



Name _____ Date _____

Learning Style Quiz

Read the following questions and circle the letter of the best answer in your opinion. There is no right or wrong answers to this quiz. Just circle what you usually prefer.

1. When learning how to use my computer, I prefer to:
 - A. Read the manual first
 - B. Have someone explain how to do it first
 - C. Just start using the computer and get help if I need it
2. When getting directions to a new location, it is easier to:
 - A. Look at a map
 - B. Have someone tell me how to get there
 - C. Follow someone or have them take me there
3. To remember a phone number, I:
 - A. Look at the number and dial it several times
 - B. Repeat it silently or out loud to myself several times
 - C. Remember the number by the pattern pressed on the keypad, the tones of each number or by writing it down
4. For relaxation, I prefer to:
 - A. Read a book or magazine
 - B. Listen to or play music
 - C. Go for a walk or do something physical
5. I am better at:
 - A. Reading
 - B. Talking
 - C. Physical activities
6. In school, I learn best by:
 - A. Reading
 - B. Listening
 - C. Hands-on activities
7. I tend to be a:
 - A. Thinker
 - B. Talker
 - C. Doer
8. When I study for a test, it works best when I:
 - A. Read and picture the information in my head
 - B. Read and say the ideas out loud or silently
 - C. Highlight, write notes and outlines
9. It is easier for me to remember:
 - A. Faces
 - B. Names
 - C. Events
10. On Saturday, I would prefer to:

- A. See a movie
 - B. Go to a concert
 - C. Participate in athletics or be outside
11. In a college class, it is most important to have:
 - A. A good textbook with pictures, graphs and diagrams
 - B. A good teacher who has interesting lectures
 - C. Hands-on activities
 12. It is easier to study by:
 - A. Reading and reviewing the material
 - B. Discussing the subject with others
 - C. Writing notes or outlines
 13. When I get lost, I prefer to:
 - A. Look at the map
 - B. Call or ask for directions
 - C. Drive around the area until I recognize familiar landmarks
 14. When cooking, I often:
 - A. Look for new recipes
 - B. Talk to others to get new ideas
 - C. Put it together and it generally comes out OK
 15. When assembling a new toy or piece of furniture, I usually:
 - A. Read the instructions first
 - B. Talk myself through each step
 - C. Start putting it together and read the directions if I get stuck
 16. When solving a problem, it is more useful to:
 - A. Read a best selling book on the topic
 - B. Talk over the options with a trusted friend
 - C. Do something about it
 17. Which statement do you like the best:
 - A. A picture is worth a thousand words
 - B. Talk to me and I can understand.
 - C. Just do it.
 18. When I was a child, my mother said I:
 - A. Spent a lot of time reading, taking photos or drawing
 - B. Had lots of friends and was always talking to someone on the phone
 - C. Was always taking things apart to see how they worked

Score Your Quiz:

Visual Learners _____ Count your number of A's above

Auditory Learners _____ Count your number of B's above

Kinesthetic/Tactile Learners _____ Count your number of C's above