduct an interview, and write the 6-7 pages of mid-term paper. Start the interviews as soon as you can would be a wise decision. See Appendix C for the rubric and guidelines of the mid-term paper. If you prefer me to review your paper prior to your submission to the blackboard, email your "complete" paper to me (ya-wen.liang@tamuk.edu) one week before the due date. When I receive your paper before October 14, I will review and edit your paper within in 5 days.

EDCG 5315 Research Based Ethics Paper:

Research-based Ethics Paper counts 30 points, 30% of the grade.

A. You will write a research paper on a specific topic related to Professional Counseling Ethics and properly cite at least five scholarly references such as journal articles or your textbooks. (This will count 5 points of your paper.) **Students will incorporate material learned throughout the course to an ethical case study. The case study will be distributed on 02/23/18 via email. Each student will be provided a different case study. Students should determine a course of action to be taken in response to the ethical dilemma and incorporate the following:**

- **Ethical principles underlying the dilemma**
- **Value systems of the client and counselor (the student)**
- **A decision-making model (students should justify their reasoning for choosing this model)**
- **Citation of appropriate professional standards and guidelines**
- **Consideration of the cultural context of the client and counselor**
- **Other action steps or considerations as discussed throughout the course**
- **Citation of at least five references (journal articles) and bibliography**

B. You will write a 6-8 double-spaced pages paper (10 points) and demonstrate your critical thinking ability on the ethical issue (5 points).

This does NOT include your cover page and references.

C. This will be strictly APA 6th edition format, including (a) running head, (b) page number, (c) title page, (d) references page, (e) Times New Roman font "12", (f) free from mechanical, structural, grammatical, and spelling errors. (This will count 5 points of your paper.) Please review the links on your blackboard:

- APA 6th Edition Guidelines.doc
- APA 6th Format Template.docx

D. In the last paragraph of your paper, address "My Feedback to the Instructor" (This will count 5 points of your paper.) Please deliberate your feedback to your course instructor.

Social and Cultural Diversity

EDCG 5347 Final Exam:

Final Exam: Students will complete a final exam in EDCG 5347 to demonstrate multicultural awareness, knowledge, and skills for competency in working with diverse populations.

EDCG 5347 Comprehensive Project on Specific Population:

Comprehensive Project on Specific Population: Turn in a comprehensive group research project that describes a specific population. Students will work in groups of three or four and research thoroughly one of the following populations:

At-risk Children and Adolescents
The Elderly and their Families
Gays and Lesbians
Persons with Disabilities
Gifted and Talented
Other Approved Topics

Describe the characteristics of your population (psychosocial, cognitive, physical, emotional development, developmental tasks). Include theories of development, statistics, family systems, problems/concerns/needs, influences such as political, economic, environmental, societal, and cultural, resources for information (support groups, hotlines, 800 numbers, etc.), and lifespan and multicultural issues related to your population. Finally, describe counseling techniques/approaches/ interventions that have proven effective with your population. Include research, interviews, videotapes, or any other sources of information that provide a comprehensive understanding of your population. Use professional sources and turn in copies of your articles. Other sources of information must be available upon request by the instructor. Projects will be evaluated on comprehensiveness and completeness, coherence, organization, development of topic, presentation, format and style, and resources used. The grade will be based on the instructor's evaluation and may include evaluations from each group member.

Human Growth and Development

EDCG 5339 Developmental Autobiography and Theoretical Framework:

Developmental Autobiography and Theoretical Framework: Students will complete a developmental autobiography in which they will create personal autobiographies to reflect their personal lifespan development. Each student will write a developmental self-assessment using the theories, ideas, discussions and research from class and readings. While this is truly a personal reflection paper, each project will be scored according to the accuracy and adequacy in which you address each of the components below.

1. Description and assessment of personal physical, cognitive, and psychosocial developments. (0-4 points available)
2. Analyses on how each developmental theories might view you. (0-4 points available)

3. Discussion on one developmental theory that best describes the way you are. (0-4 points available)
4. Consider your undergraduate academic major in the light of intelligence or personality theories. Discuss how and why each type of intelligence or personality might have affected the work in your undergraduate major. Analyze an academic major you would never consider pursuing based on intelligence or personality theories. Analyses of intelligence or personality theories related to your development. (0-4 points available)
5. Present your paper in required format, APA style, and quality based on professionalism. Demonstrate that you have given in-depth thoughts to the concepts in your writing. (0-4 points available)

EDCG 5339 Developmental Theory Paper:

Developmental Theory Paper: Students will complete a developmental theory paper by first describing the **a)** characteristics of a special population by writing a literature review introducing the special population and discussing the needs of this population (Example: Incarcerated Adolescents). Then students will write **b)** a literature review on a particular developmental theory (Example: Kohlberg's stages of moral development) and **c)** writing about how this theory applies to understanding a special population and what implications this theory has for counselors and for future research. The body of the paper must be at least 8 pages (excluding title page and references). You should include a minimum of 6 articles from peer-reviewed journals in the paper. This paper must be typed, double spaced, with 1 inch margins, and in APA format.

The paper must include the following sections denoted by APA headings:

- I. Title page
- II. Abstract (learning objectives)
- III. Introduction to Special Population
- IV. Introduction to Developmental Theory
- V. Application of Developmental Theory to Special Population
- VI. Implications for counselors
- VII. Implications for research
- VIII. conclusion
- IX. references

Career Development

EDCG 5355 Career Development Intervention:

Career Counseling and Development Interventions Portfolio (20 pts.):

Groups of 3 individuals will design a career development intervention for a particular population that you are interested in (i.e., diverse ethnic groups, LGBT, elementary, middle school, or high school students, retired individuals, veterans, individuals on probation/parole, etc.). Group members will be equally responsible for this project. Group members will write the paper and conduct class presentations (15 mins). This intervention will form a portfolio. The portfolio should be organized in the following format:

- I. Introduction to the special topic and population
- II. Rationale and purpose of the project (What need are you trying to meet?)

- III. Description of the program (structure of the project, role of the counselor, etc.)
- IV. Program Intervention/Lesson Plan (Enough to facilitate 6 sessions)
- V. Special considerations for implementing this project.
- VI. References

Topics, regardless of their creativity, should draw from the professional literature. The portfolio will be written in APA format. Please consult the Publication Manual of the American Psychological Association (6th ed.).

EDCG 5355 Career Autobiography and Theory Application:

Career Autobiography and Theory Application: Students will complete a career autobiography in which they will create personal autobiographies to reflect their personal career development. Each student will write a developmental self-assessment using the theories, ideas, discussions and research from class and readings. While this is truly a personal reflection paper, each project will be scored according to the accuracy and adequacy in which you address each of four (4) required components of the project shown below. Students can earn a total of 20 points by adequately addressing each of the five criteria below.

Component 1: Reflect on Personal Career Development- Describe the development of your career interests throughout your lifespan. Describe the events of factors that may have attributed to your career interest development. In doing so, describe the various traits, skills, or characteristics that attribute to your career interests. How or why do you think these traits are part of your career development? You might describe how various personality factors influence your thoughts, beliefs and/or actions related to career development. You might describe when, where or how you recognize these traits. (0-4 points available).

Component II: Choose one career theory we have talked about so far, or others and provide a context for the interpretation of your personal career development. What would these career theorists say about how your career interests developed? What would they say about the associations between your personality and career interests? (0-4 points available).

Component III: Review the general career theory you chose AND apply it specifically to your career development (0-4 points available).

Component IV: Reflect on why you chose this particular career theory? Do you generally agree with the theorists position on career development? Does this theorist's view of career development fit with you? Why or why not? (0- 4 points available).

Appropriate use of APA style (0-4) Total 20 points.

Counseling and Helping Relationships

EDCG 5312 Theoretical Orientation Paper:

Final Counseling Theory Research Paper Guidelines

You will write a research paper addressing one of the 11 major counseling theories taught in this course. See "APA Sample Template: Final Paper" under "Sample of APA Writing" on the blackboard for your reference. Select a theory that you are particularly interested in and discuss what interests you about that

theory. The content must contain the following six sections. Use these headings for each section. Do not put each section all together in one long paragraph. Use APA format, double spaced, Times New Roman, 12 pt. type, 1" margins. *Demonstrate your knowledge and application ability based on the following guidelines:*

- a. **Historical Overview and Development of the Theory** (50 points) (As a novice/future counselor, choose one of the 11 theories as your guiding theory. Demonstrate your ability to choose your guiding theory and your knowledge on its history and development.)
- b. **Therapeutic Relationship** (50 points): Deliberate the therapeutic (counselor and client) relationship of your guiding theory. You may discuss what role (such as collaborate, active, facilitator, companion...etc.,) the counselor takes in the counseling process.
- c. **Application** (80 points): Specify (a) the special techniques used in this therapy, (b) how this therapy would be applicable to diverse populations, (c) what contributions have this therapy made to the field of counseling, and (d) what clients might be better served through your selected guiding theory.
- d. **Strengths and Limitations** (30 points) (Specify the strengths and limitations of this theory).
- e. **Professional Growth** (20 points) (Specify what you have learned or your growth in applying this theory.)
- f. **Feedback to the Instructor** (20 points) – Deliberate your specific feedback to your course instructor.

This will be strictly the APA 6th edition format (Times New Roman-12). Demonstrate your graduate student quality work. Use a minimum of five scholarly references. (<http://libguides.tamuk.edu/Reference>) You can cite your textbook as one reference. The title and references pages will not count for these 6-8 content pages. NOTE: you must make an in-text reference to the sources you list on your "References" page to avoid plagiarism. You are recommended to make an appointment with the University Writing Center (361-593-2744 or tamukuwc@gmail.com) to enhance the APA writing style for your mid-term and final papers. Contact the UWC two weeks prior to your preferred appointment date(s) would be a wise choice.

EDCG 5312 Self-Monitoring Project:

Self-Monitoring Project: Each student will submit an individual project consisting of two parts. The first part will consist of identifying an area of Personal Concern by the student and a detailed development of objective and a strategy to remedy the concern. The second part will give support for the implementation and progress made toward the objective.

The project should specifically address the following:

1. Identification of the concern
2. How this concern could affect your ability to become an effective counselor
3. How this issue was brought to your attention
4. Specific objective(s) for remedy
5. Specific strategies aimed at addressing the objective
6. How were the strategies implemented, supporting evidence of progress toward your objective

- ❖ Papers must be typed in Times New Roman 12 following APA 6th edition.
- ❖ The body of the reflection paper should be 5-7 pages long, double spaced, not including the title page or any references used. Because this paper is a personal exploration, references are not required, however if you should refer to any published work in your paper, cite it appropriately both in text and in a reference page.
- ❖ Writing should use formal language and correct spelling and punctuation

Group Counseling and Group Work

EDCG 5323 Group Proposal:

Group Proposal: – 100 points

Students will write a proposal for a psychoeducational/counseling group with a specific population (e.g., young boys/parental divorce, adolescent girls/bullying, college students/test anxiety, older adults/retirement planning). This proposal should be written in APA format and the body of the paper must be five to six (5-6) pages in length (This does not include title page, abstract, resources, references). Group proposals must be approved by the instructor prior to initiating group practicum. Submit your group proposal on blackboard and bring in a hard copy for the instructor. In addition, your proposal should include the following sections.

I. Title Page

II. Abstract

III. Type of Group (psychoeducational, open/closed)

IV. Population

V. Pre-Group Activities (needs assessment, site approval, recruiting, screening, consent)

VI. Rationale, Goals, and Objectives

VII. Theoretical Orientation and Developmental Theory

VIII. Rights and Expectations of Group Members

IX. Basic Ground Rules

X. Unit Outline and Topics for Group Sessions (6)

XI. Evaluation and Follow-Up

XII. References and Resources

EDCG 5357 Facilitate a Group Session with Recording or Live Observation:

Facilitate a Group Session with Recording or Live Observation: Students will create a group counseling program proposal, and will use it to facilitate group counseling sessions. A summary of your counseling sessions will be turned in. Informed consent forms must be completed before recording. In addition to the recording, relevant written materials (case summary, recording transcript, etc., as specified by the instructor) should be included and will be evaluated. Recordings may be selected to be reviewed for instructional purposes during group supervision. Your proposal should include the following sections. Recordings/Live Observations of group facilitation will be assessed using the counseling skills scale and the counseling session rating scale.

I. Title Page

II. Abstract

III. Type of Group (psychoeducational, open/closed)

IV. Population

V. Pre-Group Activities (needs assessment, site approval, recruiting, screening, consent)

VI. Rationale, Goals, and Objectives

VII. Theoretical Orientation and Developmental Theory

VIII. Rights and Expectations of Group Members

IX. Basic Ground Rules

X. Unit Outline and Topics for Group Sessions (6)

XI. Evaluation and Follow-Up

XII. References and Resources

Assessment and Testing

EDCG 5324 Assessment Administration:

Assessment Administrations (2):

Students will do this assignment twice during the semester. For each assignment, students will administer a biopsychosocial assessment and an instrument/test to a volunteer/classmate. Students will score it/summarize it, and interpret it. The administrations should include one semi-structured interview (BioPsychoSocial assessment) and one instrument (example OQ-45). The student will turn in a case study report with the following information:

Identifying Information:

Reason for Referral:

Background Information and Presenting Problem:

Behavioral Observations:

Assessment Results and Interpretations:

Recommendations:

Summary:

Signature:

A copy of the Biopsychosocial Assessment:

A copy of the Administered Instrument:

EDCG 5324 Instrument Review:

Standardized Instrument Review/Critique:

The purpose of this assignment is to give you experience in evaluating assessment instruments. Below is an outline to assist you with this project. If you go to <http://aarc-counseling.org/test-reviews> you will see many examples of this type of evaluation. By choosing an instrument not on the website, you have an opportunity to publish a test review for the Association for Assessment in Counseling and Education, a national division of the American Counseling Association.

The following outline is provided

I. General Information

A. Title:

B. Authors of the Instrument:

C. History of the Instrument:

D. Forms, groups to which applicable:

E. Time Required for Administration:

F. Cost:

G. Publisher:

II. Practical Evaluation

A. Features of Assessment Materials:

B. Ease of Administration:

C. Scoring Procedures:

D. Qualifications for Administrators:

E. Use in Counseling:

III. Technical Evaluation:

A. Norms:

B. Validity and Reliability:

C. Generalizability:

IV. Application of Instrument

A. Major Strengths and Limitations of the Assessment:

B. Multicultural Considerations of Instrument:

C. Recommendations for Use:

Research and Program Evaluation

EDCG 5329 Research Proposal:

Research Proposal (Statement of the problem, literature synthesis, methods, and implications for practice)

The Research Proposal Project should include the following elements: introduction, brief literature review, the statement of research problem, methods, implications for practice, and references. Students will choose a topic of interest and use this topic as an anchor for the research project. The research topic chosen will be narrowed down (or expanded) to reformulate into a problem for research. The research problem will include the context and need for studying the topic, the participants to be studied, and the potential research design that would address the problem. As part of the course, students will read peer-reviewed research articles and will analyze articles applying the knowledge gained from class lectures, discussions, and textbook reading. The analyses will consist of investigating similarities and differences in ways researchers carried out and reported the research studies on a topic of interest to the student. The research literature synthesis will consist of the synthesis of literature based on analyses carried out throughout the course. The articles must be from peer-reviewed journal articles and should include different kinds of research methodologies. The body of the proposal must be at least 8 pages (title page, references do not count toward this amount), 1-inch margins, double-spaced, and in APA format. Proposed research must be plausible enough to conduct the study; however, **please note that you will not actually conduct the study for this class.**

EDCG 5358 School Counseling Developmental Guidance Lesson:

School Counseling Program Group Presentation:

Students will work in **groups (3-4) to develop a comprehensive developmental school counseling and guidance program** for a school district. **An electronic copy will be submitted on Blackboard** and must include components as described in the TEA Comprehensive Developmental Model and ASCA National Model. **The group project will be presented in class.** Provide a handout with an abstract, references, and resources related to your project. Existing district comprehensive developmental school & guidance counseling programs may be used as an example but may not be duplicated.

OR

EDCG 5360 Clinical Mental Health Program Improvement and Consultation Project:

Clinical Mental Health Program Improvement and Consultation Project: Course participants will conduct a team consultation project in an actual setting (i.e., mental health agencies, hospitals, professional associations, etc.). Groups will have no more than 4 members. You have *one month* to gather information from the setting you chose to study. The instructor will serve as a supervisor of consultation teams. Before implementing theories/models and techniques into practice, your team and project must be approved by the instructor. You will contact a site in your community, interview site leaders, staff, and other site members to gather information on how the site operates, and work with the site members to identify needs they have for their site and areas they would like recommendations for improvement. This could be in areas of treatment programming, assessment, supervision, trainings, etc. You will complete *two assignments*: a) write the consultation paper (25%), and b) conduct a semi-formal class presentation (15%). The paper and presentation will describe your consultation project from the beginning to end including a) overview of services provided at the facility, b) the needs identified, c) recommendations for improvement, d) implications for implementing site recommendations for agency and community. Please note that you will need to incorporate professional literature in your paper to support your consultation methods. The *final report* will be sent to the consultation setting you chose as a contribution.