Texas A&M University-Kingsville®

College of Education

Bachelor of Science, Kinesiology-Exercise Science

Four-Year Academic Map 2019-2020

YEAR 1

Semester 1 Fall		Semester 2 Spring			
COMS 1311 or COMS 1315 - Intro to Oral Comm or Bus/Prof Comm		EDKN 2335 or EDKN 2340 - Sport in Global Society or Medical Terminology			
UNIV 1201 - Learning in Global Context		ENGL 1302 - Rhetoric and Composition			
EDKN 1305 - Intro to Exercise Science		HIST 1302 - American History since 1877			
HIST 1301 - American History to 1877		MATH 1314 - College Algebra			
ENGL 1301 - Rhetoric and Composition		Component option B			
		EDKN Aquatics or Fitness			
Semester Hours	14	Semester Hours	16	Total	3

YEAR 2

Semester 1 Fall		Semester 2 Spring			
BIOL 2401 - Human Anatomy and Physiol		BIOL 2402 - Human Anat and Physiology II			
EDHL 2325 - Health Promotion		EDHL 2124 - CPR and First Aid			
POLS 2301 - Government and Politics of US		HSCI 2350 - Introductory Nutrition			
Creative arts		PSYC 2301 - Introd to Psychology			
Lang/Phil/Culture		POLS 2302 - Government and Politics of TX			
		EDKN Aquatics or Fitness			
Semester Hours	16	Semester Hours	15	Total	31

YEAR 3

Semester 1 Fall		Semester 2 Spring			
EDKN 3436 - Basic Physiology of Exercise		EDHL 4344, or EDKN 4342, or EDKN 4352			
EDKN 3345 - Meas/Eval in Kinesiology		EDKN 3320 - Motor Devel and Motor Learning			
EDKN 3353 - Applied Performance Psychology		EDKN 3343 - Strength and Conditioning			
Supporting Field		Supporting Field			
Supporting Field		Supporting Field			
Semester Hours	16	Semester Hours	15	Total	31

YEAR 4

Semester 1 Fall		Semester 2 Spring			
EDKN 4320 - Introductory Research Methods		EDHL 4344, or EDKN 4342, or EDKN 4352			
EDKN 4325 - Biomechanics		EDKN 4324 - Exerc in Chronic Disea/Disab			
EDKN 4401 - Exercise Test and Prescription		EDKN 4328 - Internship			
Supporting Field, advanced		EDKN 4329 - Sr Seminar Exercise Sci			
Supporting Field, advanced					
Semester Hours	16	Semester Hours	12	Total	28

*State of Texas Core Curriculum
Students should meet with their academic advisor to formulate their own plan.