

Shannon Aguilar, MS, RD, LD

Assistant Professor of Practice, Didactic Program Director
Department of Biological & Health Sciences
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EDUCATION

B.S.	Texas A&M University-Kingsville	August 1999	Human Sciences
M.S.	Texas A&M University-Kingsville	December 2003	Human Sciences

LICENSURE/CERTIFICATION

Texas Licensed Dietitian, Current, #DT07546
Registered Dietitian, Current, #922431

EMPLOYMENT HISTORY

Academic

2019-Present Assistant Professor of Practice, Didactic Program Director
Texas A&M University-Kingsville

Non-Academic

2005-2019 Clinical Dietitian II-Aramark
2003-2005 Nutrition Outreach Coordinator-Coastal Bend Health Education Center
2000-2002 Nutritionist-Texas A&M University-Kingsville

LIST OF COURSES TAUGHT

Texas A&M University-Kingsville

HMNT 1350 Food Preparation and Meal Management
HMNT 2150 Intro to Human Nutrition
HMNT 2350 Introductory Nutrition
HMNT 3350 Nutrition through Life Cycle
HMNT 3352 Experimental Food Science
HMNT 3353 Medical Nutrition Therapy I
HMNT 3363 Medical Nutrition Therapy II
HMNT 4312 Nutrition Counseling and Diet Management
HMNT 4351 Cultural & Community Aspects of Foods and Nutrition I
HMNT 4352 Cultural & Community Aspects of Foods and Nutrition II
HMNT 4366 Advanced Institutional Food Service Management

PROFESSIONAL GROWTH AND ACTIVITIES

Didactic Program Director-current
Academy of Nutrition and Dietetics member-current
Nutrition and Dietetic Educators and Preceptors member-current
Past President-2006-2007-Corpus Christi Dietetic Association
Past Legislative Chair-2005-2006- Corpus Christi Dietetic Association

SERVICE ACTIVITIES

Human Nutrition Advisory Committee-Texas A&M University-Kingsville (current and 3 years served)
Student Dietetic Association Advisor-Texas A&M University-Kingsville (current and 3 years served)
Department of Biological & Health Sciences Recruitment Committee (2 years served)
College of Arts & Sciences Recruitment Committee (1 year served)
Department of Biological & Health Sciences Search Committee (current and 1 year served)
Presenter-College for Kids Camp Food Demonstrations with Texas A&M University-Kingsville Center
for Continuing Education (June 2024)
Presenter-ESC Region 2 STEM Conference-The Science of Nutrition (July 2023)
Thesis Committee Member (Graduate student) (1 year served)
CAS Program Audit Team Member-Texas A&M University-Kingsville (Current and 1 year served)